

## **CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES TAKEN BY THE INSTITUTION**

### **C2C Transition program**

Campus life and corporate life are fundamentally different. For an undergraduate, starting to work in an organization is a critical transition phase which requires a strong mental and emotional mindset, strategic outlook, acquaintance to latest technology trends along with an adaptive nature. This transition period predominantly impacts one's success in the future organization. While personal growth and excitement are a part of the journey, it comes with periods of self-doubt, stress, and uncertainty for many. To groom the students for the same, VESGOP launched the unique Campus to Corporate transition program (C2C) in 2015. The objective of this programme is to make the students ready for industry, may it be in terms of mental and emotional stamina, exposure to industry trends and commitment to the organization. Under this programme, sessions under four categories are regularly conducted

C2C Transition program is conducted in the following avenues:

- Vidyan Manch – Industry- Academia/Student interaction
- Disha – Career Avenues after B. Pharm.
- Talkathon– Student Alumni interaction
- Atmavikas – Soft Skill Development

**The above programs include the capacity building and skills enhancement initiatives taken by the institution for the following:**

- Soft skills: Conducted by VESLARC
- Language and communication skills

Efforts are made towards developing the language and communication skills of students.

Language lab facility is made available to the students who want to improve their soft skills in English proficiency, both spoken and written. Wordsworth language Lab Software is installed in our computer lab for the benefit of non-teaching staff as well as student community.

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The language lab offers a unique, efficient and interactive method that motivates student's learning process in a comfortable environment. It provides audio visual input to the learner at his learning pace.

A communication skills course is a part of curriculum which is offered to all the students in their first year. The Institute has also evolved a mechanism in which all students of the first year are divided into small groups and each group is to put through a battery of tests/study material/public speaking, group discussions/mock interviews, etc., in order to enhance their skills.

- Life skills (Yoga, physical fitness, health and hygiene)

Yoga room is available in the college Every year International yoga day is celebrated. Yoga sessions are conducted during student induction program. Yoga sessions are conducted regularly including online sessions by our Principal. Regarding health and hygiene, many topics are covered in syllabus under Anatomy and pathophysiology and the students are made aware of many aspects of health.

- ICT/computing skills

This is a part of routine teaching and also sessions are conducted to enhance ICT/computing skills.

### **Soft skills**

VESCOP desires to groom its students and staff towards holistic wellness, values-driven personality, and orientation towards excellence. **For this VESCOP has signed an MoU with VESLARC.**

VESLARC conducts various sessions and it's mission is to spread and disseminate values-based inputs for all-round wellbeing.

### **About VESLARC**

It stands for VES Leadership Academy & Research Centre. We empower and train students, teachers, professors, support staff of schools and colleges, and parents of students to help build a society whose members are healthy, productive, creative, emotionally strong, and have high integrity, orientation towards excellence, and patriotism.

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Following is the detailed role of VESLARC

- Conduct short talks, workshops, webinars and mind-stilling sessions, and customized training sessions on soft skills and values, in the premises of VESCOP for students, faculty, support staff, and parents
- Conduct talks, workshops or webinars on topics such as gender sensitization (separately or collectively for boy-students and girl-students), proactive group-counselling, holistic health, personality enhancement, time management and goal planning, emotion management, handling peer-group pressure, creating one's identity, stress perception management, campus-to-corporate training, and so on
- Sensitize students and staff towards sustainability-led thinking under the Principles of Responsible Management (PRME) programme, an initiative of the United Nations Global Compact programme, through workshops and guided discussions
- Provide infrastructure and premises to conduct such above sessions at its premises
- Conduct one-to-one counselling sessions for students and staff members through a qualified psychological counsellor
- Provide infrastructure and facilities for such above psychological counselling services
- Involve students and staff in various pan-VES initiatives for excellence such as Gyaan Vistaar (reference compendium of innovative teaching practices for teachers, by teachers), VES Shreshthta Awards (honouring students who have overcome adversities to achieve academic or all-round excellence), and Shri Ram Keswani Protsahan Puraskar (scholarships for academically bright and economically challenged students)

**Antarmukhita** - interactive workshop for teaching and support staff, on wellness and holistic health.

**Disha** - Parents' sensitization programmes

**Swamaan** - Under this we conduct workshops based on gender sensitization for students, staff, teachers and parents of VES.

