



Criteria 3- Research, Innovations and Extension

Key Indicator 3.4- Extension Activities

3.4.4 Average percentage of students participating in extension activities at 3.4.3 during last five years

DVV Query

Kindly provide Attendance sheet with signature of students.

DVV Response

For extension activities carried out at VESCOP, we make sure that the list of students who are participating in the activity is clearly mentioned in each and every activity report. The detailed activity report of every extension activity is given below. In the past, we did not have the practice of taking signatures of students participating in extension activities. However we are providing with detailed documents endorsed by the collaborating agency to validate the name of the students who have participated in the extension activities. For extension activities carried under the Department of Life Long Learning, the participating student attendance sheet duly signed by the DLLE authorities is given below in individual activity reports. For extension activities carried under the Public Health Office and Rotaract Club, we are providing files containing the names of students who have participated in extension activities in each academic year. These files are endorsed, signed and stamped by the official in-charge of the collaborating agency. Request you to kindly consider.

Sr No	Extension Activity	Collaborating Agency
1	Extension activities carried out by DLLE of VESCOP	Department of Lifelong Learning, University of Mumbai
2	Extension activities carried out by Rotaract Club of VESCOP	Rotaract District 3141
3	Extension activities carried out by Public Health Office (PHO) of VESCOP	Indian Pharmaceutical Association – Maharashtra State Branch (IPA-MSB)



Vivekanand Education Society's College of Pharmacy

Hashu Advani Complex, Near Collector's Colony, Chembur (E) Mumbai 400074

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List of students participating in Rotaract Activities in 2016-17– Duly attested by collaborating agency

President Rtr. Iram Shaikh

Mob. 9967789260

E-mail:

iramshaikh260@gmail.com

Secretary Rtr. Siddhita

Gawade

Mob. 9821637953

E-mail:

siddhitagawde97@gmail.com

**Rotaract Club
of VES College
Of Pharmacy
RID3141**

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Rotaract Club of VESOP for the year 2016-2017. A total of 6 varied community activities' (Table No. 2) were carried out under the aegis of Rotaract District 3141

Table No. 1 - List of students of VESOP who participated in Rotaract activities for the year 2016-2017

Ruchira Rosia	Siddhita Gawde	Vanashree Chaudhary
Adesh Shetye	Khushboo Panchal	Ashish Jhangiani
Iram Shaikh	Sanika Dani	Moksh Lalwani
Aditi Shah	Mihika Choudbary	

Table No. 2 - List of activities carried out by the Rotaract Club of VESOP in the year 2016-2017

Pragati pencil lines to progress	First aid awareness	World Pharmacist Day
Jeevan Daan	Diabetes camp	Vitamin D DEFICIENCY AWARENESS CAMPAIGN

Mr Pratik Barve

**Assistant Professor
Rotaract in-charge, VESOP**

Dr Supriya Shidhaye

Principal, VESOP



Mr Pharat Patel

**District Rotaract
Representative (DRR)
2021-2022**

Websites:

Facebook: Rotaract Club Of VES College of Pharmacy

Instagram: rc_vescop

List of students participating in Rotaract Activities in 2017-18 – Duly attested by collaborating agency



Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



RTR. SIDDHITA GAWADE
PRESIDENT 2017-18
9821637953 | rtr.siddhitagawade@gmail.com

RTR. NIDA MEMON
SECRETARY 2017-18
7506311896 | nidamemon2108@gmail.com

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Rotaract Club of VESCOLP for the year 2017-2018. A total of 19 varied community activities' (Table No. 2) were carried out under the aegis of Rotaract District 3141

Table No. 1 - List of students of VESCOLP who participated in Rotaract activities for the year 2017-2018

Kavneel Kaur	Fredrick John	Abel Biju	Harsh Nijhawan
Rishab Chaube	Lichelle Varghase	Siddhi Dukhande	Anushka Khatani
Megha Jeelson	Neha Pillai	Sayali Kadam	Ashish Jhangiani
Siddhita Gawde	Poorvi Joshi	Mohit Davaria	Surbhi Soni
Habil Hirkani	Nida Memon	Sayli Kharkar	Prajakta Deole
Rishabh Chaube	Kruplai Shah	Sita Patel	Nisha Sharma
Muskan Tardeja	Sanjana Parmeswaran	Saloni Tawde	Sameer Jain
Hardik Shah	Reetua Bhakta	Harshada Bhuskute	Umang Ashar
Omkar Parab	Karishma Talreja	Naziya Khan	Saloni Gupta
Abhishek Sahu	Parth Mehta	Jyoti Soni	Ankita Patil
Neha Dembrani	Rhea Johnny	Sweety Chheda	Sayli Kadam

Websites: Instagram: rc_vescop
Facebook: Rotaract Club of VES College of Pharmacy

List of students participating in Rotaract Activities in 2017-18 – Duly attested by collaborating agency



Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



RTR. SIDDHITA GAWADE
PRESIDENT 2017-18
9821637953 | rtr.siddhitagawade@gmail.com

RTR. NIDA MEMON
SECRETARY 2017-18
7506311896 | nidamemon2108@gmail.com

Table No. 2 - List of activities carried out by the Rotaract Club of VES COP in the year 2017-2018

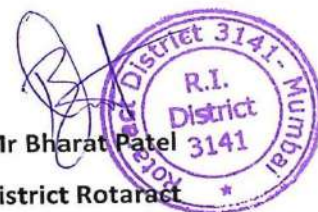
Jeevan daan	FLAG PICKING PROJECT	WORLD MENTAL HEALTH DAY	Station Cleanup -WRY
DAB	SHELTER FOR RAINS	RHYTHM	DISABILITY MATRMONY
HEPFACTIS	Together we will	THINK TIDY	BEACH CLEAN UP DRIVE
FOOD DISTRIBUTION	DIL KI BAAT	Beat the Bully	Health Funda
TREK TO AJOBA	NOTEBOOK 5000	Blood Donation Camp – WRY	

Mr Pratik Barve

Assistant Professor
Rotaract In-charge, VES COP

Dr Supriya Shidhaye

Principal, VES COP



Mr Bharat Patel
District Rotaract
Representative (DRR)
2021-2022

Websites: Instagram: rc_vescop
Facebook: Rotaract Club of VES College of Pharmacy

List of students participating in Rotaract Activities in 2018-19 – Duly attested by collaborating agency



Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Rtr. Rishabh Chaubhe
President 2018-19
+91 9987179077
rtr.rishabhchaube@gmail.com

Rtr. Muskan Tardeja
Secretary 2018-19
+91 7276298288
rtr.muskantardeja@gmail.com

Rtr. Siddhita Gawade
Immediate Past President and
Human Resources Development
Officer 2018-19

Rtr. Mohit Davaria
Jt. Secretary 2018-19

Rtr. Sayli Kharkar
Vice President (Main Avenues)
2018-19

Rtr. Neha Dembrani
Vice President (Support
Avenues) 2018-19

Rtr. Namrata Relwani
Sergeant-At-Arms 2018-19

Rtr. Poorvi Joshi
Finance Director 2018-19

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Rotaract Club of VES COP for the year 2018-2019. A total of 11 varied community activities' (Table No. 2) were carried out under the aegis of Rotaract District 3141

Table No. 1 - List of students of VES COP who participated in Rotaract activities for the year 2018-2019

Namrata Relwani	Nisha Sharma	Sameer Jain	Mukesh Chaudhary
Karsihma Talreja	Siddhita gawde	Rohan Domadia	Simran Punjabi
Rishab Chaube	MeghaJeeson	Akshay Gaikwad	Nishant Chang
Prajakta Deole	Batul Bhopalwala	Gurpreet Kaur	Azhar Khan
Sweetey Chedda	Mohit Davaria	Gaurav Talreja	Pasham Lund
Hardik Shah	Reetu Bhakta	Sakshi Kataria	Anushka Bhoir
Habil Hirknai	Bhairavee Chimane	Nikeeta Palande	Neha Dembrani
Jyoti Soni	Sayli Kharkar	Aayushi Shah	Muskan Talredja
Poorvi Joshi	Anjana Jhakariya	Surbhi Soni	
Anushka Khatani	Umang Ashar	Sonali Gudalka	

Rtr. Rishabh Chaube
President 2018-19
Rotaract Club of VES College of Pharmacy
R.I.D 3141

List of students participating in Rotaract Activities in 2018-19 – Duly attested by collaborating agency



District 3141
Rotaract



CLUB ID: 219032
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Rtr. Rishabh Chaubhe
President 2018-19
+91 9987179077
rtr.rishabhchaube@gmail.com

Rtr. Muskan Tardeja
Secretary 2018-19
+91 7276298288
rtr.muskantardeja@gmail.com

Rtr. Siddhita Gawade
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Rtr. Mohit Davaria
Jt. Secretary 2018-19

Rtr. Sayli Kharkar
Vice President (Main Avenues)
2018-19

Rtr. Neha Dembrani
Vice President (Support
Avenues) 2018-19

Rtr. Namrata Relwani
Sergeant-At-Arms 2018-19

Rtr. Poorvi Joshi
Finance Director 2018-19

Table No. 2 - List of activities carried out by the Rotaract Club of VESCOP in the year 2018-2019

French Fries Day	Beverages for Cop	Bappa Morya	Menstrual Hygiene Camp
Mumbai Rises for Kerala	Art of Sharing	Cloth Bag Distribution	Traffic Awareness
Umeed ki Kiran	Trek to Asavagadh	Gandhigiri	

Mr Pratik Barve

Assistant Professor
Rotaract In-charge, VESCOP

Dr Supriya Shidhaye

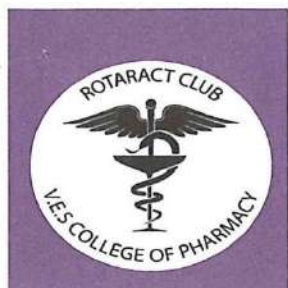
Principal, VESCOP



Mr Bharat Patel
District Rotaract
Representative (DRR)
2021-2022

Rtr. Rishabh Chaubhe
President 2018-19
Rotaract Club of VES College of Pharmacy
R.I.D 3141

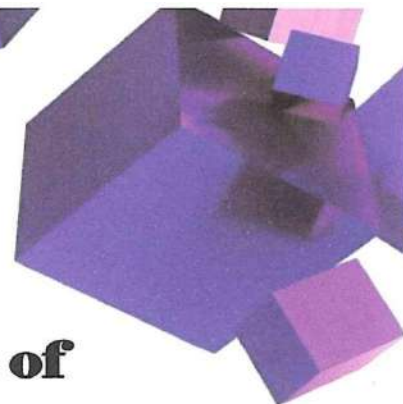
List of students participating in Rotaract Activities in 2019-20 – Duly attested by collaborating agency



District 3141
Rotaract



Club ID: 215632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Rotaract Club of VES COP for the year 2019-2020. A total of 7 varied community activities' (Table No. 2) were carried out under the aegis of Rotaract District 3141

Table No. 1 - List of students of VES COP who participated in Rotaract activities for the year 2019-2020

Gurpreet Kaur	Jyoti Soni	Mohit Davaria	Sarita Sonar
Bhairavee Chimane	Arbaaz Khan	Simran Punjabi	Anjali Waybase
Arbaaz Khan	Nidhi Bhanushali	Sakshi Kataria	Karishma Talreja
Hitesh Lad	Anushka Bhoir	Sayli Kharkar	Vinita Wadhwani
Umang Ashar	Anushka Khatani	Nishant Chang	Abdul Hameed
Karishma Talreja	Ria Rajput	Umnag Ashar	Saloni gupta
Lokesh Thawani	Sarita Sonar	Anushka Khatani	Shrushti Dixit
Ritu Chandwani	Nandani Singh	Viraj Amin	Omar Chaudhary
Pasham Lund	Janhavi Phalke	Nidhee Bhanushali	Namita Doke
Hardik Shah	Isham Honavarkar	Anushka Bhoir	Saloni Rane
Neha Dembrani	Amisha Undavia	Arushee Khanduri	Aakansha Soman

Yours-in-Rotaract
Rtr. Neha Dembrani
President 2019-20
Rotaract Club of VES College Of Pharmacy
Rotary International District 3141

Rtr. Neha Dembrani
President 2019-20
9403588318

Rtr. Mohit Davaria
Secretary 2019-20
8983555930

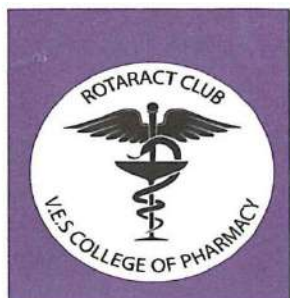
rcvescopO@gmail.com

/rc_vescop

/Rotaract Club of VES College of Pharmacy

/RCVESCOP

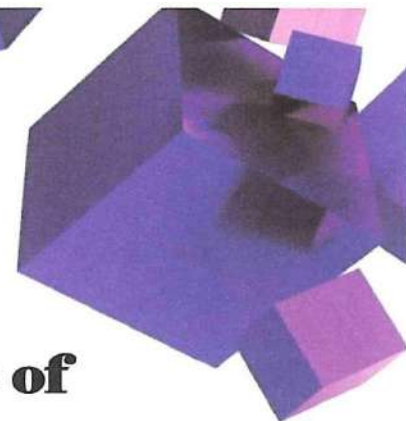
List of students participating in Rotaract Activities in 2019-20 – Duly attested by collaborating agency



District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Mohit Davaria	Ruchi Bhosale	Omkar Toke	Sneha Pillai
Yuvrajika Tiwari	Bhairavee Chimane	Harshil Shah	Anupama Nair
Rishabh Chaube	Tanvi Pansare	Hitesh Lad	Umang Sankhari
Yukta Patil	Surbhi Soni	Ria Rajput	
Namrata Dhillon	Ojas Gadre	Rahul Sah	

Table No. 2 - List of activities carried out by the Rotaract Club of VES COP in the year 2019-2020

Jeevandan -A Blood Donation Camp	Shaping Future	Bappa moraya	Organ Donation Play
FRY DAY	Tree plantation PLANT A HOPE	Hand Wash Wry	

Barve

Mr Pratik Barve

Assistant Professor
Rotaract In-charge, VES COP

Shidhaye

Dr Supriya Shidhaye

Principal, VES COP

Yours-in-Rotaract
Rtr. Neha Dembrani
President 2019-20

Rotaract Club of VES College Of Pharmacy
Rotary International District 3141

Patel

Mr Bharat Patel

District Rotaract
Representative (DRR)
2021-2022



Rtr. Neha Dembrani
President 2019-20
9403588318

Rtr. Mohit Davaria
Secretary 2019-20
8983555930

rcvescop0@gmail.com

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/Rotaract Club of VES College of Pharmacy

/RCVES COP

List of students participating in Rotaract Activities in 2020-21 – Duly attested by collaborating agency

List of students participating in Rotaract Activities in 2020-21 – Duly attested by collaborating agency

President
Rtr. Lokesh Thawani

District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



IPP

Rtr. Neha Dembrani

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Rotaract Club of VESCP for the year 2020-2021. A total of 15 varied community activities' (Table No. 2) were carried out under the aegis of Rotaract District 3141

Secretary

Rtr. Anushka Khatnani

Table No. 1 - List of students of VESCP who participated in Rotaract activities for the year 2020-2021

Anushka Khatani	Hitesh Lad	Yuvrajika Tiwari	Nidhi Bhanushali
Hardik Shah	Sakshi Patil	Ojas Gadre	Malhar Patil
Sakshi Kataria	Mansi Gurav	Harshil Shah	Shreya Chaskar
Saloni Rane	Mansi Sawant	Mansi Sawant	Siddhesh Pansare
Nishant Chang	Ruchi Bhosale	Lokesh Thawani	Pasahm Lund
Sakshi Siraskar	Kavish Sanil	Neha Dembrani	Sakshi Patil
Tanvi Shivnekar	Hrituja Khuspe	Namita D	
Anjali Waybase	Suprita Bhide		

Chairman HRD

Rtr. Hardik Shah

Vice President

Rtr. Pasham Lund
Rtr. Sakshi Kataria

Treasurer

Rtr. Kavish Sanil

Yours-in-Rotaract
Rtr. Lokesh Thawani
President 2020-2021

Yours-in-Rotaract
Rtr. Anushka Khatnani
Secretary 2020-2021

Sergrant-at-arms

Rtr. Yuvrajika Tiwari

List of students participating in Rotaract Activities in 2020-21 – Duly attested by collaborating agency

President
r. Lokesh Thawani

District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



IPP
r. Neha Dembrani

Table No. 2 - List of activities carried out by the Rotaract Club of VESCOP in the year 2020-2021

Rakhi with Khaki	Bappa Morya 3.0	Solace: Phase 1 - Art Therapy	Abhyudaya – Zonal Book Stationary Donation Drive
Menstrual Cup and Hygiene	Resilience	Solace: Phase 2 Music Movement Therapy	Know Your Vaccine
Breastfeeding Awareness for Healthier Planet	Cardiac Check	Security Affairs	Shaping Future 2.0
Eye Care in Virtual Classroom and Workplace	Act to Interact	Diabeto-Buzz	

Chairman HRD
r. Hardik Shah

Barve

Mr Pratik Barve

Assistant Professor
Rotaract In-charge, VESCOP

Shidhaye

Dr Supriya Shidhaye

Principal, VESCOP



Mr Bharat Patel
District Rotaract
Representative (DRR
2021-2022

ice President
r. Pasham Lund
r. Sakshi Kataria

Treasurer
r. Kavish Sanil

Thawani

Yours-in-Rotaract
Rtr. Lokesh Thawani
President 2020-2021

Khatnani

Yours-in-Rotaract
Rtr. Anushka Khatnani
Secretary 2020-2021

ergrant-at-arms
r. Yuvragika Tiwari

/rc_vescop

/Rotaract Club of VES College of Pharmacy

/RCVESCOP

Letter from Collaborating Agency (IPA – MSB) for conducting PHO activities with VESCOP



Maharashtra State Branch

THE INDIAN PHARMACEUTICAL ASSOCIATION

(Maharashtra State Branch)

IPA Outstanding State Branch Award For The Year 2018

(Society Regn. No. 1273/1998 GBBSO. Public Trust Regn. No. F-20669 (Mum) dt. 16/12/1998)

Bombay College of Pharmacy Campus, Kalina, Santacruz (East), Mumbai - 400 098, India.

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Maharashtra State Branch
1941-2016

MISSION

The Indian Pharmaceutical Association (IPA) is the national professional body of pharmacists engaged in various facets of the profession of pharmacy. The IPA is committed to promote the highest professional and ethical standards of pharmacy, focus the image of pharmacists as competent healthcare professionals, sensitize the community, government and others on vital professional issues and support pharmaceutical education and sciences in all aspects.

2018-2020

President

Dr. N. Sivaprasad

Immediate Past President

Dr. Hemant Mondkar

Vice-President

Anand Shedge

Vice-President

Satish Shah

Hon. Secretary

Nitin N. Maniar

Hon. Jt. Secretary

K. G. Gadewar

Hon. Treasurer

Santosh Ghodinde

Council Members

Dr. Anubha Khale

Dr. M. S. Gadge

Rahul Lad

Sureshkumar Choudhary

Sahebrao Salunkhe

Umash Tiwari

Indya Sawakhonde

Vijaykumar Ghadge

Zarine Khety

Divisional Chapter Chairperson/s

Community Pharmacy

Anita Bhisikar

Education

Dr. John Disouza

Hospital Pharmacy

Sheetal Chandan

Industrial Pharmacy

Sandip Shah

Regulatory Affairs

Grish Hukore

Executive Secretary

Mathew Abreo

Ventures of IPA-MSB :

- ★ Bombay College of Pharmacy (National Institutional Ranking Framework India Rankings 2018. Ranked 8th in Pharmacy Category) (Accredited by National Board of Accreditation for UG Program for the Academic Years 2017-18 to 2021-22 i.e. up to 30.06.2022)

- ★ Anant Mody Research Fund ★ Dr. M. K. Rangnekar Memorial Testing Laboratory ★ Academy For Clinical Excellence

- ★ The Research Society of Bombay College of Pharmacy ★ Bombay College of Pharmacy - Alumni Association

To,

The Principal,

Dr Supriya Shidhaye

Vivekanand Education Society's College of Pharmacy

SUBJECT: Award and appreciation for the conduction and completion of the Health Campaigns under the Public Health Office protocol 2016-17.

Respected Madam,

The Public Health Office of Indian Pharmaceutical Association – Maharashtra State Branch – Student's Forum would like to acknowledge the Public Health Office of Vivekanand Education Society's College of Pharmacy for the successful conduction and completion of the protocol for the year 2016-17.

The Public Health Office of Vivekanand Education Society's College of Pharmacy has also secured **FIRST POSITION** for conduction and completion of Public Health Office Protocol 2016-17 organized by Indian Pharmaceutical Association – Maharashtra State Branch – Students' Forum.

Thanking you,

Yours faithfully

Dr Anand Shedge

Vice President IPA-MSB
Mentor IPA-MSB-SF



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

List of students participating in PHO Activities in 2016-17 – Duly attested by collaborating agency



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
B. Pharm. Programme is accredited by NBA, New Delhi from 2016-17 to 2021-22
Recognition under section 2(F) & 12(B) of the UGC Act, 1956

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Public Health Office (PHO) of VESCOP for the year 2016-2017. A total of 22 varied community activities' (Table No. 2) were carried out under the aegis of Indian Pharmaceutical Association-Maharashtra State Branch-Students Forum (IPA-MSB-SF)

Table No. 1 - List of students of VESCOP who participated in Public Health Office (PHO) activities for the year 2016-2017

Sanjana Nair	Sneha Joshi	Jui Pendse	Umesh Chandak
Tejaswini Dewasthale	Rutuja Shingate	Atharva Bhatkande	Jigna Jain
Sneha Joshi	Aishwarya Vasudevan	Vanashree Chaudhary	Jainee Haria
Devashree Shahani	Ruhi Shah	Varsha Daund	Harshada Ogale
Harshada Ogale	Mrunmayi Teredesai	Darshan Jain	Karan Desai
Sameer Jain	Arundhati Jog	Jenil Varia	Krushni Popli
Ashish Chawla	Vaishnavi Somani	Moksh Lalwani	Megha Jeason
Prachi Kaduskar	Sandeep Yadav	Priyanka Tulsiani	Rohan Domadia
Jasleen Kaur Chass	Pankaj Yadav	Yashica Shah	Varsha Dhameja
Aishwarya Korde	Sushma Mistry	Prerana Dodeja	Karen Saiswani
Krupali Shah	Esha Toraskar	Sanjana Parameshwaran	Yash Sodagar
Rekha Chaudhary	Bhavi Sheth	Anastasia Dantas	
Shubham Jain	Bhavya Shah	Sanika Dani	
Nehal Dalvi	Bhairavi Patankar	Mayuri Jain	

List of students participating in PHO Activities in 2016-17 – Duly attested by collaborating agency



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
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Prof. Supriya Shidhaye

M. Pharm. Ph.D. (Tech.)
Principal

Sanjaykumar Maurya	Ankita Jain	Bhakti Phadtare	
Amrita Kaur Bedi	Priya Masand	Prajakta Mali	
Purvashree Gawde	Disha Ahuja	Shitaldevi Gupta	
Muzzakira Teli		Atreya Karandikar	

Table No. 2 - List of activities carried out by the Public Health Office (PHO) of VESCOP in the year 2016-2017

Blood Donation Campaign - Dadar post office	Blood Donation Campaign - Vikhroli	HIV/AIDS awareness campaign	Oral Hygiene and Dental Checkup
Blood Donation Campaign - Dadar station	Blood Donation Campaign - Ghatkopar East	National Nutritional Week: Fight against anaemia	First Aid Awareness Campaign
Blood Donation Campaign - Vashi station	Blood Donation Campaign - Ghatkopar West	Global Handwashing Day	Tuberculosis Awareness Campaigns
Blood Donation Campaign - Powai	Blood Donation Campaign - Dadar	World Mental Health Day – Mental Health Seminar	Diabetes Awareness
Blood Donation Campaign - Vikhroli	Blood Donation Campaign - Ghansoli	Lung Cancer Awareness	
Blood Donation Campaign - Andheri	Blood Donation Campaign - Bhandup	Organ Donation – Awareness & Pledging	

Mr Pratik Barve

Assistant Professor
PHO In-charge, VESCOP

Dr Supriya Shidhaye

Principal, VESCOP

Dr Anand Shedge

Vice-President, IPA-MSB



List of students participating in PHO Activities in 2017 -18 – Duly attested by collaborating agency



Vivekanand Education Society's

College of Pharmacy

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Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Public Health Office (PHO) of VESCOP for the year 2017-2018. A total of 19 varied community activities' (Table No. 2) were carried out under the aegis of Indian Pharmaceutical Association-Maharashtra State Branch-Students Forum (IPA-MSB-SF)

Table No. 1 - List of students of VESCOP who participated in Public Health Office (PHO) activities for the year 2017-2018

Sanjana Nair	Akshay Gaikwad	Hardik Shah	Jasleen Chass
Devashree Shahani	Abhishek Sahu	Vaidehi Bhole	Yogeshwari Shetty
Tejaswini Dewasthale	Lakhan Gupta	Lakhan Gupta	Yashica Shah
Sharvika Shah	Atreya Karandikar	Umang Ashar	Pooja Rathod
Rakshita Raut	Jyoti Soni	Vanashree Chaudhari	Poorvi Joshi
Dimple Rohera	Prajakta Deole	Rishab Chaube	Bhairavee Chimane
Sameer Jain	Sanjay kumar Maurya	Aishwarya VAsudevan	Shubham Jain
Maitreyi Kathare	Salonee Tawde	Purvashree Gawde	Anushka Khatani
Sneha Suthar	Surbhi Soni	Mrunmayi teredesai	Bhakti Sawant
Barkha Makhija	Sonali Gupta	Namrata Relwani	Varsha Daund
Kirti Sawant	Kinjal Gawde	Abhijeet Teli	Harshada Ogale
Vinita Wadhwani	Suyog Tangade	Shubham Lachure	Vaishnavi Somani
Kavneel Sayal	Rahul Jethani		

List of students participating in PHO Activities in 2017 -18 – Duly attested by collaborating agency



Vivekanand Education Society's College of Pharmacy

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Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

Table No. 2 - List of activities carried out by the Public Health Office (PHO) of VESCOP in the year 2017-2018

Blood Donation Drive - Dadar	Blood Donation Drive - Vikhroli	World Heart Day Awareness	Vaccination Awareness
Blood Donation Drive - Dadar station	Blood Donation Drive - Andheri	Mental Health Day Seminar	Rural area camp – First Aid awareness
Blood Donation Drive - Powai	Blood Donation Drive - gavdevi, Ghatkopar	Breast cancer awareness	Community Outreach – Pharmacy as a profession
Blood Donation Drive - Vashi	Blood Donation Drive - patel chauk, Ghatkopar	Epilepsy- Let's seize the day	Vector Borne Diseases; Small Bites, Big threats
Blood Donation Drive - Kurla	Blood Donation Drive - Bhatia vadi	Communicable diseases – Always be clean	

Mr Pratik Barve
Assistant Professor
PHO In-charge, VESCOP

Principal, VESCOP

Vice-President, IPA-MSB



List of students participating in PHO Activities in 2018 -19 – Duly attested by collaborating agency



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M. Pharm., Ph.D. (Tech.)
Principal

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Public Health Office (PHO) of VESOP for the year 2018-2019. A total of 16 varied community activities' (Table No. 2) were carried out under the aegis of Indian Pharmaceutical Association-Maharashtra State Branch-Students Forum (IPA-MSB-SF)

Table No. 1 - List of students of VESOP who participated in Public Health Office (PHO) activities for the year 2018-2019

Madhura Bhoite	Raj Patwa	Shubham Jain	Hitesh Lodh
Vaidehi Bhole	Kirti Sawant	Pooja Rathod	Narendra R
Bhakti Sawant	Salonee Tawde	Batul Bhopalwala	Muskan tardeja
Madhura Kowlagi	Sanjana Nair	Aishwarya Korde	Siddhita Gawde
Nargis Shafique	Sanjay Maurya	Ruhi Shah	Namrata Relwani
Shambhavi Ghadi	Purvashree Gawde	Dilip Pawar	Tanvi Kamble
Ankita Rai	Devashree Shahani	Prajakta Mali	Manali Kadam
Ambika Thakur	Tejaswini Dewasthale	Prachi Singhvi	Rishab Chaube
Anurag Mishra	Kavneel Sayneel	Nehal	Saurabh Yadav
Divya Karpega	Sneha Sutar	Tejaswini Devasthale	Ashok Chaudhary
Renuga Devi	Yogeshwari Shetty	Saloni Gupta	Hardik Shah
Vishnu Nair	Jasleen Chass	Jyoti Soni	Vinita Wadhwani
Abel Biju	Prachi Kaduskar	Nadani Singh	Abel Biju

List of students participating in PHO Activities in 2018 -19 – Duly attested by collaborating agency



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Arushee Khanduri	Barkha Makhija	Sakshi Kataria	Jay Juthani
Arbaaz Khan	Sanjaykumar Maurya	Simran Punjabi	Shikha Deria
Sarita Sonar	Mukesh Chaudhary	Yukta Patil	Anushka Khatani
Shubhangi Yamgar	Sayli Kharkar	Kashish Shemna	Purva Khargutkar
Mahenoor Ansari	Salonee Tawde	Nikita Nair	Kavish Sanil
Santhanalaxmi Kumaresan	Suyog Tangade	Karen Saiswani	
Prajakta Deole		Reema Gupta	

Table No. 2 - List of activities carried out by the Public Health Office (PHO) of VESCOP in the year 2018-2019

Blood Donation Camp - Dadar	Blood Donation Camp - Vikhroli	Handwashing Awareness	Community Outreach – 11 Jan
Blood Donation Camp - Mankhurd	Blood Donation Camp - Powai	Sexual Health Awareness campaign	Menstrual Hygiene
Blood Donation Camp - Seva Sang, Mankhurd	Blood Donation Camp - Ghatkopar	Community Outreach – 22nd Dec	Rural Camp - Nutrition
Blood Donation Camp - Mhape	Mental Health Camp	Community Outreach – 4 Jan	Walk for Freedom

Mr Pratik Barve
Assistant Professor
PHO In-charge, VESCOP

Principal, VESCOP

Dr Anand Shedge
Vice-President, IPA-MSB





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To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Public Health Office (PHO) of VESCOP for the year 2019-2020. A total of 11 varied community activities' (Table No. 2) were carried out under the aegis of Indian Pharmaceutical Association-Maharashtra State Branch-Students Forum (IPA-MSB-SF)

Table No. 1 - List of students of VESCOP who participated in Public Health Office (PHO) activities for the year 2019-2020

Madhura Bhoite	Aakansha Soman	Vrushti Trivedi	Samiksha Pujare
Vaidehi Bhole	Chinmay Pathak	Sundaram Shukla	Hrshitaa Kandpal
Bhakti Sawant	Viraj Amin	Tanvi Shivnekar	Shrutika Dongre
Madhura Kowlagi	Ritesh Autade	Sanskriti Sharma	Shruti Gharat
Nishta Pal	Sahil Sankulkar	Hresheeka Mungekar	Sangeeta Patel
Shruti Shinde	Saloni Rane	Kirandeep Parihar	Anuradha Badade
Ankita Mandlik	Mansi Gurav	Fernanda Selva Malavika	Anjali Dighe
Anushka Khatani	Namrata Dhillon	Lakhan Gupta	Habil Hirkani
Abel Biju	Pranati S	Omkar Parab	Kirti Sawant
Anupama Nair	Kasturi Pawar	Prajakta Deole	Salonee Tawde
Gerard Fernandes	Maithili Phaike	Abhishek Sahu	Surbhi Soni
Upasana Tiwari	Manav Shah	Jagdish Kumavat	Santhanalaxmni K
Shubhangi Yamgar	Ruchi Bhosale	Namita Doke	Arbaaz Khan
Anjali Waybase	Vidya Samal	Ishan Honavarkar	Ankita Rai

List of students participating in PHO Activities in 2019 - 20 – Duly attested by collaborating agency



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Sanku Sonar	Vaibhav Pere	Siddhesh Hatle	Samiksha Pujare
Harshil Shah	Surbhi Soni	Sneha Sutar	Archit Kadu
Sweetie chhedra	Hardik Shah	Salonee Tawde	Vivek Kedar
Prachi Singhvi	Sagarika Salaskar	Nandani Singh	Aparna Andhe
Vishnu Nair	Barkha Makhija	Umang Ashar	Tanvi Kamble
Shiekha Deria	Upasana Tiwari	Dhawal Sonar	Kinjal Gawde
Manmeet Singh	Kishen Chaudhary		

Table No. 2 - List of activities carried out by the Public Health Office (PHO) of VESCOP in the year 2019-2020

Blood Donation Campaign - Dadar	Blood Donation Campaign - Kurla	Say No the first time: An anti-drug abuse initiative	Community Outreach Programme - awareness about generic medicine vs branded medicines
Blood Donation Campaign - Chembur	Worlds Aids Day Campaign	Handwashing Techniques and Dengue-Malaria awareness	Cleanliness Drive
Blood Donation Campaign - Bhandup	Antibiotic Awareness Week Campaign	Menstrual Hygiene Campaign	

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Principal, VESCOP

Dr Anand Shedge
Vice President, IPA-MSB



List of students participating in PHO Activities in 2020 -21 – Duly attested by collaborating agency



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Principal

To whomsoever it may concern

This is to certify that the following students (Table No. 1) have actively participated in the various activities of Public Health Office (PHO) of VESOP for the year 2020-2021. A total of 9 varied community activities' (Table No. 2) were carried out under the aegis of Indian Pharmaceutical Association-Maharashtra State Branch-Students Forum (IPA-MSB-SF)

Table No. 1 - List of students of VESOP who participated in Public Health Office (PHO) activities for the year 2020-2021

Santhanalaxmi K	Aayushi Dumbre	Hardik Shah	Omkar toke
Habil Hirkani	Archit Kadu	Harshil Shah	Roshni Jaiswal
Prajakta Deole	Ojas Gadre	Sarita Sonar	Mrunmay Joshi
Umang Ashar	Akshay Gaikwad	Nishta Pal	Tanvi Shivnekar
Shubhnagi Yamgar	Ashok Chaudhary	Anjali Waybase	Kirandeep Parihar
Ankita Rai	Bhairavee chimane	Divya Karepaka	Hitesh Lodh
Arbaaz Khan	Gurpreet Kaur	Shruti Kulkarni	Tejasvi Thube
Aakansha Soman	Nandani Singh	Anjali Dighe	
Upasana Tiwari	Ambika Thakur	Shrejal Kanojiya	
Gerard Fernandes	Prachi Singhvi	Sneha pillai	
Anupama Nair	Saurabh Yadav		

List of students participating in PHO Activities in 2020 -21 – Duly attested by collaborating agency



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Principal

Table No. 2 - List of activities carried out by the Public Health Office (PHO) of VESOP in the year 2020-2021

Blood and Blood Products' Quiz	World Health Day – World AIDS Day Campaign	Community Outreach Campaign
QUIZ (AYURVEDA)	Innovative Campaign-Carbon Footprint Awareness	Pharmacy Profession Awareness Camp
QUIZ (POLLUTION)	Lockdown Health Awareness Campaign	First Aid Camp

Mr Pratik Barve
Assistant Professor
PHO In-charge, VESOP

Dr Supriya Shidhaye
Principal, VESOP

Dr Anand Shedge

Vice-President, IPA-MSB



Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents	Page No.
1	Activity reports of extension Activities carried out in 2020 - 2021	
1.1	<u>Activity Reports of NSS activities in 2020 – 2021</u>	3
1.2	<u>Activity Reports of DLLE activities in 2020 – 2021</u>	30
1.3	<u>Activity Reports of Rotaract activities in 2020 – 2021</u>	42
1.4	<u>Activity Reports of PHO activities in 2020 – 2021</u>	87

NSS Activities in 2020-21

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	Aarogyadaan	Activity No.	IQAC/2021-22/
Day, Date	Nov – Dec 2021	Department/ Committee/Faculty	VESCOP
Venue	Different parts of Mumbai	Time	
Nature of activity	Offline	Total no. of participants	97

Activity Information:

Objectives	The aim of the event was to educate the citizens and to make them aware about various health issues prevailing in the society
Methodology	The students of T.Y.B.Pharm actively participated in the event. They visited the nearby Pharmacist/Chemist Shop and counselled the general population who visited the pharmacy shop on topics of Communicable diseases and Diabetes. The pharmacist of the shop gave them a certificate of appreciation. The students also collected the valuable feedback from the visitors they counselled.
Outcomes	It was a successful activity as all the participating students who responsibly took up this event and went to the chemist shop and successfully counselled the general public on topics of Communicable diseases and Diabetes.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

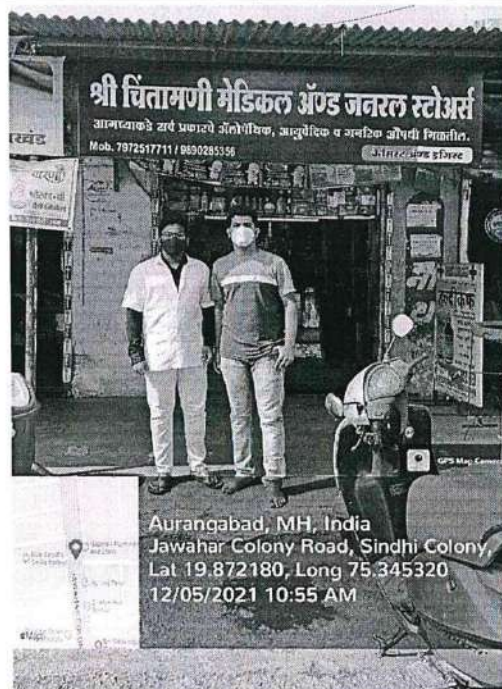
✓	Notice and communication	✓	Feedback form
✓	Student list of participation		Feedback analysis
✓	Photos		Media news details
	Certificate		Any other



Dr. (Mrs.) Sapriya S. Shidhaye
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Chembur, Mumbai - 400 074.