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**PRME** - Principles of Responsible Management Education (PRME) - a United Nations Initiative.

**Gyaan Vistaar** – A reference compendium of the innovative teaching ideas used by the VES teachers.

**VES Shreshthta Awards (VESSA)** – pan-VES initiative to honor the values, leadership and courage shown by VES students.

**Sri Ram Keswani Protsahan Puraskar (SRKPP)** – A pan-VES program where the students are awarded with the scholarship who aim to opt for higher education.

**Sahaveeryam** – VESLARC associates with local NGO's to help them sell their products at the price they give. VESLARC team does Shram Daan for helping them sell their products.

**Go Green** – An activity done by VESLARC to display the medicinal plants and spread information about the benefits of each plant displayed.

**Prangan Prayaas** – Yogasana done in the central courtyard of the campus.

**Jigyaasa** – proactive group counselling

### **Counselling Record**

<b>S. No.</b>	<b>Year</b>	<b>No. of Counselees</b>	<b>No. of sessions</b>
1	2015-2016	4	18
2	2016-2017	5	13
3	2017-2018	2	5
4	2018-2019	3	4
5	2019-2020	4	13

### **Details of activities by VESLARC for VESCOP since April 2015 to March 2020**

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S. No.	Date	Topic	Number of participants
<b>2015-2016</b>			
1	09/06/2015	Antarmukhita	30
2	27/06/2015	Launch of Gyaan Vistaar book	Part of pan – VES event
3	02/07/2015	Session on Mindfulness	120
4	15/07/2015	Sahaveeryam	Part of pan – VES event
5	31/07/2015	Gyan Kosh – a session for Heads of the Institutes	5
6	03/09/2015	Go Green	Part of pan – VES event
7	10/10/2015	Disha – Talk for Parents	60
8	15/10/2015	VES Shreshthta Awards	Part of pan – VES event
9	30/10/2015	Sahaveeryam	Part of pan – VES event
10	31/10/2015	Sahaveeryam	Part of pan – VES event
11	22/12/2015	Swayam – workshop for students on Put your best foot forward	72
12	09/01/2016	Swayam – workshop for students on Ethics & Human Values	79
13	12/02/2016	Gender Sensitization	60
			<b>426</b>
<b>2016-2017</b>			
14	12/04/2016	Antarmukhita	30
15	25/04/2017	Praangan Prayaas	30
16	20/08/2016	Orientation programme for first year students and their parents - VESLARC	100

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		segment on emphasis on values in VES"	
17	29/12/2016	Swayam – workshop for students on Winning Attitudes of Life	120
18	20/02/2017	Swayam – workshop for students on Goal Planning & Time Management	120
19	08/03/2017	Joyful Professionalism	50
20	08/03/2017	International Womens Day	50
			<b>500</b>
<b>2017-2018</b>			
21	19/08/2017	Orientation programme for first year students and their parents - VESLARC segment on emphasis on values in VES"	120
22	10/10/2017	Jigyasa	60
23	14/10/2017	VES Shreshthta Awards	Part of pan – VES event
24	07/12/2017	Meeting with PRME coordinators	8
25	15/12/2017	Campus to Corporate	60
26	23/12/2017	Diabetes Prevention Talk	120
27	15/01/2018	Group Discussion	12
28	19/01/2018	Personal Interview	12
29	08/03/2018	International Womens Day	Part of pan – VES event
			<b>392</b>
<b>2018-2019</b>			
30	10/05/2018	Antarmukhita Outreach on Know Your Reflection	20
31	10/05/2018	Principles of Responsible Management Education (PRME) talk for teachers	20
32	14/08/2018	Jigyassa on Time Management	65