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

TY Patient counselling Proofs (Responses)

SR.No	Timestamp	Email Address	Name of the student	Roll number	Class	Time it in following form counselling session. Upload by Pharmacist Name It as: Roll no., Name, Certificate
1	12/25/2021 11:41:18	jaishwalroshni@ves.ac.in	Roshni Sushil Jaishwal	52021	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
2	12/25/2021 11:41:48	Alanksha Malish Soman	Alanksha Malish Soman	AS4621	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
3	12/25/2021 11:42:48	Sanjana vijay yadav	Sanjana vijay yadav	59821	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
4	12/25/2021 11:43:58	Velar Sangetha Kulkarni	Velar Sangetha Kulkarni	AS4921	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
5	12/25/2021 11:49:50	Ghorade asmrudhi@ves.ac.in	Samrudhi Ghorade	51421	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
6	12/25/2021 11:52:25	Sharma.sanskriti@ves.ac.in	Sanskriti Sharma	39	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
7	12/25/2021 11:57:08	manita.narwal@ves.ac.in	Manita Narwal	510721	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
8	12/25/2021 12:12:51	gokuladharashree@ves.ac.in	Dharashree Hanuman Gokuladhar	51321	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
9	12/25/2021 12:19:12	monisha rajesh@ves.ac.in	Monisha Rajesh	57221	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
10	12/25/2021 12:24:47	gurav.mansali@ves.ac.in	Mansali Gurav	16	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
11	12/25/2021 12:32:09	patil.rajesh@ves.ac.in	Rajesh Patil	78	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
12	12/25/2021 12:32:34	shrestha.vikika@ves.ac.in	Vikika Shrestha	44	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
13	12/25/2021 12:38:13	sah.anish@ves.ac.in	Anish Sah	81	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
14	12/25/2021 12:40:52	yadav.balaji@ves.ac.in	Balaji Yadav	95	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
15	12/25/2021 12:43:47	twinkl.upasana@ves.ac.in	Twinkl Upasana	47	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
16	12/25/2021 12:44:42	mishra.sejal@ves.ac.in	Sejal Mishra	71	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
17	12/25/2021 12:47:38	pansare.lav@ves.ac.in	Lav Pansare	28	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
18	12/25/2021 12:50:22	relinduransal2001@ves.ac.in	Saluransal Relinduransal	25	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
19	12/25/2021 12:56:56	shankar.namrata@ves.ac.in	Namrata Shankar	42	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
20	12/25/2021 12:57:55	gupta.srihitha@ves.ac.in	Srihitha Gupta	62	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
21	12/25/2021 12:58:26	banipale.bhagyashree@ves.ac.in	Bhagyashree Banipale	56	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
22	12/25/2021 12:59:29	shettor.chaitral@ves.ac.in	Chaitral Shettor	70	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
23	12/25/2021 13:02:53	pastor.kasturi@ves.ac.in	Kasturi Pastor	57721	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
24	12/25/2021 13:00:44	undavia.amisha@ves.ac.in	Amisha Undavia	48	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
25	12/25/2021 13:01:49	kanjaly.shreya@ves.ac.in	Shreya Kanjaly	85521	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
26	12/25/2021 13:02:38	chouri.omar@ves.ac.in	Omar Chouri	AS5521	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
27	12/25/2021 13:06:15	mishra.maya@ves.ac.in	Maya Mishra	7	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
28	12/25/2021 13:07:45	dale.shruka@ves.ac.in	Shruka Dale	05	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
29	12/25/2021 13:08:08	phatak.dhruv@ves.ac.in	Dhruv Phatak	30	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
30	12/25/2021 13:09:44	shrestha.sakshi@ves.ac.in	Sakshi Shrestha	41	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
31	12/25/2021 13:12:04	poshi.munmay@ves.ac.in	Munmay Poshi	A22	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
32	12/25/2021 13:12:04	pothekar.hrushika@ves.ac.in	Hrushika Pothekar	79	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
33	12/25/2021 13:12:09	doke.namita@ves.ac.in	Namita Doke	08	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
34	12/25/2021 13:15:24	reshma.kushappa@ves.ac.in	Kushappa Reshma	105	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
35	12/25/2021 13:16:02	Shreha Sajedran Pillai	Shreha Sajedran Pillai	31	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
36	12/25/2021 13:21:05	shelly.mishra@ves.ac.in	Shelly Mishra	87	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
37	12/25/2021 13:23:58	sataskar.sagarika@ves.ac.in	Sagarika Sataskar	58421	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
38	12/25/2021 13:26:53	dumbre.ayushi@ves.ac.in	Ayushi Dumbre	09	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
39	12/25/2021 13:28:26	sankulkar.sahil@ves.ac.in	Sahil Sankulkar	37	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
40	12/25/2021 13:29:00	palad.sanjali@ves.ac.in	Sanjali Palad	29	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
41	12/25/2021 13:30:36	jha.mansi@ves.ac.in	Mansi Jha	AS7121	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
42	12/25/2021 13:32:39	shwetla.sadashiv@ves.ac.in	Sadashiv Shwetla	111	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
43	12/25/2021 13:33:16	bagal.sakshi@ves.ac.in	Sakshi Bagal	53	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
44	12/25/2021 13:33:23	jayesh.patil@ves.ac.in	Jayesh Patil	109	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
45	12/25/2021 13:33:36	kajal.sureshchandra@ves.ac.in	Sureshchandra Kajal	102	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
46	12/25/2021 13:35:49	gadgadya.shreya@ves.ac.in	Shreya Gadgadya	12	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
47	12/25/2021 13:36:10	Khan.haque@ves.ac.in	Haque Khan	56721	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
48	12/25/2021 13:43:24	Janhavi.Patke	Janhavi Patke	19	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
49	12/25/2021 13:44:50	patke.janhavi@ves.ac.in	Janhavi Patke	27	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
50	12/25/2021 13:47:37	sagar.gachan@ves.ac.in	Gachan Sagar	101	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
51	12/25/2021 13:47:40	baside.anuradha@ves.ac.in	Anuradha Baside	B6621	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
52	12/25/2021 13:47:47	shah.safina@ves.ac.in	Safina Shah	89	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
53	12/25/2021 13:48:53	soni.rubi@ves.ac.in	Rubi Soni	59321 (93)	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
54	12/25/2021 13:49:08	finwalia.abdul hakim Finwalia	Abdul Hakim Finwalia	92	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
55	12/25/2021 13:49:54	lokesh.omkar@ves.ac.in	Omkar Lokesh	68	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
56	12/25/2021 13:49:57	lele.mukta@ves.ac.in	Mukta Lele	34	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing
57	12/25/2021 13:51:21	rajpreet.kaur@ves.ac.in	Rajpreet Kaur	Buttar	TY.B.Pharm (Sem V)	https://drive.google.com/file/d/1N8b0.../view?usp=sharing

List of students who participated in Aarogyadaan

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



List of students who participated in Aarogyadaan

Sl.No	Timestamp	Email Address	Name of the student	Roll number	Class	lane it in following form counselling session, Update by Pharmacist Name it as: Roll no., Name, Certificate
58	12/25/2021 13:55:48	nairadhy@ves.ac.in	Aditya Nair	74	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
59	12/25/2021 13:54:52	anirudha@ves.ac.in	Vijay Anin	50	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
60	12/25/2021 13:55:13	digitanil@ves.ac.in	Arijal Dineshwar Dighe	6	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
61	12/25/2021 13:58:10	sankhatumang@ves.ac.in	Umanag Ratikanta Sankhat	85	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
62	12/25/2021 13:59:04	nairanuram@ves.ac.in	Anupama Nair	75	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
63	12/25/2021 14:01:21	nikhilvallandes@ves.ac.in	Nikhil Nershimha Vallandes	112	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
64	12/25/2021 14:01:43	thorai.vashiravi@ves.ac.in	Vashiravi Bhau Thorai	59021	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
65	12/25/2021 14:04:01	george.glor@ves.ac.in	George Glory Robert	60	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
66	12/25/2021 14:06:11	rene.ashini@ves.ac.in	Sabini Rene	35	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
67	12/25/2021 14:06:31	choorakkatt.binesh@ves.ac.in	Choorakkatt Binesh Babukrishnan	A50421	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
68	12/25/2021 14:08:09	preeti.kamali@ves.ac.in	Preeti Kamal Miran	510621	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
69	12/25/2021 14:16:16	sen.rithu@ves.ac.in	San rithu kumar lal rathu	58021	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
70	12/25/2021 14:21:30	bakre.apurva@ves.ac.in	Apurva Bakre	A55421	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
71	12/25/2021 14:22:04	fernando.selve@ves.ac.in	Fernando Selva Malavika Anthony Peter	A51121	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
72	12/25/2021 14:44:01	vishwakarma.jiandra@ves.ac.in	Jiandra Umesh Vishwakarma	B55421	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
73	12/25/2021 14:56:25	mungphar.trecenetta@ves.ac.in	Hreshtha Mungphar	67321	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
74	12/25/2021 15:02:04	gharati.shruti@ves.ac.in	Shruti Gharati	B56121	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
75	12/25/2021 15:12:23	thube.tejswi@ves.ac.in	Tejswi Namdev Thube	B69121	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
76	12/25/2021 15:12:38	nishitaa.sahol@ves.ac.in	Nishitaa Kandpal	63	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
77	12/25/2021 15:31:55	nilesh.ganesh@ves.ac.in	Ganesh Nilesh	A58021	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
78	12/25/2021 15:41:35	salhu.vishakumar@ves.ac.in	Vishakumar Salhu	B56331	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
79	12/25/2021 15:44:08	hote.siddhi@ves.ac.in	Siddhi Hote	A-17	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
80	12/25/2021 16:50:21	dikshit.sruishi@ves.ac.in	Sruishi Dikshit	A60722	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
81	12/25/2021 17:24:18	grish.dawani@ves.ac.in	Grish suresh Dawani	100	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
82	12/25/2021 18:07:23	shirsat.sanjana@ves.ac.in	Sanjana Shirsat	B56821	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
83	12/25/2021 18:59:53	shivnekar.jani@ves.ac.in	Jani Shivnekar	43	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
84	12/25/2021 19:03:15	gourab.pandey@ves.ac.in	Gourab Pandey	108	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
85	12/25/2021 19:05:22	vipin.jadhwan@ves.ac.in	Vipin Bhagwanadas Jadhwan	510321	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
86	12/25/2021 20:33:01	puli.pavitra@ves.ac.in	Puli Pavitra Aravind	33	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
87	12/25/2021 22:00:06	bhinde.supriya@ves.ac.in	Supriya Bhinde	A50021	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
88	12/25/2021 22:11:58	dahi.jani@ves.ac.in	Tani Aji Dahi	57	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
89	12/25/2021 22:36:01	manishwani.vishva@ves.ac.in	Vishva Maheshwari	56921	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
90	12/26/2021 0:14:30	prajapati.kuldeep@ves.ac.in	Kuldeep Prajapati	58021	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
91	12/26/2021 0:40:45	gadgil.ojas@ves.ac.in	Ojas Gadgil	65022	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
92	12/26/2021 10:56:12	pugare.smitkha@ves.ac.in	Smitkha Pugare	32	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
93	12/26/2021 12:33:41	mayur.kenya@ves.ac.in	Mayur Sanjosh Kenya	104	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
94	12/26/2021 12:55:47	dongre.shrutika@ves.ac.in	Shrutika Dongre	55821	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
95	12/26/2021 16:12:08	shukla.sundaram@ves.ac.in	Sundaram Shukla	A45	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
96	12/26/2021 23:32:14	gupta.aniket@ves.ac.in	Aniket Gupta	515121	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing
97	12/27/2021 11:18:11	khan.nazish@ves.ac.in	Khan Nazish Feroz	66821	TYB Pharm (Sem V)	https://drive.google.com/file/d/1Y8gKtH9iB.../view?usp=sharing



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Chembur, Mumbai - 400 074.

Sample letter of acknowledgement received from the pharmacy shop for Aarogyadaan activity. Letters of all 97 participants are available.

Date: 07/12/21


This is to certify that Mr/Ms. Harsha shankar pol, of Third Year B.Pharm, VES College of Pharmacy, has effectively counselled > number of patients who had visited the pharmacy store about Diabetes Mellitus and Infectious diseases.

I appreciate the efforts taken by VES College of Pharmacy to inculcate sense of responsibility amongst future pharmacists towards community and generating awareness about common disorders in general public.


Name of the Pharmacist

Harsha shankar pol

Signature & Stamp (Pharmacist)


07/12/21




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Chembur, Mumbai - 400 074

YASH MEDICAL & GENERAL STORE
S.No. 8, Sat Siddhi Tower, Laxmi Nagar,
Ghatkopar (E), Mumbai - 400 075.



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Sindhi Linguistic Minority

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Approved by AICTE & Pharmacy Council of India u/s 12, Pharmacy Act 1948.

Principal
Prof. Supriya Shidhaye
M.Pharm., Ph. D. (Tech)

PATIENT COUNSELLING - FIELD ACTIVITY REPORT AND FEEDBACK FORM

Topic of patient counselling:

Date: 7/12/21

Sr.No.	Name of the student	Mobile No	Sign
1	Vaishnavi Bham Therapist	8879254166	Vaishnavi

Sr.No.	Name of medical shop owner	Mobile No	Sign
1	Yash Medical	8169937673	Yash

Sr.No.	Details of the patient	Feedback (Rate the effectiveness of the following on the scale of 1 - Low ; 2 - Medium; 3 - High)				Sign of patient
		Communication Skill of the student (ease of explanation)	Quality of information provided	How beneficial was this counselling to you?	Would you like to have such counselling sessions in the future?	
1	Name: Nafisa Maniyar M/F: Female Age: 15 Contact No: 9324545109	<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
		<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2		
		<input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> 3		



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Principal
Prof. Supriya Shidhaye
M.Pharm., Ph. D. (Tech)

	Name: Vasan ^१ Pradhat ^१	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> Yes <input type="checkbox"/> No	Good Communication	Ref. Address
2	M/F: M Age: 72 Contact No: 8104979047	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Good Communication	Ref. Address
3	Name: evan ^१ Ravat ^१ (Kaneet Ravat) M/F: M Age: 37 Contact No: 74250425723	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	—	Ref. Address
4	Name: 387 evan ^१ (Usha Kadam) M/F: F Age: 37 Contact No: 9969711425	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	—	387 evan ^१

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VES
Since 1962

Principal
Prof. Supriya Shidhaye
M.Pharm., Ph.D. (Tech)

5	Name: Therest Vaibhav M/F: M Age: 23 Contact No: 8454986995	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	good caching	Vaibhav
6	Name: Supriya Sunil pawar M/F: F Age: 55 Contact No: 9594495733	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Knowledge was useful	Supriya 11/01/12
7	Name: Kaulash Gupta M/F: M Age: 38 Contact No: 9967422006	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Good Communication Information was useful.	Kaulash



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VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	Blood donation day: quiz	Activity No.	IQAC/2021-22/NSS/12
Day, Date	01/10/2021	Department/ Committee/Faculty	NSS Unit of VESCOP
Venue	-	Time	1 hour
Nature of activity	Online	Total no. of participants	99

Activity Information:

Objectives	The aim of the event was to create awareness about the importance of blood donation.
Methodology	A PR message consisting of a quiz link was circulated to the students and staff members through mail and WhatsApp and the top three individuals were given the certificates.
Outcomes	It was a successful activity as all the participating individuals enjoyed it while making them aware about the importance of donating blood.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓	Notice and communication		Feedback form
	Student list of participation		Feedback analysis
	Photos		Media news details
✓	Certificate		Any other



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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Riya Ingawale	S.Y.B.PHARM
Anagha Patil	S.Y.B.PHARM



Shidhaye
Dr. (Mrs.) Supriya S. Shidhaye
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This book is published by the Society for the Study of the History of the Geological Sciences, an affiliate of the Geological Society of America.



1 message

VERSCOP HAS + verscop has@vsnl.in
To: tyagi.rahul2021@vsnl.in, tyagi.rahul2021@vsnl.in, tyagi.rahul2021@vsnl.in
Cc: anshul.suryawanshi@vsnl.in, Pankaj Arora + pankaj.arora@vsnl.in, prakash.yadav@vsnl.in, Guptha
tsoukue + tsoukue tsoukue@vsnl.in

Exam 2A

✠ Consume Your Blood for a season,
Let The Freak in the Life ✠

Every year 1st of October is celebrated as

Every year 1st of October is celebrated as
 ✦ **National Market (Dussehra) Day** ✦

✦ On account of this day the full unit of VESCOO ✦
 invites you to participate in it.

Our Competitor
With an aim to spread awareness and encourage people about Blood Donations.

DATE 1st October 2021

© 2021 The Author(s)
https://doi.org/10.1111/j.1365-3113.2021.00822.x


The quiz law will be active till 7 pm only.


🏆 The top 3 winners will get e-certificates 🏆

● Hoping to see your first cruise ship publication ●

Results

Regards,
N.S. and V.S.C.

 National blood donation day flyer-1.pdf
3.5.7K

Every year 1st of October is celebrated as  National Blood Donation Day

🌸 On account of this day the NSS unit of VESOP 🌸 invites you to participate in 🌸

🏆 Quiz Competition 🏆
With an aim to spread awareness and encourage people about Blood Donation.

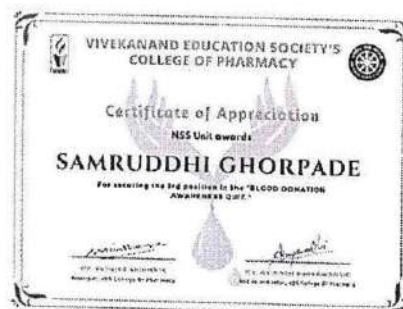
Hoping to see your enthusiastic participation!

DATE : 1st October 2021

🔗 **Link for Quiz :**
<https://forms.gle/YjqZSRfbzE5JrgEN7>

Please note:
The quiz link will be active till 7 pm only

★ The top 3 Winners will get e-certificates ★



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
<u>Cphatak</u>	<u>Bunawadi</u>	<u>Bun</u>



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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	E-WASTE Awareness Webinar (Students)	Activity No.	IQAC/2021-22/NSS/01
Day, Date	Monday, 19/07/2021	Department/ Committee/Faculty	NSS Unit of VESCOP
Venue	-	Time	1 hour
Nature of activity	Online	Total no. of participants	140

Activity Information:

Objectives	The purpose of the webinar was to bring awareness about E-WASTE, and possible ways for E-WASTE management.
Methodology	An invitation mail was sent to the guest speaker Mrs. Rashmi Joshi on 15th of July and PR message with flyer was mailed to all the Students on 15th of July and the webinar was conducted through online mode(Zoom)
Outcomes	It was an insightful session. Students were enlightened about the current E-WASTE status, hazardous effects of negligence of E-WASTE management, and most importantly the ways for E-WASTE management. At the end of the activity announcement was made regarding E-WASTE collection drive



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PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice and communication	Feedback form
Student list of participation	Feedback analysis
Photos	Media news details
Certificate	Any other

VES college of pharmacy
National Service Scheme along with
ICT Committee

E-WASTE

WEBINAR: E-WASTE AWARENESS
Speaker: Mrs. Rashmi Joshi
(Environmental Consultant)

The session brings awareness on the topic E-Waste and the ways for E-waste management

Say NO to E-waste!

Registration Link For Webinar:
<https://forms.gle/44QaDpm1Egtrk6>

Dr. Supriya Shidhaye,
Principal
VESCOP

Dr. Mushtaque Shaikh,
ICT Representative,
Mr. Avinash Suryawanshi,
NSS Co-ordinator.

Venue: Zoom Meeting
30th July 2021 | 4:00 PM

Invitation for "E-waste Awareness Webinar" on 30th July 2021

VESCOP NSS committee along with ICT Committee

The session brings awareness on the topic E-Waste and the ways for E-waste management

The session will be held on 30th July 2021 at 4:00 PM

Topic: E-waste Awareness
Speaker: Mrs. Rashmi Joshi, Environmental Consultant

Registration Link: <https://forms.gle/44QaDpm1Egtrk6>

Registration and attendance are mandatory for all students

Dr. Supriya Shidhaye, Principal VESCOP

Dr. Mushtaque Shaikh, ICT Representative

Mr. Avinash Suryawanshi, NSS Co-ordinator

VES college of pharmacy NSS cell and ICT committee

Webinar: E-Waste Awareness
Speaker : Mrs. Rashmi Joshi
(Environmental Consultant)

Dr. Supriya Shidhaye,
Principal
VESCOP

Dr. Mushtaque Shaikh,
ICT Representative,
Mr. Avinash Suryawanshi,
NSS Co-ordinator.

Participants (15):

- Dr. Supriya Shidhaye
- Dr. Mushtaque Shaikh
- Mr. Avinash Suryawanshi
- Mr. Anurag Bhatnagar
- Mr. Anurag Bhatnagar
- Mr. Anurag Bhatnagar
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- Mr. Anurag Bhatnagar



Dr. (Mrs.) Supriya S. Shidhaye
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Chembur, Mumbai - 400 074.

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:



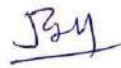
Shrutika Date	T.Y.B.PHARM
Anuradha Badade	T.Y.B.PHARM



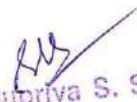
gshidhare
Dr. (Mrs.) Supriya S. Shidhaye
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Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		




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Activity Report A.Y _ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	Human Right Day skit	Activity No.	IQAC/2021-22/NSS/20
Day, Date	Friday, 10/12/21	Department/ Committee/Faculty	NSS Unit of VES COP
Venue	-	Time	-
Nature of activity	online	Total no. of participants	11

Activity Information:

Objectives	The purpose of the event was to celebrate and make students aware of basics human rights.
Methodology	The video was shared in college groups also via mail along with flyers. The video was also uploaded on the college YouTube channel. Through video Right to equality, the Right to approach the court, the Right to freedom of expression, and the Right to education were highlighted. Through daily life situations, awareness and the importance of these rights were conveyed. The unique thing regarding this skit was that awareness regarding these rights was done via simple real-life situations.
Outcomes	It was a successful activity. Students were enlightened regarding their basics human rights.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓	Notice and communication	Feedback form
	Student list of participation	Feedback analysis
✓	Photos	Media news details
	Certificate	Any other



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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Chinmay Phatak	T.Y.B.PHARM
Mrunmay Joshi	T.Y.B.PHARM
Ritesh Autade	T.Y.B.PHARM
Kunal Jain	T.Y.B.PHARM
Akansha Soman	T.Y.B.PHARM
Glory Robert	T.Y.B.PHARM
Bhagyashree Dahiphale	T.Y.B.PHARM
Nazish Khan	T.Y.B.PHARM
Selva Malavika	T.Y.B.PHARM
Sakshi Bagal	T.Y.B.PHARM



Dr. (Mrs.) *Supriya S. Shidhaye*
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Video link: <https://youtu.be/JW1ycnvdBiE>



12/12/21, 11:29 AM

Welcome to Vivekanand Education Society's College of Pharmacy

PRANAV CHINMAT pranav.chinmat@ves.ac.in

Human Rights Day Celebration.

1 message

VESCOL NSS <vescolnss@ves.ac.in>
 To: satyam2021@ves.ac.in, ishwari2021@ves.ac.in, jyoti2021@ves.ac.in
 Cc: Gargya Shinde@ves.ac.in, surya@ves.ac.in, surazsh.burayawandi@ves.ac.in, Prachin Arora@ves.ac.in, pratik.bharve@ves.ac.in

Fr, Dec 10, 2021 at 10:25 AM

Dear all,

"EQUAL RIGHTS FOR ALL
SPECIAL PRIVILEGES FOR NONE"

On occasion of
"Human Rights Day"
NSS Unit of VESCOL
Brings a video on
Human Rights

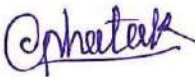
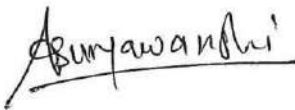

The video showcases various "Human Rights" with an aim to create awareness.

Link to the video:
<https://youtu.be/JW1ycnvdBiE>

Regards,
NSS Unit
VESCOL

Human Rights Day_Typr.pdf
55KB



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		





VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y _ 2021-2022 NSS Unit of VESCOLP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	International Day of Non-Violence	Activity No.	IQAC/2021-22/NSS/13
Day, Date	Saturday, 02/10/21	Department/ Committee/Faculty	NSS Unit of VESCOLP
Venue	-	Time	-
Nature of activity	Online	Total no. of participants	-

Activity Information:

Objectives	International Day of Non-Violence is celebrated to spread the importance and significance of non-Violence. It also promotes the thoughts of Gandhiji on Non-Violence and good practices done by him to stop the violence.
Methodology	A PR message along with the poster and video made by NSS members on the topic of non-violence was circulated via mail and WhatsApp to all the students and staff to propagate the knowledge and significance of the Non-Violence.
Outcomes	It was a successful event. Students and teachers got to know the importance of Non-Violence and thoughts of Gandhiji and methods used by him to stop violence

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓	Notice and communication		Feedback form
	Student list of participation		Feedback analysis
✓	Photos		Media news details
	Certificate		Any other



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Activity Report A.Y _ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

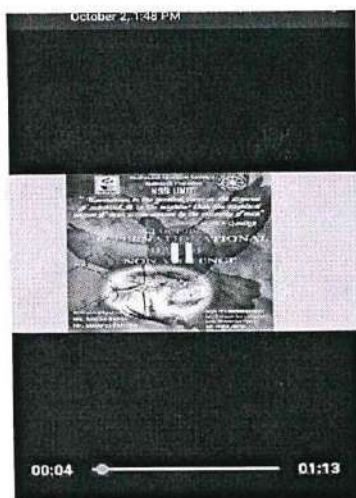
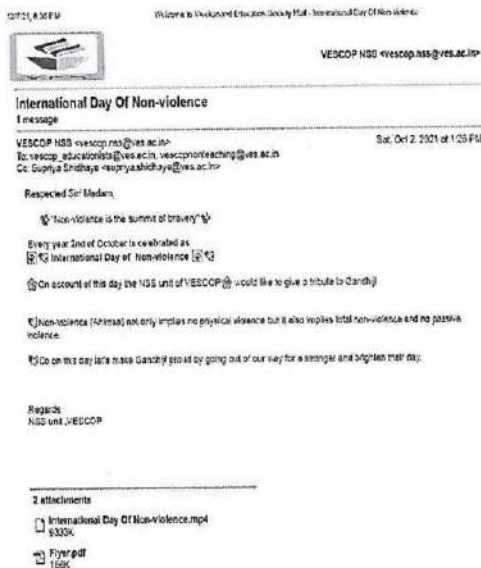
Aastha Yadav	S.Y.B.PHARM
Meghraj Belotiya	S.Y.B.PHARM



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VES COLLEGE OF PHARMACY

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Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator

2



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Activity Report A.Y _ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	NSS Foundation Day	Activity No.	IQAC/2021-22/NSS/11
Day, Date	24/09/2021.	Department/ Committee/Faculty	NSS Unit of VES COP
Venue	-	Time	4
Nature of activity	Offline	Total no. of participants	20

Activity Information:

Objectives	The aim of the event was to make everyone the importance of Pharmacist in today's world and acknowledging pharmacist's hard work and appreciating them also making citizen aware about the pandemic and vaccines.
Methodology	The NSS volunteers actively participated in the event. They visited the nearby Pharmacist/Chemist Shop and appreciated the pharmacist of the shop by giving them a certificate of appreciation and also made aware the citizens visiting the shop about the covid 19 pandemic and busted some vaccine related myths. All the Covid related guidelines were followed.
Outcomes	It was a successful activity as all the participating volunteers responsibly took up this event and went to the chemist shop for their appreciation and also made the citizens aware.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓	Notice and communication		Feedback form
	Student list of participation		Feedback analysis
✓	Photos		Media news details
	Certificate		Any other



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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOLP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

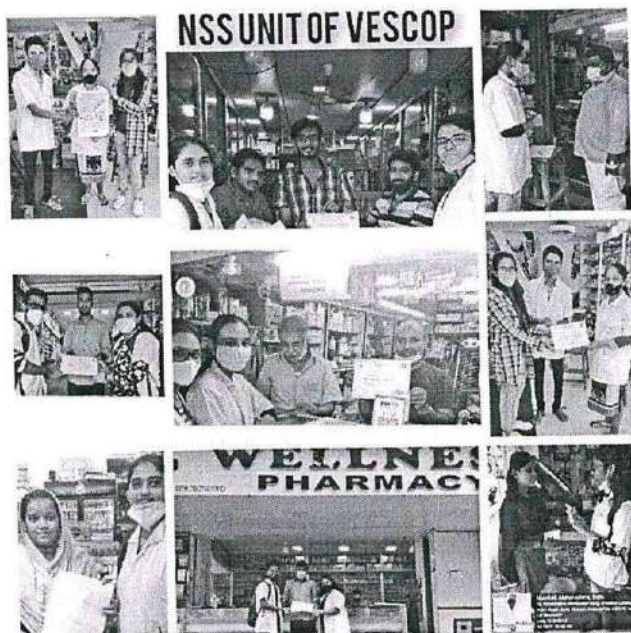
chinmay Phatak	T.Y.B.PHARM
Mrunmay Joshi	T.Y.B.PHARM
Kunal Jain	T.Y.B.PHARM
Rakesh Patel	S.Y.B.PHARM
kunjal batra	S.Y.B.PHARM
riya ingawale	S.Y.B.PHARM
Kasturi Dalvi	T.Y.B.PHARM
om Singh	S.Y.B.PHARM
divyesh chaudhari	T.Y.B.PHARM
meghraj Balotiya	S.Y.B.PHARM
Akansha Shinde	S.Y.B.PHARM
astha yadav	S.Y.B.PHARM
shrutika Pillai	T.Y.B.PHARM
Apurva ghadigaonkar	T.Y.B.PHARM
Akanksha Mallesh Soman	T.Y.B.PHARM
Riteish Autade	T.Y.B.PHARM
Bhagyashree Dahiphale	T.Y.B.PHARM
Shrutika Dongre	T.Y.B.PHARM
Shruti Gharat	T.Y.B.PHARM
Aparna Andhe	T.Y.B.PHARM



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Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		




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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	Flood relief donation drive	Activity No.	IQAC/2021-22/NSS/04
Day, Date	Monday, 26/07/2021	Department/ Committee/ Faculty	NSS Unit of VESCOP
Venue	-	Time	-
Nature of activity	online	Total no. of participants	54

Activity Information:

Objectives	The purpose of the drive was to help the people who were affected by flood in Chiplun and near by area.
Methodology	A flood donation drive was done to help the flood effected people of Kokan area. A flyer was made to pass the necessary information. A Google form was circulated which had the details of the bank account and money was transferred via internet banking facilities. The amount was collected by the NSS coordinator and was handled by them accordingly. Total 54 people contributed and total money collected was 62,800 INR.
Outcomes	It was a successful drive. Many members contributed and a good amount of money was collected and used for the drive. E-certificates were issued to the members who participated and contributed to this drive.



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Activity Report A.Y _ 2021-2022 NSS Unit of VESCOP


DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Chinmay Phatak	T.Y.B.PHARM
Chaitrali Shetkar	T.Y.B.PHARM




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VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication	<input type="checkbox"/>	Feedback form
<input type="checkbox"/>	Student list of participation	<input type="checkbox"/>	Feedback analysis
<input type="checkbox"/>	Photos	<input type="checkbox"/>	Media news details
<input checked="" type="checkbox"/>	Certificate	<input type="checkbox"/>	Any other

Vivekananda Education Society's
College of Pharmacy
Along with National Service Scheme Unit
Presents

एक हात मदतीचा!
Let's lend a helping hand to Konkan

Scan the QR Code to donate (Min 50/-)

UPI Link: vesbpharm@icici

Deadline: 28th July | 6.00 PM
Your contribution can achieve a solution

For more details contact:
Mr. Pratik Barve: +91 96195 15815
Mr. Avinash Suryawanshi: +91 88988 62836
Mrs. Prachitee Ayare: +91 91670 64954

We make a living by what we get, but we make a life by what we give

Konkan... One of the most beautiful places on earth... Home to many... Is currently suffering from heavy rainfall and floods...

★ NSS unit of Vivekanand Education Society's College of Pharmacy ★
Presents

Flood Relief Donation Drive for Konkan

We request you to help with the maximum you can

For payment:
(Minimum Rs.50/-)
Refer to QR code provided in the image
UPI Id: vesbpharm@icici
Deadline for payment: 28 July | 6.00 PM

After completion of payment:
Fill this form by clicking on link, and check your Inbox for the **Certificate**
<https://forms.gle/PGys9dQpy8oEZvam6>

Please donate in maximum numbers and together we will make a difference and save a true gem of maharashtra!

Your contribution counts

14:36



Dr. (Mrs.) *Sophya S. Shidhaye*
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Chembur, Mumbai - 400 074.

DLLE Activities in 2020-21

List of students participating in Population Education Club DLLE Activity, 2020 - 2021

CLASS: SECOND YEAR B PHARM		ACADEMIC YEAR: 2020-21	
SR NO.	NAME OF THE STUDENT	Roll No	PRN No
1	Amin Viraj Vishwanath Archana	45021	2019016402268583
2	Bakre Apurva Prasanna Prajakta	45421	2019016402268304
3	Bundiwalla Rukaiyah kaidjoher Sakina	40321	2019016402268424
4	Buttar Rajpreet Kaur Surjeet	43421	2019016402268254
5	Chouri Omar yunus Mehjabeen	45421	2019016402268111
6	Dighe Anjali Dyaneshwar KALPANA	40621	2019016402268602
7	Dikshit Srushti Pankaj Manisha	40721	2019016402268312
8	Dumbre Aayushi Sunil Rohini	40921	2019016402267781
9	Gurav Mansi Shankar Sneha	41621	2019016402267927
10	Jha Mansi Shripat Nutan	42121	2019016402268285
11	Kanojiya Shrejal Arvind Shobhavati	46521	2019016402268231
12	Kolpe Ruturaj Abhijeet Madhuri	42421	2019016402268293
13	Kulkarni Monisha Rajesh Kameshwari	47221	2019016402268664
14	Lele Mukta Vivek Deepa	46821	2019016402267904
15	Maheshwari Vaibhav Sandeep Seema	46921	2019016402268544
16	Malandkar Sandali Sameer SuJATA	42521	2019016402268374
17	Mhatre Sejal Ravindra Archana	47121	2019016402267997
18	Nair Aditya Prashant Sreelatha	47421	2019016402268447
19	Nair Anupama Jayan Suma	47521	2019016402268173
20	Pakale Janhavi Krishna Harsha	42721	2019016402268053
21	Pansare Tanvi Milind Smita	42821	2019016402268092
22	Pillai Sneha Sajeendran MINI	43121	2019016402268014
23	Potekar Rhutuja Vishwanath Vijaya	47921	2019016402268486
24	Pujare Samiksha Sanjay	43221	2019016402268617
25	Puli Pavitra Aravind Swapna	43321	2019016402268471
26	Rajinder kumar Veenadevi	49721	2019016402268737
27	Rane Saloni Anil Manasi	43521	2019016402268416
28	Salaskar Sagarika Santosh Manisha	48421	2019016402267831
29	Sankhari Umang Ratikanta Shikha	48521	2019016402268351
30	Shaikh Safina Salim Farzana	48621	2019016402268625
31	Shetty Niriksha Divakar Gayatri	48721	2019016402268672
32	Thube Tejasvi Namdev Lata	49121	2019016402267877
33	Undavia amisha rajendra mona	44821	2019016402268084
34	Vishwakarma Jitendra umesh Soni	49421	2019016402268262
35	Yadav Balaji Murugan Laxmi	49521	2019016402268076
36	Yadav Sanjana vijay Rita	49621	2019016402267974



Dr. (Mrs.) *[Signature]* Supriya S. Shidhaye
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List of students participating in Population Education Club DLLE Activity, 2020 - 2021

Annexure 9 (Nine)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

CLASS: THIRD YEAR B PHARM		ACADEMIC YEAR: 2020-21	
SR NO.	NAME OF THE STUDENT	Roll No	PRN No
1	ACHHRA NIKITA SUNIL SARITA	64421	2019016402383935
2	CHANCHLANI VANSHIKA MAHESH ROSHNI	65321	2018016401942751
3	INDALKAR AKSHADA MANIK SANGEETA	66121	2018016401942542
4	KADAM SMRUTI GANESH ARATI	69421	2019016402383877
5	LAKHPATIANI JAYESH RAJESH POOJA	68921	2019016402383912
6	PAWAR KASTURI KUNDAN KSHIPRA	62821	2018016401942395
7	PHALKE MAITHILI RAJESH SANGITA	62921	2018016401942503
8	RAI ANKITA ANIRUDDH MADHURI	63221	2018016401942735
9	RENUGADEVI POOVARAJAN KALESSWARI	63421	2018016401942291
10	SALUNKHE CHAITALI CHANDRAKANT SANGITA	69621	2019016402383885
11	SHIRKE SHRUTI SANTOSH VANITA	63921	2018016401942476
12	TALREJA KARISHMA KIRAN REEMA	69821	2017016402373223
13	THAKUR AMBIKA DILBAG VANDANA	64021	2018016401942267
14	YELKAR.MANASI.RAJESH SHARMILA	64321	2018016401942511




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List of students participating in Career Project DLLE Activity, 2020 - 2021

Annexure 9 (Nine)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74
CLASS: FINAL YEAR B PHARM ACADEMIC YEAR: 2020-21

SR NO	NAME OF THE STUDENT	University Seat No	Roll No	PRN No
1	ASHAR UMANG SHEETAL	96	80321	2017016402373084
2	BHAKTA REETU BALAI MANIMALA	103	80421	2017016402372742
3	BHOLE VAIDEHI SUDHAN SIDDHI	112	80621	2017016402373134
4	CHHEDA SWEETY DINESH JAYSHREE	120	80821	2017016402372807
5	CHIMANE BHAIKAVEE BANDU ASHA	121	80921	2017016402373053
6	CHOUDHARY ASHOK RAMLAL KANKUDEVI	122	85821	2018016402195515
7	DEOLE PRAJAKTA KAVISH SWATI	128	81121	2017016402372823
8	DERIA SHIEKHA SWAPANKUMAR KIRTI	129	81221	2017016402372773
9	DHAVAN DIVYA SHRIKANT NEHA	136	81321	2017016402373103
10	DUKHANDE SIDDHI SHRINIWAS MEENAL	142	81421	2017016402372966
11	FREDERICK JOHN DAVID NURSHA	143	81521	2017016402373173
12	GHOSH PRIYANKA NITAI BABITA	153	81721	2017016402372951
13	GUPTA SALONI SANTOSH MONA	163	82021	2017016402372885
14	HIRKANI HABIL JUZER RASHIDA	167	82121	2017016402372943
15	KADAM SAYALI GANESH NEHA	179	82421	2017016402372997
16	KANADE ANKITA PRAKASH PRATIBHA	181	82521	2017016402373165
17	KOKATE ABHIJEET KISHOR RAJASHREE	199	86721	2015016401558734
18	KOWLAGI MADHURA MADHAV VASUDHA	201	83221	2017016402373126
19	MADHURA JAYWANT BHOITE ANITA	111	80521	2017016402372893
20	MEHTA PARTH PARAG PRIYA	218	83521	2017016402372711
21	MEROTA VIPINA SAVARAM PUSHPA	221	83621	2017016402373142
22	RAJBHAR AAKASH RAMESH SUSHILA	256	86221	2018016402195546
23	RANGNEKAR TANISHA GIRISH TANUJA	262	85221	2017016402372927
24	SANIL KAVISH DILIP SUNITA	270	82721	2017016402372974
25	SAWANT BHAKTI DEEPAK DIPIKA	274	84521	2017016402373277
26	SHAH HARDIK AMRISH MAMTA	280	84621	2017016402373061
27	SHARMA NISHA SUSHIL ARCHANA	290	84721	2017016402372726
28	SINGHVI PRACHI PUKHRAJ MEENA	300	86521	2018016402728354
29	THALE VISHAL AJIT SEEMA	313	85521	2017016402373045
30	THAWANI LOKESH MUKESH NEHA	314	85721	2016016402016650
31	YADAV SAURABH DAYASHANKAR NIRMALA	327	86421	2018016402195523



Dr. (Mrs) ^{MS}Supriya S. Shidhaye
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Chembur, Mumbai - 400 074.

DLE Report TYBPharm (AY 2020-21)													
Timestamp	Name of the Student (Surname-Name Middle Name-Initial Name)	Grade	Roll No	Year of Study	Mobile Number	Extension Project Undertaken	VES Email ID	Name & Address of the College	1. My reason for joining extension work activities	2. How did you carry out extension work activities? Give a specific project related detail	3. What did you learn by extension work activities?	4. How will extension work activities help you to contribute to the society?	5. What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:47:45	Ashita Neta-Sumit Sarda	A	6421	Third Year B.Pharm	8655268248	Career Project (CP)	ashita.neta@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 17:59:16	Chandana Varshita Mahesh Ramesh	A	63231	Third Year B.Pharm	9672311002	Career Project (CP)	chandana.varshita@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 18:15:07	Indhakar Mahesh Manik Sargenda	A	66121	Third Year B.Pharm	8256402829	Career Project (CP)	indhakar.ahmad@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 14:36:14	Kadim Samul Gaseeb Asif	A	69421	Third Year B.Pharm	7021626496	Career Project (CP)	kadim.samul@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 15:27:23	Lalithapalan Jayesh Raghav Raga	A	68051	Third Year B.Pharm	9867078937	Career Project (CP)	lalithapalan.jayesh@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-14-2021 1:53:21	Pavani Kabbini Nandan Kabbini	A	63821	Third Year B.Pharm	9625803176	Career Project (CP)	pavani.kabbini@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 6:14:23	Pragya Mahesh Raghav Mahesh	A	65261	Third Year B.Pharm	09452926600	Career Project (CP)	pragya.mahesh@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:20:27	Rish Arvind Aravind Mahesh	A	63221	Third Year B.Pharm	9130243000	Career Project (CP)	rish.arvind@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:24:24	Renukangana Renukangana Kallanavar	A	63421	Third Year B.Pharm	7245912106	Student Manager	renukangana.renu@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:29:45	Saibhaski Chaitali Chandrakant Sanga	A	66421	Third Year B.Pharm	845418025	Career Project (CP)	saibhaski.chaitali@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 14:01:36	Shruti Shrut Sarosh Vanda	A	63201	Third Year B.Pharm	845460824	Career Project (CP)	shruti.shrut@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:31:17	Talisha Kapilana Arun Kameela	A	66621	Third Year B.Pharm	6263615343	Career Project (CP)	talisha.kapilana@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 17:20:06	Thakur Anshul Dibbas Vandana	A	64021	Third Year B.Pharm	7730411681	Career Project (CP)	thakur.anshul@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]
5-15-2021 13:10:18	Yashwanth Raghav Sharmas	A	64221	Third Year B.Pharm	8108644003	Career Project (CP)	yashwanth.raghav@ves.ac.in	Vivekanand Education Society's College Of Pharmacy, Nishi Acharya Complex, South Colony, Chembur (East), Mumbai - 400074	I really valued it as something which I had help in an extension work activity. The society	We did a recent career information project. We collected information about different careers and gave it to people to get into a particular career. We also collected information about the society.	I learned how to be socialize with other people to be able to give them information. I also learned how to be a good team player. I also learned how to be a good team player.	It will help me to help young kids who are in need of information. I can help them to get into a particular career. I can help them to get into a particular career.	What do you say about improving extension work? [Your remarks, experience and suggestions]

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Chembur, Mumbai - 400 074.

PRINCIPAL

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Chembur, Mumbai - 400 074.**

DLL2 Activity Report LYBpharm (AY 2026-1)

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D.E Activity Report LYBpharm (AY 2020-21)

5-11-2021 18:44:49	Odunayo Sanni, Simisola Adelusi	A	142	Last Year B Phylum	81421	800482017	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-12-2021 14:19:29	Frederick John Nwagwu	A	140	Last Year B Phylum	81921	8224412592	Pharmacy Education Club (PEC)	frederick.john@lybpharm.ac	Frederick John Nwagwu	The pharmacy field is a very interesting and challenging field. I am interested in the pharmacy field because I think it is a good career choice. I am also interested in the pharmacy field because I think it is a good career choice. I am also interested in the pharmacy field because I think it is a good career choice.
5-11-2021 12:36:42	Onyiah Priscilla Nwa Binta	A	133	Last Year B Phylum	81121	861442514	Pharmacy Education Club (PEC)	onyiah.priscilla@lybpharm.ac	Onyiah Priscilla Nwa Binta	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-11-2021 22:52:42	Oludayo Sanni, Simisola Adelusi	A	140	Last Year B Phylum	82021	81802186124	Pharmacy Education Club (PEC)	oludayo.sanni@lybpharm.ac	Oludayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-11-2021 15:26:03	Odunayo Sanni, Simisola Adelusi	A	147	Last Year B Phylum	82121	8680020130	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-11-2021 12:21:18	Odunayo Sanni, Simisola Adelusi	A	179	Last Year B Phylum	82121	917281717	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-12-2021 18:51:17	Odunayo Sanni, Simisola Adelusi	A	181	Last Year B Phylum	82321	820202055	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-12-2021 17:12:35	Odunayo Sanni, Simisola Adelusi	A	189	Last Year B Phylum	86721	9161200406	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-11-2021 20:13:21	Odunayo Sanni, Simisola Adelusi	A	201	Last Year B Phylum	82321	808271779	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-12-2021 14:27:33	Odunayo Sanni, Simisola Adelusi	A	218	Last Year B Phylum	82321	9187755147	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.
5-12-2021 14:23:26	Odunayo Sanni, Simisola Adelusi	A	221	Last Year B Phylum	82321	9022526159	Pharmacy Education Club (PEC)	odunayo.sanni@lybpharm.ac	Odunayo Sanni, Simisola Adelusi	My interest for getting education was to be a pharmacist. I was interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice. I was also interested in the pharmacy field because I thought it was a good career choice.

DLLE Activity Report LYBpharm (AY 2020-21)

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DLLE Report SYBPharm (AY 2020-21)

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[illegible]

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Chembur - 400 074.



ROTARACT CLUB OF VES COLLEGE OF PHARMACY

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COLLE Project Report SYBPHarm (AY 2020-21)

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Dr. (Mrs.) Supriya S. Shidhaye
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Chembur, Mumbai - 400 074.



Rotaract Activities in 2020-2021

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Rakhi with Khaki	Venue	Google forms and On ground
Time Stamp	2020-08-09 23:32:44.883038	Project Status	Early
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Editorial
Start Time	02-08-2020 08:00:00	End Time	04-08-2020 20:00:00
Project Level	Club		

It helped participants to know how indebted they are to have such great protectors with them.
Thanking Mumbai police had spread a positive message among everyone.
To motivate the participants to express their gratitude in a packet of rhymes.


No Groundwork as participants had to post it on social media.

We all know protector symbolizes god. Mumbai police are not less than god to us. Showing a whit of our gratitude towards them can surely escalate a positive message in the society. Keeping lockdown in the mind we asked participants to tie rakhis to Mumbai police in their neighborhood or express their gratitude in the form of a poem. Everyone started searching for a bunch of words to thank our protectors. Tying rakhi motivated the Mumbai police to protect us from every situation. The entries were featured on our social media handle. This project also generated a ray of patriotism among the participants.

https://drive.google.com/folderview?id=115gTkTdG25vDAMrCAv0eEV0L_oP7BgCH

It was a great initiative. It helped us to find our hidden talent and gave an opportunity to do something for Mumbai police.




Dr. (Mrs.) Supriya S. Shidhaye
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01718	Saloni Rane

Home Club	5	Alumni	0
District Council Members	0	Other Club	1
		Other PIS	0
Rotarians	0	Total	7
Guest	1		

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted



ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR RAKHI WITH KHAKHI

NAME OF ATTENDES:-

1. RTR.ANUSHKA KHATNANI
2. RTR HARDIK SHAH
3. RTR SAKSHI KATARIA
4. RTR SALONI RANE
5. RTR NISHANT CHANG

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VESCOLP



S. Shidhaye
Dr. (Mrs.) Supriya S. Shidhaye
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Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Menstrual Cup and Hygiene	Venue	Zoom meetings
Time Stamp	2020-08-10 14:38:22.028128	Project Status	On Time
Reporting Month	July		
Quarter	One		
Avenue 1	Community Service		
Start Time	27-07-2020 18:00:00	End Time	27-07-2020 19:10:00
Project Level	Club		

The aim of the project is to address the challenges and hardships many women and girls face during their menstruation, to highlight the positive and innovative solutions that can be taken to address these challenges and to educate females to consider a more environmental friendly alternatives available for sanitary napkins.

No ground work as the project was digital.

In today's world, making substantial changes in society has always become a major concern. We can see changes in the society by having predetermined common goals. So the Rotaract club of VES College of Pharmacy in collaboration with Rotaract club of M L Dahanukar College arranged a webinar on Menstrual cup and hygiene for all females. The speaker for the webinar was Ms Sharvari Deodhar. Firstly, the speaker broke all the taboos related to menstruation, raised awareness about the importance of good menstrual hygiene management worldwide. The speaker, by sharing a power-point presentation, demonstrated the participants about how to use menstrual cup, ways to insert the cup and how to choose a perfect cup for yourself. She then shared some myths and facts about menstruation and also shared a gynecologist's review about the cups. She also focused on how cups are better than sanitary napkins by being easy to use, providing protection against bacterial infection, being leakage free and most importantly by being environment friendly and causing less pollution. The session was concluded after all the queries by the participants were answered.

<https://drive.google.com/folderview?id=108fFk8u99TbCdbuzBM8bl0sfZy&px5z>



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The topic for the session was very innovative. These session was like an eye opener and very informative. Overall the session was very knowledgeable.

Income		0	Expenditure	0
Sr	Member ID		Member Name	
1	RTR01715		Hitesh Lad	
2	RTR01716		Sakshi Shiraskar	
Home Club		5	Alumni	0
District Council		0	Other Club	0
Members			Other PIS	0
Rotarians		0	Total	416
Guest		411		

Joint Project

Sr	Club Name
1	Rotaract Club of Andheri
2	Rotaract Club of Bombay Airport
3	Rotaract Club of Bombay Chembur West
4	Rotaract Club of Bombay Film City
5	Rotaract Club of Bombay Juhu Beach
6	Rotaract Club of Bombay Midtown
7	Rotaract Club of Bombay West
8	Rotaract Club of Ghanshyamdas Saraf College
9	Rotaract Club of G.N. Khalsa College

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR MENSTRUAL CUP AND HYGIENE

NAME OF ATTENDES:-


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR MANSI GURAV
5. RTR MANSI SAWANT

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Breastfeeding Awareness for Healthier Planet	Venue	Zoom Cloud Meetings
Time Stamp	2020-08-23 12:20:43.904544	Project Status	On Time
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service		
Start Time	07-08-2020 18:30:00	End Time	07-08-2020 20:00:00
Project Level	Club		

The World Breastfeeding Awareness for a Healthier Week is marked from August 1 to August 7. We wanted to take an advantage of this, and do our bit to create an awareness about something that is much needed and not talked about that often (formula milk and breast milk). The main motto of this initiative was to take this unusual awareness at different level and break the stereotypes, and reach a greater audience and create an impact. The purpose of having this was to be a guide the youngsters in the right direction, and that they are going to be the future parents of the next generations.


After consulting with a gynaecologist, we approached a professional who has specialization in this field- that is a lactation consultant, so that we have a better approach and could convey complete and relevant information to the audience.

Dr. Vidya Jadhav was approached for this, who is a Pediatrician and International board certified lactation consultant, for collaboration.

After communicating with all the clubs for collaboration, the PR message for the event as well as the personalized PR graphic for the same were made for each club.

The flow of the event as well as a few of the other formalities were completed- preparation of collaboration certificate as well as for each club.




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It was really a knowledgeable session. Today's generation needs to know about breastfeeding and this session lived up to its expectations.

The seminar was quite informative and I liked the way speaker presented the topic and helped break many stereotypes about the topic.

Income		0	Expenditure	0
Sr	Member ID		Member Name	
1	RTR01715		Hitesh Lad	
2	RTR01716		Sakshi Shiraskar	
Home Club		11	Alumni	0
District Council Members		3	Other Club	6
			Other PIS	0
Rotarians		0	Total	167
Guest		147		
Joint Project				✓

Sr	Club Name
1	Rotaract Club of Mumbai Ghatkopar
2	Rotaract Club of Mumbai Mulund South
3	Rotaract Club of Mumbai Anchors
4	Rotaract Club of Lala Lajpat Rai College
5	Rotaract Club of Bombay Juhu Beach
6	Rotaract Club of Ghanshyamdas Saraf College
7	Rotaract Club of King's Circle Matunga
8	Rotaract Club of Mulund

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR BREASTFEEDING AWARENESS FOR HEALTHIER PLANET

NAME OF ATTENDEES:-

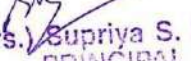
1. RTR.HITESH LAD
2. RTR SAKSHI SHIRASKAR
3. RTR SAKSHI KATARIA
4. RTR RUCHI BHOSALE
5. RTR NISHANT CHANG
6. RTR SALONI RANE
7. RTR KAVISH SANIL
8. RTR YUVRAGIKA TIWARI
9. RTR OJAS GADRE
10. RTR HARDIK SHAH
11. RTR HARSHIL SHAH

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP





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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Eye Care in Virtual Classroom and Workplace	Venue	Zoom Cloud Meetings
Time Stamp	2020-08-28 10:31:02.089125	Project Status	On Time
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Digital Communication
Start Time	15-08-2020 19:00:00	End Time	15-08-2020 20:15:00
Project Level	Club		

To give insights for eye care in this online world.




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Marg, Deonar, Mumbai - 400088.



drrojasjoshi@gmail.com

We received positive & healthy feedback from everyone attending the session.
 The President of Rotary Club of Mumbai Dahisar, Rtr.Ranjit Bijoor was very happy by looking the number of members & guests who were benefited due to these interactive session & was very delightful by the team on completion of such a mega community event.
 Even the speaker of the session, Dr.Raksha Vaishnav was very happy by the work done by the team & handling the huge number of attendees.

Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	10	Alumni	0
District Council Members	0	Other Club	40
		Other PIS	0
Rotarians	2	Total	481
Guest	429		

Joint Project	✓
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Sr	Club Name
1	Rotaract Club of Ghanshyamdas Saraf College
2	Rotaract Club of NMIMS's School of Commerce
3	Rotaract Club of Churchgate
4	Rotaract Club of TCET
5	Rotaract Club of Mumbai Ghatkopar

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR EYE CARE IN VIRTUAL CLASSROOM AND WORKPLACE

NAME OF ATTENDES:-


1. RTR MANSI SAWANT
2. RTR LOKESH THAWANI
3. RTR SAKSHI SHIRASKAR
4. RTR HITESH LAD
5. RTR NEHA DEMBRANI
6. RTR NIDHI BHANUSHALI
7. RTR MALHAR PATIL
8. RTR SHREYA CHASKAR
9. RTR SIDDHESH PANSARE
10. RTR SAKSHI KATARIA

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Bappa Morya 3.0	Venue	Instagram
Time Stamp	2020-09-14 10:45:48.877371	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	22-08-2020 10:00:00	End Time	03-09-2020 10:00:00
Project Level	Club		


To bring home an eco-friendly Ganesh idol that grows into a plant after visarjan.
To minimize use of non-biodegradable materials for decoration.
To immerse idols into artificial ponds rather than in natural water bodies.
To avoid gathering at visarjan areas and rather doing visarjan at home.
To celebrate Ganesh Chaturthi by following all the guidelines given by Government.

The Community Service Directors (Rtr.Sakshi Shiraskar and Rtr.Hitesh Lad) presented and discussed the idea of the project with the Core team.

With the Core team's approval a PR message was made inspiring the people to opt for Eco Friendly Ganpati celebrations.

The participants were asked to send in their entries (photos and videos) to the RSVPs.




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Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	15	Alumni	0
District Council Members	0	Other Club	2
		Other PIS	0
Rotarians	0	Total	46
Guest	29		

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR BAPPA MORYA 3.0

NAME OF ATTENDES:


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR YUVRAGIKA TIWARI
6. RTR PASHAM LUND
7. RTR LOKESH THAWANI
8. RTR ANUSHKA KHATNANI
9. RTR SAKSHI PATIL
10. RTR HARSHIL SHAH
11. RTR HARDIK SHAH
12. RTR KAVISH SANIL
13. RTR MANSI SAWANT
14. RTR NEHA DEMBRANI
15. RTR OJAS GADRE

Rotaract Co-ordinator 2020-21

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Resilience	Venue	zoom, whatsapp
Time Stamp	2020-10-06 22:10:00.425801	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	14-09-2020 19:30:00	End Time	14-09-2020 21:00:00
Project Level	Club		

In the Indian society, there has not been much awareness about the mental well being of an individual.

A lot of people among the youth, particularly students go through high levels of stress without knowing a way to deal with it.

This may lead to serious problems like depression, anxiety, etc.

This project was carried out as an attempt to educate students of various colleges as well as general public regarding the importance of mental health and managing negative feelings.

The aim was to create awareness and help people who might be going through such issues.

As a community service initiative, we wanted maximum people to get benefitted through this event.

Rotaract club of SIESCE approached Dr. Shankar Chawla (senior practicing homeopathic physician and corporate health trainer & consultant. He is a Rotarian and also Rotary Deonar past president, Assistant Governor Dist. 3141, 2018-19) for providing insights on the domains of Resilience.

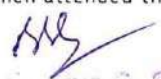
Rotaract club of SIESCE took an initiative to collaborate with other Rotaract clubs of District 3141.

The PR messages and the personalized PR graphic were made and circulated among all the clubs through whatsapp, instagram page. Coordinators from all the collaborating clubs contributed significantly in the broadcasting of the communication smoothly into their clubs.

Then, community service directors, Rtr. Sakshi Shiraskar and Rtr. Hitesh Lad forwarded the PR messages in the club group and told everyone about the benefits of the project and also asked everyone to participate.

All the participants joined the common whatsapp group and then attended the session.




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3VsNg7C19mfXUVV8tG5E

We received a positive and health feedback from everyone attending the session. Many participants asked questions and their concerns related to the topic, Dr. Shankar Chawla made sure to clear all their concerns and doubts and ended the session on a very positive note. The speaker was impressed by the work done by the team and was delighted to be able to help and guide a huge amount of people.

Income	0	Expenditure	0
Sr	Member ID	Member Name	
1	RTR01715	Hitesh Lad	
2	RTR01716	Sakshi Shiraskar	
Home Club	7	Alumni	0
District Council	0	Other Club	0
Members		Other PIS	0
Rotarians	0	Total	116
Guest	109		
Joint Project			✓

Sr	Club Name
1	Rotaract Club of Worli Lalbaug
2	Rotaract Club of Lokhandwala
3	Rotaract Club of Bombay Airport
4	Rotaract Club of Lala Lajpat Rai College

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR RESILIENCE

NAME OF ATTENDES:-


1. RTR HITESH LAD
2. RTR SAKSHI SHIRASHKAR
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR SAKSHI PATIL
6. RTR MANSI SAWANT
7. RTR SAKSHI KATARIA

Rotaract Co-ordinator 2020-21

Pratik Barve

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Cardiac Check	Venue	Instagram
Time Stamp	2020-10-07 14:33:34.859063	Project Status	Early
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Social Media
Start Time	29-09-2020 00:00:00	End Time	29-09-2020 23:59:00
Project Level	Club		

To inform people that cardiovascular diseases, including heart diseases and stroke, is the world's leading cause of death claiming 17.9 million lives each year, and highlight the actions of individuals that could prevent and control cardiovascular diseases.

To drive action to educate people that by controlling risk factors such as tobacco use, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be avoided.

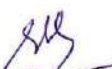
To educate, inspire and motivate people to keep their hearts healthy while encouraging them to inculcate healthy habits amongst themselves.

The project idea was discussed among the digital communication, social media head and the community service team so as to carry out the project effectively.

Then it was finalized that the content would be provided by the community service team and the digital communication would go ahead with making the JPEG and finally the social media team would ensure that it is reached the targeted audience.

The idea was discussed with the core team and after seeking everyone's approval the disease i.e. Congenital Heart Disease was finalized on which the awareness programme would be carried out.




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The Congenital Heart Disease Flyers helped me to know more about the Cardiovascular diseases (CVD) and their causes along with the methods of prevention of CVD.
The jpegs were quite informative and made us aware about the adverse effects and jeopardy of the disease.

Income		0	Expenditure		0
Sr	Member ID		Member Name		
1	RTR01716		Sakshi Shiraskar		
2	RTR01715		Hitesh Lad		
Home Club		3	Alumni		0
District Council Members		0	Other Club		0
			Other PIS		0
Rotarians		0	Total		3
Guest		0			
Club	Rotaract Club of VES College of Pharmacy		Zone	Zone 3A	
Rotaract Year	2020-21		Document Status	submitted	

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR CARDIAC CHECK

NAME OF ATTENDES:-

1. RTR SAKSHI SHIRASHKAR
2. RTR HITESH LAD
3. RTR LOKESH THAWANI

Rotaract Co-ordinator 2020-21

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Act to Interact	Venue	Facebook, Google meets
Time Stamp	2020-10-08 11:39:49.227599	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	19-09-2020 12:00:00	End Time	26-09-2020 12:00:00
Project Level	Club		

Rotaract Club of Bombay Airport along with Project Bodhan presented a phenomenal seminar for all the youngsters that runs around ISL i.e. Indian Sign Language. Act To Interact 2020 was organized to not only brief everyone about what ISL is but to also let people experience and grasp knowledge about the same.

In India, there are a lot of people who are deaf and mute themselves and they try their best to fit into the life of others however we wanted to create awareness and explain people the importance of sign language in India. Thereby, we made sure that our messages were spammed across well enough on social media so that the younger generation is keen on knowing about the same. Along with that our RCBA Instagram handle also shared a lot of posts about this engaging event. Moreover, our audiences also put a word forward after every seminar that they attended to their fellow friends causing a wide spread of people knowing about our event. It was therefore of much help to us to reach our goal of spreading the knowledge and the idea of Indian Sign Language.




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We received a positive and health feedback from everyone attending the session.
It was really a knowledgeable and interactive session. Today's generation needs to know about Indian Sign Language and this session lived up to its expectations.

Income		0	Expenditure	0
Sr	Member ID		Member Name	
1	RTR01716		Sakshi Shiraskar	
2	RTR01715		Hitesh Lad	
Home Club		10	Alumni	0
District Council Members		2	Other Club	0
			Other PIS	0
Rotarians		0	Total	120
Guest		108		

Joint Project



Sr	Club Name
1	Rotaract Club of Deonar
2	Rotaract Club of VES College of Pharmacy
3	Rotaract Club of Ghanshyamdas Saraf College
4	Rotaract Club of Mulund
5	Rotaract Club of M.L. Dahanukar College
6	Rotaract Club of S.K. Somaiya College
7	Rotaract Club of Andheri
8	Rotaract Club of TCET

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR ACT TO INTERACT

NAME OF ATTENDES:-

1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR NIDHEE BHANUSHALI
5. RTR HARDIK SHAH
6. RTR PASHAM LUND
7. RTR SAKSHI KATARIA
8. RTR MANSI GURAV
9. RTR RUCHI BHOSALE
10. RTR MALHAR PATIL

Rotaract Co-ordinator 2020-21

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Solace:Phase 1 - Art Therapy	Venue	Zoom App
Time Stamp	2020-10-10 10:51:58.184896	Project Status	Early
Reporting Month	October		
Quarter	Two		
Avenue 1	Community Service	Avenue 2	Professional Development
Start Time	03-10-2020 19:00:00	End Time	03-10-2020 20:00:00
Project Level	Club		

To distress people and calm their mind with the help of Art Therapy.

- COVID-19 pandemic has slowed down the pace of this face moving wherein most of the people are confined with four walls of their houses for the past 6 months.
- This has really affected mental health of people, so it is the need of the hour to introduce them to a method which is new, effective and fun. Rotaract Club of Dahisar Coast decided to do community service initiative 'SOLACE', an initiative to distress ones in a lively manner.
- Rotaract Club of Dahisar coast approached Fortis Healthcare to conduct a session with us.
- This event was supported by Rotary Club of Mumbai Dahisar.
- As it is a community service initiative, we wanted to help masses through our initiative, so we invited other Rotaract clubs for collaboration to make this event a successful joint project.
- We had opened this session for all so that maximum people can get benefit from our initiative.
- So the co-host for this therapy session are:
 1. Rotaract Club of VPM's RZ Shah College
 2. Rotaract Club Of SIES College, Sion (W)
 3. Rotaract Club of Sydenham College
 4. Rotaract Club of Lala Lajpat Rai College
 5. Rotaract Club of RJ College
 6. Rotaract Club of VES College of Pharmacy
 7. Rotaract Club of S.K. Somaiya College

Distress, Frustration, Mental exhaustion are some of the conditions which are faced by almost everyone amidst covid pandemic.

Rotaract club of Dahisar Coast along with 7 other rotaract clubs, in association with Fortis Health



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Page 1 of 4

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We received positive & healthy feedback from everyone attending the session.
Participants shared their art work they had made during the session.

Feedback Link-

<https://docs.google.com/spreadsheets/d/1ILX5P3c0zj2swGA2bnEnQIElqZ6K91WDnCU8Tvxs9g/edit?usp=sharing>

Income		0	Expenditure	0
Sr	Member ID		Member Name	
1	RTR01716		Sakshi Shiraskar	
2	RTR01715		Hitesh Lad	
Home Club	13	Alumni		0
District Council Members	2	Other Club		22
		Other PIS		0
Rotarians	1	Total		216
Guest	178			
Joint Project				✓

Sr	Club Name
1	Rotaract Club of Dahisar Coast
2	Rotaract Club of VPM'S R .Z. Shah College
3	Rotaract Club of SIES College Sion (W)
4	Rotaract Club of Sydenham College
5	Rotaract Club of Lala Lajpat Rai College
6	Rotaract Club of R.J. College
7	Rotaract Club of S.K. Somaiya College

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR SOLACE PHASE 1- ART THERAPY

NAME OF ATTENDES:-


1. RTR PASHAM LUND
2. RTR LOKESH THAWANI
3. RTR ANUSHKA KHATNANI
4. RTR SAKSHI PATIL
5. RTR HARSHIL SHAH
6. RTR HARDIK SHAH
7. RTR KAVISH SANIL
8. RTR MANSI SAWANT
9. RTR NEHA DEMBRANI
10. RTR OJAS GADRE
11. RTR HITESH LAD
12. RTR SAKSHI SHIRASKAR
13. RTR SAKSHI KATARIA

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Solace: Phase 2- Music and Movement Therapy	Venue	Zoom
Time Stamp	2020-10-19 12:07:24.117926	Project Status	Early
Reporting Month	October		
Quarter	Two		
Avenue 1	Community Service	Avenue 2	Professional Development
Start Time	11-10-2020 19:00:00	End Time	11-10-2020 20:00:00
Project Level	Club		

To distress people and calm their mind with the help of Music and Movement Therapy.

- COVID-19 pandemic has slowed down the pace of this face moving wherein most of the people are confined with four walls of their houses for the past 6 months.
- This has really affected mental health of people, so it is the need of the hour to introduce them to a method which is new, effective and fun.
- Rotaract Club of Dahisar Coast decided to do community service initiative 'SOLACE - Phase 2: Music & Movement Therapy', an initiative to distress ones in a lively manner.
- Rotaract Club of Dahisar coast approached Fortis Healthcare to conduct a session with us.
- This event was supported by Rotary Club of Mumbai Dahisar.
- As it is a community service initiative, we wanted to help masses through our initiative, so we invited other Rotaract clubs for collaboration to make this event a successful joint project
- We had opened this session for all so that maximum people can get benefit from our initiative.
- So the co-host for this therapy session are:
 - Rotaract Club of VPM's RZ Shah College
 - Rotaract Club Of SIES College, Sion (W)
 - Rotaract Club of Sydenham College
 - Rotaract Club of Lala Lajpat Rai College
 - Rotaract Club of RJ College
 - Rotaract Club of VES College of Pharmacy
 - Rotaract Club of Kolhapur, RID 3170
 - Rotaract Club of MNIT, Jaipur, RID 3054




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We received positive & healthy feedback from everyone attending the session.
Participants shared their art work they had made during the session.

LINK FOR FEEDBACK-

https://drive.google.com/file/d/1hrrh_1Q2WRFxp4FZNDqxmCp15Ye0chH/view?usp=sharing

Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	11	Alumni	0
District Council Members	1	Other Club	18
		Other PIS	0
Rotarians	1	Total	158
Guest	127		

Joint Project ✓

Sr	Club Name
1	Rotaract Club of Dahisar Coast
2	Rotaract Club of VPM'S R .Z. Shah College
3	Rotaract Club of SIES College Sion (W)
4	Rotaract Club of Sydenham College
5	Rotaract Club of Lala Lajpat Rai College
6	Rotaract Club of R.J. College

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR SOLACE: PHASE 2---MUSIC AND MOVEMENT THERAPY

NAME OF ATTENDEES:-


1. RTR.HITESH LAD
2. RTR SAKSHI SHIRASKAR
3. RTR SAKSHI KATARIA
4. RTR RUCHI BHOSALE
5. RTR NISHANT CHANG
6. RTR SALONI RANE
7. RTR KAVISH SANIL
8. RTR YUVRAGIKA TIWARI
9. RTR OJAS GADRE
10. RTR HARDIK SHAH
11. RTR HARSHIL SHAH

Rotaract Co-ordinator 2020-21

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Security Affairs	Venue	Zoom meets
Time Stamp	2020-12-01 17:59:53.923996	Project Status	On Time
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	01-11-2020 19:00:00	End Time	01-11-2020 20:00:00
Project Level	Club		

The aim of the project was to make people aware about cybercrime. With so much of our daily lives conducted online these days, the lack of awareness about cyber security makes most people an easy victim to hacking, data sharing of online payment systems, frauds. To summarize, one single vulnerability is all an attacker needs.

Initially, a message was sent on our club group to recommend a speaker for the event. Rtr. Raj Bora asked us to contact Mr. Sachin Dedhia, an Independent Cybercrime Investigator and the CEO of Skynet Secure Solutions.

Meanwhile Rtr. Nikhita KT contacted him for the same. Fortunately, Sir accepted our invitation.


To spread the message and importance of cyber security the Rotaract Club of King's Circle, Matunga looked for collaboration with other clubs from the district. With seven clubs in collaboration for our project, the session was planned on 1st of November.

The same was communicated with sir and PR message and posters were released on 29th October. Coordinators from respected collaborating clubs worked significantly in broadcasting all the communications to their club members and uploading on their respective social media handles.

Feedback form for the participants was also prepared.

Considering the rise in number of crimes related to money looting via online payment platform,




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Follow up/Feedback-

<https://docs.google.com/spreadsheets/d/1niu03bjQck4vWpk1Btxd2IfGuby1S33PvwNTT6UiCok/edit?usp=sharing>

Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	10	Alumni	0
District Council Members	2	Other Club	1
		Other PIS	0
Rotarians	0	Total	83
Guest	70		

Joint Project	✓
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Sr	Club Name
1	Rotaract Club of Bombay Pier
2	Rotaract Club of King's Circle Matunga
3	Rotaract Club of Government Dental College
4	Rotaract Club of Indian School of Management and Entrepreneurship
5	Rotaract Club of VPM'S R. Z. Shah College
6	Rotaract Club of Mumbai Mulund South
7	Rotaract Club of TCET

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR SECURITY AFFAIRS

NAME OF ATTENDES:-

1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR NIDHEE BHANUSHALI
5. RTR HARDIK SHAH
6. RTR PASHAM LUND
7. RTR SAKSHI KATARIA
8. RTR MANSI GURAV
9. RTR RUCHI BHOSALE
10. RTR MALHAR PATIL

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VESOP




Dr. (Mrs.) Supriya S. Shidhaye
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Diabeto-Buzz	Venue	Google form and quizizz.com
Time Stamp	2020-12-01 18:16:17.073692	Project Status	Early
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	07-11-2020 13:00:00	End Time	22-11-2020 20:00:00
Project Level	Club		

To spread awareness about the metabolic disorder and the complications caused by the disease in an individual's body.

Diabetes is today a major health issue in almost all the countries. Around 9.3 percent of the global adult population suffered from diabetes in 2019 - by the year 2045 this number is expected to rise to almost 11 percent. It is essential that people across diverse regions and backgrounds are made aware of the implications of this disorder.

To educate people about diabetes and teach them the importance of managing and treating this condition.

As "World Diabetes Day" was approaching, the Community service team of RCVESCOP came up with an idea of organizing a small awareness quiz on Diabetes.

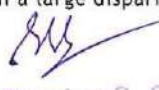
The project idea was discussed with the core team and it was finalized that the quiz is to be conducted in 2 rounds.

The first round was finalized to be carried out on Google form and the second round would be on "quizizz.com" so as to inculcate some enthusiasm among the participants and make this awareness program a little fun-learning too.

The very next step was to finalize the set of questions which was done by the community service team, and the digital communication simultaneously started working on the making the JPEG and finally the social media team ensured that it reached the targeted audience.

Diabetes Awareness has become the need of the hour amidst the rising proportion of diabetic people in both urban as well as rural communities. With a large disparity in economies in developed




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From the second round, top 3 winners were chosen and they were awarded e-certificates. The results were posted on our social media handles too.

Link for pictures: https://drive.google.com/folderview?id=1b35zVDVixmK9U_XcgUu5CUqRcxvvfWEg

The participants really liked the quiz as they got to know more about the disease, its types, do's and don'ts.

The myth busters at the end of the quiz was really appreciated as they were some of the common misconceptions which people had been believing for long, but were baseless.

Income		0	Expenditure		0
Sr	Member ID		Member Name		
1	RTR01715		Hitesh Lad		
2	RTR01716		Sakshi Shiraskar		
Home Club		23	Alumni		0
District Council Members		0	Other Club		9
			Other PIS		0
Rotarians		0	Total		104
Guest		72			

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR DIABETO BUZZ

NAME OF ATTENDES:


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR YUVRAGIKA TIWARI
6. RTR PASHAM LUND
7. RTR LOKESH THAWANI
8. RTR ANUSHKA KHATNANI
9. RTR SAKSHI PATIL
10. RTR HARSHIL SHAH
11. RTR HARDIK SHAH
12. RTR KAVISH SANI
13. RTR MANSI SAWANT
14. RTR NEHA DEMBRANI
15. RTR OJAS GADRE
16. RTR TANVI SHIVNEKAR
17. RTR RUCHI BHOSALE
18. RTR MANSI GURAV
19. RTR MALHAR PATIL
20. RTR SIDDHESH PANSARE
21. RTR NIDHEE BHANUSHALI
22. RTR ANJALI WAYBASE
23. RTR HRITUJA KHUSPE

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP




Dr. (Mrs.) Sumitra B. Shidhaye
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Abhyudaya - Zonal Book and Stationary Donation Drive	Venue	Maranatha Orphanage, Chembur, Mumbai; Aai Caretaker NGO, Vashinaka, Mumbai; Salvation Army Women and Children Home, Sion, Mumbai; and Commu
Time Stamp	2020-12-10 23:04:08.332899	Project Status	On Time
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	02-11-2020 09:00:00	End Time	10-11-2020 23:00:00
Project Level	Zone		

To collect & donate books and stationaries to the underprivileged kids of various oragnisations.

The R.E.A.L. Team was first trained on the process of conducting a project by the ZRRs Rtr. Harshita & Rtr. Vidhit

While they were being trained, everybody brainstormed together on the idea.

Work was distributed amongst the R.E.A.L. team members.

A list of NGOs was made where donations could be possible and were contacted as well.

Permissions were taken along with their requirements.

PR messages and creatives were made to ask for donations.




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Home Club	1	Alumni	0
District Council Members	2	Other Club	0
		Other PIS	0
Rotarians	0	Total	17
Guest	14		

Joint Project ☒

Sr	Club Name
1	Rotaract Club of Mumbai Shivaji Park
2	Rotaract Club of Bombay Uptown
3	Rotaract Club of Bombay Chembur West
4	Rotaract Club of Deonar
5	Rotaract Club of G.N. Khalsa College
6	Rotaract Club of SIES Sion East
7	Rotaract Club of SIES Sion West
8	Rotaract Club of Mumbai Wadala East
9	Rotaract Club of Medicrew
10	Rotaract Club of King's Circle Matunga

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR ABHYUDAYA-ZONAL BOOK AND STATIONARY DONATION DRIVE

NAME OF ATTENDES:


1.RTR OJAS GADRE

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Know Your Vaccine	Venue	Instagram
Time Stamp	2021-04-03 16:43:12.421826	Project Status	On Time
Reporting Month	March		
Quarter	Three		
Avenue 1	Community Service	Avenue 2	Social Media
Start Time	08-03-2021 10:00:00	End Time	09-03-2021 10:00:00
Project Level	Club		

The aim of the project was:-

To raise awareness about the importance of getting the vaccinated in prescribed doses and schedule.

To drive action to educate people that getting immunized is a community duty as the protection against these diseases ensures that you will not pass them to others who are not immunized and perpetuate the cycle of illness.

To focus on the importance of vaccinating children in order to avoid suffering uncomfortable and painful symptoms.

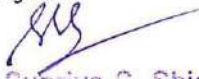
The project idea was discussed among the social media head and the community service team so as to carry out the project effectively.

Then it was finalized that the content would be provided by the community service team and the social media head would go ahead with making the JPEG and video and would ensure that it reaches the target audience.

The idea was discussed with the core team and after seeking everyone's approval the project name Know your Vaccine was finalized- an awareness programme.

Vaccination is a simple, safe, and effective way of protecting people against harmful diseases, before they come into contact with them. It uses your body's natural defenses to build resistance to specific infections and makes your immune system stronger.




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We managed to receive quite positive feedback from the audience as all their doubts were addressed regarding the vaccine that are introduced today in the market. The fact that we stressed on JPEGs and animated video helps people understand things in a better way.

Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar
3	RTR01730	Sakshi Patil

Home Club	3	Alumni	0
District Council Members	0	Other Club	0
		Other PIS	0
Rotarians	0	Total	3
Guest	0		

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR KNOW YOUR VACCINE

NAME OF ATTENDES:

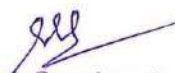
1. RTR SAKSHI PATIL
2. RTR SAKSHI SHIRASKAR
3. RTR HITESH LAD

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP



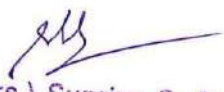

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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Shaping Future 2.0	Venue	Google Meets
Time Stamp	2021-05-21 18:32:31.397408	Project Status	On Time
Reporting Month	May		
Quarter	Four		
Avenue 1	Community Service		
Start Time	31-10-2020 16:00:00	End Time	01-05-2021 18:00:00
Project Level	Club		

To provide basic education to underprivileged kids.

1. RCVESOP team was contacted by The Movement team regarding this project. A meeting of core members was set up with The Movement team in which they briefed the RCVESOP team regarding the project and how it has to be carried out.
2. A google form was made and members who wanted to volunteer enrolled themselves for volunteering.
3. Finally, a group of RCVESOP volunteers with The Movement team and Sahara NGO was made in which the lesson plan and the zoom links were shared.


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Home Club	13	Alumni	0
District Council Members	0	Other Club	0
Rotarians	0	Other PIS	0
Guest	0	Total	13

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

ATTENDANCE FOR SHAPING FUTURE 2.0

NAME OF ATTENDES:

1. RTR SUPRITA BHIDE
2. RTR SAKSHI SHIRASKAR
3. RTR HITESH LAD
4. RTR MANSI GURAV
5. RTR SAKSHI KATARIA
6. RTR HARDIK SHAH
7. RTR ANUSHKA KHATNANI
8. RTR MANSI SAWANT
9. RTR PASHAM LUND
10. RTR ANJALI WAYBASE
11. RTR HARSHIL SHAH
12. RTR KAVISH SANIL
13. RTR NAMITA DOKE

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VESCOLP




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PUBLIC HEALTH OFFICE 2020-21

Indian Pharmaceutical Association-
Maharashtra State Branch Students Forum

Activity Report – “Blood and Blood Products” Quiz

- Type of the campaign: Blood and Blood Products' Quiz
- College Code:02

Coordinator of Activity and her/his email address and contact number:

Mr. Pratik Barve
+91 9619515815.

Digital platform/s where the event was conducted:

Sr. No.	Name of the digital platform along with the social media handle	Date	Activity
1.	Instagram: CODE NO.2	07/01/21-15/01/21	Quiz
2.	Twitter: CODE NO.2	07/01/21-15/01/21	Quiz
3.	Facebook: CODE NO.2	07/01/21-15/01/21	Quiz

Number of target audience: 571

List of volunteers and their contact numbers: (Scanned IDs to be attached at the end with the photos)

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Arbaaz Khan	9769603649
HabilHirkani	8850020130	Akansha Soman	8828482903
Prajakta Deole	7400208850	Upasana Tiwari	9819971088
Umang Ashar	7045887161	Gerard Fernandes	7045650190
Shubhangi Yamgar	9137189885	Anupama Nair	8104584668
Ankita Rai	9136249700	Aayushi Dumbre	9324238606



Dr. (Mrs.) *Supriya S. Shidhaye*
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HAMC, Behind Collector's Office,
Chembur, Mumbai - 400 074.

Description of the activity:

Quiz: Blood and Blood Products

Methods used for conducting the campaign:

This camp was conducted from January 7th to January 15th, 2021 via Google Forms to spread awareness regarding blood and blood products. If you donate food, you give food! But if you donate blood, you give life. Blood is one of the most crucial components of living beings. Along with blood, its products also play a chief role in the human body. Blood transports nutrients along with oxygen. A blood product is any therapeutic substance derived from human blood, including whole blood and other blood components for transfusion and plasma-derived medicinal products. Blood products act as therapeutics. Red blood cells, white blood cells, platelets are a few components used in blood products. Every individual requires blood, so it is of utmost importance to spread awareness about blood and blood products. This quiz was divided into sections such as blood composition, blood disorders, blood donation and blood collection and preservation for better understanding. Some of the quiz questions were a brain teaser for the attempters. This quiz has created awareness about blood and blood products and made a huge difference-certificates were provided as a token of appreciation.

Advertisement of the activity:

A promotional message was circulated by the PHO members within all their contacts. PR messages were circulated on a day-to-day basis so as to encourage more and more people to take up the quiz. Various social media sites such as WhatsApp, Facebook and Twitter were used to reach a larger group of audience. In this way the quiz was promoted on various platforms.

Result of your activity:

A total of 571 responses are evidence of the success of this quiz. The sole purpose of the quiz was served after taking a look at the responses. Most people are aware about blood but very few are aware about Blood products. After attempting the quiz, most of the people are now aware about blood and specifically blood products. This quiz has surely been a great way of spreading awareness.

Activity Report –“QUIZ” (AYURVEDA)

- **College Code:02**
- **Coordinator of Activity and her/his email address and contact number:**
Mr. Pratik Barve
9619515815.
- **Digital platform/s where the event was conducted:**

Sr. No.	Name of Platform & Social Media Handle	Date	Activity
1.	Instagram: vescop.pho	18/10/20 - 26/10/20	Quiz
2.	LinkedIn: VESCOP-PHO	18/10/20 - 26/10/20	Quiz
3.	Twitter: VESCOP.PHO	18/10/20 - 26/10/20	Quiz
4.	Facebook: VESCOP.PHO	18/10/20 - 26/10/20	Quiz

- **Target Audience: 418.**
- **List of volunteers and their contact numbers:**
(Scanned IDs attached at the end with the photos)

Name	Contact no.
Khan Arbaaz	9769603649
Kadu Archit	9029467546
Gadre Ojas	7045682074
Soman Akanksha	8828482903

Description of the activity:

- ❖ **Methods used for conducting the quiz:**



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Ayurveda is considered by many scholars to be the oldest healing science. In Sanskrit, Ayurveda means 'The Science of Life'. Ayurvedic knowledge originated in India more than 5,000 years ago and is often called the 'Mother of All Healing'. It stems from ancient Vedic culture and was taught for many years in an oral tradition by accomplished masters to their disciples. Some of this knowledge was set to print a few thousand years ago, but much of it is inaccessible. The principles of many of the natural healing systems now familiar in the west have their roots in Ayurveda, including Homeopathy and Polarity therapy.

On this note, the Public Health Office of CODE NO. 2 conducted a quiz on 'Ayurveda' through a Google Form on the above mentioned social media handles from the 18th of October to 26th of October. The aim of the quiz was to create awareness about Ayurveda and Ayurvedic medicines. A Google Form was created comprising of twenty questions which covered different aspects of Ayurveda like its origin, literature, ministry, marketed products, and uses. The quiz also underlined the significance of traditional knowledge and why it is important to not ignore it.

❖ **Advertisement of activity:**

A poster and a trailing message was created for promotion of the quiz which was circulated via various social media pages. Apart from this, promotion on a personal level was done by the committee members by their own personal resources.

❖ **Result of your activity:**

The volunteers enthusiastically prepared & promoted the quiz. In approximately 8 days, 418 unique responses were recorded. All the questions were answered and the beneficiaries got a wholesome idea about Ayurveda, its importance and the crucial role it still plays in our day-to-day life. This ensured that the objective of the Quiz was fulfilled. Through this Google Form, an attempt to make people aware about various Ayurvedic drugs and its ancient rich history was made.

Activity Report – “QUIZ” (POLLUTION)

- **College Code: 02**
- **Co-ordinator of Activity and her/his e-mail address and contact number:**
Mr. Pratik Barve
CODE NO. 2
9619515815.
- **Digital platform/s where the event was conducted:**

Sr. No.	Name of Platform & Social Media Handle	Date	Activity
1.	Instagram: vescop.pho	20/11/20 - 28/11/20	Quiz
2.	Twitter: VESCOP.PHO	20/11/20 - 28/11/20	Quiz
3.	Facebook: VESCOP.PHO	20/11/20 - 28/11/20	Quiz

- **Target Audience: 273**
- **List of volunteers and their contact numbers:**
(Scanned IDs attached at the end with the photos)

Name	Contact no.
Ankita Rai	9136249700
Haabil Hirkani	8850020130
Gerard Fernandes	7045650190

Description of the activity:



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❖ **Methods used for conducting the quiz:**

Pollution is any kind of impurity. Factually, it can be described as the addition of substances to the environment faster than the environment can dispose, recycle, decompose or store it in a harmless state. There are different types of pollution including air, water, soil and sound pollution and all these continue to cause major problems. In the quest to better our lives, we forget or rather ignore the negative impacts such deeds can have on the environment. The fumes that emerge from factories and vehicles not only make it difficult to breathe but also affect the ozone layer. The garbage, honking and blaring music are all menaces that we should aim to reduce for a better planet.

On this note, the Public Health Office of CODE NO. 2 conducted a quiz on 'Pollution' through a Google Form on the above mentioned social media handles from the 20th of November to the 28th of November, 2020. The aim of the quiz was to give a reality check on Pollution and its cascading effects on environment and human life. A Google Form was created consisting of twenty questions which covered different aspects of Pollution like its causes, effects, laws, hazards, and disastrous instances. The quiz underlined the fact that although pollution is a serious issue affecting our planet today, many people still continue to turn a blind eye to it. Our physical and psychological wellbeing is affected by the kind of pollution we are exposed to. There are many organs and bodily functions that can be harmed, the consequences include but are not limited to respiratory, nervous, cardiovascular damage, harm to liver, spleen and blood, fatigue, headache, anxiety, infertility, and irritation to eyes, nose and throat. This therefore suggests an urgent need to tackle the issue to prevent further damage.

❖ **Advertisement of activity:**

A poster and a trailing message was created for the promotion of the quiz which was circulated via various social media pages. Apart from this, promotion was done by the committee members through WhatsApp.

❖ **Result of your activity:**

The volunteers enthusiastically prepared & promoted the quiz. In the allotted 9 days, 273 unique responses were recorded. All the questions were answered and the beneficiaries got an eye opener on Pollution and the threat it possesses. This ensured that the objective of the quiz was fulfilled. To sum it up, all types of pollution are hazardous and come with grave consequences. Tackling pollution calls for joint efforts, so everyone from individuals to industries should join hands to take steps towards change. All of us must take a stand and make our voices heard to make our planet pollution free.

Activity Report – “World Health Day – World AIDS Day” Campaign

College Code:02

Coordinator of Activity and her/his email address and contact number:

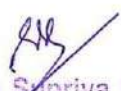
- Mr. Pratik Barve
9619515815
- Sakhi Chaar Chowgi Trust
Anu Gauri
8108281665

Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	Google meet	1 st December, 2020	5-6 pm	Webinar
2.	Instagram	1 st December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif
3.	Facebook	1 st December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif
4.	Twitter	1 st December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif

Number of target audience (in case of webinar/ live stream): 38




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Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Prachi Singhvi	8433626265
Haabil Hirkani	8850020130	Saurabh Yadav	8652135130
Anupama Nair	8104584668	Hardik Shah	7021518772
Prajakta Deole	7400208850	Harshil Shah	9004123431
Aayushi Dumbre	9324238606	Ojas Gadre	7045682074
Akshay Gaikwad	9082620256	Ankita Rai	9136249700
Ashok Choudhary	8879428237	Arbaaz Khan	9769603649
Bhairavee Chimane	7045635257	Gerard Fernandes	7045650190
Gurpreet Kaur	9892284416	Shubhangi Yamgar	9137189885
Nandani Singh	9768569608	Upasana Tiwari	9819971088
Ambika Thakur	9004322016		

Description of the activity:- World Health day: World AIDS Day

Methods used for conducting the campaign:

World AIDS Day is celebrated on 1st December every year since 1988 in order to spread awareness of the AIDS pandemic. AIDS is a disease that can develop in people with HIV. It's the most advanced stage of HIV. But just because a person has HIV doesn't mean they'll develop AIDS. HIV is a virus that damages the immune system. The immune system helps the body fight off infections. Untreated HIV infects and kills CD4 cells, which are a type of immune cell called T cells. Over time, as HIV kills more CD4 cells, the body is more likely to get various types of infections and cancers.


HIV is transmitted through bodily fluids that include:

- blood
- semen
- vaginal and rectal fluids
- breast milk

The virus doesn't spread in air or water, or through casual contact.

On December 1st 2020, CODE NO.2 in Collaboration with Sakhi Chaar Chowgi Trust, a trust run by transgender, took on this mission to eradicate social stigmas prevalent in the society about this disease, and spread awareness in the process. A webinar was organized, where speaker Anu Gauri and Rakhi Tambe elaborated on the various aspects of AIDS including the spread of the disease, its prevention and treatment facilities available. They also enlisted the hospitals in which the government




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Activity Report – “Innovative Campaign-Carbon Footprint Awareness”

Type of the campaign to be mentioned – Innovative camp

College Code: 02

Coordinator of Activity and her/his email address and contact number:

Mr. Pratik Barve
9619515815

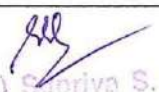
Digital platform/s where the event was conducted:

Sr. no	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	YouTube	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo
2.	Facebook	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days
3.	Instagram	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days 4)Commute-e-carbon
4.	Twitter	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days
5.	Website (blog)	04/02/2021 to 06/02/2021	NA	1)Result analysis article 2)Calculator

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Sarita Sonar	7506850130
Haabil Hirkani	8850020130	Nistha Pal	8433871759
Prajakta Deole	7400208850	Ambika Thakur	9004322016
Arbaaz Khan	9769603649	Anjali Waybase	8652094043
Ankita Rai	9136249700	Divya Karepaka	9029640175




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provided free of cost testing and treatment for AIDS. Emphasis was made on the treatment and mental health counseling required by HIV positive patients. Light was shed upon the misconceptions to help eradicate them. A poetry about the turmoil faced by a person with AIDS due to the outlook of the society was recited. This was followed by a few quotes on AIDS Awareness by student volunteers. The audience were encouraged to interact with the volunteers and clear any doubts that they might have.