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33	18/08/2018	Orientation programme for first year students and their parents - VESLARC segment on emphasis on values in VES"	150
34	04/09/2018	Antarmukhita Outreach for Teaching Staff	11
35	05/09/2018	Talk for Hostelites on managing their time, health and studies	100
36	10/10/2018	Swamaan - On Self Worth, Body Image and Goal Setting	60
37	12/10/2018	VES Shreshthta Awards and launch of Gyaan Vistaar Book	Part of pan – VES event
38	10/10/2018	Mental Health Awareness	25
39	19/03/2019	Jigyassa on Importance of Counselling	90
			<b>541</b>
<b>2019-2020</b>			
40	06/05/2019	Antarmukhita Value your Values	30
41	19/08/2019	Motivational talk	90
42	19/08/2019	Orientation programme for first year students and their parents - VESLARC segment on emphasis on values in VES"	120
43	20/08/2019	Orientation programme for first year students and their parents - VESLARC segment on emphasis on values in VES"	93
44	30/09/2019	Principles of Responsible Management Education (PRME) for students	110
45	12/10/2019	VES Shreshthta Awards & Launch of Gyaan Vistaar book	Part of pan – VES event

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46	20/01/2020	Swamaan – Identity, Body Language for girls	134
47	20/01/2020	Swamaan – Gender sensitization for boys	60
48	07/03/2020	POSH, POCSO, Vishakha Guidelines and Disha Act workshop	45
			<b>682</b>

## PHOTOS OF ACTIVITES CONDUCTED BY VESLARC FOR VESCOP

2015-2016



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**2016-2017**



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2017-2018



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2018-2019



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2019-2020



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**MEMORANDUM OF UNDERSTANDING**

**VES Leadership Academy and Research Centre (VESLARC)**

**And**

**Vivekanand Education Society's College of Pharmacy (VESCOP)**

**For**

**Support in value-development, soft skills, counselling, personality development  
and holistic health**

**Date: 19.03.2021 | Place- Mumbai | India**





महाराष्ट्र MAHARASHTRA

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**VES Leadership Academy and Research Centre**

Guardian - Trustee	Shri B. L. Boolani
Position	President, Vivekanand Education Society (VES)
Institution Contact	Mrs. Piya Mukherjee
Position	Director
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E-mail	veslarc@gmail.com

प्रधान मुद्रांक कार्यालय, मुंबई  
प.मु.वि.स. ८००००९९  
1-2 MAR 2021  
रक्तम अधिकारी

श्री. दि. क. मयई

And

**Vivekanand Education Society's College of Pharmacy**

Institution Contact	Shri B. L. Boolani
Position	Trustee -in-charge
Phone No.	022-61144144/07
E-mail	vespharm@yahoo.co.in, vescop@gmail.com

Institution Contact	Dr. Supriya Shidhaye
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*Shri B. L. Boolani*

*Piya Mukherjee*

*SSS*

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### 1. Parties to the Memorandum of Understanding

**VES Leadership Academy and Research Centre (VESLARC)**, a values-dissemination institute, created in July 2010 within the Vivekanand Education Society (VES) group of educational institutes, based at 4<sup>th</sup> Floor, VES College of Architecture, HAMC, Collector's Colony, Chembur, Mumbai- 400074, hereinafter referred to as "VESLARC".

**Vivekanand Education Society's College of Pharmacy (VESCOP)**, an educational institution based at, Chembur, Mumbai, 400074, is engaged in providing education for B. Pharm., M. Pharm. and Ph. D. programme affiliated to University of Mumbai, in Mumbai. Herein after referred to as VESCOP.

### 2. Purpose of this Memorandum of Understanding

Both the parties have come together to provide an ecosystem for developing external-world skills, and inner-world values for the students, VESCOP teachers, support staff and also parents of students. VESCOP desires to groom its students and staff towards holistic wellness, values-driven personality, and orientation towards excellence and VESLARC's mission is to spread and disseminate values-based inputs for all-round wellbeing.