A video was released on the same day – 'World AIDS Day – Break the Stigma, Not the Stigmatized' on YouTube, Instagram, Facebook and Twitter. This video highlighted the dark side of the life of HIV positive individuals and focus was mainly on societal stigma on this disease. This video also includes the most famous misconceptions about the disease and the actual facts about the same. GIF is one of the most popular features among the young generation, it was used to call attention to basic aspects of awareness about AIDS. GIF made it easy to share the most important information in the most concise form.

Advertisement of the activity:

PR messages for both the YouTube video as well as the webinar were circulated through various social media sources. In order to have a greater reach, Sakhi Chaar Chowgi Trust also spread a word regarding the webinar. The Social media links for the video and Google meet link for the webinar were circulated via all the social media platforms and also promoted by student volunteers. GIF was posted on various social media platforms.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. Their cooperation and the willingness as the audience of the webinar, made this campaign a successful one. The Video titled "Break the Stigma, Not the Stigmatized" and AIDS Awareness GIF received various appreciable comments on the social media platforms.

Shubhangi Yamgar	9137189885	Anjali Dighe	8169079671
Gerard Fernandes	7045650190	Shrejal Kanojiya	8425973900
Upasana Tiwari	9819971088	Sneha Pillai	8928631482
Akansha Soman	8828482903	Rajpreet Kaur Buttar	7045510121
Anupama Nair	8104584668	Omkar Toke	9892437013
Aayushi Dumbre	9324238606	Roshni Jaiswal	8433505787
Shruti Kulkarni	9969143483	Mrunmay Joshi	8850376491
Umang Ashar	7045887161		

Description of the activity-

Innovative Camp: Carbon footprint Awareness

Methods used for conducting the campaign:

"A carbon footprint is the total greenhouse gas (GHG) emissions caused by an individual, event, organization, service, or product, expressed as carbon dioxide equivalent." Humans are the major contributors to greenhouse gases. Carbon footprints are one of the most ignored problems today. Transportation, electricity production, industries, commercial and residential emissions, agriculture, and land use are the major human activities that contribute to the carbon footprint. Carbon emissions, being a part of greenhouse gas emissions, are detrimental to the environment and contribute significantly towards climate change and resource depletion. The use of 5R's (Refuse, Reduce, Reuse, Recycle, and Rot) can benefit the reduced carbon footprint. By switching to public transport, turning off electrical appliances when not in use reduces carbon footprint. Carbon emissions can generate from a lot of sources, and they have pretty sizable contributions each. Little steps towards minimizing one's carbon footprint will go a long way in reversing climate change.

So, let's cut the CARB and reduce our Carbon Footprint.

This camp was conducted from 4th February to 6th February, 2021. The camp was organized in a series of events which had a sole purpose of creating more and more awareness about carbon footprint.

DAY 1: 4th February, 2021.

A survey video was uploaded on YouTube and a link was shared on all the social media platforms. This survey helped us to know about the knowledge people have about carbon footprint. Questions such as what is carbon footprint, what are the causes of carbon footprint etc. were asked. This video also helped to highlight Carbon footprint among the community. It gave clarity regarding the points to be the focus on during this camp. A GIF was shared on all social media handles. This gif gave a basic idea about what exactly Carbon footprint is.

DAY 2: 5th February, 2021.

On this day, a demonstration video on how to use the calculator that was available on our website was posted on YouTube and the link for the same was posted on Instagram, Facebook, etc. In the video, one of our volunteers briefly explained the steps for using the calculator. After watching this video, the individuals calculating their carbon footprint could do it



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with great ease. The calculator can help an individual to calculate his or her House, flights, car, motorbike, bus & rail as well as secondary carbon footprint. After calculating, one could clearly understand which activity of theirs created the most of the carbon footprint. After analysis of the results, one could easily reduce the carbon by switching to alternative ways wherever possible.

DAY 3: 6th February, 2021.

Commute-e-Carbon, an activity to find a solution to lessen the carbon was conducted. In this activity, anyone could portray their ideas through any form including art, poster, poems, quotes, slogans, etc. A PR message and jpg were propagated 2 to 3 days prior so as to give sufficient time for the participants to think and prepare. The ideas were supposed to be posted on Instagram handle and CODE NO.2 was to be tagged with a hashtag #rescuethefuture. The best ideas were featured on our Instagram handle and the participants were provided with an e-certificate to encourage their ideas. A gif was passed – around and posted on all social media handles with the message of growing more trees to reduce carbon footprint. A result of the activity was published on CODE NO .2 blog concluding the methods to lessen the carbon footprint and requirement for calculating the same.

Advertisement of the activity:

For the promotion of this camp PR messages along with jpg were used. The GIFs that were posted on various social media platforms were shared by the PHO members on their stories, status and via private messages. To encourage people to make the fullest of this carbon footprint calculator, a gif was circulated and posted on various social media platforms. On each of the days in some or the other way, this camp was promoted using all social media means.

Result of your activity:

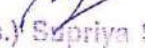
While conducting and promoting this activity we observed that most of the people were unaware of carbon footprint. Most of them had heard such a term for the first time in their life. So, we can say that this camp was surely a success as the unheard Carbon footprint now is heard by many. The whole motto of the camp was justified.

All the links used during the camp:

Sr. No.	Date	Name of the digital Platform	Timing	Activity
	4 th February, 2021		NA	Video survey – Carbon Footprint
				GIF
Day 2	5 th February, 2021		NA	Carbon Footprint Calculator- A Demo
				GIF

				Calculator
Day 3	6 th February, 2021		NA	Registration of Commute-e- Carbon (Google form)
				Response excel sheet
				Result analysis article




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Activity Report – “Lockdown Health Awareness” Campaign

College Code: 02

Co-coordinator of Activity and her/his e-mail address and contact number:

Mr. Pratik Barve
9619515815

Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	YouTube	30 th October		Corona warriors' video
		31 st October		Covid safety measures video
		1 st November		Just breathe-Yoga webinar
2.	Instagram	30 th October		Meme-yard
		1 st November	11.30 am – 12.30 pm	Instagram live - interactions
		1 st November		Untold Stories
3	Facebook	30 th October		Corona warriors' video
		31 st October		Covid safety measures video
		1 st November		Just Breathe-Yoga webinar

Aim and Objective: To spread awareness about the effect of lockdown on health and make people understand how they can maintain their mental health.

Number of target audience (in case of webinar/ live stream):

Date	Activity	Target Audience
31 st October	Mask-e-teers	20
1 st November	Insta live	32
	Just breathe	28

List of volunteers and their contact numbers:
(Scanned IDs to be attached at the end with the photos)

Name	Contact no.	Name	Contact no.
1. Ojas Gadre	7045682074	10. Sarita Sonar	7506850130
2. Tanvi Shivnekar	8850271870	11. Shruti Kulkarni	9969143483
3. Kirandeep Parihar	797708130	12. Ankita Rai	9136249700
4. Akansha Soman	8828482903	13. Shubhangi Yamgar	9137189885
5. Upasana Tiwari	9819971088	14. Umang Ashar	7045887161
6. Gerard Fernandes	7045650190	15. Santhanalaxmi Kumaresan	7045582214
7. Aayushi Dumbre	9324238606	16. Haabil Hirkani	8850020130
8. Nishta Pal	8433871759	17. Prajakta Deole	7400208850
9. Arbaaz Khan	9769603649		

Description of the activity- Lockdown Health Awareness Camp

Methods used for conducting the campaign:

"Health is a state of complete physical, mental and social well-being and is not merely the absence of disease or infirmity" Good health is the most valuable gift that any human being can receive. And this lockdown has affected our social, mental, and physical well-being. We need to spread more and more awareness about health during this lockdown. To contribute towards the community, we at CODE NO.2 held a '3-day Lockdown Awareness Camp' between 30th October to 1st November. The details of the camp are as follows,

Day-1: Corona Warriors Interview video -30thOctober
Meme – yard voting time – 30th and 31stOctober

The interview of corona recovered patients was conducted. The warriors included a school student, few college students, a nurse, and a businessman so that the experience from



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different age groups is known. Questions regarding the symptoms, mental health, etc. were asked. As these warriors answered, we were able to find more about what exactly a person goes through when suffering from the Corona virus. These warriors being people just like us and still able to overcome such a virus will inspire many through their words and experience the video of these interviews was prepared and posted on Instagram, YouTube, and Facebook. A meme yard activity was held to spread awareness through the most trending memes on various social media and lighten up the stressful environment. Meme cartoon helps in reliving anxiety and improve moral which was the sole purpose of conducting this activity. A week was given to the participants for the submission of their memes as it requires time. The voting was conducted by keeping the count of likes the meme get after it was posted on the Instagram handle – CODE NO. 2 The voting was open for two days i.e., from 30th and 31st October. The top 3 memes were featured on Instagram.

Day 2: Covid safety measures video, Mask-e-teers evaluation- 31st October
Meme yard Voting – 30th and 31st October

In continuation of the corona virus video, to spread awareness of safety measures to be taken during the lockdown video was released on YouTube, Instagram, and Facebook. Some of the topics covered in the video were the use of different masks, the use of sanitizers, and the significance of washing hands frequently as well as social distancing. Effective delivery and a short demonstration of how to wash hands helped in spreading awareness more efficiently. These measures being easy to be practiced by the common people will help them maintain their health. Moreover, this is one of the most important way to escape through Corona virus. Mask-e-teers, an activity conducted for the artist to display their creativity and inspire others to use masks by making them attractive on their own! To know the perspective of people, the participants had to explain what they want to convey through their painted masks This activity helped the participants and the audience to relive stress to certain extent because when people create something beautiful through painting, they stimulate the creative mind while relieving mental strain. A low stress level leads to a happier, healthier lifestyle and helps improve overall mental health which is a need. For the same, a Google meet held on 31st November between 6 pm to 7 pm, where the participants presented their mask and the message they had for the viewers. The winners were featured on Instagram with photos of masks. As the meme yard voting ended the count of likes was recorded.

Day 3: Live on Life (Instagram), just breathe (yoga webinar) and Untold Stories - 1st November

Today, as most of us are very active on Instagram- it's the best mode to spread awareness on a larger scale so an Instagram live was conducted on 1st November between 11.30 am to 12.30 pm. Numerous people actively participated and shared their views on lockdown and were asked a few questions by a PHO volunteer. The live helped people share their point of view on lockdown health. Many of the participants focused on how they started working on their hobbies to overcome anxiety. 'Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India.' Just breathe, a yoga webinar conducted on 1st November between 5.00 pm to 6.00 pm on Google meet. In this webinar the instructors demonstrated sitting and standing asana. As most of us are working or studying by sitting in a chair, for their convenience they demonstrated an asana that can be performed

using a chair. This webinar not only helped to attain physical and mental well-being but also social well-being as this was an interactive session. About 25 participants attended this session while a few performed along with the instructors. This session has thrown some light on how yoga can help in maintaining good health during this lockdown. At the end of the session a short Q&A session was conducted wherein the participants cleared all their doubts. The recording of this session was uploaded on YouTube so that more and more people could take advantage of it.

Along with these events, untold stories of in charge of blood banks were posted on Instagram. Mr. Bhimrao Jadhav Sir, Mrs. Neeta Dange ma'am and Mr. Prakash Sawant Sir of Pallavi Blood Bank, JJ Blood Bank and KEM Blood Bank respectively shared their stories. A deep message was received from the bottom of the heart of these unsung heroes, their heart cried for blood which saves a life and is short due to the lockdown and pandemic. Their stories have surely shaken our hearts. They work day and night for the good of the society without giving a thought about what if they get infected by Covid-19. The only motto of these untold stories is to spread awareness about blood donation during this crisis. There are many such untold stories and untold heroes and we should support these heroes by donating blood during this pandemic. The results of the activities were declared on 1st November on Instagram. A feedback form was circulated amongst all the participants and viewers so as to know the response of the people.

Advertisement of the activity:

PR messages were circulated amongst all the students and on various social media platforms. Along with the PR messages, the links for videos, Google meet and registration activities were circulated through WhatsApp and other social media.

Result of your activity:

This camp was a success as the feedback form had positive responses. Also, the views of the YouTube, Facebook and Instagram videos indicated the reach of the camp. This camp has created awareness amongst students and common people regarding all aspects of lockdown health including awareness about the corona virus, precautions and prevention, mental health during covid times and physical health.

All the links used during the camp:

Day	Date	Activity
Day 1	30 th October	Video release – Corona warriors
		Meme yard 1.Registration link



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		2. List of participants (Excel sheet)
		3. Instagram link for voting
Day2	31 st October	Video release- Covid safety measures
		Mask-e-teers: 1.Registration link
		2. Submission link
		3. Evaluation Google meet link
		4. Link for mask-e-teers Google meet recording
Day 3	1 st November	Instagram live: 1.Instagram handle
		2. Instagram Live video link
		Just breathe: 1.Google meet link
		2. Google meet recording
		YouTube Link
		Facebook link
		3. Feedback link
		4. Feedback response link:
		Untold Stories:

Activity Report – Community Outreach Campaign

☐ College Code: 02

☐ Coordinator of Activity and her/his email address and contact number:

- Mr. Pratik Barve
9619515815


☐ Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Activity
1.	YouTube	13/11/20	Video upload
2.	Facebook	13/11/20	Video upload
3.	Instagram	13/11/20	Video upload

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Haabil Hirkani	8850020130	Akanksha Soman	8828482903
Harshil Shah	9004123431	Saloni Rane	9082457905
Hitesh Lodh	9920056325	Shrejal Kanojiya	8425973900
Arbaaz Khan	9769603649	Tejasvi Thube	8291727504
Sarita Sonar	7506850130	Omkar Toke	9892437013
Nishta Pal	8433871759	Upasana Tiwari	9819971088
Anjali Dighe	8169079671		




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Description of the Activity:

Methods Used for Conducting the Campaign:

A vaccination is a drug that contains a killed or weakened organism that produces immunity in the body against that organism (www.vaccines.gov). People of all ages are encouraged to get vaccinations not only to protect themselves but also for the safety of the public. Children begin the vaccination process at the time of birth and continue to receive vaccines throughout their adolescent years. The vaccinations are imperative in the protection from diseases, such as Hepatitis A, Meningitis, Tetanus, etc. Vaccination is widely considered one of mankind's utmost medical achievements. Diseases that were not long ago prevalent in society are now rare due to vaccines.

Although science has proven time and again that vaccines are safe, some people are still skeptical about them and refuse to be vaccinated. Hence there is a great need of educating society about vaccines, their development, manufacturing and distribution process.

With regards to the Community Outreach Program, PHO committee of CODE NO. 2 displayed a Drama for the beneficiaries on 13th of November, 2020. The drama was performed by the PHO committee members along with student volunteers of CODE NO. 2. Before the presentation of skit, a survey was conducted through Google Form. The survey contained questions related to vaccines like-efficacy of vaccines, developmental processes, distribution and pricing processes, guidelines by the CDC issued for vaccination and various methods of administering vaccines. The drama based on the responses of survey answers brought to light the importance of vaccination, its development, manufacturing, pricing and distribution processes. The plot of the skit revolved around a naïve boy unaware of various cumbersome procedures, their significance and why it takes so long for manufacturing a safe, effective and efficient vaccine. Another scene emphasized on the pre-clinical and clinical trials, their different stages, methods used to conduct those stages, basic storage conditions, patenting, and distribution of a full fledged vaccine.

The aim of the programme was to enhance the knowledge of viewers on different dynamic procedures that are followed to prepare fruitful vaccination. Still there is a need to impart more knowledge to the weaker sections of society who are illiterate and bound with many taboos.

Advertisement of the Activity:

A trailing message and an artwork in the .gif format was created for promotion of video which was circulated via various social media pages. Apart from this, promotion on a personal level was done by the committee members via their own personal resources.

Result of the Activity:

The volunteers enthusiastically participated in the activity with great zest. The viewers were appreciative, their willingness to watch the drama made this campaign a successful one with overwhelming views across different social media platforms. Questions asked by beneficiaries in the survey form like information on vaccine trials, how clinical trials happen? Active ingredients in vaccines, different aspects of manufacturing and distribution processes, costing of vaccines, and the authorities which regulate these processes were answered in the drama itself in a very uncomplicated manner. The viewers found that the video was ingenious, and unambiguous. This ensured that the objective of the campaign was fulfilled.

Activity Report – Pharmacy Profession Awareness Camp

☐ College Code:02

☐ Coordinator of Activity and her/his email address and contact number:

Mr. Pratik Barve
9619515815

☐ Digitalplatform/swheretheeventwasconducted:

Sr.No.	Name of the digital platform along with the social media handle	Date	Activity
1.	Zoom Meeting	16th January , 2021	Webinar

☐ Number of target audience:112

☐ List of volunteers and their contact numbers:


(Scanned IDs to be attached at the end with the photos)

Name	Contact no.
Khan Arbaaz Jasser	9769603649
Habil Hirkani	9930405622
Prajakta Deole	740020850
Soman Akanksha	8828482903
Upasana Tiwari	9819971088
Ayushi Dumbre	9324238606
Anupama Nair	8104584668
Gerard Fernandes	7045650190
Santhana Kumarsen	7045582214
Shubhangi Yamgar	9137189885
Ojas Gadre	7045682074

☐ Description of the activity:

❖ Methods used for conducting the campaign:




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Students today have a dizzying array of career choices unlike previous generations. As exciting as it sounds to have so many possibilities, it can be daunting and stressful at the same time. Especially when one has no sense of purpose or direction. It can cause a person to end up wasting precious time lingering upon career options which might not be the best fit for them. Thus, choosing a proper and suitable career path early can give one a jump-start on a bright and fulfilling future.

The ongoing pandemic has left its indelible mark on the socio-economic relations which obviously has affected the job market, and various other avenues. This has made students vulnerable, hence timely and comprehensive career counseling can help them take steps in the right direction.

Owing to this, the CODE NO. 2 PHO committee conducted a 'Pharmacy Profession Awareness Camp' for students of Swami Vivekanand Vidyalay on 16th of January, 2021.

The pharmacy profession awareness campaign was conducted to educate the students and provide an insight on scope of practice of pharmacy and the integral role pharmacists play in healthcare.

The camp was conducted in a very elaborative way starting with a survey through google form which consisted of basic questions related to pharmacy, a very informative webinar via zoom call, a Q/A session in the webinar itself, ending with a feedback form, and sharing an introductory video of pharmacy academia via email. The webinar was conducted by Mrs. ABC (Asst. Professor, CODE NO. 2) and Mr. XYZ (Asst. Professor, CODE NO. 2). In the webinar both the speakers walked the students through the essentials of the pharmacy profession, how to secure admission into B.Pharm course, university and state level exams for getting admission into B.Pharm course, various colleges of pharmacy in Mumbai, they also helped students segregate between aided and unaided colleges, the average fees of pharmacy colleges, academia of pharmacy, its branches, job prospects after B.Pharm, scope of pharmacy in India and abroad, industry, major pharmacy branches opted in India and finally scholarships available for the aid of students.

The whole webinar was focused on substantiating Pharmacy as a prospective profession and bursting the naïve facts surrounding the profession.

❖ **Advertisement of the activity:**

A poster was created for promotion of webinar. The PHO committee approached the Principal of Swami Vivekananda Vidyalaya Dr. Lekha Visaria for conducting a webinar and convinced her that the lack of awareness of Pharmacy as recognizable profession is prevalent in society; therefore such a webinar becomes necessary to give a reality check of actual situation.

❖ **Result of your activity:**

The volunteers prepared the presentation and poster enthusiastically and participated in the camp with great zeal. The audience was appreciative of all the hard work put in by speakers and volunteers. The good response obtained through the feedback form ensured that the objective of camp was fulfilled. Hence the role, scope and importance of pharmacy as a profession was effectively communicated through the webinar.

PUBLIC HEALTH OFFICE 2020-21

Indian Pharmaceutical Association-
Maharashtra State Branch Students Forum

Activity Report – First Aid Camp

➤ Organizing Institute: Vivekananda Education Society's College Of Pharmacy

➤ Co-ordinator of Activity and her/his e-mail address and contact number:

- Pratik Barve
- pratik.barve@ves.ac.in
- +91 9619515815

➤ Digital platform where the event was conducted:

Sr. No.	Name of the digital platform along with the social media handle	Social media link of the given event	Date	Timing (In case of webinar)	Activity
1.	Zoom	https://zoom.us/j/95016878333?pwd=Z01FakRiSFNBRHYvYlplBRUFFNVptUT09	7 th February, 2021	3pm- 4pm	Webinar


➤ Number of target audience: 68.

➤ List of volunteers and their contact numbers:

(Scanned IDs to be attached at the end with the photos)

Name	Contact no.
Arbaaz Khan	9769603649
Ayushi Dumbre	9324238606
Gerrard Fernandes	7045650190
Akanksha Soman	8828482903




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➤ **Description of the activity:**

❖ **Methods used for conducting the campaign:**

First aid becomes of paramount importance to deal promptly in emergency situations before any trained medical professional arrives. It is often helpful in preventing things from escalating from bad to worse. Whether it is a minor cut or a lethal accident, timely and swift first aid can ensure safer environment and help prevent further complications. Becoming trained on first aid methods helps feel more in control of situation and instills confidence to deal with emergency situations in the most efficient manner.

Keeping the benefits of first aid training in mind Vivekanand Education Society's College of Pharmacy's Public Health Office in collaboration with 'The Movement India' arranged a webinar for people of 'Naunihal Shelter Home' on 7th of February 2021. The webinar highlighted importance of first aid and various techniques of first aid during some emergency situations. The webinar began with what, where and how first aid is used, components of first aid box and their uses. Later on, the volunteers themselves demonstrated first aid measures to be followed while crucial situations like seizures, heart attack, snake bite, fire burn, choking, animal bite, sun stroke, electrocution, road mishap and low and high blood pressure. During the explanation of heart attack safety measures, CPR technique was demonstrated and while explaining sun stroke, the volunteer prepared an ORS solution herself on screen so that the beneficiaries can have a better understanding. Along with safety measures, general information like ambulance contact number was shared and the suggestion of not indulging in any kind of recording of accident was propagated. In a nutshell, the message that- each and every minute should be used for saving victim was emphasized. In this manner, an elaborate and informative webinar was conducted to prevail the awareness of first aid.

❖ **Advertisement of the activity:**

The committee members had themselves approached The Movement India for the camp and convinced them the need of such awareness camps especially in such a pandemic. The organizers were convinced of the importance of such campaign and why they must be conducted to educate people and abolish wrong practices.

❖ **Result of your activity:**

The beneficiaries were educated on various first aid techniques by personalized demonstration, which helped them in being confident of handling of crucial emergency situations. Infectious enthusiasm of volunteers and their willingness to step out of their comfort zone to demonstrate was appreciated by the beneficiaries and the organizers. Hence the webinar ensured that the motive of campaign was sufficed.

❖ **Link of video of webinar:**

<https://drive.google.com/file/d/17ALnfMBjP5GGk0vlwKaelMauS4pHMcj-/view?usp=drivesdk>

❖ **Link for of feedback form:**

<https://forms.gle/R7W9dm9gZtPEZscm9>

❖ **Responses of feedbacks form:**

https://docs.google.com/spreadsheets/d/1uEr1UzC4prqu1WopqVb8WyrE6-vYoy0mvlrp-NtOu_c/edit?usp=drivesdk

➤ **Photos:**

Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents
1	Activity Reports of extension Activities carried out in 2019 - 2020
1.1	<u>Activity Reports of DLLE activities in 2019 – 2020</u>
1.2	<u>Activity Reports of Rotaract activities in 2019 – 2020</u>
1.3	<u>Activity Reports of PHO activities in 2019 – 2020</u>

List of students participating in Population Education Club, DLLE Activity 2019-2020



Since 1962

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

Vivekanand Education Society's College of Pharmacy

(Sinhli Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2021-22

Date : 20.07.2020

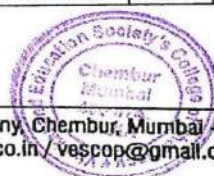
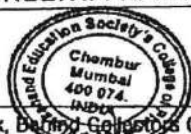
ANNEXURE 9 (NINE)

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: FINAL YEAR B PHARM

ACADEMIC YEAR: 2019-20

SR. NO	M /F	NAME OF THE STUDENT (L.Y.B.PHARM)	RO LL NO	EXAM SEAT NO	ACTIVITY CODE
1	F	PATEL SITA KARAN JIGNA	38	248	SM
2	M	SONAR DHAWAL PRADEEP MEENAKSHI	54	289	PEC
3	F	DEMBRANI NEHA NARESH GAURI	12	162	PEC
4	F	JOSHI POORVI SANTOSH VARSHA	22	196	PEC
5	F	POWAR NEHA NITIN POONAM	42	258	PEC
6	F	PENDSE JUI SHYAM ANUSHREE	39	253	PEC
7	F	COUTINHO NATASHA GRATIAN VANITA	10	159	PEC
8	F	MAKHIJA BARKHA AMAR ASHA	32	225	PEC
9	F	BHATKANDE ATHARVA PRASHANT YOGITA	03	140	PEC
10	F	GUPTA REEMA RADHESHYAM	18	264	PEC



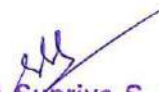
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

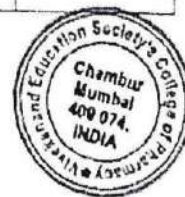
Hashu Advani Memorial Complex, Behind Collector Colony, Chembur, Mumbai - 400 074. INDIA. Tel: +91 22 6114 4144
Fax : +91 22 2554 3925 | Email: vespharm@yahoo.co.in / vescop@gmail.com • Website : www.ves.ac.in/Pharmacy

List of students participating in Population Education Club, DLLE Activity 2019-2020

11	F	PALANDE NIKEETA ARUN ASMITA	37	244	PEC
12	F	RELWANI NAMRATA KHUBCHAND VARSHA	47	265	PEC
13	M	CHOUDHARY MUKESH BHAGARAM DAGRIDEVI	09	158	PEC
14	M	CHOUDHARY KISHAN RAMLAL GHISHIDEVI	08	157	PEC
15	F	KHARKAR SAYLI AJIT RASHMI	28	212	PEC
16	F	KADAM MANALI DEEPAK SNEHA	23	197	PEC
17	F	TARDEJA MUSKAN SURENDRA JYOTI	58	295	PEC
18	F	SAYAL KAVNEEL GURBACHAN MANDEEP	51	276	PEC
19	F	BHOPALWALA BATUL AHMEDALI	04	143	PEC
20	F	MEGHA JEESON VINODINI	33	227	PEC
21	F	PRIYANKA BABURAJ MEHER	43	135	PEC
22	F	POPLI KRUSHI NIRMAL INDRA	41	257	PEC
23	F	SHREYA AJITHKUMAR MALINI	53	285	PEC
24	M	DAVARIA MOHIT RAMESH JAYA	11	161	PEC




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
 Vivekanand Education Society's
 College of Pharmacy
 HAMC, Behind Collector Colony,
 Chembur, Mumbai - 400 074.



We hereby certify that the candidates mentioned above have participated in the extension work program and that they have completed not less than 120 hours work in their project.

Barve

Signature Of The Teacher

(Mr Pratik Barve)

Shidhaye

Signature Of Principal

(Dr. Mrs. Supriya S Shidhaye)



College Seal

Sign of Director, DLLE with the seal

Shidhaye
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



List of students participating in Career Project, DLLE Activity 2019-2020

Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
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Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

Date : 27.06.2020

ANNEXURE 9 (NINE)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR, MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

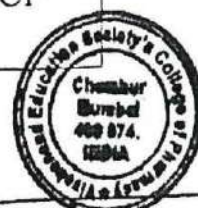
CLASS: THIRD YEAR B PHARM

ACADEMIC YEAR: 2019-20

SR. NO	M /F	NAME OF THE STUDENT (T.Y.B.PHARM)	ROLL NO	EXAM SEAT NO	ACTIVITY CODE
1	F	DEOLE PRAJKA KAVISH SWATI	11	61120	SM
2	M	CHOUDHARY ASHOK RAMLAL KANKUDEVI	58	65820	CP
3	M	SHAH HARDIK AMRISH MAMTA	46	64620	CP
4	M	YADAV SAURABH DAYASHANKAR NIRMALA	64	66420	CP
5	F	DERIA SHIEKHA SWAPANKUMAR KIRTI	12	61220	CP
6	M	HIRKANI HABIL JUZER RASHIDA	21	62120	CP
7	F	SINGHVI PRACHI PUKHRAJ MEENA	65	66520	CP
8	M	MEHTA PARTH PARAG PRIYA	35	63520	CP
9	M	JUTHANI JAY BHARAT JAYSHREE	23	62320	CP
10	M	KOKATE ABHIJEET KISHOR RAJASHREE	67	66720	CP

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



Hashu Advani Memorial Complex, Behind Collectors Colony, Chembur, Mumbai - 400 074, INDIA. | Tel.: +91 22 6114 4144
Fax : +91 22 2554 3925 | Email: vespharm@yahoo.co.in / vescop@gmail.com • Website : www.ves.ac.in/Pharmacy

List of students participating in Career Project, DLLE Activity 2019-2020

11	F	SHARMA NISHA SUSHIL ARCHANA	47	64720	CP
12	F	DUKHANDE SIDDHI SHIRINIWAS MEENAL	14	61420	CP
13	F	KHAN NAZIYA SAYEED AHMED HALIMA	29	62920	CP
14	F	BHOITE MADHURA JAYWANT ANITA	5	60520	CP
15	F	KOWLAGI MADHURA MADHAV VASUDHA	32	63220	CP
16	F	BHOLE VAIDEHI SUDHAN SIDDHI	6	60620	CP
17	F	SAWANT BHAKTI DEEPAK DIPIKA	45	64520	CP
18	F	KADAM SAYALI GANESH NEHA	24	62420	CP
19	F	BHAKTA REETU BALAI MANIMALA	04	60420	CP
20	M	THAWANI LOKESH MUKESH NEHA	57	65720	CP
21	M	CHAUBE RISHABH ALAKHNATH PRATIBHA	07	60720	CP
22	M	FREDERICK JOHN DAVID NURSHA	15	61520	CP
23	F	CHHEDA SWEETY DINESH JAYSHREE	08	60820	CP
24	F	LUND PASHAM HERO RASHMI	56	65620	CP
25	F	KHATNANI ANUSHKA ASHOK SANGEETA	30	63020	CP



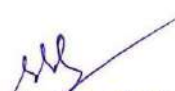
Dr. (Mrs.) *Supriya S. Shidhaye*
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



List of students participating in Career Project, DLLE Activity 2019-2020

26	F	KANADE ANKITA PRAKASH PRATIBHA	25	62520	CP
27	F	DHAVAN DIVYA SHRIKANT NEHA	13	61320	CP
28	F	MEROTA VIPINA SAVARAM PUSHPA	36	63620	CP
29	F	TIWARI YUVRAGIKA BHARAT ANITA	53	65320	CP
30	F	CHIMANE BHAIRAVEE BANDU ASHA	09	60920	CP
31	F	RANGNEKAR TANISHA GIRISH TANUJA	52	65220	CP
32	F	GUPTA SALONI SANTOSH MONA	20	62020	CP
33	M	PARAB OMKAR VIVEK VRUSHALI	42	64220	CP
34	M	PANSANDE CHAITANAYA CHANDRASHEKHAR JAYASHRI	41	64120	CP
35	M	SAHU ABHISHEK BHAGWAN RAJESHWARI	43	64320	CP
36	M	JAIN MANAV ANIL RANJAN	22	62220	CP




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



List of students participating in Career Project, DLLE Activity 2019-2020

We hereby certify that the candidates mentioned above have participated in the extension work program and that they have completed not less than 120 hours work in their project.

K.V. Shastri

Signature Of The Teacher

(Mr. Keyur Shastri)

sshidhaye

Signature Of Principal

(Dr. Mrs. Supriya Shidhaye)



College Seal

Sign of Director, DLLE with the seal

SS
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



Vivekanand Education Society's College of Pharmacy

List of students participating in Population Education Club, DLLE Activity 2019-2020

V.E.S.

Since 1962

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B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2021-22

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal

Date : 27.06.2020

ANNEXURE 9 (NINE)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: SECOND YEAR B PHARM, DIV A AND B

YEAR: 2019-20

SR. NO	M /F	NAME OF THE STUDENT (S.Y.B.PHARM)	DIV	ROLL NO	EXAM SEAT NO	ACTIVITY CODE
1	F	PAWAR KASTURI KUNDAN KSHIPRA	A	28	A42820	PEC
2	F	PHALKE MAITHILI RAJESH SANGITA	A	29	A42920	PEC
3	M	MISHRA ANURAG VINOD SAVITA	A	18	A41820	PEC
4	M	MANGALATH MILTON FRANCIS AGNES	A	16	A41620	PEC
5	F	CHASKAR SHREYA JITENDRA SNEHA	A	04	A40420	PEC
6	M	CHANG NISHANT DEEPAK LATA	A	03	A40320	PEC
7	F	DARISIPUDI SATYAVATY MURALI KRISHNA ASHALATHA	A	06	A40620	PEC
8	F	DIKSHITA DHARMARAJ AKHILA	A	07	A40720	PEC
9	F	RAI ANKITA ANIRUDDH MADHURI	A	32	A43220	PEC
10	M	GHORPADE SHUBHAM DHARMAJI ANJANA	A	08	A40820	PEC
11	F	PARAB MANASI ANANT ANKITA	A	23	A42320	PEC
12	F	THAKUR AMBIKA DILBAG VANDANA	A	41	A44120	PEC
13	F	PATIL YUKTA SANJAY REKHA	A	27	A42720	PEC
14	F	PUNJABI SIMRAN SUSHIL AARTI	A	30	A43020	PEC

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,



Hashu Advani Memorial Complex, Behind Collectors Colony, Chembur, Mumbai - 400 074, INDIA. | Tel.: +91 22 2554 3925 | Email: vespharm@yahoo.co.in / vescop@gmail.com • Website : www.ves.ac.in/Pharmacy

List of students participating in Population Education Club, DLLE Activity 2019-2020

15	F	KARANJKAR GAURI SHASHIKANT USHA	A	12	A41220	PEC
16	F	BHANUSHALI DEVANSHI SHARAD BHARTI	A	02	A40220	PEC
17	F	KATARIA SAKSHI MUKESH MUSKAN	A	35	A43520	PEC
18	F	YELKAR MANASI RAJESH SHARMILA	A	44	A44420	PEC
19	F	SHETYE SRUSHTI NILESH SNEHA	A	39	A43920	PEC
20	F	SHIRKE SHRUTI SANTOSH VANITA	A	40	A44020	PEC
21	F	KAREPAKA DIVYA DURGA PRASAD ERAMMA	A	13	A41320	PEC
22	F	RENUGADEVI POOVARAJAN KALEESWARI	A	34	A43420	PEC
23	M	PUNYARTHI ANMOL GANESH GAYATRI	A	31	A43120	PEC
24	M	KHAN ARBAAZ JASEER KHAN	B	15	B45920	PEC
25	F	TRIVEDI VRUSHTI DHARMESH SWATI	B	37	B48120	PEC
26	F	CHANCHLANI VANSHIKA MAHESH ROSHNI	B	05	B44920	PEC
27	F	BHANUSHALI NIDHEE KHERAJ NAYANA	B	04	B44820	PEC
28	F	KOLI DHANASHREE NARAYAN CHARUSHEELA	B	18	B46220	PEC
29	F	SAWANT MANASI JAGDISH SHARAYU	B	34	B47820	PEC
30	F	RAJPUT RIA RAJENDRA PREETI	B	30	B47420	PEC
31	F	PATIL SAKSHI MILIND MANALI	B	25	B46920	PEC



Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



List of students participating in Population Education Club, DLLE Activity 2019-2020

32	F	GHADI SHAMBHAVI ANKUSH DHANASHREE	B	11	B45520	PEC
33	F	BHOIR ANUSHKA DILIP MADHUMATI	B	01	B44520	PEC

We hereby certify that the candidates mentioned above have participated in the extension work program and that they have completed not less than 120 hours work in their project.

K.V. Shastri
Signature Of The Teacher
(Mr. Keyur Shastri)

ssidhaye
Signature Of Principal
(Dr. Mrs. Supriya Shidhaye)



Sign of Director, DLLE with the seal



ssidhaye
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Rotaract Activities in 2019 - 2020

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the Project: Jeevan Daan


Avenue: Community Service


Date of Project: 1st July, 2019

Project Activity:

Blood Donation camp was conducted along with Rotaract Club of Khalsa College. Rotaractors of VES College of Pharmacy and Khalsa college participated enthusiastically making posters, banners, in the week following up to the Project. We successfully collected a total of 50 bottles of blood which were given to the blood bank.


Rotary and Rotaract District 3141
Presents
Jeevan Daan
A blood donation camp
Supported by:

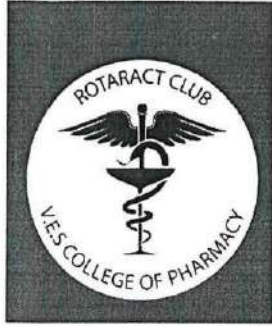

Rotaract Club of VES
College of Pharmacy


Rotaract Club of G. N.
Khalsa College

Date: 1st July 2019 *Time: 7 AM onwards*
Venue: Guru Nanak Khalsa College, Matunga.



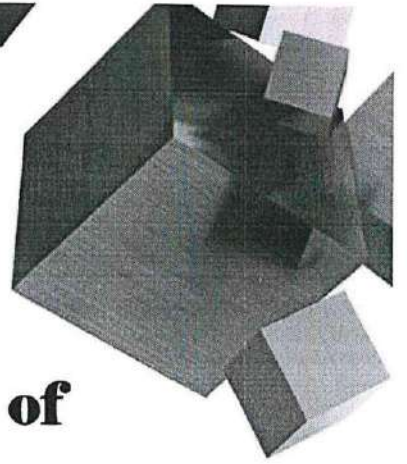

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Project: Jeeveandaan

Date: 1/7/19

Venue: G. N. Khalsa College

Chair Person: Rtr. Gurpreet Kaur

Avenue: Community Service

Signature of President:

1.	Rtr. Gurpreet Kaur
2.	Rtr. Bhairavee Chimane
3.	Rtr. Arbaaz Khan
4.	Rtr. Hitesh Lad
5.	Rtr. Umang Ashar
6.	Rtr. Karishma Talreja



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Rtr. Neha Dembrani
President 2019-20
9403588318

Rtr. Mohit Davaria
Secretary 2019-20
8983555930

rcvescop0@gmail.com

/rc_vescop

/Rotaract Club of VES College of Pharmacy

/RCVESCOP

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the Project: FRY DAY 2.0


Avenue: Community Service

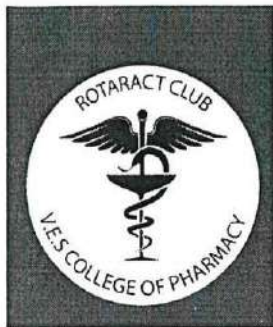
Date of Project: 13th July, 2019

Project Activity:

French Fries were distributed to underprivileged children and community all over Mumbai. The food was shared among the underprivileged community and they enjoyed the meal which brought so many smiles on their faces.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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District 3141
Rotaract



Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Project: French Fries Day 2.0

Date: 13/7/19

Venue: All over Mumbai

Chair Person: Rtr. Gurpreet Kaur

Avenue: Community Service

Signature of President:

1.	Rtr. Gurpreet Kaur	RCVESCOP
2.	Rtr. Lokesh Thawani	RCVESCOP
3.	Rtr. Ritu Chandwani	RCVESCOP
4.	Rtr. Pasham Lund	RCVESCOP
5.	Rtr. Hardik Shah	RCVESCOP
6.	Rtr. Karishma Talreja	RCVESCOP
7.	Rtr. Neha Dembrani	RCVESCOP
8.	Rtr. Mohit Dawaria	RCVESCOP



Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's
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HAMC, Behind Collector Colony,
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Rtr. Nena Dembrani
President 2019-20
9403588318

Rtr. Mohit Dawaria
Secretary 2019-20
8983555930

rcvescop0@gmail.com

/rc_vescop

/Rotaract Club of VES College of Pharmacy

/RCVESCOP

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

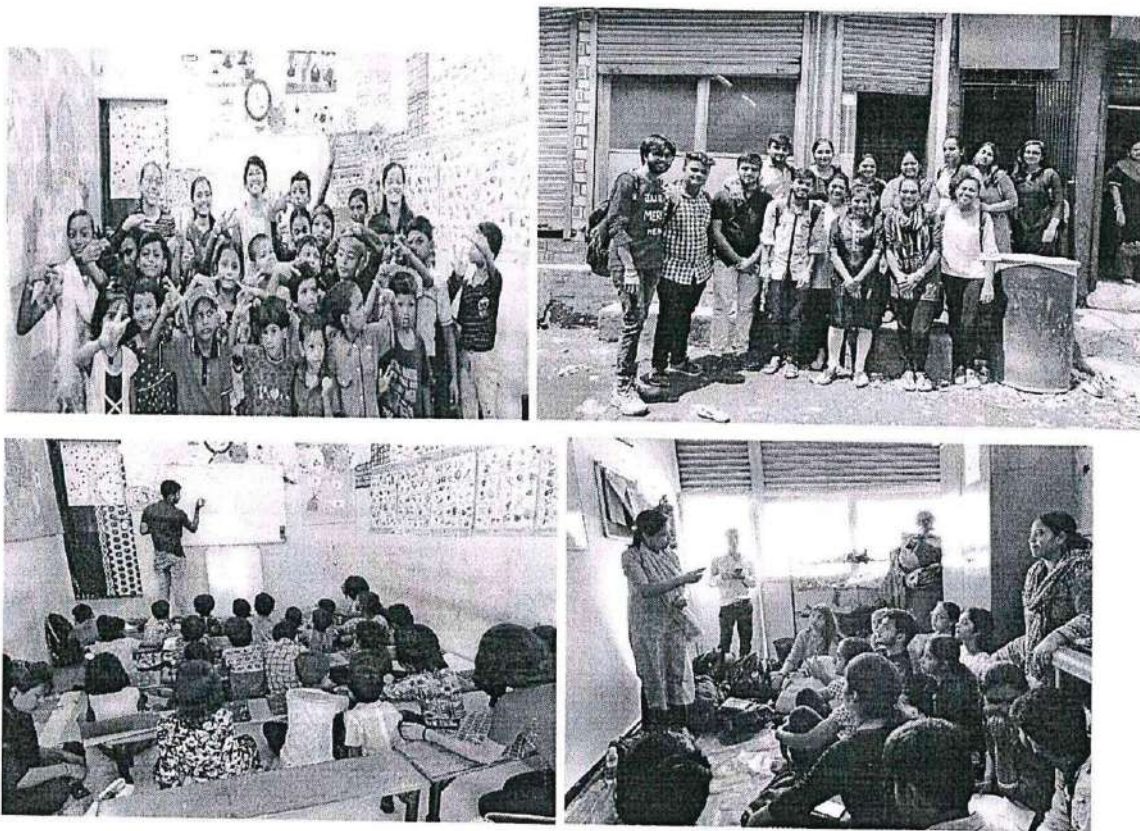
Name of the Project: Shaping Future

Avenue: Community Service

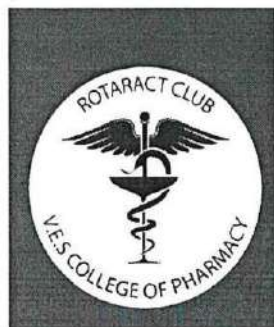
Date of Project: 20th August, 2019

Project Activity:

Rotaractors from VES College of Pharmacy visited the Vision Rescue NGO in Mandala, Mumbai and interacted with the children in the NGO and helped them by teaching them basic education topics (math, English etc). The NGO children were more than happy to attend this value education session and would definitely benefit in a small way for their future.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
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District 3141
Rotaract



Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Project: Shaping Future

Date: 20/8/19

Venue: Vision Rescue, Mandala, Mumbai

Chair Person: Rtr. Gurpreet Kaur

Avenue: Community Service

Signature of President:

1.	Rtr. Neha Dembrani	RCVESCOP
2.	Rtr. Mohit Davari	RCVESCOP
3.	Rtr. Pasham Lund	RCVESCOP
4.	Rtr. Yuvragika Tiwari	RCVESCOP
5.	Rtr. Hardik Shah	RCVESCOP
6.	Rtr. Gurpreet Kaur	RCVESCOP
7.	Rtr. Rishabh Chaube	RCVESCOP
8.	Rtr. Lokesh Thawani	RCVESCOP
9.	Rtr. Ritu Chandwani	RCVESCOP
10.	Rtr. Karishma Talreja	RCVESCOP
11.	Rtr. Jyoti Soni	RCVESCOP
12.	Rtr. Arbaaz Khan	RCVESCOP
13.	Rtr. Nidhi Bhanushali	RCVESCOP
14.	Rtr. Anushka Bhoir	RCVESCOP
15.	Rtr. Anushka Khatnani	RCVESCOP
16.	Rtr. Ria Rajput	RCVESCOP
17.	Rtr. Sarita Sonar	RCVESCOP
18.	Rtr. Nandani Singh	RCVESCOP



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Col
Chembur, Mumbai - 400 074

Rtr. Neha Dembrani
President 2019-20
9403588318

Rtr. Mohit Davaria
Secretary 2019-20
8983555930

rcvescop0@gmail.com

/rc_vescop

/Rotaract Club of VES College of Pharmacy

/RCVESCOP

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the Project: Plant a Hope

Avenue: Community Service

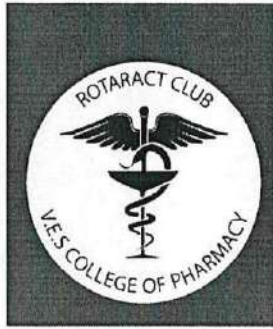
Date of Project: 25th August, 2019

Project Activity:

Rotaractors from VES College of Pharmacy were encouraged to plant saplings and plants in their homes, vicinity and encouraged to help in countering climate change. We received a great response from all students.



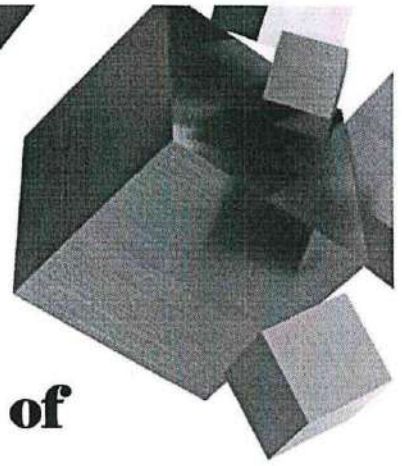
[Signature]
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



District 3141
Rotaract



Club ID: 23602
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Project: Plant a Hope

Date: 25/08/2019- 27/08/2019

Venue: Different Places

Chair Person: Rtr. Gurpreet Kaur

Avenue: Community Service

Signature of President:

1.	Rtr. Jhanvi Pakle	RCVESCOP
2.	Rtr. Karishma Talreja	RCVESCOP
3.	Rtr. Ishan Honavarkar	RCVESCOP
4.	Rtr. Amisha Undavia	RCVESCOP
5.	Rtr. Ruchi Bhosale	RCVESCOP
6.	Rtr. Bhairavee Chimane	RCVESCOP
7.	Rtr. Tanvi Pansare	RCVESCOP
8.	Rtr. Surbhi Soni	RCVESCOP
9.	Rtr. Mohit Davaria	RCVESCOP
10.	Rtr. Neha Dembrani	RCVESCOP
11.	Rtr. Hardik Shah	RCVESCOP
12.	Rtr. Ritu Chanwani	RCVESCOP
13.	Rtr. Simran Punjabi	RCVESCOP
14.	Rtr. Gurpreet Kaur	RCVESCOP
15.	Rtr. Lokesh Thawani	RCVESCOP
16.	Rtr. Rishabh Chaube	RCVESCOP
17.	Rtr. Sakshi Katria	RCVESCOP
18.	Rtr. Sayali Kharkar	RCVESCOP
19.	Rtr. Nishant Chang	RCVESCOP



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Chembur, Mumbai - 400 074.

Rtr. Neha Dembrani
President 2019-20
9403588318

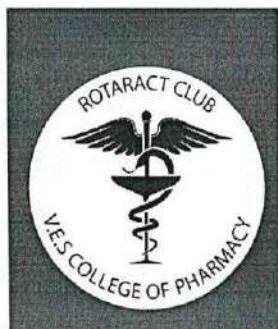
Rtr. Mohit Davaria
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District 3141
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Club ID - 271622
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20.	Rtr. Pasham Lund	RCVESCOP
21.	Rtr. Yuvragika Tiwari	RCVESCOP
22.	Rtr. Jyoti Soni	RCVESCOP
23.	Rtr. Umang Ashar	RCVESCOP
24.	Rtr. Anushka Khatnani	RCVESCOP
25.	Rtr. Nandani Singh	RCVESCOP
26.	Rtr. Viraj Amin	RCVESCOP
27.	Rtr. Nidhee Bhanushali	RCVESCOP
28.	Rtr. Anushka Bhoir	RCVESCOP
29.	Rtr. Arushee Khanduri	RCVESCOP
30.	Rtr. Omar Toke	RCVESCOP




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the Project: Bappa Morya 2.0


Avenue: Community Service

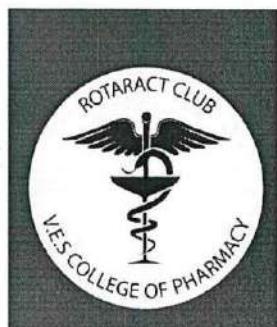
Date of Project: 6th September, 2019

Project Activity:

Rotaractors from VES College of Pharmacy joined hands with the police community and officers at Dadar Shivaji Park and helped them in maintaining traffic, discipline and safety during the busy days of Ganpati Visarjan. The police officers were more than happy to receive a helping hand in this huge task of traffic discipline maintenance in a city like Mumbai during Ganpati festival.




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Project: Bappa Morya2.0

Date: 6/9/19

Venue: Dadar Shivaji Park, Mumbai

Chair Person: Rtr. Gurpreet Kaur and Hardik Shah

Avenue: Community Service

Signature of President:

1.	Rtr. Hardik Shah	RCVESCOP
2.	Rtr. Gurpreet Kaur	RCVESCOP
3.	Rtr. Surbhi Soni	RCVESCOP
4.	Rtr. Jyoti Soni	RCVESCOP
5.	Rtr. Harshil Shah	RCVESCOP
6.	Rtr. Hitesh Lad	RCVESCOP
7.	Rtr. Arbaaz Khan	RCVESCOP
8.	Rtr. Ria Rajput	RCVESCOP
9.	Rtr. Jhanvi Phalke	RCVESCOP
10.	Rtr. Sarita Sonar	RCVESCOP
11.	Rtr. Anjali Waybase	RCVESCOP
12.	Rtr. Ishan Honavarkar	RCVESCOP
13.	Rtr. Neha Dembrani	RCVESCOP
14.	Rtr. Mohit Davaria	RCVESCOP



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President 2019-20
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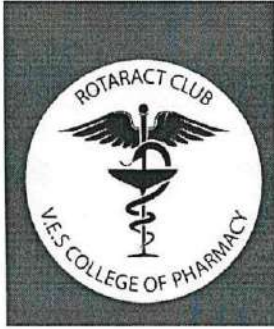
Rtr. Mohit Davaria
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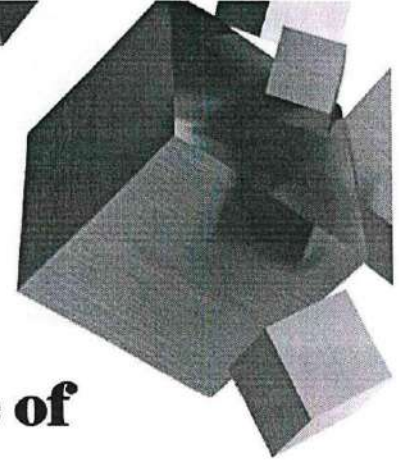
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Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

15.	Rtr. Bhairavee Chimane	RCVESCOP
16.	Rtr. Umang Ashar	RCVESCOP
17.	Rtr. Karishma Talreja	RCVESCOP
18.	Rtr. Pasham Lund	RCVESCOP
19.	Rtr. Nandani Singh	RCVESCOP
20.	Rtr. Arushee Khanduri	RCVESCOP
21.	Rtr. Yuvragika Tiwari	RCVESCOP
22.	Rtr. Simran Punjabi	RCVESCOP
23.	Rtr. Vinita Wadhwani	RCVESCOP
24.	Rtr. Abduk Hameed	RCVESCOP
25.	Rtr. Saloni Gupta	RCVESCOP





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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

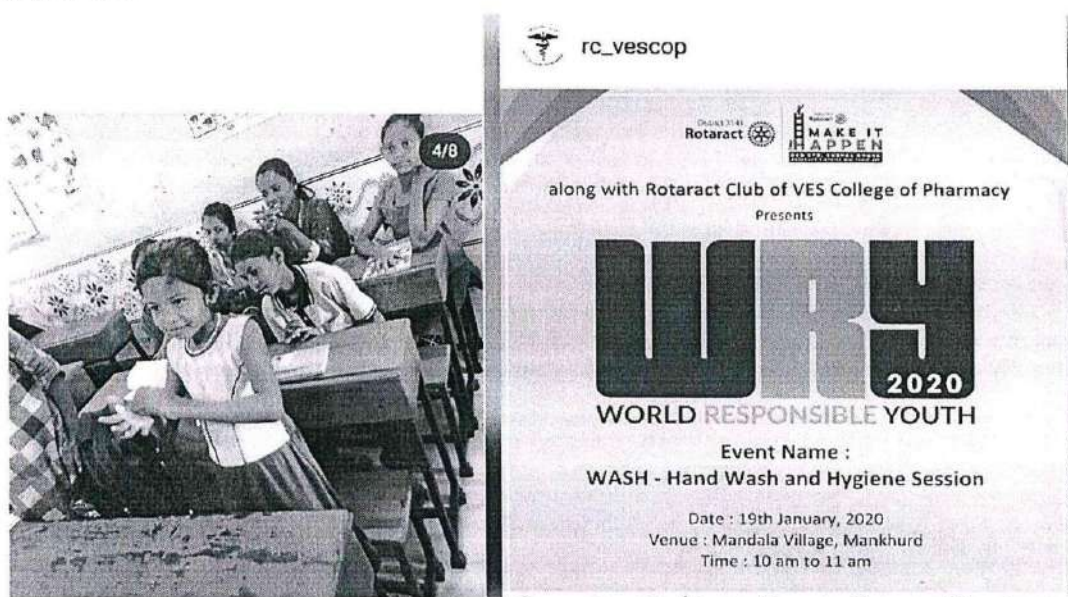
Name of the Project: Wry Wash


Avenue: Community Service

Date of Project: 19th January, 2020

Project Activity:

Rotaractors from VES College of Pharmacy visited Mandala village and conducted hand washing demonstrations to encourage basic hygiene and health education among the village population.



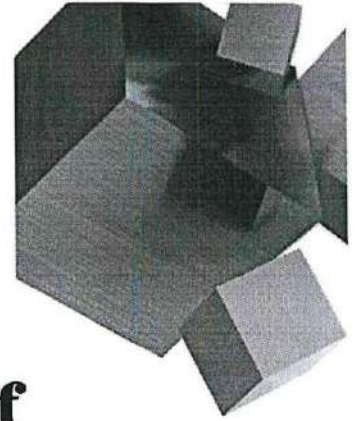

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Club ID: 213532
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Rotaract Club of Ves College of Pharmacy

Project: Wry Wash

Date: 19/01/2020

Venue: Mandala, Mankhurd, Mumbai

Chair Person: Rtr. Gurpreet Kaur

Avenue: Community Service

Signature of President:

1.	Rtr. Srushti Dixit	RCVESCOP
2.	Rtr. Neha Dembrani	RCVESCOP
3.	Rtr. Gurpreet Kaur	RCVESCOP
4.	Rtr. Simran Punjabi	RCVESCOP
5.	Rtr. Pasham Lund	RCVESCOP
6.	Rtr. Viraj Amin	RCVESCOP
7.	Rtr. Sakshi Kataria	RCVESCOP
8.	Rtr. Nandani Singh	RCVESCOP
9.	Rtr. Amisha Undavia	RCVESCOP
10.	Rtr. Omar Chaudhry	RCVESCOP
11.	Rtr. Ritu Chandwani	RCVESCOP
12.	Rtr. Bhairavee Chimane	RCVESCOP
13.	Rtr. Karishma Talreja	RCVESCOP
14.	Rtr. Namita Doke	RCVESCOP
15.	Rtr. Saloni Rane	RCVESCOP



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Vision Rescue = 55 Children

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Rtr. Mohit Davaria
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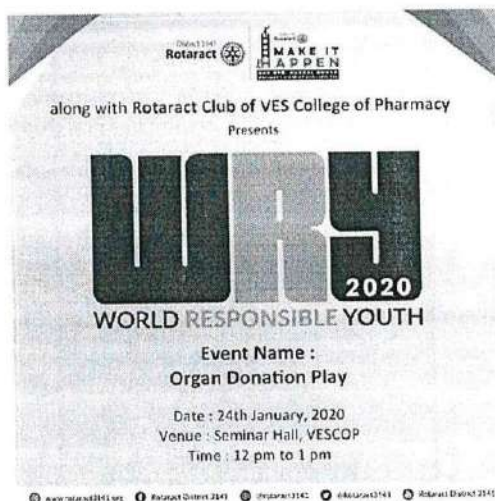
Name of the Project: Organ Donation Play


Avenue: Community Service

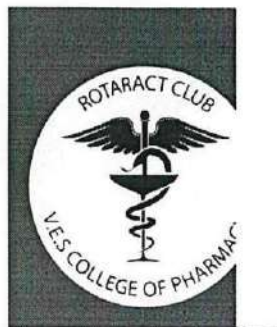
Date of Project: 24th January, 2020

Project Activity:

Rotaractors from VES College of Pharmacy organized and enacted a play which was based on spreading awareness about ORGAN donation and the need to do the same. The awareness message on organ donation was released on social media along with pictures for the general public access so that the awareness about organ donation can spread throughout the city and country.



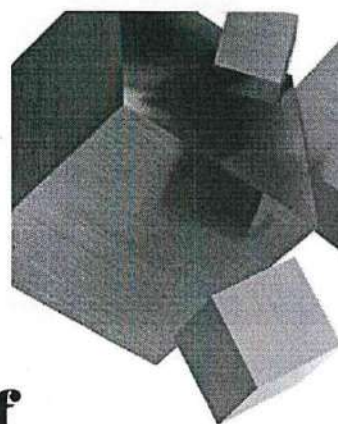

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Rotary E-Club of Mumbai



Rotaract Club of Ves College of Pharmacy

Project: Wry Organ Donation Play

Date: 24/01/2020

Venue: VES College of Pharmacy

Chair Person: Rtr. Sakshi Kataria

Avenue: Community Service

Signature of President:

1.	Rtr. Neha Dembrani	RCVESCOP
2.	Rtr. Sakshi Kataria	RCVESCOP
3.	Rtr. Simran Punjabi	RCVESCOP
4.	Rtr. Nishant Chang	RCVESCOP
5.	Rtr. Pasham Lund	RCVESCOP
6.	Rtr. Akansha Soman	RCVESCOP
7.	Rtr. Sneha Pillai	RCVESCOP
8.	Rtr. Tanvi Pansare	RCVESCOP
9.	Rtr. Anupama Nair	RCVESCOP
10.	Rtr. Viraj Amin	RCVESCOP
11.	Rtr. Umang Sankhari	RCVESCOP
12.	Rtr. Nandani Singh	RCVESCOP
13.	Rtr. Yukta Patil	RCVESCOP
14.	Rtr. Omar Toke	RCVESCOP
15.	Rtr. Surbhi Soni	RCVESCOP
16.	Rtr. Namrata Dhillon	RCVESCOP
17.	Rtr. Harshil Shah	RCVESCOP
18.	Rtr. Ojas Garde	RCVESCOP
19.	Rtr. Rahul Sah	RCVESCOP



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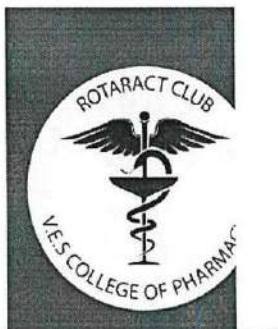
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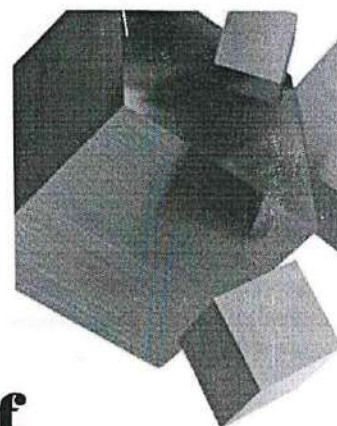
/RCVESCOP



District 3141
Rotaract



Club ID : 213512
Club of
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Rotary E-Club of Mumbai




Rotaract Club of Ves College of Pharmacy

20.	Rtr. Saloni Rane	RCVESCOP
21.	Rtr. Namita Doke	RCVESCOP
22.	Rtr. Bhairavee Chimane	RCVESCOP
23.	Rtr. Kavish Sanil	RCVESCOP
24.	Rtr. Abdulhameed Khan	RCVESCOP

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President 2019-20
9403588318

Rtr. Mohit Davaria
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PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

- ❖ **Organizing Institute:**
 - V.E.S. College of Pharmacy.
- ❖ **Co-Ordinator of Activity, His/her E-mail Address & Contact Number:**
 - J.J. Mahanagar Blood Bank Ground Floor, SD Petit Building, JJ Road, Byculla, Mumbai-400027.
 - Contact No: 022-23735585, 9987458058

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	October 4, 2019	9 a.m. to 6 p.m.	Collection of 103 Units of Blood

- ❖ **Target Audience:** 100+
- ❖ **Number of students taking part in the activity:** 19
- ❖ **List of volunteers and their contact numbers:**

Name	Contact no.	Name	Contact no.
Madhura Bhoite	9969402508	Gerard Fernandes	7045650190
Vaidehi Bhole	9987989701	Upasana Tiwari	9819971088
Bhakti Sawant	8779359505	Akansha Soman	8828482903
Madhura Kowlagi	9969402508	Chinmay Phatak	8169972702
Nistha	8433871759	Viraj Amin	9920017053
Shruti Shinde	9594892542	Ritesh Autade	8291750147
Ankita Mandlik	8452020771	Sahil Sankulkar	8082600819
Anushka Khatnani	9637105351	Saloni Rane	9082457905
Abel Biju	9619203068	Manasi Gurav	9082113854
Anupama Nair	8104584668		

❖ **Methods used for conducting the campaign:**

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate blood can save one if not several lives as blood is separated into its components - red cells, platelets and plasma - which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.



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On the October 4, 2019, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station.

The volunteers interacted with the commuters on the platform, encouraged them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating just one pint of blood which would just only about fifteen minutes of their precious time.

A team of doctors skillfully handled the check-ups including the hemoglobin, weight and medical history check, after which, the donor was assigned a blood bag.

The comfort of the donors was made a priority by the volunteers, who provided them with refreshments before and after the donation. Certificates were issued out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

❖ Advertisement of the activity:

Banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar Blood Bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

❖ Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 103 bottles on this day. The individual interaction between the volunteers and the commuters helped to spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

❖ PHOTOGRAPHS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, His/her E-mail Address & Contact Number:**

- Pallavi blood bank
- Contact No: 7045802233

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	VES college of Architecture campus, Chembur, Mumbai-74.	October 9, 2019	10a.m. to 5 p.m.	Collection of 104 Units of Blood

❖ **Target Audience: 100+**

❖ **Number of students taking part in the activity: 19**

❖ **List of volunteers and their contact numbers:**

Name	Contact no.	Name	Contact no.
Namrata kaur dhilon	8422955535	Gerard Fernandes	7045650190
Pranati satyanarayana	8879490364	Upasana Tiwari	9819971088
Kasturi Pawar	9920803176	Tanvi Shivnekar	8850271870
Maithili phalke	8452999963	Sanskriti Sharma	9137760325
Manav Shah	9833675151	Hreesheeka Munekar	9082872011
Ruchi rajesh bhosale	9870202120	Kirandeep Parihar	7977108130
Vidya ramesh samal	8104219466	Akanksha Soman	8765564524
Vaibhav balasaheb pere	9359808805	Anupama Nair	8104584668
Vrushti Trivedi	8369766243	Fernando Selva Malavika	9004600175
Sundaram shukla	9137943490		

❖ **Methods used for conducting the campaign:**

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate blood can save one life if not several lives as blood is separated into its



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Chembur, Mumbai - 400 074.

components - red cells, platelets and plasma - which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the October 9, 2019, VES College of Pharmacy volunteered for the blood donation drive held by Pallavi Blood Bank at VES college of Architecture Campus.

The volunteers interacted with the students and staff of the various departments of VES institutions including VES college of pharmacy ,VES institute of technology, VES polytechnic college and VES management ,encouraged them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating just one pint of blood which would just only about fifteen minutes of their precious time.

A team of doctors skillfully handled the check-ups including the hemoglobin, weight and medical history check, after which, the donor was assigned a blood bag. The comfort of the donors was made a priority by the volunteers, who provided them with refreshments before and after the donation. Certificates were issued out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

❖ Advertisement of the activity:

Banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp .Social media was also used as a source of advertisement and awareness The volunteers of VES college of pharmacy and the staff of Palavi Blood Bank periodically advertised the event via announcements throughout the course of the day.

❖ Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 104 bottles on this day. The individual interaction between the volunteers and the students and staff helped to spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

❖ PHOTOGRAPHS:

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Maharashtra State Branch

Activity Report – “BLOOD DONATION” Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, His/her E-mail Address & Contact Number:**

- J.J. Mahanagar Blood Bank Ground Floor, SD Petit Building, JJ Road, Byculia, Mumbai-400027.
- Contact No: 022-23735585, 9987458058

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Geeta Hall, Bhandup (W)	December 29, 2019	9 a.m. to 6 p.m.	Collection of 53 Units of Blood

❖ **Target Audience: 50+**

❖ **Number of students taking part in the activity: 05**

❖ **List of volunteers and their contact numbers:**

Name	Contact no.	Name	Contact no.
Lakhan Gupta	8450901667	Abhishek Sahu	8104761270
Omkar Parab	9987991682	Jagdish Kumavat	7715061966
Prajakta Deole	7400208850		

❖ **Methods used for conducting the campaign:**

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate blood can save one if not several lives as blood is separated into its components - red cells, platelets and plasma - which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On December 29, 2019, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Geeta Hall in Bhandup.

A team of doctors skillfully handled the check-ups including the hemoglobin, weight and medical history check, after which, the donor was assigned a blood bag.



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PRINCIPAL

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The comfort of the donors was made a priority by the volunteers, who provided them with refreshments before and after the donation. Certificates were issued out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

❖ **Advertisement of the activity:**


Banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar Blood Bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

❖ **Result of your activity:**

The camp was a successful one, receiving an enormous response as we were able to collect 53 bottles on this day. The individual interaction between the volunteers and the commuters helped to spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

❖ **PHOTOGRAPHS:**




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Chembur, Mumbai - 400 074.

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Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, His/her E-mail Address & Contact Number:**

- J.J. Blood bank
- Contact No: 9987458058

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Bombay Taximens colony, Kurla (west), Mumbai-400070	16th January, 2020.	10 a.m. to 2 p.m.	Collection of 21 Units of Blood.

❖ **Target Audience: 30+**

❖ **Number of students taking part in the activity: 11**

❖ **List of volunteers and their contact numbers:**


Name	Contact no.	Name	Contact no.
Namita Doke	8169473512	Gerard Fernandes	7045650190
Ishan Honavarkar	7738766404	Shruti Gharat	8169740536
Siddhesh Hatle	8291389133	Sangita Patel	9867549918
Samiksha Pujare	8879465967	Anuradha Badade	9702144039
Hrishitaa Kandpal	9930916732	Anjali Dighe	8169079671
Shrutika Dongre	9082294601		

❖ **Methods used for conducting the campaign:**

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate blood can save one life if not several lives as blood is separated into its components - red cells, platelets and plasma - which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the January 16th, 2020 VES College of Pharmacy volunteered for the blood donation drive held by J.J Blood Bank at Bombay Taximens colony, Kurla (west).




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The volunteers interacted with the residents of Bombay Taximans colony and encouraged them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating just one pint of blood which would just only about fifteen minutes of their precious time.

A team of doctors skillfully handled the check-ups including the hemoglobin, weight and medical history check, after which, the donor was assigned a blood bag.

The comfort of the donors was made a priority by the volunteers, who provided them with refreshments before and after the donation. Certificates were issued out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

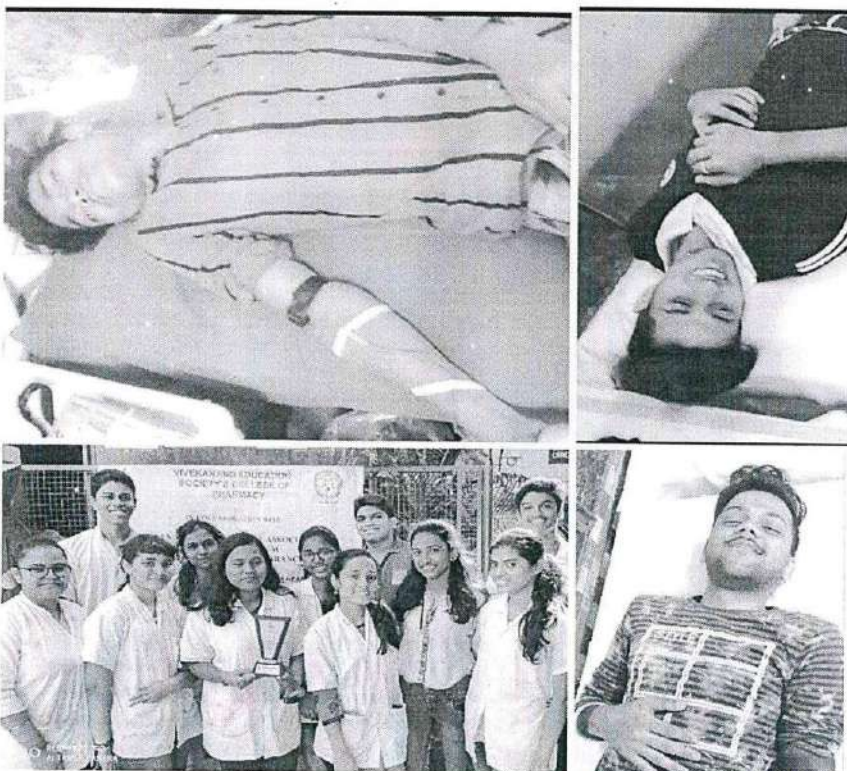
❖ Advertisement of the activity:

Banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. Social media was also used as a source of advertisement and awareness. The volunteers of VES college of pharmacy periodically advertised the event via announcements throughout the course of the day.

❖ Result of your activity:

We were able to collect 21 bottles on this day. The individual interaction between the volunteers and the students and staff helped to spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

❖ PHOTOGRAPHS:



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Chembur, Mumbai - 400 074.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – “World Health Days - World AIDS Day” Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, his/her E-mail Address & Contact Number:**

- Ms. Annu
- Sakhi Char Chaughi Trust
- Contact No: +91 81082 81665

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Lokmanya Chawl, No. 1, Vadar Pada Rd. No. 2, Hanuman Nagar, Kandivali (E), Mumbai 400 101	December 1, 2019	12 p.m. to 2 p.m.	AIDS Awareness

❖ **Target Audience: 50+**

❖ **Number of students taking part in the activity: 6**

❖ **List of volunteers and their contact numbers:**

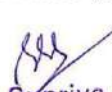
Name	Contact No.	Name	Contact No.
Habil Hirkani	8850020130	Umang Ashar	7045887161
Kirti Sawant	9167447177	Surbhi Soni	8828082110
Salonee Tawde	7506568681	Santhanalakshmi	7045582214

❖ **Methods used for conducting the campaign:**

AIDS is a disease that can develop in people with HIV. It's the most advanced stage of HIV. But just because a person has HIV doesn't mean they'll develop AIDS.

HIV is a virus that damages the immune system. The immune system helps the body fight off infections. Untreated HIV infects and kills CD4 cells, which are a type of immune cell called T cells. Over time, as HIV kills more CD4 cells, the body is more likely to get various types of infections and cancers.




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HIV is transmitted through bodily fluids that include:

- blood
- semen
- vaginal and rectal fluids
- breast milk

The virus doesn't spread in air or water, or through casual contact.

With an HIV prevalence of 0.26% in the adult population, India has an estimated 2.1 million people living with HIV, shows data.

The key populations most affected by HIV in India are sex workers (HIV prevalence of 2.2%), gay men and other men who have sex with men (HIV prevalence of 4.3%), people who inject drugs (HIV prevalence of 9.9%) and transgender people (HIV prevalence of 7.2%).

On the occasion of World AIDS Day i.e. December 1, the PHO of VES College of Pharmacy along with Sakhi Char Chaugi Trust, a trust run by transgenders, took on this mission to eradicate social stigmas prevalent in the society about this disease, and spread awareness in the process, at Vadar Pada, Kandivali (E). This location was chosen based on the fact that it was remote, and housed sex workers ignorant towards the disease.

A slam poetry about the turmoil faced by a person with AIDS was recited. This was followed by a brief introduction about the disease, its causes, symptoms and prevention. Light was shed upon the misconceptions to help eradicate them.

Slogans about good health and AIDS prevention were chanted. The volunteers also mentioned the hospitals in which the government provided free of cost testing and treatment for AIDS. The audience members were encouraged to interact with the volunteers clear any doubts that they might have.

❖ **Advertisement of the activity:**

The volunteers personally approached the people living in the chawls including the passersby. There were also slogans chanted by the volunteers to pull in a crowd.

❖ **Result of the Activity:**

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one. Queries and misconceptions of the audience was cleared by the PHO committee members and student volunteers.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – “World health days - World Antibiotic Awareness week ” Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, his/her E-mail Address & Contact Number:**

- Mr. Pratik Barve
VES College of Pharmacy, Mumbai -400 074
- Phone no: 96196515815

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Kurla railway station , Kurla West, Mumbai, Maharashtra 400070	November 18, 2019	12 p.m. to 2 p.m.	Awareness regarding antibiotic resistance.

❖ **Target Audience: 50+**

❖ **Number of students taking part in the activity: 06**

❖ **List of volunteers and their contact numbers:**

Name	Contact No	Name	Contact No
Arbaaz Khan	9769603649	Anjali Waybase	8652094043
Ankita Rai	9136249700	Abhishek Sahu	8104761270
Shubhangi Yamgar	9137189885	Sarita Sonar	7506850130

❖ **Methods used for conducting the campaign:**

Antibiotic resistance is one of the biggest public health challenges of our time. Each year in the U.S., at least 2.8 million people get an antibiotic-resistant infection, and more than 35,000 people die. Fighting this threat is a public health priority that requires a collaborative global approach across sectors.

Antibiotic resistance happens when germs like bacteria and fungi develop the ability to defeat the drugs designed to kill them. That means the germs are not killed and continue to grow. Infections caused by antibiotic-resistant germs are difficult, and sometimes impossible, to treat. In most cases, antibiotic-resistant infections require extended hospital stays, additional follow-up doctor visits, and costly and toxic alternatives. Antibiotic resistance does not mean the body is becoming resistant to



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antibiotics; it is that bacteria have become resistant to the antibiotics designed to kill them.

On the occasion of World Antibiotic awareness week i.e 12th -18th November , PHO committee of VES College of Pharmacy displayed a Drama at Kurla railway station West . The Drama was conducted by the PHO committee members and student volunteers of Vivekanand education society's college of pharmacy. This brought to light the importance of awareness regarding antibiotic consumption .The plot of the skit revolved around a patient incognizant about prevailing antibiotic resistance caused due to the indiscriminate use of antibiotics . He is later made aware to take targeted medicine for his illness and that antibiotic is not a cure for all diseases by his pharmacist and is relieved from the danger of resistance .

The aim of the programme was to enhance knowledge about antibiotics and appropriate use of the same .

❖ Advertisement of the activity:

The volunteers personally approached the people at the station area including the vendors ,passengers, etc to notify them about the campaign and its importance. Personal one to one approach and slogan was sung to gather audience for the Drama .

❖ Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal.The people were very helpful and appreciative.Their cooperation and the willingness as the audience of the activity made this campaign a successful one. Queries and misconceptions of the audience was cleared by the PHO committee members and student volunteers.

❖



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – Innovative Campaign – Say NO The First Time: An Anti-Drug-Abuse Initiative

- **Organising Institute:** VES College of Pharmacy.
- **Co-ordinator of Activity and her/his e-mail address and contact number:**
 1. Mr. Pratik Barve
VES College of Pharmacy,
Mumbai - 400 074
Ph no: 9619515815

- **Location(s) of the activity:**

Sr. No.	Activity	Timing	Date	Location
1.	Innovative Campaign: Awareness Against Drug Abuse	9:00am – 8:00 pm	January 17, 2020.	Social Media Platforms: YouTube & Instagram

- **Number of target audience:** 2500+
- **Number of students taking part in the activity:** 13
- **List of volunteers and their contact numbers:**

Name	Contact No.	Name	Contact No.
Kirti Sawant	9167447177	Shiekha Deria	9920405562
Habil Hirkani	8850020130	Surbhi Soni	8828082110
Harshil Shah	9004123431	Santhanalakshmi	7045582214
Sweetie Chheda	9768887657	Hardik Shah	7021518772
Prachi Singhvi	8433626265	Arbaaz Khan	97869603649
Manav Shah	9833675151	Sagarika Salaskar	9969805457
Vishnu Nair	9870280711		

❖ Description of the activity

- **Methods used for conducting the campaign:**

The epidemic of drug abuse in young generation has assumed alarming dimensions in India. Changing cultural values, increasing economic stress and dwindling supportive bonds are leading to initiation into substance use. According to the World Health Organization (WHO), drug abuse is persistent or sporadic drug use inconsistent with or unrelated to acceptable medical practice. The picture is grim if the world statistics on the drugs scenario is taken into account. With a turnover of around \$500 billion, it is the third



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largest business in the world, next to petroleum and arms trade. About 190 million people all over the world consume one drug or the other. Drug addiction causes immense human distress and the illegal production and distribution of drugs have spawned crime and violence worldwide.

According to a UN report, one million heroin addicts are registered in India, and unofficially there are as many as five million. Cannabis, heroin, and Indian-produced pharmaceutical drugs are the most frequently abused drugs in India.

A big portion of this population gets addicted to these substances from their very first exposure. As Anthony J. D'Angelo rightly said, "When solving problems, dig at the roots instead of just hacking at the leaves." This makes it absolutely paramount for people to realise that it is necessary to 'Say NO the First Time'. This is what our campaign was aimed to target.

- **Advertisement of the activities:**

The campaign was primarily based on social media. On the day of the campaign, a YouTube video of a short skit, entirely written, shot, and edited by the volunteers was published. It was shared across Instagram, WhatsApp, etc. Another video, to inspire the notion of our campaign was uploaded on our Instagram Page. Followed by this, a challenge was issued to the target audience, to hold a placard with #SayNoTheFirstTime written on it. They were requested to publish it on their social media accounts, and tag 3 other friends they wanted to participate in this noble cause. The true beauty of social media was on display as their initial reluctance turned into enthusiastic will as they saw each other actively participate.

YouTube: <https://www.youtube.com/watch?v=HRKHWpl2Hzc>

Instagram: <https://www.instagram.com/vescop.pho>

- **Result of the activity:**

The Innovative Awareness Campaign was very well received. The YouTube skit alone obtained over 450 views in a single day; the Instagram video, getting over 240 views. Including the hundreds of people that participated in the activity, and thousands of their followers, it is safe to say that this campaign was a roaring success, not only in the sense of numbers, but also for the cause we worked so hard for. Just goes to show the importance of the Internet as tool for doing good in the world.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – “Rural area Campaign”

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, his/her E-mail Address & Contact Number:**

- Mr. Pratik Barve
VES College of Pharmacy, Mumbai-400074
- Phone no: 96196515815

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Jilha Parishad School, Rahatoli, Chon gaon, Badlapur-421503	December 24, 2019	11:30 p.m. to 2 p.m.	1) Awareness regarding dengue, malaria and other mosquito borne diseases. 2) Importance of ORS. 3) 6 step handwashing technique was also taught to the students.

❖ **Target Audience:** 50+

❖ **Number of students taking part in the activity :** 6

❖ **List of volunteers and their contact numbers:**

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Santhanalaxmi Kumaresan	7045582214
Shubhangi Yamgar	9137189885	Gerard Fernandes	7045650190
Prajakta Deole	9768594998	Anupama Nair	8104584668

❖ **Methods used for conducting the campaign:**

Mosquito is considered to be an important animal vector that can cause several diseases to human beings. Mosquito-borne infectious disease is accepted as important tropical infections and is the focused topic in tropical medicine. There



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are several tropical mosquito borne infections. Malaria and dengue are the two common mosquito infections that are very important and cause high morbidity and mortality for many patients around the world.

Washing your hands well and often is the best way of keeping kids from getting sick. Several diseases can be spread if hands aren't washed properly which include gastrointestinal diseases , such as Salmonella, and respiratory infections , such as influenza. Washing hands properly can help prevent the spread of germs that cause these diseases. Some forms of these diseases can cause serious complications ,especially for young children, the elderly, or those with a weakened immune system. Infectious diseases continue to be a health challenge and economic burden within our communities. Though effective hand hygiene education is critical, there has been a steady decline in hygiene promotion, especially in the home and schools. Hand hygiene at home, school within our communities plays an essential role in helping to reduce the spread of infectious diseases.

PHO of VES college of Pharmacy organised an awareness camp in Jilha ParishadSchool, Badlapur, which is in a rural area. During this campaign various topics were discussed. The volunteers presented the students with the 6 step handwashing technique and emphasized on implementing the same to avoid various diseases. Secondly ,information regarding dengue ,malaria and other mosquito borne diseases were discussed among the students . The volunteers made the session interactive by engaging the students in various games which included crossword of healthy food items. Prizes were given to the children including ORS. As ORS was the winning price it's use and importance was also informed by our volunteers.

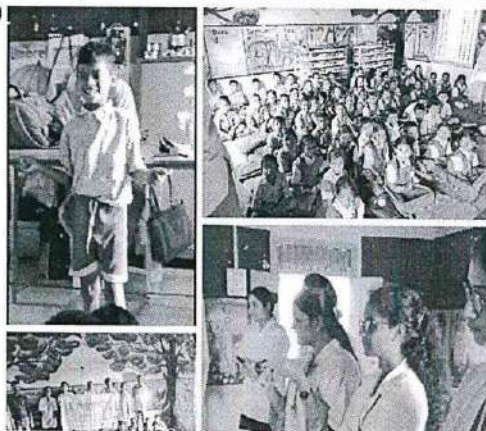
❖ Advertisement of the activity:

The principal of the school was notified regarding the campaign. Before the campaign the staff were informed.

❖ Result of your activity:

The awareness camp was very well received, the audience listened to the volunteers with rapt attention and asked a lot of questions, they were eager to know about the diseases caused by mosquitoes. The camp shed light on the alarming number of diseases that could be spread if the hands weren't washed properly. After the camp was done we saw a few students practicing the handwashing techniques we demonstrated. They learnt the importance of ORS .

❖ PHOTO



PUBLIC HEALTH OFFICE

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Maharashtra State Branch

Activity Report – “Menstrual Hygiene” Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, his/her E-mail Address & Contact Number:**

- Mr. Pratik Barve
VES College of Pharmacy, Mumbai-400074
- Phone no: 96196515815

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	Kshamata training center Prathmesh Niwas, Near vishal appt. Ramchandra nagar 2 Thane west Maharashtra 400604.	January 5, 2020	10:30 am to 12:00 pm	Awareness regarding scientific facts of menstruation and menstrual hygiene practices.
2.	Taximens Colony ,Kurla west, Mumbai, Maharashtra 400070.	January 5, 2020	10:30am to 12:00 pm	Awareness regarding scientific facts of menstruation and menstrual hygiene practices.

❖ **Target Audience:** 50+

❖ **Number of students taking part in the activity :** 10

❖ **List of volunteers and their contact numbers:**

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Ankita Rai	9136249700
Shubhangi Yamgar	9137189885	Anupama Nair	8104584668



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Anushka Khatnani	9637105351	Santhanalaxmi Kumaresan	7045582214
Gerard Fernandes	7045650190	Kirti Sawant	9167447177
Upasana Tiwari	9819971088	Akanksha Soman	8828482903

❖ **Description of the activity**

❖ **Methods used for conducting the campaign:**

According to the WHO, a person aged 10-19 years, is considered as an adolescent. During this period of adolescence, child undergoes physical and biological changes. For a girl, menarche is the milestone towards womanhood. Menstruation is a natural process. Every month woman's body prepares for pregnancy. If fertilization does not take place, the uterus sheds its lining. This process lasts for about 3-5 days. Menstruation or period is still a taboo in most parts in India. Girls and women are still unaware regarding menstrual hygiene practices. It's extremely difficult for girls in rural areas to maintain proper sanitation during periods mainly due to lack of knowledge and also unavailability of facilities. According to a report by Dasra, 23 million girls dropout of college annually. It is the fifth biggest killer of women behind heart disease, stroke, lower respiratory infections and chronic obstructive pulmonary disease.

The PHO committee of VES College of Pharmacy conducted two camps on the same day at two locations for propagating and bringing to light Menstrual hygiene. The concept was to conduct camps at one location being underdeveloped and uneducated population and the other being an urban region among educated population.

- 1) First camp was conducted in collaboration with Kshamta organization along with gynecologist Dr.Varsha Parekh, at an underdeveloped region in Thane district. A seminar was organized for the girls aged 18-20. Dr Varsha emphasized on the importance of personal health and hygiene. She stressed on the importance of proper usage and disposal of sanitary pads, awareness on other reusable products, different myths and misconceptions regarding menstruation, UTIs, genital infection, pH balance maintenance by various sanitation products, susceptibility to cervical cancer and various other infections caused due to poor sanitation. They were made aware about the normal flow of blood and other abnormal conditions, ways to reduce cramps etc. They were encouraged to make a note of their period cycle, body temperature and to do checkups to detect any prior indications of any infection or disease.
- 2) Second camp at Kurla Taximens colony was among working women and house wives, the volunteers promulgated the various diseases caused by poor menstrual hygiene such as cervical cancer, hepatitis B, UTI (Urinary tract infection), yeast infection, PCOS (Polycystic ovary syndrome), the ways to prevent them. Women were guided to take HPV vaccination by consulting their gynecologist. Importance of proper usage and disposal of sanitary napkins and regularly changing them was emphasized on. The new menstrual sanitation products such as tampons and menstrual cups were discussed with them by the volunteers who also explained the usage and disposal of the same.