Both parties have agreed to perform the following roles in order to collaborate effectively.

### 3. Roles of the two parties are as under:

#### VESLARC shall

- Conduct short talks, workshops, webinars and mind-stilling sessions, and customized training sessions on soft skills and values, in the premises of VESCOP for students, faculty, support staff, and parents
- Conduct talks, workshops or webinars on topics such as gender sensitization (separately or collectively for boy-students and girl-students), proactive group-counselling, holistic health, personality enhancement, time management and goal planning, emotion management, handling peer-group pressure, creating one's identity, stress perception management, campus-to-corporate training, and so on
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*Ph. Karan*

*Piyam*

*MS*



**VESCOP shall**

- Provide infrastructure and facilities for conducting the sessions and workshops
- Continue to pay Rs. 5000/- per month to VESLARC, for their one-to-one psychological counselling services for students and staff members, as has been the practice since January 2014, with any mutually decided upward revision in future.

**4. Terms of the MoU:**

- This MoU shall commence on the date of signature and shall remain in force for a period of two years. Thereafter, this MoU shall continue automatically for successive annual periods, provided such continuance is specifically approved at least annually by Trustees in-charge of VESCOP and VESLARC.
- The MoU can be terminated by either party upon giving not less than one month notice in writing.
- This Memorandum of Understanding is a document of good faith and implementation of the MoU would be reviewed and monitored on a yearly basis.
- The honouring of the MoU is related to the academic priorities of the students, and related commitments of the staff. Hence, neither party will be held responsible, in case of the event of a planned activity being cancelled on account of academic or other similar exigencies, but will try their respective best to integrate these developmental activities into the academic calendar.

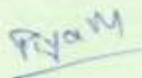
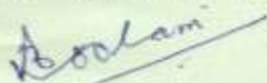
**5. Communication**

Both parties agree to:

- Communicate regularly – telephonically or via emails
- Meet formally to review progress

**6. Status**

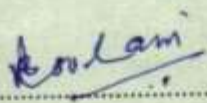
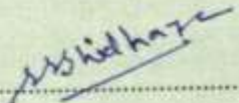
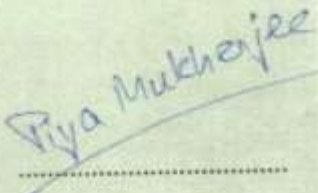
- Notwithstanding the terms of any other provisions of this MoU, this MoU is not legally binding and nothing contained in this MoU shall impose any legal obligations on either party whatsoever.
- This MoU may be amended by agreement of both parties in writing.
- No change can be made to this MoU without written consent and duly signed by both the parties. Additions, deletions and/or alterations to this MoU may be affected with the written agreement of both the parties to this MoU concerning the changes. Documents containing such additions, deletions and/or alterations and signed by both the Parties shall form addenda to this MoU, and be deemed to be part of this MoU.





### 7. Force Majeure

Neither party shall be liable to the other for failure or delay in the performance of any of its obligations under this MOU for the time and to the extent such failure or delay is caused due to acts of God, natural disaster, fire, floods, explosions or earthquake, epidemic or quarantine restrictions, serious accidents, war, insurrection or riots, strikes, legal necessity or labour troubles, or any other cause beyond the affected party's reasonable control, provided that sufficient notice of such occurrence of force majeure is communicated to the other party.

 ..... Signature	 ..... Signature	 ..... Signature
Shri. B.L. Boolani Trustee In-charge <b>VESCOP &amp; Guardian- Trustee – VESLARC</b>	Dr. Supriya Shidhaye Principal <b>VESCOP</b>	Mrs. Piya Mukerjee Director <b>VESLARC</b>
Date: <u>19.03.2021</u>	Date: <u>19.03.2021</u>	Date: <u>19.03.2021</u>

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