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Chembur, Mumbai

❖ **Advertisement of the activity:**

- 1) The Kshamata organization was notified regarding the campaign. The girls were informed before the campaign.
- 2) Door to door interaction was done to invite the audience for the camp.

❖ **Result of the Activity:**

- 1) The girls actively asked their questions. Their misconceptions on periods were cleared. Their doubts on usage and disposal of different sanitary products were cleared. All the instructions were given correctly and they ensured to follow it properly and they assured to maintain personal hygiene and get checkups done.
- 2) The volunteers were flooded with questions mainly regarding PCOS and the vaccination. Also many of them shared their problems or problems faced by women in their family during menstruation which were well addressed by the volunteers. Women also shared the video taken during the camp among their family, neighbors and friends.

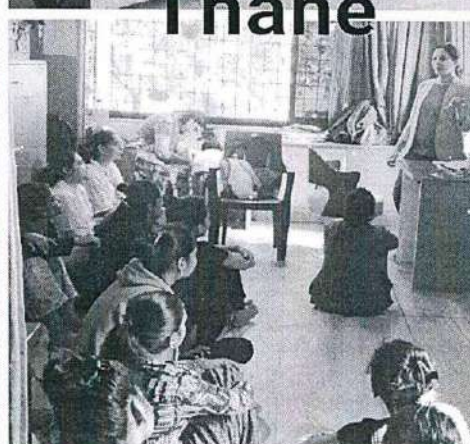
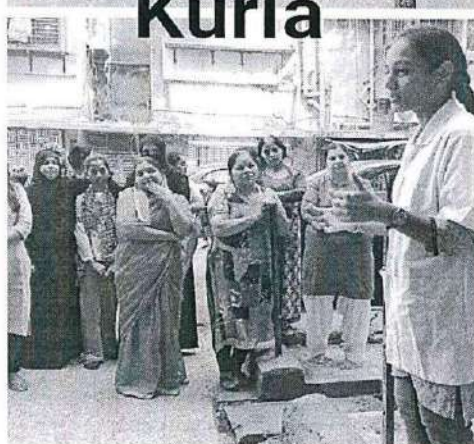
Awareness was created in the underdeveloped region regarding the various diseases caused due to poor hygiene techniques which they were unaware about. Whereas people in urban area were aware of most of the products like menstrual cups, vwash, diseases and various aspects of menstrual hygiene but there was lack of communication or discussion regarding the topic which



Kurla



Thane



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Activity Report – “Community outreach programme - Awareness about generic medicines Vs branded medicines” Campaign

❖ **Organizing Institute:**

- V.E.S. College of Pharmacy.

❖ **Co-Ordinator of Activity, his/her E-mail Address & Contact Number:**

- Mr. Pratik Barve
VES College of Pharmacy, Mumbai -400 074
- Phone no: 96196515815

❖ **Location(s) of the activity:**

Sr. No.	Location	Date	Timing	Activity
1.	RC Marg, Sindhi Society, Chembur East, Shiv sai Co housing society, Sindhi Society, Chembur East, Mumbai, Maharashtra 400071	October 24, 2019	5 p.m. to 6 p.m.	Awareness in the slum area regarding the difference between generic and branded medicines

❖ **Target Audience: 50+**


❖ **Number of students taking part in the activity: 14**

❖ **List of volunteers and their contact numbers:**

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Umang Ashar	7045887161
Sneha Sutar	9967733851	Gerard Fernandes	7045650190
Arbaaz Khan	9769603649	Santhanalaxmi Kumaresan	7045582214
Salonee Tawde	7506568681	Upasana Tiwari	9819971088
Kirti Sawant	9167447177	Anupama Nair	8104584668
Nandhani Singh	9768569608	Akanksha Soman	88284 82903
Ankita Rai	9136249700	Shubhangi Yamgar	9137189885

❖ **Methods used for conducting the campaign:**




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Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy. There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

With regards to the community outreach programme, PHO committee of VES College of Pharmacy displayed a Drama for the residents in the slums of Shiv sai CHS, Sindhi Society at Chembur. The Drama was conducted by the PHO committee members and student volunteers of Vivekanand education society's college of pharmacy. This brought to light the importance of generic medicines in today's society and focused on misconception that overshadows its benefits. The plot of the skit revolved around a patient incognizant about the differences in price of the branded and generic medicines. He is later made aware of the generic medicines being sold at cheaper prices by his relative and pharmacist and is relieved from the exorbitant price of the medicine. Another scene emphasis on the discussion regarding the basic storage conditions and completion of the drug regimen.

The aim of the programme was to enhance knowledge about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

❖ Advertisement of the activity:

The volunteers personally approached the head of the society to notify them about the campaign and its importance. Door to door approach was made to gather audience for the Drama.

❖ Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the



audience of the activity made this campaign a successful one. A senior citizen among the audience was cleared of his misconception (generic medicines cause side effects as they are sold at lower prices) by the PHO committee members and student volunteers.

❖ **PHOTOGRAPHS:**

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –Cleanliness Drive


- **Organising Institute:** VES College of Pharmacy.
- **Co-ordinator of Activity and her/his e-mail address and contact number:**
 1. Mr.Pratik Barve
VES College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815
- **Location(s) of the activity:**

Sr.No	Activity	Timing	Date	Location
1.	Cleanliness Drive	9:00am - 2:00pm	October 25, 2019	Vision Rescue Community Center Mandala, Mankhurd, Mumbai- 400043

- **Number of target audience:** 100+
- **Number of students taking part in the activity:** 20
- **List of volunteers and their contact numbers:**

Name	Contact No.	Name	Contact No.
Kirti Sawant	9167447177	Dhawal Sonar	9870404006
Santhanalakshmi	7045582214	Anjali Waybase	8652094043
Ankita Rai	9136249700	Arbaaz Khan	9769603649
Shubhangi Yamgar	9137189885	Archit Kadu	9029467546
Upasana Tiwari	9819971088	Vivek Kedar	8652289159
Gerard Fernandes	7045650190	Aparna Andhe	9769549610
Anupama Nair	8104584668	Tanvi Kamble	7715988528
Prajakta Deole	7400208850	Kinjal Gawde	9987387372
Salonee Tawde	7506568681	Manmeet Singh	9833722045
Habil Hirkani	8850020130	Kishen Chaudhary	9769145315




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❖ Description of the activity

- **Methods used for conducting the campaign:**

Cleanliness means that there is no dirt, no dust, no stains, no bad smells. The goals of cleanliness are health, beauty, absence of offensive odour and to avoid the spreading of dirt and contaminants to oneself and others. Sanitation and neatness play an important role in our day to day routine. It is important as it prevents dangerous diseases like Dengue, typhoid, hepatitis, and other diseases caused by mosquito bite, etc.

Diseases like Jaundice, Cholera, Ascariasis, Leptospirosis, Ringworm, Scabies, Trachoma, etc can be spread due to eating contaminated food, drinking contaminated water or living in an unhygienic condition. Trash also spread bad odour which is difficult to tolerate. There will also be an accumulation of trash and dirt if clean measures aren't taken. Inculcating these values into children from a tender age would go leaps and bounds in making not only them but also our country clean, sanitary and disease-free.

PHO of VES college of Pharmacy organised an awareness camp in association with the Vision Rescue Community Center Mandala, Mankhurd, which is in a rural area. During this campaign the importance of cleanliness and sanitation was emphasized. The volunteers actively participated in cleaning the areas surrounding the classrooms in which the students studied along with the interiors of the aforementioned classrooms as well.

The volunteers gave introduction using charts and made the session interactive by engaging the students in various. It was a very interactive session and left a long-lasting impact.

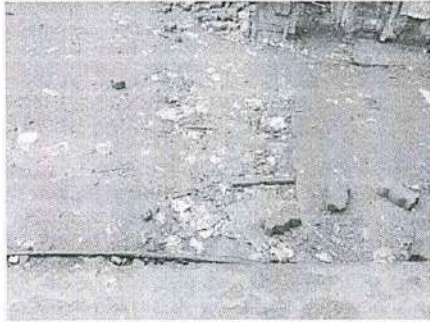
- **Advertisement of the activities:**

The manager of the Vision Rescue Community Center was notified regarding the campaign. The staff of the center were informed before the campaign.

- **Result of your activity:**

The awareness camp was very well received, the audience listened to the volunteers with apt attention and asked a lot of questions, they were eager to know about the advantages of a sanitary lifestyle. It also made them inquisitive about ways in which they could implement the message of this camp into their day-to-day life.

- Photos:



Before



After



VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents
1	Activity Reports of Extension Activities carried out in 2018 – 2019
1.1	<u>Activity Reports of DLLE activities in 2018 – 2019</u>
1.2	<u>Activity Reports of Rotaract activities in 2018 – 2019</u>
1.3	<u>Activity Reports of PHO activities in 2018 – 2019</u>

DLLE Activities in 2018- 2019

डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

University of Mumbai

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL

M.A.; M.B.A.; L.L.B.; Ph.D. (Rural Dev.)

Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019

April 24, 2019

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

LETTER OF COMPLETION (LOC)

Sir/Madam

This is to state that the Department has received the following documents:

1. College Registration Proposal.(CRP)
2. Student's Registration List (SRL)
3. First Term Report.
4. Annual Report cum Second Term Report
5. Field Visit Report – 1st Term & Field Visit Report – 2nd Term
6. Project Reports of 61 Students for Verification
7. Extension Essay of 61 Students for Verification (not participated in festival)

This is to further state that the Extension Work Activity for 120/240 hours the year 2018-2019 has been successfully completed by 61 Students out of 62 Students of your College enrolled for the Extension Work Activities.

Yours Faithfully,

Dr. Dilip S. Patil
Director, DLLE

Received documents
Signature
24/4/19



Dr. (Mrs.) Sushila S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

Dr. DILIP S. PATIL

M.A; M.B.A; L.L.B.; Ph.D. (Rural Dev.)

Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019

April 24, 2019

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

Sub: Benefit of 10 Grace Marks under ordinance 0.229 – A for the students participating in the Extension work for the year 2018-2019 and appearing for the Degree Examination to be held in April-May 2019.

Sir/Madam,

Enclosed please find the Examination wise List of students participating in Extension Work found eligible for the benefit of Ten Grace Marks under Ordinance 0.229 – A for the following examinations to be held in April-May 2016.

Examination	No. of Students Enrolled	No. of students Certified
Second Year (B.Pharm)	10	10
Third Year (B.Pharm)	25	24
Final Year (B.Pharm)	27	27
TOTAL	62	61

Kindly note that the list of students of your college, who have been found eligible for award of 10 Grace Marks and which has been duly certified and stamped by the Department, is to be sent directly to the Director Board of Examination & Evaluation, Mahatma Jotirao Phule Bhavan, Examination House, Vidyanagari, Santacruz (East), Mumbai – 400 098 by your college after entering their Examination Seat Number on or before 30th April, 2019 for the respective examinations, positively.

Thanking you,
Yours Sincerely,

Dr. Dilip S. Patil
Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

डॉ. दिलीप शंकरराव पाटील

एम.ए. ; एम.बी.ए. ; एल.एल.बी. ; पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL

M.A; M.B.A; L.L.B.; Ph.D. (Rural Dev.)

Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019

April 24, 2019

To,
The Director,
Board of Examinations & Evaluation,
Mahatma Jotirao Phule Bhavan,
University of Mumbai, Vidyanagari,
Santacruz (East), Mumbai – 400 098

Sub: Benefit of 10 Grace Marks under Ordinance 0.229 A for Extension Work students appearing for the Degree Examination held in April/May 2016.

Sir/Madam,

Enclosed please find the list of students of Vivekanand Education Society's College of Pharmacy, Hashu Advani Memorial Complex, Behind Collectors Colony, Chembur (E), Mumbai - 400 074. who have worked for not less than 120 hours for the Extension Work and have been found eligible for the benefit of 10 Grace Marks under Ordinance 0.229 A. The same list with the exam seat number will be sent to you directly by the College.

You are requested to add these 10 grace marks in Grand Total of marks gained by Students in their final examination and allocate subsequent credit & grading to the students. These marks also may be used to pass the students in the subject of failure as per Ordinance 0.229 A.

The same are recommended for necessary action at your end according to the details given below

Examination	No. of Students Enrolled	No. of students Certified
Final Year (B.Pharm)	27	27
TOTAL	27	27

Kindly acknowledge the list of eligible students.

Thanking you,
Yours faithfully,

Dr. Dilip S. Patil
Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Encl. : List of eligible students

Cc. To : The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2018-19

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9. (NINE)

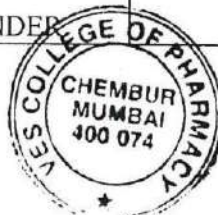
VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: FINAL YEAR

YEAR:2018-19

S R. N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTI VITY COD E
		NAME OF THE STUDENT (L.Y.B.PHARM)	ROLL NO		
1	F	SANJANA PARAMESWARAN UMA		394	SM
2	F	ANUSHKA RAJESH JAYASHREE		12	PEC
3	F	BORATE SAMRUDDHI NANDKUMAR SMITA		50	PEC
4	M	DATTA ABHISHEK ASHISH RUBINA		89	PEC
5	F	CHOITHRAMANI ASMITA KUMAR RITA		75	PEC
6	F	RAMPURAWALA UMMESALAMA IDRIS MUNIRA		373	PEC
7	F	DEWASTHALE TEJASWINI CHARUCHANDRA ANJANA		97	PEC
8	F	BEDI AMRITA KAUR JATINDERPAL RAVINDER		33	PEC

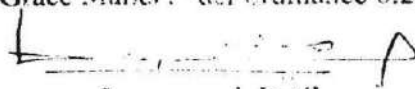


PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct

ELIGIBLE for the award of

10 Grace Marks under ordinance 0.229A



L. P. Patil,

Director,

Lifelong Learning & Extension,

UNIVERSITY OF MUMBAI



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

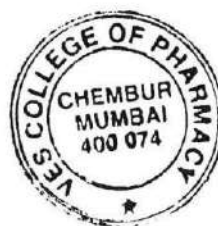
9	F	JADHAV SHREEYA SATISH TANVI		162	PEC
10	M	MAURYA SANJAYKUMAR SURYAPRATAP CHANDRAVATI		259	PEC
11	F	DODEJA PRERNA VIJAY POOJA		104	PEC
12	M	DWIVEDI JEET SHARAD SANGEETA		116	PEC
13	M	ASHTURKAR ABHISHEK VIKAS MANJUSHA		13	PEC
14	M	SHINDE NITIN GANPAT NANDA		441	PEC
15	M	NAWADE ARUN MAHADEO SARASWATI		304	PEC
16	M	YADAV SUSHIL RAMKUMAR KUNTI		513	PEC
17	F	KESARKAR HARSHADA DILIP POOJA		210	PEC
18	F	RAUT RAKSHITA RAVIKANT RITIKA		381	PEC
19	F	MEMON NIDA JAVED ZEENAT		267	PEC
20	F	SHINGATE RUTUJA VITTHAL BHARATI		446	PEC
21	F	SOMANI VAISHNAVI SHANTILAL CHANDRAKALA		456	PEC
22	F	YADAV JAGRUTI SANJEEVAN SUSHMA		505	PEC
23	F	SHAHANI DEVASHREE DILIP REKHA		414	PEC

College records are verified & found correct

ELIGIBLE for the award of
10 Grace Marks in accordance 0.229A

[Signature]

Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI



[Signature]
PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

24	M	SHEREGAR RUSHABH GOVIND SUJATA		437	PEC
25	M	IYER SIDDHARTH ANAND SARASWATI		157	PEC
26	F	CHAUDHARY REKHA DALARAM DAKUDEVI		60	PEC
27	F	MOTWANI SIMRAN MAHESH RESHMA		285	PEC

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

Signature Of The Teacher

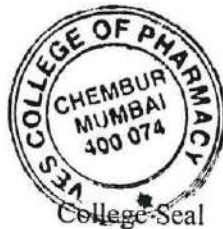
(DR. Sameer Padhye)

Signature Of Principal

(DR. Mrs. Supriya Shidhaye)

PRINCIPAL

VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



College Seal

College records are verified & found correct
ELIGIBLE for the award of
10 Credits for the award of 0.229A
SIGN OF DIRECTOR, DLLE WITH THE SEAL
Lifelong Learning & Education,
UNIVERSITY OF MUMBAI



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
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Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal



[Signature]
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9 (NINE)

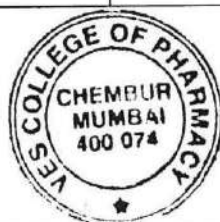
VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK


CLASS: SECOND YEAR

YEAR: 2018-19

S R . N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTIVITY CODE
		NAME OF THE STUDENT (S.Y.B.PHARM.)	ROLL NO		
1	M	GAIKWAD AKSHAY DASHARATH BHARATI	16	41619	PEC
2	F	SAWANT BHAKTI DEEPAK DIPIKA	46	44619	PEC
3	F	BHOLE VAIDEHI SUDHAN SIDDHI	06	40619	PEC
4	M	THAWANI LOKESH MUKESH NEHA	59	45919	PEC
5	M	FREDERICK JOHN DAVID NURSHA	15	41519	PEC
6	F	KOWLAGI MADHURA MADHAV VASUDHA	33	43319	PEC
7	F	BHOITE MADHURA JAYWANT ANITA	05	40519	PEC
8	F	DEOLE PRAJKTA KAVISH SWATI	11	41119	PEC



[Signature]
PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct
ELIGIBLE for the award of
10 Credits for work done 0.229A

Lithography Division,
UNIVERSITY OF CALIFORNIA



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

9	F	LUND PASHAM HERO RASHMI	58	45819	PEC
10	F	SHARMA NISHA SUSHIL ARCHANA	48	44819	PEC

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

Signature Of The Teacher

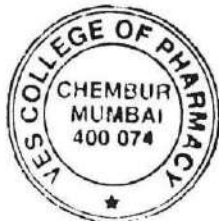
(Dr.Sameer Padhye)

Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

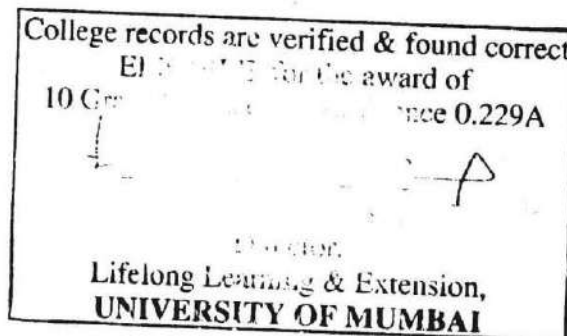
PRINCIPAL

VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



College Seal

SIGN OF DIRECTOR,DLLE WITH THE SEAL





Vivekanand Education Society's College of Pharmacy

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M. Pharm., Ph.D. (Tech.)
Principal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9 (NINE)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: THIRD YEAR

YEAR: 2018-19

S R . N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTIVITY CODE
		NAME OF THE STUDENT (T.Y.B.PHARM.)	ROLL NO		
1	F	PATEL SITA KARAN JIGNA	26	62619	SM
2	F	PALANDE NIKEETA ARUN ASMITA	25	62519	CP
3	F	MEGHA JEESON VINODINI	24	62419	CP
4	F	POWAR NEHA NITIN POONAM	29	62919	CP
5	F	PRIYANKA BABURAJ MEHER	30	63019	CP
6	F	KHARKAR SAYLI AJIT RASHMI	21	62119	CP
7	F	DEMBRANI NEHA NARESH GAURI	09	60919	CP
8	M	DOMADIA ROHAN BHAVESH MEETA	11	61119	CP
9	M	DESAI KARAN RAJEEV VEENA	10	61019	CP
10	F	POPLI KRUSHI NIRMAL INDRA	28	62819	CP
11	F	JOSHI POORVI SANTOSH VARSHA	16	61619	CP



PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct
Eligible for award of
10 C... 0.229A

Lifelong
UNIVERSITY ...
GAC



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

12	M	SONAR DHAWAL PRADEEP MEENAKSHI	37	63719	CP
13	F	PENDSE JUI SHYAM ANUSHREE	27	62719	CP
14	F	COUTINHO NATASHA GRATIAN VANITA	07	60719	CP
15	F	MAKHIIA BARKHA AMAR ASHA	23	62319	CP
16	F	BHATKANDE ATHARVA PRASHANT YOGITA	02	60219	CP
17	F	ADITI VENKATESH MEERA	01	60119	CP
18	F	RELWANI NAMRATA KHUBCHAND VARSHA	32	63219	CP
19	M	GHONGE MIHIR SANJAY HEMANGI	13	61319	CP
20	M	JAIN SHUBHAM DINESH SAROJ	61	66119	CP
21	M	LACHURE SHUBHAM DINESH SUNITA	44	64419	CP
22	F	CHANDWANI RITU RAJESH BHAVIKA	04	60419	CP
23	F	BHOPALWALA BATUL AHMEDALI	03	60319	CP
24	F	SADRIWALA MARYA MUFAZAL YASMIN	33	63319	CP
25	F	SAYAL GURBACHAN SINGH KAVNEEL MANDEEP KARU	35	63519	CP

PRINCIPAL

VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct
ward of
0.229A
Lifelong Learning Division,
UNIVERSITY OF MUMBAI



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

Signature Of The Teacher

(DR. Sameer Padhye)

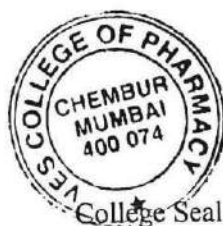
Signature Of Principal

(DR. Mrs. Supriya Shidhaye)

PRINCIPAL

VES College of Pharmacy

Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



College Seal

SIGN OF DIRECTOR, DLLE WITH THE SEAL

College records are verified & found correct	
10 Gr.	ward of 0.229A
Lifelong Learning & Extension, UNIVERSITY OF MUMBAI	

Rotaract Activities in 2018 - 2019

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : French Fries day

VENUE : Different locations in Chembur, Dadar, Ulhasnagar

MONTH OF THE PROJECT: July,2018

AVENUE 1 : International Service

AVENUE 2 : (if any)

START DATE : 13-07-2018

END DATE : 14-07-2018

START TIME : 03:00 PM

END TIME : 09:00 PM

CHAIRPERSON OF THE PROJECT: Namrata Relwani

ORGANISING COMMITTEE : Rtr. Namrata Relwani

Rtr. Karishma Talreja

Rtr. Rishab Chaube

Rtr. Prajakta Deole

Rtr. Sweety Chedda

Rtr. Hardik Shah

Rtr. Habil Hirkani

Rtr. Jyoti Soni

Rtr. Nisha Sharma

HOW WAS THE PROJECT CARRIED OUT ?

- Who doesn't love fries? All of us do. But not everyone is privileged enough to taste those lips smacking french fries. This french fries day we took an initiative to distribute french fries to underprivileged children who never had a chance to munch on those yummy snacks.
- Members of the Rotaract Club of VES College of Pharmacy distributed homemade fries to the underprivileged children on various locations in Chembur, Dadar and in Ulhasnagar.

IMPACT ANALYSIS OF THE PROJECT?

The sense of satisfaction gathered by us on seeing the lovely smiles on their faces while we shared the food. The joy of giving and the sense of happiness is overwhelming.


WHY WAS THE PROJECT CARRIED OUT ?

- French fries is everyone's favorite snack to munch on; we could always go to McDonalds, The J's and other snack corners to grab a bite when hungry, the underprivileged kids should get a chance to taste fries.
- It was a step towards serving the community wholeheartedly and bringing a smile on those kids faces.
- The smile on these kids faces was precious than any other profits.

ATTENDANCE: Club Members: 09

FINANCES: 00




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Mumbai rises for Kerala

VENUE : VES College of Pharmacy, Chembur

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Community Service

START DATE : 21-08-2018

END DATE : 23-08-2018

START TIME : 12:00 AM

END TIME : 12:00 AM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr. Prajka Deole

Rtr. Siddhita Gawade

Rtr. Megha Jeason

Rtr. Sweety Chedda

Rtr. Batul Bhopalwala

Rtr. Rishab Chaube

HOW WAS THE PROJECT CARRIED OUT ?

- The project was done as a part of a district initiative to help flood-stricken Kerala.
- The entire college, students and staff came together to lend a helping hand for Kerala.
- Basic medicines like dettol, paracetamol, antiseptic and antifungal creams and lotions, soaps, cotton, bandages, face masks, cotton, gloves, soframycin, mosquito repellent creams, phenyl etc were collected in different quantity in a span of two days .We targeted on collecting more of medicines and medical products as they are needed the most in disaster condition.All the collected materials from the college were packaged in boxes which were then sent to the collection center of District 3141 near Sanpada. From where it was transported to Kerala.

IMPACT ANALYSIS OF THE PROJECT?

- A total of 6 cartoon boxes were sent for Kerala relief.More than 40 bottles of antiseptic lotions, 70-100 strips of medicines, 30-40 cotton rolls and other ointments were collected.The project gave the students and staff members of VES College Of Pharmacy a way to help flood victims of Kerala and donated the above listed materials in bulk.We were successful in providing the affected people with some medicinal aid which is needed the most at the time of a disaster.

WHY WAS THE PROJECT CARRIED OUT ?

- The project was carried out to help the victims of floods in Kerala.To extend our support to the people in Kerala who were battling against the devastating floods.First aid is an important step to prevent major diseases in affected areas, hence we choose to collect and sent first aid medicines to help the flood affected people.


ATTENDANCE: 07

Club Members: 06

Guests: 01

FINANCES: 00




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Umeed ki Kiran

VENUE : VES College of Pharmacy, Chembur

MONTH OF THE PROJECT: August,2018

AVENUE 1 : Community Service

START DATE : 06-08-2018

END DATE : 15-08-2018

START TIME : 12:00 AM

END TIME : : 12:00 AM

CHAIRPERSON OF THE PROJECT : Prajкта Deole

ORGANISING COMMITTEE : Rtr. Sweety chedda

Rtr. Prajakta Deole

Rtr. Hardik Shah

Rtr. Jyoti Soni

HOW WAS THE PROJECT CARRIED OUT ?

- Donations were collected by setting up a donation box in the college for a span of 10 days. Students and teachers played an active role in collecting donations from people even outside the college. The donation box was kept near the reception of the college for collecting the basic necessities like soap , toothpaste, towels, handkerchiefs. No monetary donations from the students was taken. A special PR team was employed to promote the project to college staff, students and the possible people so that maximum donation could be collected.

IMPACT ANALYSIS OF THE PROJECT?

- In the span of 10 days we have successfully collected more than what we had anticipated.
- We were able to collect around 100+ soap bars, 21 toothpastes ,62 handkerchiefs, and 7 towels .
- All the collected items were donated to The Kshmata Skill Development Centre, Thane where they were more than happy to accept our help and items provided.
- The items are being used by the women association with the development centre.

WHY WAS THE PROJECT CARRIED OUT ?

- It was an initiative taken to help the women who suffered from human trafficking, molestation, other antisocial problems.
- The Kshmata Skill Development Center in Thane is working for and with these ladies, to help the organisation we initiated a donation drive to help them with by providing them with some basic necessities like soap bars, toothpastes and others.

ATTENDANCE: 04

Club Members: 04

FINANCES: 00



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : BFC- Beverages For Cops

VENUE : Kurla railway police station, Nehru nagar police station

MONTH OF THE PROJECT: August,2018

AVENUE 1 : Community Service

START DATE : 19-08-2018

END DATE : 19-08-2018

START TIME : 05:00 PM

END TIME : 07:00 PM

CHAIRPERSON OF THE PROJECT : Nisha Sharma

ORGANISING COMMITTEE : Rtr. Rishabh Chaube

Rtr. Mohit Davaria

Rtr. Nisha Sharma

Rtr. Namrata Relwani

Rtr. Sweetie Chheda

Rtr. Reetu Bhakta

Rtr. Bhairavee Chimane

HOW WAS THE PROJECT CARRIED OUT ?

- Tea/Coffee was distributed among police officers near Kurla station and in Nehru Nagar police station

IMPACT ANALYSIS OF THE PROJECT?

- The Smile on the face of an officer was just priceless. It was an honour to see their friendly and joyful nature.
- It was a moment to take pride in serving those who unwaveringly provide twenty four hours of service, all the three hundred and sixty five days of the year. This was a small token of appreciation given to them for helping us collectively achieve our common goals.
- They are the same as we are, or should we say they are greater as they work even when we are celebrating, they are always working.

WHY WAS THE PROJECT CARRIED OUT ?

- Since Police Officers strive 24/7 for our security and protection, it was small appreciation for them
- They are the same as we are, or should we say they are greater as they work even when we are celebrating, they are always working.
- We found our little way of appreciating them and spending some quality time with the cops.
- Listening to their stories is fun as well.

ATTENDANCE: 07


Club Members: 07

FINANCES:

Total Income from the Project: 00

Total Expenditure on the Project: 400




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Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : The Art of Sharing

VENUE : Kurla, Mazgaon, Chembur, Ghatkopar

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Community Service

START DATE : 19-08-2018

END DATE : 19-08-2018

START TIME : 05:00 PM

END TIME : 07:00 PM

CHAIRPERSON OF THE PROJECT : Marya Sadriwala

ORGANISING COMMITTEE : Rtr. Marya Sadriwala

Rtr. Sayli Kharkar

Rtr. Megha Jeason

Rtr. Sameer Jain

Rtr. Prajakta Deole

Rtr. Rohan Domadia

Rtr. Nisha Sharma

Rtr. Reetu Bhakta

Rtr. Batul Bhopalwala

Rtr. Bhairavee Chimane

Rtr. Akshay Gaikwad

HOW WAS THE PROJECT CARRIED OUT ?

- Project was carried out by distributing samosas amongst the poor at different areas in Kurla, Mazgaon, Ghatkopar and Chembur.

IMPACT ANALYSIS OF THE PROJECT?

- It was an overwhelming experience gained whilst feeding the needy. It brought smiles on the innocent faces of elders and children. A small charity that could fill their heart with joy and satisfaction of being concerned to a certain extent in this society. A blessing from each of them was indeed a feeling that couldn't be defined in words. We got the chance to be a part of the fortunate occurrence in their lives.

WHY WAS THE PROJECT CARRIED OUT ?

- A hunger that fetched the poor with food and care.
- Moreover it was to bridge the gap by connecting with them and understanding their needs as well.

ATTENDANCE: 11


Club members: 11

FINANCES:

Total Income from the Project : 00

Total Expenditure on the Project: 700




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Trek to Asavagad fort

VENUE : Asavagad fort, Palgarh

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Club Service

START DATE : 15-08-2018

END DATE : 15-08-2018

START TIME : 09:00 AM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Karishma Talreja

ORGANISING COMMITTEE : Rtr. Karishma Talreja

Rtr. Bhairavee Chimane

Rtr. Nisha Sharma

HOW WAS THE PROJECT CARRIED OUT ?

- This trek was done by joining hands with Blind Youth Forum of India (BGFI) and Youth Zingo Trekking Group (YZ).
- We completed our trek with 20 to 25 visually impaired adults from BGFI.
- Trek was concluded with hoisting of the national flag and the closing speech from the heads of the organisations.

IMPACT ANALYSIS OF THE PROJECT?

- The visually impaired were happy to climb the fort and feel the freshness of the surrounding.
- The club members were very happy to help them and learn from them.
- We realised that there are small things which we usually ignore while walking, but those small things are very significant for those who cannot see them, especially while walking or climbing a fort.

WHY WAS THE PROJECT CARRIED OUT ?

- We wanted to celebrate Independence day in a special way then the others.
- The trek also gives us a chance to learn and interact with the visually impaired and give us a greater insight about their lifestyle and how they manage day to day activities.

ATTENDANCE: 04

Club Members: 03

District Council Members: 00

Outside Club Members: 00

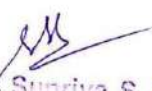
Guests: 01

FINANCES:

Total Income: 00

Total Expenditure: 00




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Bappa Morya

VENUE : Dadar Chowpatty

MONTH OF THE PROJECT: September, 2018

AVENUE 1 : Community Service

START DATE : 17-09-2018

END DATE : 22-09-2018

START TIME : 05:00 PM

END TIME : 09:00 PM

CHAIRPERSON OF THE PROJECT : Siddhita Gawade

ORGANISING COMMITTEE : Rtr. Gurpreet Kaur Mattar

Rtr. Gaurav Talreja

Rtr. Sakshi Kataria

Rtr. Nikeeta Palande

Rtr. Ayushi Shah

Rtr. Mukesh Chaudhary

Rtr. Sayali Parab

Rtr. Rishab Chaube

Rtr. Mohit Davaria

Rtr. Simran Punjabi

Rtr. Nishant Chang

Rtr. Azhar Khan

Rtr. Pasham Lund

Rtr. Hardik Shah

Rtr. Anushka Bhoir

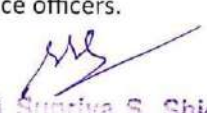
HOW WAS THE PROJECT CARRIED OUT ?

- The President visited the Shivaji Park Police station and asked for permission to volunteer to handle the major traffic during ganapati Visarjan at Dadar Chowpatty on the 5th and the 10th day of the visarjan.
- The Rotaractors took the initiative to help the police officers to maintain safety.
- We helped the devotees every way possible.
- The volunteers were given a specific area to handle and manage the traffic as well as the devotees at the visarjan

IMPACT ANALYSIS OF THE PROJECT?

- This initiative by the club helped the officers to a great extent, the officer highly appreciated us for the work which we had done in two days.
- We could lessen their burden at least for some time.
- We also experienced the hardships and problems which they face while handling a huge number of people together.
- They work very hard, day in and day out without complaining, we too till to some extent faced similar hardships while dealing with some tough people.
- Overall it was a great experience where we learned a lot from our police officers.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

WHY WAS THE PROJECT CARRIED OUT ?

- The police work day in and day out even during the festivals, this time at the rotaract club of VES COP thought of helping the police to handle the traffic and people during Ganpati Visarajan.
- The Police work to maintain a proper decorum at all times, we took this small initiative to help them with the traffic and also try and lessen their burden of traffic for a little while.
- It would also give us an insight about how hard the officers work to keep the city on track without any problems running smoothly.

ATTENDANCE: 15

Club Members: 15

FINANCES: 00

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Cloth Bag Distribution - WRY

VENUE : Mumbai Central Station

MONTH OF THE PROJECT: October, 2018

AVENUE 1 : Community Service

START DATE : 02-10-2018

END DATE : 02-10-2018

START TIME : 03:00 PM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr.Rishabh Chaube

Rtr. Prajkata Deole

Rtr. Hardik Shah

Rtr. Mohit Davaria

Rtr. Sakshi Kataria

Rtr. Neha Dembrani

Rtr. Pashma Lund

HOW WAS THE PROJECT CARRIED OUT ?

- On occasion of Gandhi Jayanti Rotaractors from our club gathered at Mumbai central station after the grand Closing Ceremony of Wry.
- To prevent plastic cause by plastic waste and also to promote use of cloth bags we distributed cloth bags sponsored to us by the District Rotary amongst people.
- We offered cloth bags to people carrying plastic bags.
- We requested people carrying plastic bags to exchange it with the cloth bags which we offered them free of cost.

IMPACT ANALYSIS OF THE PROJECT?

- There are a lot of people who do not know the hazards caused by plastic waste over the environment. Also people are less aware about the economic burden our government faces to reduce plastic waste from the environment. Also even when the use of plastics was banned in Maharashtra, people still continued to use plastic carry bags, we also briefed them about the penalties they could face if they continued using plastic bags. People voluntarily exchanged their plastic bags with the cloth bags after learning about plastic waste management hazards.

WHY WAS THE PROJECT CARRIED OUT ?

- It was important to tell people about the plastic hazards and we took it as an opportunity to to explain it to masses and support the government on plastic ban in Maharashtra

ATTENDANCE: 07

Club Members: 07

FINANCES: 00



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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Gandhigiri - WRY

VENUE : Mumbai Central Railway Station

MONTH OF THE PROJECT: October, 2018

AVENUE 1 : Community Service

START DATE : 02-10-2018

END DATE : 02-10-2018

START TIME : 03:00 PM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr. Rishabh Chaube

Rtr. Hardik Shah

Rtr. Rishabh Chaube

Rtr. Muskan Tardeja

Rtr. Mohit Davaria

Rtr. Poorvi Joshi

Rtr. Nishant Chang

HOW WAS THE PROJECT CARRIED OUT ?

- On occasion of Gandhi Jayanti Rotaractors from our club gathered at Mumbai central station after the grand Closing Ceremony of Wry
- There we bought some flowers to give it to those people who do not abide themselves about the general rules of station like crossing of railway tracks, spitting on platform etc
- A silent approach was taken towards these people who break the rules also explaining them about the importance of keeping our railway platforms clean.
- We also made them aware about the penalties which they can face if such actions were repeated in future

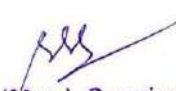
IMPACT ANALYSIS OF THE PROJECT?

- There are a lot of people who do not take the general railway rules seriously.
- They don't know about the lisses they can face by their wrong actions
- Explaining to them about the risks in their lives to just save a few minutes of hard work they tend to cross the railway tracks which can prove fatal for them.
- Also we explained to them that not keeping the railway premises clean would indulge them into crimes which have penalties and imprisonment as well.
- All this was done following the ideal principles of non violence of Mahatma Gandhi to also offer him reverence on this special occasion.

WHY WAS THE PROJECT CARRIED OUT ?

- Gandhiji always believed in cleanliness and non violence as well.
- Keeping our country clean would be the perfect homage to his great deeds.
- Also non violence was one of his teachings and following the path of non violence we helped to keep the station clean .




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- We took a nonviolent and a silent approach towards people who break the general laws of railway station by giving them flowers and also explaining them the importance of abiding one own self by the norms to prevent themselves from trouble of any sort.
- We explained to them about the laws against crossing railway tracks and spitting or throwing garbage on station or roads saying that these laws delineate and prohibit such behaviour which are socially abhorrent.

Attendance: 07

Club Members: 07

Finances:

Total Income from the Project: 00

Total Expenditure on the Project: 100

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the project: MENSTRUAL HEALTH CAMP

Venue: Kshamata Centre, Thane

Reporting Month: January

Avenue1: community Service

Start date: 09-01-2019

End date: 09-01-2019

Start time: 4.30 PM

End time: 6:00PM

Chairperson: Rtr. Siddhita Gawade

Organizing committee: Rtr. Namrata Relwani

Rtr. Muskan Tardeja

Rtr. Batul Bhopalwala

Rtr. Siddhita Gawde

Rtr. Sakshi Kataria

How was the project carried out?

- We approached Kshamata Organisation in Thane which works for Women who require shelter
- A topic was decided to take a seminar and we concluded that it was the need of the hour to spread awareness about reproductive health and menstrual hygiene
- We spoke on a few topics such as the menstrual cycle, common symptoms and remedies, myths about periods, Importance of sanitary napkins, awareness about endometrial cancer.

Impact analysis of the project:

- The beneficiaries informed us the fact that there were many such sessions where people told them about menstrual hygiene but they were really impressed because of the visual representations done using charts and diagrams
- They also realized that they had little to no knowledge about endometrial cancer and most of them approached us with a concern about the same.

Why was it carried out?

- To spread awareness about menstrual hygiene amongst women
- To share a sense of womanhood that menstruation is a normal process and there is no reason to be ashamed of it.


Attendance: 08

Club Members: 05

Guests: 03

Finances: 00




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : TRAFFIC AWARENESS (WRY)

VENUE : Umarshi bappa chowk, Kurla

MONTH OF THE PROJECT: January

AVENUE 1 : Community Service

START DATE : 10 January 2019

END DATE : 10 January 2019

START TIME : 05.00 PM

END TIME : 06.00 PM

CHAIRPERSON OF THE PROJECT : Sakshi Kataria

ORGANISING COMMITTEE : Rtr. Simran punjabi

Rtr. Sakshi Kataria

Rtr. Rishabh Chaube

Rtr. Neha dembrani

Rtr. Nisha sharma

Rtr. Anushka khatnani

Rtr. Mohit Davaria

Rtr. Nishant Chang

Rtr. Anjana Jakhariya

Rtr. Jyoti Soni

Rtr. Megha Jeelson

Rtr. Karishma Talreja

Rtr. Hardik Shah

Rtr. Akshay Gaikwad

Rtr. Umang Ashar

Rtr. Surbhi Soni

Rtr. Bhairavee Chimane


Rtr. Jyoti Soni

Rtr. Sonali Gudalkar

HOW WAS THE PROJECT CARRIED OUT ?

- The initiative was taken under the WRY by district.
- A Public awareness rally for road safety was organised on Thursday by Rcvscop
- At the beginning of the rally all were guided by the chairperson about the road safety rules. He said that while driving a car seat belt should be worn and helmet while riding a two wheeler.
- The rally started from Vivekanand College Of pharmacy and ended At Umarshi bappa chowk, Kurla.
- Walking along the slogans while chanting slogans with sarcasm.
- Slogans like "After whisky driving risky", "Alert today alive tomorrow", "Niyam suno ek asaan Gatirodhak ka rakho dhyaan"




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

IMPACT ANALYSIS OF THE PROJECT?

- The best thing was when the auto driver thanked us for our initiation of the rally.
- Massive respect was given by the car driver by showing us that he actually wore a seat belt after listening to our slogans.
- Some passers by thanked us for taking up such an initiative.

WHY WAS THE PROJECT CARRIED OUT ?

- To spread awareness about road safety
- To remind people of simple basic rules of road safety and driving.

Attendance: 20

Club Members: 19

Guests: 01

PUBLIC HEALTH OFFICE- COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J.J. Mahanagar Blood Bank Ground Floor,
SD Petit Building, JJ Road, Byculla ,
Mumbai-400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	6 th October,2018	9am to 6pm	Collection of 120 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 12

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Madhura Bhoite	9969402508	Ankita Rai	9136249700
Vaidehi Bhole	9987989701	Ambika	9004322016
Bhakti Sawant	8779359505	Anurag	8286025928
Madhura Kowlage	9969402508	Divya	9029640175
Nargis	8291621304	Renuga	7045701706
Shambhavi	9422038669	Vishnu	9870280711




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 6th of October 2018, College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 120 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. M. V. Kulkarni
Principal
College of Pharmacy
J.J. Mahanagar
Dadar, Mumbai - 400 028



PUBLIC HEALTH OFFICE- COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East,
Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	71/1, Trimurti- Saibaba Seva Sang, Maharashtra Nagar, Mankhurd, Mumbai-400088	14 th October, 2018	10am to 3pm	Collection of 33 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Abel Biju	9619203068
Arushee Khanduri	9769743117




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 14th of October 2018, College of Pharmacy volunteered for the blood donation drive held by Pallavi Blood Bank at Mankhurd.

The volunteers interacted with the travellers nearby, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Pallavi blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 33 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. Pooja S. Patil
Principal
College of Pharmacy
Mankhurd, Mumbai - 400 074



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East, Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	71/1, Trimurti-Saibaba Seva Sang, Maharashtra Nagar, Mankhurd, Mumbai-400088	20 th October, 2018	10a.m to 3p.m	Collection of 11 Blood Units.

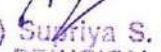
Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact No
Arbaaz khan	9769603649
Sarita sonar	7506850130
Subhangi yamgar	9137189885
Mahenoor Ansari	8433655892



Dr. (Mrs.)  Sujatiya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 20th of October 2018, College of Pharmacy volunteered for the blood donation drive held by Pallavi Blood Bank at Mankhurd.

The volunteers interacted with the travellers nearby, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Pallavi blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we could collect 11 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. P. S. Kulkarni
Principal
College of Pharmacy
Mankhurd



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	Rupa Solitaire CHS, Near Millennium Business Park , Mhape-400701	16 th November 2018	9:30am to 4.00pm	Collection of 119 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Santhanalaxmi Kumaresan	7045582214
Prajakta Deole	7400208850



Dr. (Mrs.)  Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 16th of November 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Mhape.

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 119 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. (Mrs.) S. S. Kulkarni
Principal
College of Pharmacy
Rajawadi Blood Bank
Mhape, Pune-411 004



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	Shivaji Maidan park side, Vikhroli (W), Mumbai-400079	18 th November, 2018	9:00am to 4:00pm	Collection of 162 Blood Units.

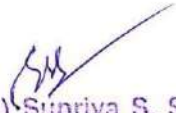
Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Arbaaz Khan	9769603649
Raj Patwa	9987073747



Dr. (Mrs.)  Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 18th of November 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Vikhroli (W).

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we could collect 162 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. Pooja D. Patil
Principal
College of Pharmacy
Vikhroli (W)
Mumbai - 400 082



PUBLIC HEALTH OFFICE- COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“BLOOD DONATION Campaign”

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	Titanic building, 98, Yadav Nagar, Chandivali, Powai, Mumbai - 400072	7 th December, 2018	9:30am to 4pm	Collection of blood 130 units.

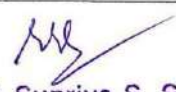
Number of target audience: 100

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.
Kiriti Sawant	7506568681
Salonee Tawde	91674471777




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

As a part of the PHO activities, the students of College of Pharmacy volunteered for the BLOOD DONATION CAMP organized Rajawadi Blood Bank in Chandiwali. A regular group of donors voluntarily came forward to donate blood.

The donors were counselled by the doctors and were checked for their blood haemoglobin levels and blood pressure. Their recent medical history was checked to ensure the absence of any infections or drugs that may cause their blood to be deemed unfit for use. The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity:

Posters were put up at the venue and circulated via social media. The regular donors were contacted well in advance and made aware of the location and the date of the camp.

Result of your activity:

At the end of the day, 130 blood bottles were collected. The camp not only served the purpose of acquiring blood for the needy but also raised awareness about the benefits of donating blood and portraying it as a noble deed. Thus, the camp was a very successful one.

Dr. (Name) (Signature)
Principal
College of Pharmacy
Chandiwali
Date: / /



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Hospital - 7
M G Road, Near Somaiya College,
Ghatkopar East, Mumbai, Maharashtra 400077
Contact no: 9664518257

Location(s) of the activity:

S. No	Location	Date	Timing	Activity
1.	Paras Dham, Vallabh Baugh lane, Ghatkopar East, Mumbai-400077.	16 th December, 2018	8:00am to 3:00pm	Collection of 123 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Sanjana Nair	8652852813
Sanjay Maurya	9820037317




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 16th of December, 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Ghatkopar (E).

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 123 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

2018-19
Page No. _____
Date _____
Signature _____
Name _____



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“MENTAL HEALTH AWARENESS”— NOT ALL WOUNDS ARE VISIBLE

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

2. Ms. Sejal Natu
Ph no:9820607915

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Seminar Hall, College Of Pharmacy Chembur.	12 th October 2018	4:30pm- 5:30pm	<ul style="list-style-type: none">• Seminar by Sejal Natu.• Tattoo making competition.• Let it out.

Number of target audience: 40+

Number of students taking part in the activity: 35

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Purvashree Gawde	9619167129	Santhanalaxmi	7045582214
Devashree Shahani	8655603865	Kirti Sawant	9167447177
Tejaswini Dewasthale	7303270297	Sneha Sutar	9967733815
Kavneel	8779780340	Ankita	9136249700



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

A mental illness is a physical illness of the brain that causes disturbances in thinking, behavior, energy or emotion that makes it difficult to cope with the ordinary demands of life. Research is starting to uncover the complicated causes of these diseases which can include genetics, brain chemistry, brain structure, experiencing trauma and/or having another medical condition, like heart disease.

Mental illnesses affect 19% of the adult population, 46% of teenagers and 13% of children each year. World Mental Health Day is observed on 10th October every year.

The PHO committee of College of Pharmacy organized a seminar for mental health awareness. The speaker for the following seminar was Ms. Sejal Natu, B.A. Psychology from Mumbai University, currently pursuing her masters in Psychology from Pune University. The seminar was highly interactive and self-awakening. She explained the methods to prevent stress and depression by maintaining a positive attitude towards life. She emphasized on the importance of self-love and the importance of keeping in touch with reality and your emotions.

The discussion was supplemented by various activities like tattoo making and let it out. Students from all classes actively participated in the "Tattoo making competition". The tattoos depicted mental health problems in an innovative manner. "Let it out" was the last event for the day, a social experiment of letting out one's feelings without having the fear of being judged as both the speaker and listener were blindfolded.

Advertisement of the activities:

The students of the college were notified about the activity and seminar by means of social media, through digital posters a week prior to the activity. The volunteers personally approached the students to notify them about the seminar and activities and its importance.

Result of your activity:

The camp shed light on the various mental health problems especially among adolescents.

The seminar emphasized on the importance of selfcare and an optimistic approach towards life. The event had a good response and was very well received.



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“HAND WASHING CAMPAIGN-To spread the awareness of washing hands.”

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Jari Mandir Road, Wadavli Village, RCF Colony, Chembur East, Mumbai, Maharashtra- 400071	3 rd January, 2019	11:00 am- 2:00pm	Spreading awareness among students regarding washing hands.


Number of target audience: 150+

Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Yogeshwari Shetty	9619562292
DevashreeSahani	9167166757	Jasleen Chass	9699893246
TejaswiniDewasthale	7303270297	Sanjay Kumar Maurya	8652852813
Purvashree Gawde	9619167129	Prachi Kaduskar	7666982018




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Washing your hands well and often is the best way of keeping kids from getting sick. Several diseases can be spread if hands aren't washed properly which include gastrointestinal diseases, such as Salmonella, and respiratory infections, such as influenza. Washing hands properly can help prevent the spread of germs that cause these diseases. Some forms of these diseases can cause serious complications, especially for young children, the elderly, or those with a weakened immune system.

Infectious diseases continue to be a health challenge and economic burden within our communities. Though effective hand hygiene education is critical, there has been a steady decline in hygiene promotion, especially in the home and schools. Hand hygiene at home, school within our communities plays an essential role in helping to reduce the spread of infectious diseases.

The PHO committee of College of Pharmacy volunteered in spreading awareness about the importance of washing hands. They first performed a skit in which one of the volunteers falls ill as she forgot to wash her hands. Followed by explaining the students about various diseases that can be caused due to improper handwashing. We explained simple ways to maintain hygiene and in the end, we demonstrated 8 steps to follow to ensure that your hand is washed properly.

Many people actively participated, students were extremely enthusiastic and volunteered to demonstrate the technique to their friends.

Advertisement of the activity:

The residents and the school's principals were informed about the campaign with the help of a local NGO.

Result of your activity:

The camp shed light on the alarming number of diseases that could be spread if the hands weren't washed properly. After the camp was done we saw a few students practicing the handwashing techniques we demonstrated.

Dr. J. S. Chavhan
Principal
College of Pharmacy
Vadgaon, Dist. Solapur
Maharashtra - 431 001



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“SEXUAL HEALTH AWARENESS” : Hate The Disease Not The Diseased

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Maharashtra Nagar, Govandi.	9th October, 2018	3:00pm-7:00pm	Spreading awareness among people regarding HIV

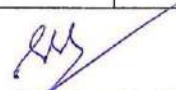
Number of target audience: 100+

Number of students taking part in the activity:

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Barkha Makhija	9890255003
Devashree Sahani	9167166757	Kirti Sawant	9167447177
Tejaswini Dewasthale	7303270297	Sneha Sutar	9967733851
Purvashree Gawde	9619167129	Sanjay Kumar Maurya	8652852813
Shubhangi	9137189885		




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Sexual health promotion, alongside the provision of sexual and reproductive health and HIV services, make an important contribution to individual and population health. Sexually transmitted infections (STIs) are often asymptomatic and if left untreated may cause pelvic inflammatory disease or infertility, and may be transmitted to others, highlighting the need for early detection and treatment. The observed rising trends in STIs can be attributed continued unsafe sexual behavior and a lack of public awareness about these diseases.

The issue of sexually transmitted diseases is a source of serious concern in India because of increasing incidence of unprotected sexual activity, Late presentation (which decreases long term survival of the patient), Lack of awareness and screening for example, being unaware about symptoms of STD's, etc. are some important and critical issues that need to be addressed.

Aastha Parivaar is a community-led organisation that addresses the common concerns of Mumbai, Pune and Thane's sex workers & their children, LGBTQ and transgender community including health, human rights, crisis intervention, legal literacy, alternative livelihoods, and literacy. These NGOs work assiduously throughout the year to help raise awareness about HIV. These awareness programmes have resulted in a 66% decline in HIV cases all over India.

The PHO committee of College of Pharmacy in collaboration with AASTHA foundation, contributed to this statistic by volunteering in the sexual health awareness camp in the slums of Govandi, Maharashtra Nagar. In this camp our volunteers had an one to one interaction with the women from these areas and encouraged them to take up the HIV tests as well as the tests which ensured the safety of their health, by performing primary level diagnostic blood tests.

General reception:

Many people actively participated, whereas some were reluctant. But as the volunteers explained the benefits for the same there was an increase in participation of the women with the support of their families.

Result of your activity:

The camp shed light on the alarming number of HIV cases in India and on the fact that the disease is not restricted to a particular age group.

The seminar emphasized on the importance of self-examination and its proper technique as a key factor for helping early diagnosis. The event had a good response and was very well received.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: Generic and Branded Medicines

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no :96196515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Neelam Agency ,Shop No.05, Lalchalan CHS, Chembur colony, Chembur East, Mumbai- 400074	22 nd December, 2018	5:00pm- 6:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 20

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	SanjayKumar Maurya	8652852813
Sneha Sutar	9967733851	Aishwarya Korde	9920119179
Mukesh Chaudhary	9892862699	Purvashree Gawde	9619167129
Sayli Kharkar	9769906871	Devashree	9167166757
Salonee Tawde	7506568681	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Dilip Panwar	8692044655
Suyog Tangade	9156902703	Prajakta Mali	8652649895
Kavneel Sayal	8779780340	Prachi	7666982018
Shubham Jain	8652781219	Nehal	9930231066
Pooja Rathod	9594224123	Tejaswini	7303270297
Batul Bhopalwala	7977205804	Santhanalaxmi K	7045582214



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Lalchalan CHS at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a son from a poor family who is unable to buy medicines for his mother due to the unaffordable prices. He is later made aware of the generic medicines being sold at cheaper prices by his colleagues and is relieved from the exorbitant price of the medicine.

The aim of the programme was to Increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: Generic and Branded Medicines

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no:96196515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Shiv Sai CHS, Sindhi Society, RC Marg, Chembur East, Mumbai 400071	4 th January, 2019	4:00pm - 5:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 20

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Sarita	7506850130
Sneha Sutar	9967733851	Sakshi Kataria	9325437880
Mukesh Chaudhary	9892862699	Santhanalaxmi K	7045582214
Saloni Gupta	8433879383	Devashree	9167166757
Sanjana Nair	9820037317	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Simran Punjabi	7977310700
Jyoti Soni	8451876411	Yukta Patil	8169633091
Kavneel Sayal	8779780340	Prachi Singhvi	8433626265
Nandhani Singh	9768569608	Kashish Shemna	9867701850
Ankita Rai	9136249700	Shubhangi Yamgar	9137189885
Arbaaz Khan	9769603649		



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Shiv Sai CHS, Sindhi Society at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a son from a poor family who is unable to buy medicines for his mother due to the unaffordable prices. He is later made aware of the generic medicines being sold at cheaper prices by his colleagues and is relieved from the exorbitant price of the medicine. Another scene revolves around a group of people at the tea-shop discussing the pricing of medicines.

The aim of the programme was to Increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: Generic and Branded Medicines

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no:96196515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Murgi gali, Ashok Nagar, Chembur East, Mumbai - 400074	11th January, 2019	4:00pm - 5:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 22

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Narendra R	9892339367
Sneha Sutar	9967733851	Renuga Devi	8692926219
Nikita Nair	9869412902	Santhanalaxmi K	7045582214
Karen Saiswani	9029188864	Devashree	9167166757
Sanjana Nair	9820037317	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Divya Karepaka	9029640175
Aishwarya Korde	9920119179	Ambika Thakur	9004322016
Kavneel Sayal	8779780340	Salonee	7506568681
Reema Gupta	8850063415	Sanjay Maurya	8652852813
Ankita Rai	9136249700	Tejaswini	7303270297
Hitesh Lodh	9920056325	Devashree	9167166757



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074,

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Murgi gali, Ashok nagar at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a patient unaware about the differences in prices between the generic and branded medicines. She is later made aware of the generic medicines being sold at cheaper price by the pharmacist of a generic drug store and is relieved from the exorbitant price of the medicines. Also, being made aware of the reasons for the price differences between generic and branded medicines.

The aim of the programme was to Increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“MENSTRUAL HYGIENE CAMP”: To spread awareness of menstrual hygiene.

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815
2. Ms. Manita Sharma
Kshamtha foundation
Ph no: +91 99606 73703

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Kshamtha NGO Thane.	9th January, 2019	2:00pm - 6:00 pm.	Spreading awareness among women regarding menstrual hygiene

Number of target audience: 50+

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sneha Suthar	9967733851	Ankita Rai	9136249700
Batul Bhopalwala	7977205804	Siddhita Gawde	9821637953
Muskan Tardeja	7276298288	Namrata Relwani	8080313316



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity:

Methods used for conducting the campaign:

Menstrual hygiene makes an important contribution to individual and population health. It is important for every girl and women to know the importance of being clean and infection free. Women and adolescent girls are using fresh menstrual management material to absorb blood, but it is important to know other things like using soap and water for washing the body as when required and having convenient facilities to dispose off the used menstrual materials.

Access to accurate and pragmatic information for females and males about menstruation and hygiene is important. Access to facilities that provide privacy for changing materials is also one of the most important thing.

The PHO committee of College of Pharmacy in collaboration with Rotaract club of college, contributed to this statistic by volunteering in the menstrual health awareness camp in Thane. In this camp our volunteers had a one to one interaction with the women from these areas. Each volunteer was assigned one topic on which they could speak to the women about. Topics that they discussed were 1) what actually does the menstrual cycle mean as many women aren't aware. 2) common symptoms suffered and the remedies. 3) common myths related and debunking it. 4) Health issues that can happen if hygiene is not maintained (importance of using sanitary napkins). 5) Awareness about the endometrial cancer.

General reception:

Many people actively participated. But as the volunteers explained the benefits for the same there was an increase in participation of the women with the support of their families.

Result of your activity:

The camp shed light on the alarming number of menstrual related diseases in India and on the fact that the disease is not restricted to a particular age group.

The seminar emphasized on the importance of self-examination and its proper technique as a key factor for maintaining hygiene. The event had a good response and was very well received.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –Rural Area Camp: Health and nutrition.

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Jilha Parishad School, Rahatoli, Chon, Badlapur	17 th December, 2018	10:00am- 1:00pm	Health and nutrition of importance of balanced diet.

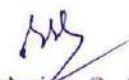
Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Barkha makhija	9890255003	Tanvi kamble	7715988528
Salonee Tawde	7506568681	Manali Kadam	9820362458




Dr. (Mrs.) Sujaya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Nutrition for kids is based on the same principles as nutrition for adults. Everyone needs the same types of nutrients — such as vitamins, minerals, carbohydrates, protein and fat. Children, however, need different amounts of specific nutrients at different ages. By giving a child a healthy balanced diet, we ensure that they are getting all the essential vitamins, minerals and other nutrients that is essential for healthy growth and development. Certain nutrients are required for a variety of reasons for example calcium and Vitamin D: Essential for the normal growth and development of bones in children, Iron: Supports normal cognitive development in children, Vitamin D: Helps support the immune system etc

Agricultural progress in the last decade has made India self-sufficient in major food grains. Yet undernutrition continues to be major nutritional problem especially in rural populations. Despite recent achievement in economic progress in India, the fruit of development has failed to secure a better nutritional status among all children of the country.

PHO of college of Pharmacy organised an awareness camp in Jilha Parishad School, Badlapur, which is in a rural area. During this campaign the importance of having a balanced diet was emphasized. The volunteers presented the students with various healthy alternatives grown locally which could be consumed in place of calorific and unhealthy junk food like vada pav which was easily available in that village.

The volunteers gave introduction using charts and made the session interactive by engaging the students in various games which included crossword of healthy food items and drawing which was based on questions like favourite food or vegetable which the children could understand. Prizes were given to the children including Glucon D and ORS. It was a very interactive session.

Advertisement of the activities:

The principal of the school was notified regarding the campaign. Before the campaign the staff were informed.

Result of your activity:

The awareness camp was very well received, the audience listened to the volunteers with rapt attention and asked a lot of questions, they were eager to know about the basic nutrition. Both children and adults of the village participated in this activity.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“Walk for freedom”— Abolish Slavery with each step

Organizing Institute: The Movement & VES College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

1. The Movement India
Ph no :9445507779

2. Vision Rescue
Ph. No. 8433583085

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	YMCA Bandra, Off Carter Road, Bandra	20 th October, 2018	6:30am	A Rally for human trafficking victims.

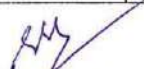
Number of target audience: 20+

Number of students taking part in the activity: 17

List of volunteers and their contact numbers:

Name	Contact no	Name	Contact no
Santhanalaxmi K	7045582214	Jay Juthani	7045026942
Surbhi Soni	8828082110	Shikha Deria	7021511739
Rishabh Chaube	9987179077	Anushka Khatani	9637105351
Jyoti Soni	8451876411	Purva Khargutkar	8879447091
Saurabh Yadav	8652135130	Haabil Hirkani	9930405622
Ashok Choudhary	8879428237	Kavish Sanil	9167885883
Hardik Shah	7021518772	Kirti Sawant	9167447177
Vinita Wadhwani	8369648379	Sneha Sutar	9967733851
Abel Biju	9619203068		



Dr. (Mrs.)  Smitiya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity:

Methods used for conducting the campaign:

On October 20, a global community of abolitionists rallied together to shine a global spotlight on human trafficking for A21's 5th annual Walk for Freedom. This event was a collective effort led by A21, a global anti-human trafficking organization dedicated to abolishing slavery and The Movement, a volunteer mobilization team based in India. A21's operational strategy to combat human trafficking is to Reach, Rescue, and Restore. An event like Walk for Freedom is an integral part of A21's efforts to reach the vulnerable and prevent human trafficking from ever happening in the first place. Last year, A21 had over 400 walks in 50 countries around the world. Collectively, there were over 70 million people reached through social media. Each step mattered. Each step made a difference.

But there are millions who have yet to be freed—and this year A21 has continued its walk, to show up, and raise awareness for the victims in Indian cities and around the globe still trapped in slavery. This year, it has had more impact than ever before. This year the movement had brought the Walk for Freedom to Chennai & Mumbai on October 20, 2018.

The walk began at 7:00am covering approximately a kilometer at the given location. PHO members and volunteers of VES College of Pharmacy holding banners and posters regarding the abolishment of slavery walked all the way. Students from various colleges participated enthusiastically in the event. At the end of the event the volunteers interviewed the students regarding the same. Participants were provided with certificated and refreshments towards the conclusion.

Advertisement of the activity:

The students of the college were notified about the rally by means of social media, through digital posters a week prior to the activity.

Registrations for the rally was done online as well spot entries were also welcome.

Result of your activity:

The rally shed light on the global problem of slavery or human trafficking. The walk was, to show up, and raise awareness for the victims in our cities and around the globe still trapped in slavery.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum

Maharashtra State Branch

Activity Report –“Walk for freedom”— Abolish Slavery with each step

Organizing Institute: The Movement.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. The Movement India

Ph no :9445507779

2. Vision Rescue

Ph. No. 8433583085

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1	• A Rally for human trafficking victims.	6:30 am	20 th October, 2018	YMCA Bandra, Off Carter Road, Bandra.

Number of target audience: 20+

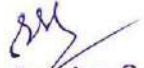
Number of students taking part in the activity:

List of volunteers and their contact numbers from Vescop PHO:

Name	Contact no	Name	Contact no
Santhanalaxmi Kumaresan	7045582214	Jay Juthani	7045026942
Surbhi Soni	8828082110	Shikha Deria	7021511739
Rishabh Chaube	9987179077	Anushka Khatani	9637105351
Jyoti Soni	8451876411	Purva Khargutkar	8879447091
Saurabh Yadav	8652135130	Haabil Hirkani	9930405622
Ashok Choudhary	8879428237	Kavish Sanil	9167885883
Hardik Shah	7021518772	Kirti Sawant	9167447177
Vinita Wadhwani	8369648379	Sneha Sutar	9967733851
Abel Biju	9619203068		

Description of the activity:




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Methods used for conducting the campaign:

On October 20, a global community of abolitionists rallied together to shine a global spotlight on human trafficking for A21's 5th annual Walk for Freedom. This event was a collective effort led by A21, a global anti-human trafficking organization dedicated to abolishing slavery and The Movement, a volunteer mobilization team based in India. A21's operational strategy to combat human trafficking is to Reach, Rescue, and Restore. An event like Walk for Freedom is an integral part of A21's efforts to reach the vulnerable and prevent human trafficking from ever happening in the first place. Last year, A21 had over 400 walks in 50 countries around the world. Collectively, there were over 70 million people reached through social media. Each step mattered. Each step made a difference.

But there are millions who have yet to be freed—and this year A21 has continued its walk, to show up, and raise awareness for the victims in Indian cities and around the globe still trapped in slavery. This year, it has had more impact than ever before. This year the movement had brought the Walk for Freedom to Chennai & Mumbai on October 20, 2018.

The walk began at 7:00am covering a distance of approximately a kilometer at the given location. Volunteers holding banners and posters regarding the abolishment of slavery walked all the way. Students from various colleges participated enthusiastically in the event. At the end of the event the volunteers interviewed the students regarding the same. Participants were provided with certificated and refreshments towards the conclusion.

Advertisement of the activity:

The students of the college were notified about the rally by means of social media, through digital posters a week prior to the activity. Registrations for the rally was done online as well spot entries were also welcome.

Result of your activity:

The rally shed light on the global problem of slavery or human trafficking. The walk was, to show up, and raise awareness for the victims in our cities and around the globe still trapped in slavery.

Photos:

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents
1	Activity Reports of Extension Activities carried out in 2017- 2018
1.1	<u>Activity Reports of DLLE activities in 2017 – 2018</u>
1.2	<u>Activity Reports of Rotaract activities in 2017 – 2018</u>
1.3	<u>Activity Reports of PHO activities in 2017 – 2018</u>

DLLE Activities 2017 – 2018

डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

University of Mumbai

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL

M.A.; M.B.A.; L.L.B.; Ph.D. (Rural Dev.)

Director

**DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION**

DLLE /EXT/EXM/ 1812 of 2018
09 April, 2018

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

LETTER OF COMPLETION (LOC)

Sir/Madam

This is to state that the Department has received the following documents:

1. College Registration Proposal.(CRP)
2. Student's Registration List (SRL)
3. First Term Report.
4. Annual Report cum Second Term Report
5. Field Visit Report – 1st Term & Field Visit Report – 2nd Term
6. Project Reports of 52 Students for Verification

This is to further state that the Extension Work Activity for 120/240 hours the year 2017-2018 has been successfully completed by 52 Students out of 52 Students of your College enrolled for the Extension Work Activities.

Yours Faithfully,

Dr. Dilip S. Patil
Director, DLLE

www.mudlle.ac.in



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority. Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra. Affiliated to University of Mumbai)

Since 1962

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (T)
Principal

ANNEXURE 10. (TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2017-2018

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity
							F.T Training	S.T Training	Udaan Festival	
1	PATEL SITA KARAN JIGNA	SY	PEC	Plastic Free India	YES		P	P	NO	P
2	PALANDE NIKEETA ARUN ASMITA	SY	PEC	Global warming	YES		P	P	YES	P
3	MEGHA JEESON VINODINI	SY	PEC	Girl child	YES		P	P	YES	P
4	POWAR NEHA NITIN POONAM	SY	PEC	Global warming	YES		P	P	YES	P
5	PRIYANKA BABURAJ MEHER	SY	PEC	Girl child	YES		P	P	NO	P
6	KHARKAR SAYLI AJIT RASHMI	SY	PEC	Girl child	YES		P	P	NO	P
7	DEMBRANI NEHA NARESH GAURI	SY	PEC	Consumer Rights	YES		P	P	YES	P
8	DOMADIA ROHAN BHAVESH MEETA	SY	PEC	Child Labour	YES		P	P	YES	P

Dr. (Mrs.) Supriya S. Shidhaye
Principal
Vivekanand Education Society's
College of Pharmacy
HMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.





9	DESAI KARAN	SY	PEC	Industrial pollution	YES		P	P	YES	P	P
10	RAJEEV VEENA	SY	PEC	Global warming	YES		P	P	NO	P	P
11	POPLI KRUSHI	SY	PEC	Child Labour	YES		P	P	YES	P	P
12	NIRMAL INDRA	SY	PEC	Noise pollution	YES		P	P	NO	P	P
13	JOSHI POORVI	SY	PEC	Child labour	YES		P	P	NO	P	P
14	SANTOSH VARSHA	SY	PEC	Child labour	YES		P	P	NO	P	P
15	SHREYA AJITHKUMAR	SY	PEC	Child labour	YES		P	P	NO	P	P
16	TARDEJA MUSKAN SURENDRA	SY	PEC	Child labour	YES		P	P	NO	P	P
17	JYOTI	SY	PEC	Child labour	YES		P	P	NO	P	P
18	SAYAL GURBACHAN	SY	PEC	Child labour	YES		P	P	NO	P	P
19	SINGH KAVNEEL	SY	PEC	Child labour	YES		P	P	NO	P	P
20	MANDEEP KARU	SY	PEC	Child labour	YES		P	P	NO	P	P
21	SUTHAR SNEHA	SY	PEC	Global warming	YES		P	P	NO	P	P
22	LAXMILAL LAXMI	SY	PEC	Global warming	YES		P	P	NO	P	P

Dr. (Mrs.) Suniya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.



Signature Of The Teacher
(DR. Sameer Padhye)




Signature Of Principal
(Dr. Mrs. Supriya Shidhaye)



Signature Of The Field Coordinator
(Mr. Chandrashekhar Chakradev)

Signature Of The Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.





Since 1962

Vivekanand Education Society's College of Pharmacy

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B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2017-18

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech)
Principal

ANNEXURE 10. (TEN) CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2017-2018

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity
							F.T Training	S.T Training	Udaan Festival	
1	SANJANA PARAMESWARA N UMA	TY	SM		YES		P	P	YES	P
2	ANUSHKA RAJESH JAYASHREE	TY	PEC	Status of Women in India	YES		P	P	NO	P
3	BORATE SAMRUDDHI NANDKUMAR SMITA	TY	PEC	Female Foeticide	YES		P	P	YES	P
4	DATTA ABHISHEK ASHISH RUBINA	TY	PEC	Consumer's rights	YES		P	P	YES	P
5	CHOITHRAMANI ASMITA KUMAR RITA	TY	PEC	Girl child	YES		P	P	NO	P
6	RAMPURAWALA UMMESALAMA IDRIS MUNIRA	TY	PEC	Status of women in india	YES		P	P	NO	P
7	DAUND VARSHA MURLIDHAR KALAVATI	TY	PEC	Girl Child	YES		P	P	YES	P

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.





8	SHAH SRAVIKA HARESH SANGEETA	TY	PEC	<u>Issues Related to LGBT</u>	YES	P	P	YES	P	P
9	JADHAV SHREEYA SATISH TANVI	TY	PEC	<u>Child labour</u>	YES	P	P	NO	P	P
10	MAURYA SANJAYKUMAR SURYAPRATAP CHANDRAVATI	TY	PEC	<u>Child labour</u>	YES	P	P	NO	P	P
11	DODEJA PRERNA VIJAY POOJA	TY	PEC	<u>Women achievers of modern India</u>	YES	P	P	NO	P	P
12	DWIVEDI JEET SHARAD SANGEETA	TY	PEC	<u>Women empowerment</u>	YES	P	P	YES	P	P

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMS, Behind Collector Colony,
Chembur, Mumbai - 400 074.



We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.



Signature Of The Teacher
(DR. Sameer Padhye)



Signature Of Principal
(Dr. Mrs. Supriya Shidhaye)



Signature Of The Field Coordinator
(Mr. Chandrashekhar Chakradev)

Signature Of The Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.





V.E.S.

Since 1962

Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2017-18

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Technology)
Principal

ANNEXURE 10. (TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2017-2018

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity	
							FT Training	S.T Training	Udaan Festival	P	P
1	SOMESHWAR ASHWAJITH BALKRISHNA NAYANA	LY	SM		YES		P	P	YES	P	P
2	BHUSKUTE HARSHADA. ARUN CHARUSHILA	LY	CP	SPEECH THERAPIST	YES		P	P	YES	P	P
3	CHOUDHARY MIHIKA KEDAR SHARMILA	LY	CP	TEXTILE DYEING MASTER	YES		P	P	NO	P	P
4	RHEA JOHNY LEENA	LY	CP	ZUMBA AND AEROBICS TRAINER	YES		P	P	NO	P	P
5	AISHWARYA VASUDEVAN RADHA	LY	CP	MUSICAL PERFORMER	YES		P	P	NO	P	P
6	VARGHESE LICHHELLE JENICA JOLLY LAVEENA	LY	CP	PHOTOGRAPHER	YES		P	P	NO	P	P
7	SINGH SHAILAJA	LY	CP	PSYCHIATRIST	YES		P	P	NO	P	P

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

K.V. Shastri

Signature Of The Teacher

(MR. KEYUR SHASTRI)



Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)





Signature Of Principal

(Dr. Mrs. Supriya Shidhaye)

Signature Of The Director, DLLE





Dr. (Mrs.) Supriya S. Shidhaye

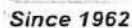
PRINCIPAL

Vivekanand Education Society's

College of Pharmacy

HAMC, Behind Collector Colony,

Chembur, Mumbai - 400 074.



(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)
B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2017-18

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech)
Principal

p

ASSESSMENT OF REPORTS

Chandrashekher Ashok Chakradeo

Place : VES COLLEGE OF PHARMACY

3. Name of College reports assessed : VFS' College of pharmacy
Chembur.

English: 52 + Hindi: — + Marathi: — = Total 52

1. $CP = 25$

2. _____

3. $PE_C = 27$

4. _____

5. _____

6. _____

6. Average grade of the Project Reports : A

7. General Remarks : All the projects were as per the guidelines of the Department.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Signature of FIELD CO-ORDINATOR

C prof. C.A. Chakraborty)



Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2017-18

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech)
Principal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9. (NINE)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

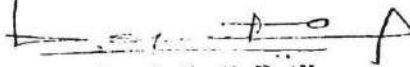
EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: FINAL YEAR

YEAR:2017-18

S R. N O	M / F	NAME (In Block Letters)		ACTIVITY CODE
		NAME OF THE STUDENT (L.Y.B.PHARM)	EXAM SEAT NO	
1	M	SOMESHWAR ASHWAJITH BALKRISHNA NAYANA	448	SM
2	F	BHUSKUTE HARSHADA ARUN CHARUSHILA	47	CP
3	F	CHOUDHARY MIHIKA KEDAR SHARMILA	67	CP
4	F	RHEA JOHNY LEENA	369	CP
5	F	AISHWARYA VASUDEVAN RADHA	10	CP
6	F	VARGHESE LICHILLE JENICA JOLLY LAVEENA	477	CP
7	F	SINGH SHAILAJA HARISHCHANDRA KIRAN	443	CP
8	F	DATE VARADA VIJAY VAISHALI	78	CP
9	M	PARMAR PREM PARAS BHAGYAWANTI	307	CP
10	F	PILLAI RESHMA RAVEENDRAN RATNAM	336	CP
11	F	SHAH ADITI BIREN SEEMA	392	CP
12	M	PARAB SHARDUL VASANT SHALMALI	303	CP

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A



Dr. Deep S. Patil,
Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI

Rotaract Activities 2017 - 2018

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 9

Name of the Project: Dil Ki Baat

Avenue: Community Service

Date of Project: 25th September, 2017

Name of members:

Rtr. Kavneel Kaur Sayal

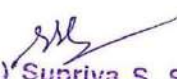
Rtr. Rishabh Chaube

Rtr. Megha Jeason

Project Activity:

An essay writing competition on the topic 'To be Pharmacist' was held on the occasion of WORLD PHARMACIST DAY ON 25th September, 2017. Students from the entire college came forward to share their feelings about their own profession.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 10

Name of the Project: Notebook 5000

Avenue: Community Service

Date of Project: 28th August - 4th September, 2017

Name of members:

Rtr. Siddhita Gawade

Rtr. Habil Hirkani

Rtr. Rishabh Chaube

Rtr. Muskan Tardeja


Rtr. Hardik Shah

Rtr. Frederick John

Project Activity:

Offerings to GOD on Ganesh Utsav were replaced by installing a donation booth for stationary objects instead. Over 2 dozen books and ball point pens were donated to a Municipality school in Dharavi.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 11

Name of the Project: World Mental Health Day

Avenue: Community Service

Date of Project: 10th October - 16th October, 2017

Name of members:

Rtr. Lichelle Varghese


Rtr. Neha Pillai

Rtr. Poorvi Joshi

Project Activity:

This Project was done keeping the World Mental Health Day in mind. To draw attention towards the importance of mental health. A six day calendar (10th October to 16th October) was made and each day was assigned a task. These tasks consisted of some activity that is known to maintain a healthy mental and physical well-being. (e.g.: go for a jog). Participants were asked to perform the assigned task for the day and to pen down their experience of completing the activity each day. The write up had to be posted on social media with the hashtag #mhwc2k17 and #rcvescop.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 12

Name of the Project: Rhythm

Avenue: Community Service

Date of Project: 14th October, 2017

Name of members:

Rtr. Siddhita Gawade

Rtr. Nida Memon

Rtr. Muskan Tardeja

Rtr. Krupali Shah

Rtr. Sanjana Parmeswaran

Rtr. Reetu Bhakta

Rtr. Rishabh Chaube

Rtr. Habil Hirkani

Rtr. Abel Biju

Rtr. Siddhi Dukhande

Rtr. Sayali Kadam

Rtr. Mohit Davaria

Rtr. Sayli Kharkar


Rtr. Sita Patel

Rtr. Saloni Tawde

Project Activity:

On the occasion of the Joy Of Giving concept, wanting to spend quality time with the kids makes them feel special, good, happy and have fun. It was a surprise celebration of Our President's birthday too. There were various activities planned for the kids at the orphanage of the age group of 5-13 years' old such as games, dance performances, talent showcase event, distribution of food, chocolates, cupcakes which made Rhythm achieve its real motive of feeling good and happy.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 13

Name of the Project: Think Tidy

Avenue: Community Service

Date of Project: 18th - 21th October, 2017

Name of members:

Rtr. Saloni Tawde

Rtr. Krupali Shah

Rtr. Sanjana Parameswaran

Rtr. Harshada Bhuskute

Rtr. Harsh Nijhawan

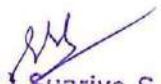
Rtr. Anushka Khatnani

Project Activity:

World Responsible Youth gave us a platform to BE THE CHANGE WE WANT TO SEE.

Keeping this in mind and celebrating A Decade of World Responsible Youth Rotaract Club of VES College of Pharmacy did a Cleanliness drive. This drive had its own twist - club members went around post Diwali celebrations in their residential area to clean up the firecracker leftovers and spread importance of maintaining clean environment during festive season.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 14

Name of the Project: Beat the Bully

Avenue: Community Service

Date of Project: 4th - 10th December, 2017

Name of members:


Rtr. Neha Pillai

Rtr. Ashish Jhangiani

Project Activity:

The project was carried out by creating awareness by spreading stories of well known figures who have suffered bullying. It was carried out in the first week of december, which is known to be "anti-bullying week" from 4th December to 10th December. The aim being to create awareness and supporting people to speak about bullying and to stand against bullying




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 15

Name of the Project: Blood Donation Camp- WRY

Avenue: Community Service

Date of Project: 14th January, 2018

Name of members:

Rtr. Muskan Tardeja

Rtr. Surbhi Soni

Rtr. Reetu Bhakta


Rtr. Prajakta Deole

Rtr. Nisha Sharma

Project Activity:

The project was carried out on the first day of "World Responsible Youth" week. It was carried out with Young Volunteer Organisation along with Rotaract Club of KJ Somaiya College, Rotaract Club of RJ College, Rotaract Club of SPN Doshi College, Rotaract Club of Mumbai Ghatkopar, Rotaract Club of Sathaye College and Rotaract Club of Chandraban College. More than 700 bottles of blood was collected in a day.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 16

Name of the Project: Station Cleanup- WRY

Avenue: Community Service

Date of Project: 17th January, 2018


Name of members:

Rtr. Abel Biju
Rtr. Prajakta Deole
Rtr. Rishabh Chaube
Rtr. Anushka Khatnani
Rtr. Siddhita Gawade
Rtr. Muskan Tardeja
Rtr. Sameer Jain
Rtr. Krupali Shah
Rtr. Umang Ashar
Rtr. Omkar Parab
Rtr. Abhishek Sahu

Project Activity:

The project was carried out on the fourth day of "WORLD RESPONSIBLE YOUTH WEEK". A mega clean up drive was done across central railway stations by various clubs. RCVESOP supported by Rotary e-club of Mumbai carried out the project on Vikhroli Station. More than 20 bags of waste was collected from the Four platforms as well as the connecting bridges




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 17

Name of the Project: Disability Matrimonial

Avenue: Community Service

Date of Project: 25th February, 2018

Name of members:

Rtr. Anushka Khatnani

Rtr. Neha Dembrani

Rtr. Poorvi Joshi


Rtr. Ankita Patil

Rtr. Karishma Talreja

Project Activity:

The project was done with Voice Vision which is a known organisation for doing events for visually impaired on 25th February 2018. Voice Vision facilitates activities for those who are visually impaired. A matrimonial platform for them was arranged by them where club members volunteered and assisted their team. It was a joint project along with several other rotaract clubs.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 18

Name of the Project: Beach Cleanup Drive

Avenue: Community Service

Date of Project: 11th March, 2018

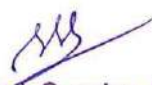
Name of members:

Rtr. Nida Memon
Rtr. Habil Hirkani
Rtr. Frederick John
Rtr. Parth Mehta
Rtr. Prajakta Deole
Rtr. Rhea Johnny
Rtr. Sayli Kadam
Rtr. Hardik Shah
Rtr. Harshada Bhuskute
Rtr. Naziya Khan
Rtr. Surbhi Jyoti
Rtr. Jyoti Soni
Rtr. Sweety Chheda
Rtr. Reetu Bhakta
Rtr. Saloni Gupta

Project Activity:

Dadar Beach was cleaned up by 20 volunteers of RCVESOP along with other volunteers of "Beach Please" foundation ON 11TH March 2018, Sunday.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project No: 19

Name of the Project: Health Funda

Avenue: Community Service

Date of Project: 10th April, 2018

Name of members:


Rtr. Neha Dembrani

Rtr. Sayli Kharkar

Project Activity:

Health mantras were shared on clubs social media on the occasion of world health day, 10th April 2018.




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PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	21 st August, 2017	10AM to 6PM	Collection of 91 blood units.

Number of target audience: 100+

Number of students taking part in the activity: 12

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820031317	Sameer Jain	9167306252
Devashree Shahni	9167166757	Maitreyi Kathare	9821425814
Tejaswini Dewasthale	7303270297	Sneha Suthar	8655181907
Sharvika Shah	7506071604	Barkha Makhija	9769043503
Rakshita Raut	9892141983	Kirti Sawant	9167447177
Dimple Rohera	9082505788	Vinita Wadhwani	9167080818

Description of the activity

Methods used for conducting the campaign:

Blood donation camp was held at Dadar on 21st August to commemorate the birth of our 6th Prime minister, Mr. Rajiv Gandhi who was born on 20th August 1944. The camp was conducted by J.J. Mahanagar Blood Bank in collaboration with CRMS. As the constant demand for blood in various hospitals are only met through the frequent blood donation camps conducted by various blood banks, the students of V.E.S College of pharmacy played their part in helping the blood bank collect as many blood bottles as possible.



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The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure if they were fit to donate their blood. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before and after the camp was taken care. The donors were not allowed to donate the blood on an empty stomach. They were provided with a comfortable bed and refreshments like fruit juice and biscuits.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity :

The camp was a successful one, receiving a good response of 91 bottles on this day. The donors were made aware of the importance and benefits of donating blood. They were given certificates and donor cards to encourage them to donate blood in future.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

Organising Institute: V.E.S College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1.	Collection of 91 blood units.	10AM to 6PM	6th October 2018	Middle Bridge, Dadar Station, Dadar, Mumbai.

Number of target audience: 100+

Number of students taking part in the activity: 69

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
	Barkha Makhija		Akshay Gaikwad
	Kavneel Sayal		Abhishek Sahu
	Pooja Rathod		Lakhan Gupta
	Poorvi Joshi		
	Bhairavee Chimane		
	Barkha Makhija		

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for



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patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 6th of October, 2018, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station in collaboration with CRMS.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank and CRMS periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 108 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PHOTOS:



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Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION Campaign”

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East, Mumbai - 400084

Location(s) of the activity:

SR.NO	Activity	Timing	Date	Location
1.	Collection of blood 80 units.	9AM to 5PM	1 ST October, 2017	IIT Market, Powai, Mumbai- 76

Number of target audience: 100

Number of students taking part in the activity: 10

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167166757	Devashree Shahani	8652852813	Sanjay Kumar Maurya
91674471777	Kiriti Sawant	7506568681	Salonee Tawde
8291589608	Atreya Karandikar	8828082110	Surbi Soni
8451876411	Jyoti Soni	9967474329	Sonali Gupta
7400208850	Prajakta Deole	9987387372	Kinjal Gawde


Description of the activity

Methods used for conducting the campaign:

As a part of the PHO activities, the students of VES College of Pharmacy volunteered for the BLOOD DONATION CAMP organized by Morarji Cricket Club in association with Rajawadi Blood Bank in Powai. A regular group of donors voluntarily came forward to donate blood.

The donors were counselled by the doctors and were checked for their blood haemoglobin levels and blood pressure. Their recent medical history was checked to ensure the absence of any infections or drugs that may cause their blood to be




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deemed unfit for use. The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity :

Posters were put up at the venue and also circulated via social media. The regular donors were contacted well in advance and made aware of the location and the date of the camp.

Result of your activity :

At the end of the day, 80 blood bottles were collected, Out of the 80 donors 4 of them were women. The camp not only served the purpose of acquiring blood for the needy but also raised awareness about the benefits of donating blood and portraying it as a noble deed. Thus, the camp was a very successful one.

PHOTOS:

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Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East, Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1.	Collection of 10 blood units.	11.00AM to 4.00PM	25 th October, 2017	Vashi Railway Station, Opp. Raghuleela Mall, Vashi, Navi Mumbai

Number of target audience: 20

Number of students taking part in the activity: 3

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9967733851	Sneha Suthar	9167447177	Kirti sawant
9890255003	Barkha makhija		

Description of the activity

Methods used for conducting the campaign:

On the 25th of October 2017, the PHO of VES College of Pharmacy organized a blood camp in collaboration with Pallavi Blood Bank opposite to Raghuleela Mall, near Vashi Station. The blood bank organised a convincing camp where in the volunteers motivated people to donate their blood by explaining the various benefits of blood donation. The students of VES College of Pharmacy played their part in assisting the blood bank in acquiring blood to meet the demand for platelets and blood products.



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The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation was done under hygienic conditions inside an air conditioned and comfortable van. The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

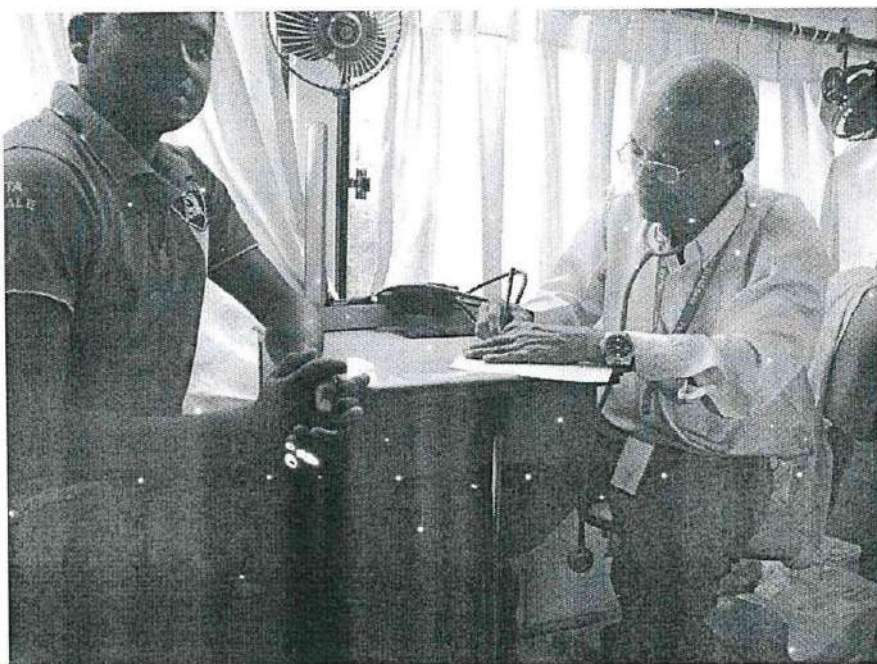
Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The mobile van was brightly coloured and displayed the purpose clearly and hence attracted passes by.

Result of your activity:

The camp was a successful one, receiving a good response as we were able to collect 10 bottles. The goal of spreading awareness among the people about the need for platelets and donation of blood and its benefits was successfully achieved.

PHOTOS:



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Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

Rajawadi Blood Bank
C/ O Rajawadi hospital, rajawadi road,
Ghatkopar (E), Mumbai 400084.

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
	Collection of 55 blood units.	9AM to 5PM	5 TH November, 2017	Bombay Catholic sabha, st jude church, jerimeri, kurla(w)

Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9156902703	Suyog tangade	9594988924	Rahul Jethani

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life, or even several lives as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 5th of November, 2017, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station in collaboration with CRMS.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which the donor was assigned a blood bag.



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The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors and they were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank and CRMS periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving a good response as we were able to collect 55 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PHOTOS:



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**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES college of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1.	Collection of 191 blood units.	9AM to 3PM	19 th November, 2017	Shivaji Maidan, Parksite, Vikhroli West

Number of target audience: 150

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9967733851	Sneha Sutar	8652781219	Shubham Jain

Description of the activity

Methods used for conducting the campaign:

On the 19th of November, 2017, the PHO of VES College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Vikhroli.

A thorough check up of haemoglobin, blood-pressure and medical history was done by the doctors of the Blood Bank to ascertain that the donor was healthy and fit to donate blood. Their recent medical history was checked to confirm the absence of any infections, alcohol or drugs that may cause their blood to be rejected.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance. Out of the 133 donors, 4 were females who willingly came forward to donate blood.

The comfort of the donors before, during and after the donation process was taken care of by our volunteers. We provided them with refreshments like

biscuits and tea before and after the process. Overall, we ensured that it was a safe and pain-free experience for them.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The locals in the area were informed of the blood camp well in advance.

Result of your activity :

The camp was a successful one, receiving an great response as we were able to collect 133 bottles on this day, and 4 of them were women. The donors were very interactive. Their generosity and enthusiasm to serve the society made this camp a successful one.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Disha Foundation,
C/O 37/9, Sunview, Pestom Sagar Road No. 3,
Chembur, Mumbai: 400089.
Contact no: 9167949347

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	Collection of 50 blood units.	10:00AM to 5:00PM	26 th November, 2017	Gurudwara Sri Guru Singh Sabha, D.N. Nagar, Versova Road, Four Bungalows, Andheri West, Mumbai – 400 053.

Number of target audience: 40+


Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167447177	Kirti sawant	9890255003	Barkha makhija
9637105351	Anushka	9987989701	Vaidehi bhole
8779359505	Bhakti sawant	8450901667	Lakhan Gupta
9167290889	Hardik Shah	7045887161	Umang ashar

Description of the activity




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Methods used for conducting the campaign:

There is a constant need for blood due to the numerous surgeries and transfusions in major hospitals across Mumbai and hence, there is a need for more Blood Donation drives to satisfy the increasing demand. The PHO of VES College of Pharmacy organized a blood and an organ donation camp in collaboration with Disha Foundation on 26th November, 2017 to commemorate the martyrs of 26/11.

The blood collected during this camp was given to INHS Ashvini, the flagship hospital of Indian Naval Command and to Sir J.J. Managar Blood Bank.

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. Hygienic conditions were maintained by the professionals to prevent any accidental infections or injury.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp.

Result of your activity :

We were successful in collecting a total of 50 blood units as well as 51 blood stem cell units. The donors were also made aware of the benefits of donating blood and hence, the campaign was effective in encouraging the noble act of blood donation.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1.	Collection of 200 blood units.	9:00AM to 5:00PM	17 th December, 2017	Arunoday Mitra Mandal, Near Sagar Park Society, Gavdevi, Ghatkopar West.

Number of target audience: 200+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9820037317	Sanjana Nair	8652852813	Sanjaykumar Maurya

Description of the activity

Methods used for conducting the campaign:

The elixir of life, blood, is an important constituent of the body without which it would cease to function. Human evolution has brought with it a host of diseases, accidents and disasters which has led to the spike in the demand for "liquid life". Thus, blood donation drives are the sole contributors to the depleting resources of blood banks across the country that cater to the needs of numerous hospitals. The PHO of VES College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Ghatkopar West on 17th December, 2017.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The doctors of the Blood Bank performed an array of tests such as blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically in a pyrogen-free environment to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 200 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	Collection of 136 blood units.	9.00AM to 5.00PM	7 th January, 2018	Jai Sai krida mandal, Patel Chauk, Ghatkopar East

Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9967733851	Sneha Sutar	9890255003	Barkha Makhija

Description of the activity

Methods used for conducting the campaign:

Donating blood can help in treating patients suffering from blood loss due to accident, cancer, bleeding disorders, chronic anaemia associated with cancer, sickle cell anaemia and other hereditary blood abnormalities. It is important to know that human blood cannot be manufactured, people are the only source and that is why it is important to donate blood and help those who need it. This is possible only through blood donation camps. The PHO of VES College of Pharmacy volunteered for a blood camp organized by Rajawadi Blood Bank in Ghatkopar East on 7th January, 2018



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Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The doctors of the Blood Bank performed the basic tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a safe and risk-free process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors was taken care of by our volunteers. They were offered refreshments like biscuits and tea before and after the process.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity:

At the end of the drive, a total of 136 blood units were collected. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	Collection of 100 blood units.	8:00AM to 2:00PM	14 th January, 2018	Bhatia wadi ,near guru Krupa hotel,ghatkopar (e)

Number of target audience: 80+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:


Contact no.	Name	Contact no.	Name
9167447177	Kirti Sawant	9819867612	Vanashree Chaudhari

Description of the activity

Methods used for conducting the campaign:

Donating blood can help in treating patients suffering from cancer, bleeding disorders, chronic anaemia associated with cancer, sickle cell anaemia and other hereditary blood abnormalities. It is important to know that human blood cannot be manufactured, people are the only source and that is why it is important to donate blood and help those who need it. This is possible only through blood donation camps. The PHO of VES College of Pharmacy volunteered for a blood camp in conducted by Rajawadi Blood Bank in Ghatkopar East on 14th January, 2018



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The doctors of the Blood Bank performed the basic tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a safe and risk-free process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

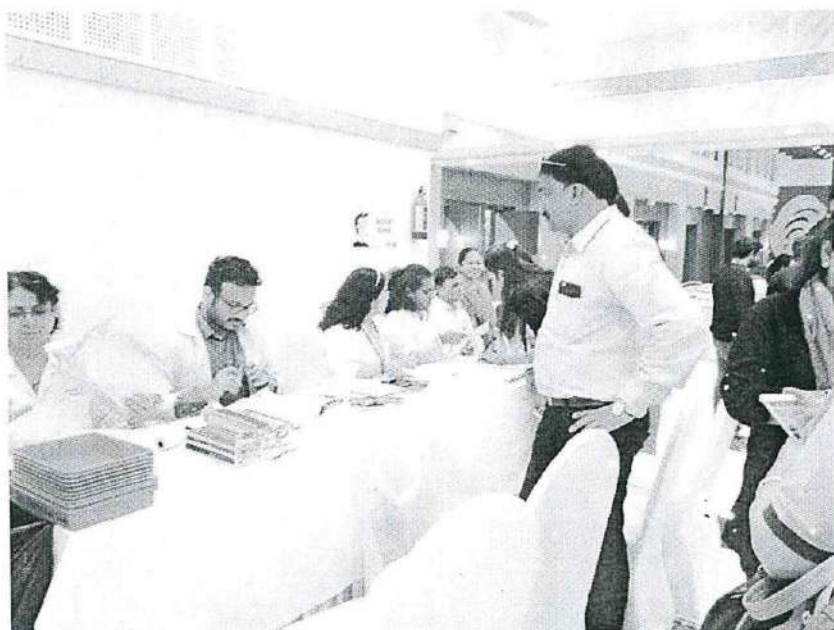
Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity:

We were successful in collecting a total of 100 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –WORLD HEART DAY AWARENESS: You can't beat a healthy heart.

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Mrs. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no:9821035253

Location(s) of the activity:

SR.NO	Activity	Timing	Date	Location
1	<ul style="list-style-type: none">• Creating awareness about heart diseases and lifestyle measures for healthy heart• Yoga session• Find the word game	10:30am-11:45am	1st October, 2017	Joy Homes, behind Dena bank, L.B.S Marg, Bhandup (West)

Number of target audience: 20+

Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9820037317	Sanjana Nair	9702621996	Aishwarya Vasudevan
9167166757	Devashree Shahani	9029672214	Mrunmayi Teredesai
9890255003	Barkha Makhija	9619167129	Purvashree Gawde
9987179077	Rishabh Chaube	9967733851	Sneha Sutar

Description of the activity:

Methods used for conducting the campaign:

World Heart Day is observed every year on 29th September with an intent to increase awareness about cardiovascular diseases. Currently, the key challenges that face cardiac care in India are inadequate facilities, accessibility, the price tag attached to



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efficient and effective treatment, lack of awareness of non-communicable diseases. More than 17 million people die annually from cardiovascular disease (CVD). Many of these people have been exposed to unhealthy behaviours, including tobacco use, eating foods containing too much salt and inadequate physical activity. The risk of CVD can be reduced by better access to medical care for high blood pressure (responsible for the bulk of heart disease-related deaths annually), high blood cholesterol and other conditions that raise the risk for heart disease and stroke. It is predicted that if the current trend continues in India, by the year 2020, the burden of atherothrombotic cardiovascular diseases will surpass that of any other country in the world. In order to make a contribution to the vision of WHO of bringing down CVS-related deaths, PHO of VES COP arranged a seminar on Awareness about Heart Diseases. PHO of VES College of Pharmacy and volunteers arranged an interactive session in which various heart diseases like Angina Pectoris, Arrhythmia, Myocardial Infarction and their causes and symptoms were discussed. The session also gave an insight into ways of reducing the risk of developing heart diseases by various ways including lifestyle changes. As part of the session, there was a demonstration cum workshop of yoga by Mrs. Pravina Advani and Mrs. Sashi Rao who have training people in yoga for the past 20 years. They taught the audience various breathing exercises like Kapalbhathi, Pranayam, Bhramari, Omkaram, Anulom vilom as well as other yoga techniques like Surya Namaskar, Chandra namaskar and ways to stay positive. The event was capped with a small activity where members of the audience were given a puzzle to solve and the winners were given small prizes as a token of encouragement and appreciation.

Advertisement of the activities:

The event was advertised through posters in the residential area and online reminders were sent periodically to the residents.

Result of your activity:

The event had a good response and was very well received. The audience listened intently to the seminar and asked a lot of questions. The residents really enjoyed the yoga session and interacted with the yoga guru and asked for tips to improve their health.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“MENTAL WELLNESS MONTH”— NOT ALL WOUNDS ARE VISIBLE

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. VES College of Pharmacy,
Mumbai -400 074
2. Ms Anusha Neelkant
Counselling Psychologist.
Email: anuneel11@gmail.com

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	<ul style="list-style-type: none">• Spreading awareness by means of posters.• Seminar by psychologist on mental health and wellness.	10:15 Am- 12:30 Pm	13 th January 2018	VES College Of Pharmacy Mumbai, Maharashtra 400074

Number of target audience: 30+

Number of students taking part in the activity: 10

List of volunteers and their contact numbers:

Contact no.	Name	Name	Contact no.
9020037317	Sanjana Nair	Aishwarya Vasudevan	9702621996
8655603865	Devashree Shahani	Kirti Sawant	9167447177
7303270297	Tejaswini Dewasthale	Sneha Sutar	9967733815
9890655003	Barkha Makhija	Sanjay Kumar Maurya	8652856813

Description of the activity

Methods used for conducting the campaign:

According to WHO, mental health is defined as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community. Every single individual in this world suffers from some sort of mental unrest, irrespective of the degree. One of these mental monsters is infamously known as stress. In today's world, the environment and living conditions of people make it almost



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impossible to eradicate stress, depression, anxiety and other mental disorders, but, it can definitely be controlled.

PHO of VES College of Pharmacy organized a seminar on Mental Health and Wellness, to play our part in destigmatizing mental disorders.

The seminar was conducted by Ms. Anusha Neelkanth, a Counselling Psychologist. She introduced the audience to various mental disorders that plague the population today, such as Depression, Anxiety, Stress, Self Harm, OCD etc., which usually go undiagnosed because of lack of awareness. She explained the methods to prevent stress and depression by maintaining a positive attitude towards life. The discussion was supplemented by various activities like poster making in which a group of students presented their views on a particular mental disease on a poster. She also made the audience analyze a number of case studies to show that mental health issues are not restricted to a particular age group, gender, profession etc.

She also held an introspection session in which she made the audience do a SWOT analysis on themselves and identify their strengths, weakness, opportunities and threats and helped them identify their safe space.

She emphasised on the importance of self love and the importance of keeping in touch with reality and your emotions.

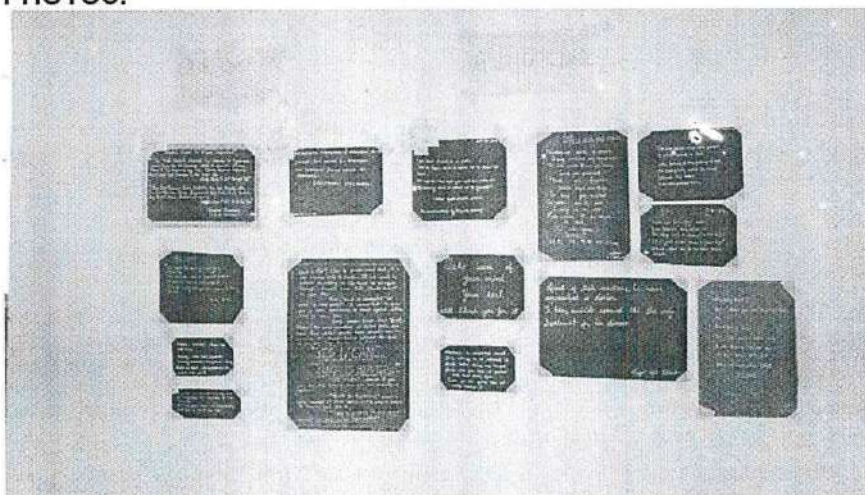
Advertisement of the activities:

The students of the school were notified about the activity by the teachers and principal a week prior to the activity. The volunteers personally approached the teachers to notify them about the campaign and its importance.

Result of your activity:

The campaign addressed one of the greatest issues in today's world and provided an insight into the minds of individuals with mental disorders to make the youth of today aware about mental illnesses. The response was excellent and the students were very appreciative and enthusiastic. The take-away message of the campaign was to have a positive mindset to avoid mental stress and depression and also to identify individuals suffering from wounds that are not visible to us unless we care enough to see them so that we may offer the best help possible to them.

PHOTOS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BREAST CANCER AWARENESS”— GET YOUR PINK ON

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Mrs. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Ph no: 9821035253
2. Dr. Sundaram Pillai
Email: pillaisundaram@gmail.com

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1	• Seminar by Dr. Sundaram Pillai, (Surgical oncologist)	11-12:15	2 nd November, 2017	Seminar hall, VES college of pharmacy Chembur.

Number of target audience: 80+

Number of students taking part in the activity: 7

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9029672214	Mrunmayi Teredesai	9702621996	Aishwarya Vasudevan
9890255004	Barkha Makhija	9967733851	Sneha Suthar
9619167129	Purvashree Gawde	9167447177	Kirti Sawant
8652852813	Sanjay Maurya		

Description of the activity:

Methods used for conducting the campaign:

Breast cancer is the top cancer in women both in the developed and the developing world. The incidence of breast cancer is increasing in the developing world due to increase in life expectancy, increased urbanization and adoption of western lifestyles. In India, breast cancer has been ranked as the most common cancer among Indian female, with rates as high as 25.8 per 100,000 women and mortality rate is 12.7 per 100,000 women. The issue of breast cancer is a source



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of serious concern in India because of increasing incidence of cancer in younger age group, Late presentation (which decreases long term survival of the patient), Lack of awareness and screening for example, being aware about symptoms of the cancer, looking out for them regularly and reporting them on time, Aggressive cancers in younger age groups etc. are some important and critical issues that need to be addressed.

On the occasion of breast cancer awareness month, PHO of VES College of Pharmacy organized a seminar for the staff and students of VES institutes. Before the seminar began, a pink ribbon indicating the symbol of breast cancer awareness was given to the audience. The seminar was delivered by Dr. Sundaram Pillai who is an oncosurgeon. Dr. Pillai spoke about the statistics of breast cancer and various stages of the disease. He also spoke about the prevention and treatment of breast cancer. Dr emphasized on the importance self breast examination as it will help in detecting the disease early enough to be treated effectively. A video demonstrating self breast examination was shown and explained. The seminar ended with a Q&A session, where in the doctor cleared all the questions and concerns of the audience.

Advertisement of the activities:

Pamphlets were prepared, which contained the details of the campaign and posted on notice boards in all the VES institutions. The soft copy of the pamphlets was circulated via social media. Those who were willing to attend the campaign registered for the same via text message or a Google form. The principals of all the institutions were also notified about the campaign through emails.

Result of your activity:

The seminar shed light on the alarming number of cases of breast cancer in India and on the fact that the disease is not restricted to a particular age group. The seminar emphasized on the importance of self examination and its proper technique as a key factor for helping early diagnosis. The audience listened with rapt attention and used this opportunity to clear all the concerns and questions they had about breast cancer. After the seminar the students requested the video of the seminar in order pass on this information to their mothers and sisters.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –EPILEPSY: LET'S SEIZE THE DAY

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Mrs. Pooja Nandi
Ph.NO: +919820075721
2. Mrs. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no:9821035253

Location(s) of the activity:

SR.NO	ACTIVITIES	LOCATION	DATE	TIMING
1	<ul style="list-style-type: none">• Talk delivered by Dr.Jayanti Mani- MBBS, MD, DM(neurology) from Samman Association, an NGO• A short film about the myths of epilepsy made by college students was shown.	Tulsi Polytechnic campus, 78 Sindhi Society, Near Swami Vivekanand Junior College, Mumbai, Maharashtra 400071 Ph.No: 022 2529 4107	27 th September,20 17	9am- 11am

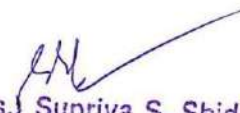
Number of target audience: 140

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Contact no.	Name
9702621966	Aishwarya Vasudevan
9029672214	Mrunmayi Teredesai




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PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

There are 50 million people living with epilepsy worldwide, and most of them reside in developing countries. About 10 million persons with epilepsy are there in India. Many people with active epilepsy do not receive appropriate treatment for their condition, leading to large treatment gap. The lack of knowledge of antiepileptic drugs, poverty, cultural beliefs, stigma, poor health infrastructure, and shortage of trained professionals contribute for the treatment gap. Proper education and appropriate health care services can make tremendous change in a country like India.

As an initiative to contribute to educating people and bring awareness, Epilepsy awareness program was organised by Samman Association an NGO and were helped by PHO of VES College Of Pharmacy, this association works to create awareness about epilepsy and help people living with epilepsy. The campaign started with a talk delivered by Dr. Jayanti Mani, her area of expertise is epilepsy. The talk was held at the Tulsi Polytechnic campus for students doing various courses such as travel and tourism, banking, electronics etc after 10th. The talk included details about the causes, occurrences, first aid and general awareness about epilepsy and the myths associated with it. The doctor explained the social stigma associated with this disorder and the actual pathophysiology. The students were also shown a short film about the myths of epilepsy made by college students.

Advertisement of the activities:

Students and the teachers were informed about the camps few days prior using pamphlets

Result of your activity:

The campaign addressed one of the greatest issues in India and debunked the common myths like Epilepsy spreads through touching or coughing, Use of an onion, metal, etc., helps in terminating an ongoing epileptic attack, Epilepsy is a hindrance in leading a happy and successful life and many more. The audience listened with rapt attention and interacted with the doctor by sharing personal experiences. The students requested for contact information so that they may organize such a talk in their locality for the benefit of their friends and family.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – Communicable diseases: ABC- Always Be Clean.

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Mrs. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Ph no: 9821035253

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Skit to generate awareness about prevention of communicable diseases by simple techniques• Demonstration of proper handwashing technique• Question and answer session	4pm-5pm	3 rd November, 2017	NASEOH, Near Beggars Home, Postal Colony Road, Chembur, Mumbai, Maharashtra 400071

Number of target audience: 50+

Number of students taking part in the activity: 13

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
91617166757	Devashree Sahani	9167447177	Kirti Sawant
7303270297	Tejaswini Devasthale	8080313316	Namrata Relwani
9820037317	Sanjana Nair	7900046747	Abhijeet Teli
9029672214	Mrunmayee Desai	7304070583	Shubham Lachure
9967733851	Sneha Suthar	9156902703	Suyog Tangade
9890255003	Barkha Makhija	7506568681	Salonee Tawde
9819867612	Vanashree Chaudhari		

Description of the activity

Methods used for conducting the campaign:

Communicable diseases are the diseases which can be spread from one person to the other. It can also spread from infected animals. Such diseases are caused by the pathogens like bacteria, virus, fungi, protozoa etc and are easily transmitted from the infected person to the healthy person.

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Chembur, Mumbai - 400 074.



diseases are spread by physical contact with an infected person, such as through touch or by droplets, contact with a contaminated food, water or due to bites from insects or animals capable of transmitting the diseases. These diseases can be prevented by practising healthy habits like handling & preparing food safely, washing hands often, cleaning & disinfecting commonly used surfaces, coughing & sneezing into your sleeve, not sharing personal items, getting vaccinated, not touching wild animals and staying home when sick etc

PHO of VES College of Pharmacy conducted an awareness camp about the communicable diseases at NASEOH, which is an established national society catering towards the needs of physically challenged people.

The camp began with an introduction about communicable diseases along with the do's and don'ts; it was followed by skits which covered the topic of various ways a disease can spread.

Emphasis was given on importance of proper hand washing technique; volunteers demonstrated the proper technique and the audience par took in the demonstration. The session was concluded with a Q&A session, where in the volunteers encouraged the audience to speak about the healthy habits they followed.

Advertisement of the activities:

The co-ordinator of NASEOH was informed in advance about the camp and the activities planned.

Result of your activity:

The audience willingly participated in the activity with great zeal and enthusiasm. The staff were very helpful and appreciative. Their cooperation and the willingness of the audience to be a part of the activity made this campaign a successful one.

Photos:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Students Forum
Maharashtra State Branch

Activity Report –Vaccination awareness: Get the point

Organising Institute: VES College of Pharmacy.

Coordinator of Activity and her/his email address and contact number:

1. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no:9821035253

Location(s) of the activity:

SR.NO	Activity	Timing	Date	Location
1	<ul style="list-style-type: none">• Skit on importance of immunization• Distribution of the immunization chart	11:00am-1:00pm	19 th December, 2017	Shatabdi Hospital - Govandi East

Number of target audience: 95

Number of students taking part in the activity: 9

List of volunteers and their contact numbers:

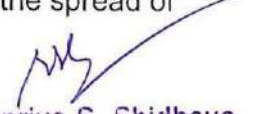
Name	Contact no.	Name	Contact no.
Devashree Shahani	9167166757	Harshada Oagle	9768168228
Tejaswini Dewasthale	7303270297	Vaishnavi Somani	8796233031
Varsha Daund	8689807874	Mrunmayi Teredesai	9029672214
Aishwarya Vasudevan	9702621996	Jasleen Chass	9699893246
Purvashree Gawde	9619167129		

Description of the activity:

Methods used for conducting the campaign:

Immunization is the process whereby a person is made immune or resistant to an infectious disease, typically by the administration of a vaccine. Immunization helps protect the child from life threatening diseases. It also helps reduce the spread of




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disease to others. Vaccines stimulate the body's own immune system to protect the person against subsequent infection or disease. Babies are born with some natural immunity which they get from their mother through breastfeeding. This immunity gradually diminishes as the baby's own immune system starts to develop. Immunization is one of the most cost-effective health investments and vaccination does not require any major lifestyle change. In India, 5 lakh children die due to vaccination preventable diseases and 89 lakh children are at risk because they are either not vaccinated or are partially immunised.

With a mission in mind to spread awareness about immunization and abolish the stigma associated with it, the PHO of VES College Of Pharmacy arranged an awareness campaign in Shatabdi hospital, a Government hospital situated in Govandi. The campaign was conducted for expecting mothers and parents with children under the age of 12. The rationale behind choosing a government hospital was to target the lower socioeconomic strata, who are not so well-informed about the benefits of immunization.

Our volunteers performed a skit which explained the importance of timely immunization before and after birth and during childhood. Through the skit, the volunteers conveyed that there are number of life threatening diseases such as diphtheria, tetanus and polio that affect children and these can be prevented by timely vaccination. This was followed by a Q and A session where the volunteers addressed queries. The volunteers distributed pamphlets containing list of vaccines for children, which was obtained from the website of Indian Academy of Paediatrics. Colourful posters were displayed for the benefit of the audience in the local language.

Advertisement of the activities:

The Chief Medical Officer (CMO) of the hospital was notified regarding the campaign. Before the campaign, the staff were informed and the message was conveyed to the nurses and the OPD doctors.

Result of your activity:

The campaign stressed on the importance of vaccination and encouraged parents to adhere to the vaccination schedule. The audience were receptive and used this opportunity to clear all the doubts and questions they had about vaccination. Many parents and expecting mothers learnt about immunization for the first time and pledged to immunize their children for the sake of their good health. 95 pamphlets were distributed to parents.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –Rural Area Camp: First-Aid Awareness

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Ms.Ramalaxmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no:9821035253
2. Anjana Dewasthale
Phone no: 9324565060

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	<ul style="list-style-type: none">• Interactive session on importance of first aid• Demonstration of basic first aid techniques	10:00am-1:00pm	9 th January,2018	Jilha Parishad School, Rahatoli, Chon, Badlapur

Number of target audience: 100+

Number of students taking part in the activity: 5

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9819601898	Devashree Shahani	9619167129	Purvashee Gawde
8652852813	Sanjay Kumar Maurya	9619562292	Yogeshwari Shetty
7303270297	Tejaswini Dewasthale		

Description of the activity

Methods used for conducting the campaign:

First Aid is defined as the medical assistance given to a person suffering from any disease or injury before they get access to any professional health care services. First aid care given at the right time can prevent any injury from getting worse and increase that person's chance of full recovery.

PHO of VES college of Pharmacy organised a First Aid awareness camp in Jilha Parishad School, Badlapur, which is in a rural area. Knowledge about basic first aid techniques can act as an affordable solution for basic health care in such areas where proper healthcare services are not easily available, hence, it's important to educate the



(Signature)
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locals about how to use the basic resources available to help themselves and others in an event of emergency.

The volunteers explained the uses of various medicinal plants easily available in their village, apart from that, the volunteers explained the ways to give basic first aid when someone gets bruised, in case of heavy bleeding , electric shock ,heat stroke ,when someone falls unconscious and in case of minor wounds. They also brought about awareness about common first aid mistakes like using mud to cover wounds and debunked common superstitions about communicable diseases like chicken pox. Towards the end of the session, the volunteers distributed around 100 first aid packets to the students, which consisted of band-aids, bandage, antiseptic, antiseptic ointment, cotton balls, gauze pad and demonstrated how to use the first aid kit.

Advertisement of the activities:

The principal of the school was notified regarding the campaign. Before the campaign the staff were informed.

Result of your activity:

The awareness camp was very well received, the audience listened to the volunteers with rapt attention and asked a lot of questions, they were eager to know about the basic first aid and how to use the kits given to them. Both children and adults of the village participated in this activity.

PHOTOS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: PHARMACY AS A PROFESSION

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Mrs. Ramalaxmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no: 9821035253
2. Manjiri Satish Toraskar
Phone.no :9773848287

Location(s) of the activity:

Sr.No	Activity	Timing	Date	Location
1	• Address to the students about importance of a pharmacist in today's society	11:30 AM-12:45Pm	15 th January,2018	N.G. Acharya & D.K Marathe College, N.G.Acharya marg, Chembur, Mumbai- 400071

Number of target audience: 80+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9820037317	Sanjana Nair	9029672214	Mrunmayi Teredesai
8652852613	Sanjaykumar Maurya	9702621966	Aishwarya Vasudevan

Description of the activity

Methods used for conducting the campaign:

Pharmacists are health-care professionals who practice pharmacy, which is the field of health sciences that primarily focuses on safe and effective use of medication. A pharmacist is a member of the health care team directly involved with patient care. There is a need to improve the status of profession of pharmacy in India as the level of awareness about pharmacy as a career option is low. It is important to highlight the role of community pharmacist in health care as not only a drug-dispenser but as a drug use counsellor as well as health care provider.

Therefore for the community outreach programme, PHO of VES College of Pharmacy organised a seminar for standard XI students of N.G.Acharya Junior College. The seminar was conducted by Mrs. Manjiri Satish Toraskar, who is a community pharmacist and runs a drug store in Ghatkopar. She explained the importance of a pharmacist in health care.



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today's society; she explained how pharmaceutical industry helped shape the healthcare industry and focused on bringing awareness about the misconception that overshadows this profession. She also highlighted various options in the pharmaceutical industry as well as their scope. She spoke about her role as a community pharmacist and how it's different from the regular pharmacists. She also spoke about the 'Pradhan Mantri Bharatiya Janaushadhi Pariyojana' which is a campaign launched by the Department of Pharmaceuticals, Govt. Of India, that focuses on providing medicines at affordable prices to the masses. She concluded the seminar by informing the students about the entrance exams they can give if they want to pursue pharmacy as well as the list of good colleges they can target.

Advertisement of the activities:

The students of the school were notified about the activity by the teachers and principal a week prior to the activity. The volunteers personally approached the teachers to notify them about the campaign and its importance.

Result of your activity:

The audience willingly participated in the activity with great zeal and enthusiasm. The staff were very helpful and appreciative. Their cooperation and the willingness of the audience to be a part of the activity made this campaign a successful one.

PHOTOS:



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –VECTOR BORNE DISEASES: SMALL BITES,BIG THREAT

Organising Institute: VES College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Ramalakshmi Anand
VES College of Pharmacy,
Mumbai -400 074
Phone no:9821035253

Location(s) of the activity:

Activity	Timing	Date	Location	Sr. No.
<ul style="list-style-type: none">• Display and Explanation of Posters• Explanation of cause, symptoms and prevention of vector borne diseases	6:00pm-9:00pm	30.8.2017	Laxmi Colony Ganesh Mandal, Mahul Road, Chembur, Mumbai-400074 [Coordinator: Mr Resham. Ph: +919833990058]	1.

Number of target audience: 50+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Contact no.	Name
9768100808	Yashica Shah
9167166757	Devashree Shahani
9702621996	Aishwarya Vasudevan
8652852813	Sanjay kumar Maurya

Description of the activity:

Many vector-borne diseases transmitted by arthropods and animals are prevalent in India and these have emerged as a serious public health problem. Vectors transmit disease pathogens either through bites after biologically transforming the pathogens within themselves or transmit them mechanically. There is a spike in the case of vector born diseases like malarial, dengue, leptospirosis during



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monsoon season, hence the PHO of VES College Of Pharmacy along with the volunteers decided to tackle this issue. Awareness about this particular issue was necessary because Vector borne diseases (VBDs) account for 17% of the estimated global burden of all infectious diseases. India is third among 15 countries having the highest cases of malaria and deaths due to the disease. The world's fastest growing VBD is dengue, with a 30-fold increase in disease incidence over last 50 years. The lesser known Leptospirosis spreads through direct contact with urine from infected animals or through water, soil or food contaminated with their urine. It's one of the most common diseases during monsoon. The camp was conducted on 30th August, a day after Mumbai experienced devastating rainfall.

The one-to-one interaction along with posters on the three diseases helped the volunteers to personalize the information based on the individual to whom it was being delivered to. The people, thus, received information in the language they were comfortable with and were able to relate to it and follow the purpose of the talk. The handmade posters contained information about the disease along with causes, symptoms and ways to prevent the disease. Children of age group 5-10 were very enthusiastic and attentively listened to the explanation. They followed up with plenty of questions.

Methods used for conducting the campaign:

Ganpati Mandals were contacted by the college PHO members for permission to conduct the campaign and the response was very enthusiastic. Handmade posters were displayed within the Ganpati mandal, which was visible to people who visited the same. The campaign was conducted as a one-to-one interactive session such that the message would be heard and the purpose, fulfilled.

Advertisement of the activities:

Announcements were made by the In-Charge at the location regarding the campaign and the reason for conduction of the same. The posters were put up alongside the college banner inside and outside the Ganpati Mandal.

Result of your activity:

We received an incredible response from the people for this campaign. The people visiting the Mandal were very enthusiastic towards the cause and also very receptive. They were able to relate to the symptoms of the disease, and were keen on knowing the preventive measures.

PHOTOS:

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents
1	Activity Reports of Extension Activities carried out in 2016 – 2017
1.1	<u>Activity Reports of DLLE activities in 2016 – 2017</u>
1.2	<u>Activity Reports of Rotaract activities in 2016 – 2017</u>
1.3	<u>Activity Reports of PHO activities in 2016 – 2017</u>

DLLE Activities 2016 - 2017



ANNEXURE 10(TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

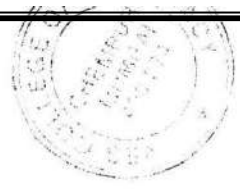
Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program F.T Training S.T Training Udaan Festival	Attendance In Field Activity
1	TANK SHIVALI HARGOVIND JYOTI	LY	SM		YES	-	P P YES	P P
2	JAIN MAYURI VASANT CHANDA	LY	PEC	girl child	YES	B	P P NO	P P
3	GALA RUCHI BHANJI RASILA	LY	PEC	Violence against women	YES	A	P P YES	P P
4	KADAM DEEPTI SANTOSH SAMATA	LY	PEC	Sauv Humanity	YES	A	P P YES	P P
5	SAWANT GAURI SUDHAKAR SWATI	LY	PEC	Sauv the girl child	YES	A	P P NO	P P
6	DANTAS ANASTACIA PHILIP JYOTI	LY	PEC	Status of senior citizen in India	YES	B	P P NO	P P
7	JAIN JIGNA NARESH SARASWATI	LY	PEC	Civil Social Practice - SATI	YES	B	P P YES	P P



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8	MISTRY SUSHMA GANESH RAJESHWARI	LY	PEC	First aid awareness	YES	A	P	P	YES	P	P	P
9	TORASKAR ESHA SATISH MANJIRI	LY	PEC	Ignorance law	YES	A	P	P	NO	P	P	P
10	IDICULA MERYL SHAJI ELIZABETH	LY	PEC	Status of women in India	YES	B	P	P	YES	P	P	P
11	LALWANI MOKSH TIKAMLAL DIVYA	LY	PEC	First aid awareness	YES	A	P	P	YES	P	P	P
12	PANCHAL KHUSHBOO HARSH BHAVANA	LY	PEC	Save Earth	YES	B	P	P	YES	P	P	P
13	NIMKAR APOORVA UPENDRA MANISHA	LY	PEC	Save Earth Save Humanity	YES	B	P	P	NO	P	P	P
14	SOLANKI PRIYANKA RAMESH KARUNA	LY	PEC	women's status in India	YES	B	P	P	YES	P	P	P
15	VAITEE AISHWARYA AJIT AKSHADA	LY	PEC	Stop global warming Save Earth	YES	A	P	P	NO	P	P	P
16	BHATT KARAN	LY	PEC	Status of women	YES	A	P	P	NO	P	P	P

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	DHARMENDRA BHAVNA	LY	PEC	an India	YES	A	P	P	NO	P	P
17	HEJMADY SIDDHANTH HARISH SUMAN	LY	PEC	Status of women in India	YES	A	P	P	NO	P	P
18	VARIA JENIL JITENDRA PRITI	LY	PEC	water harvesting	YES	A	P	P	YES	P	P
19	BHATIA VIREN KUMAR PURNIMA	LY	PEC	Save the girl child	YES	B	P	P	YES	P	P
20	JAIN DARSHAN KISHOR BEENA	LY	PEC	First aid awareness	YES	A	P	P	YES	P	P

We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

Sonali

Signature Of The Teacher

(Mrs.Sonali Munj)

S. S. Shidhaye

Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

Chandrashekhar

Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)

Signature Of The Director, DLLE

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
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Chembur, Mumbai - 400 074.



ANNEXURE 10(TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity
							F.T Training	S.T Training	Udaan Festival	
1	SOMESHWAR ASHWAJITH BAI KRISHNA NAYANA	TY	SM	CP	YES	-	P	P	YES	P P
2	BHUSKUTE HARSHADA ARUN CHARUSHILA	TY	PEC	Protect Environment	YES	B	P	P	NO	P P
3	CHOUDHARY MIHIKA KEDAR SHARMILA	TY	PEC	Protect environment	YES	A	P	P	NO	P P
4	RHEA JOHNY LEENA	TY	PEC	Save environment	YES	B	P	P	NO	P P
5	AISHWARYA VASUDEVAN RADHA	TY	PEC	Status of senior citizen	YES	A	P	P	NO	P P
6	VARGHESE LICHELE JENICA JOLLY LA VEENA	TY	PEC	Save Humanity	YES	B	P	P	NO	P P
7	SINGH SHAILAJA HARISHCHANDR A KIRAN	TY	PEC	Save Animal	YES	B	P	P	NO	P P
8	DATE VARADA	TY	PEC	Culture	YES	A	P	P	NO	P P

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	MADHAVI	TY	PEC		Save the girl child.	YES		A	P	P					
18	AGRAWAL ANISHA ASHOK RADHA	TY	PEC		Save the girl child.	YES		A	P	P					
19	GUPTA MOHINI LALBAHADUR LAXMI	TY	PEC		Stop pollution is the best solution.	YES		-	P	P					
20	SODAGAR YASH PANKAJ KALAVATI	TY	PEC		Voting Rights.	YES		A	P	P					
21	JOSHI GUNJITA RAVI ROOPLATA	TY	PEC		Save the girl child.	YES		B	P	P					
22	UPPAL DIVYA PREMKUMAR SUJATA	TY	PEC		Say No to Animal Exploitation.	YES		A	P	P					

We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

Sonali

Signature Of The Teacher

(Mrs.Sonali Munj)

Supriya Shidhaye

Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

Chandrashekhar Chakradev

Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)

Supriya S. Shidhaye

Dr. (Mrs.) Supriya S. Shidhaye

PRINCIPAL

Vivekanand Education Society's

College of Pharmacy

HAMC, Behind Collector Colony,

Chembur, Mumbai - 400 074.

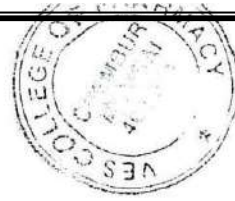


ANNEXURE 10 (TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

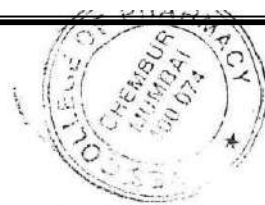
Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity	
							F.T Training	S.T Training	Udaan Festival		
1	TORASKAR IRA PREETISH MRUNMAYEE	SY	CP	MARKET Research	YES	-	P	P	NO	P	P
2	OGALE HARSHADA DATTATRAY VANITA	SY	CP	Acting	YES	B	P	P	NO	P	P
3	DAUND VARSHA MURLIDHAR KALAVATI	SY	CP	Hotel management	YES	A	P	P	NO	P	P
4	JOSHI SNEHA RAJENDRA VEENA	SY	CP	Social worker	YES	B	P	P	NO	P	P
5	PHADTARE BHAKTI ANIL SEEMA	SY	CP	Veterinary Science	YES	-	P	P	YES	P	P
6	KORDE AISHWARYA RAJAN SMITA	SY	CP	Advertising Exemur on Google and Youtube	YES	B	P	P	NO	P	P
7	JADHAV SHREEYA SATISH TANVI	SY	CP	laughten therapist	YES	B	P	P	NO	P	P
8	CHOITHRAMANI ASMITA KUMAR	SY	CP	Food Gaspe chur	YES	A	P	P	NO	P	P

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9	RITA BORATE SAMRUDDHI NANDKUMAR SMITA	SY	CP		forensic science and medicine	YES	A	P	P	NO		P	P
10	SAISWANI KAREN PRAKASH JAYA	SY	CP		Youtube	YES	B	P	P	NO		P	P
11	ANUSHKA RAJESH JAYASHREE	SY	CP		cytontology	YES	A	P	P	NO		P	P
12	PHATAK SANIKA SHARAD SAVITA	SY	CP		Dubbing	YES	B	P	P	NO		P	P
13	CHAWLA ASHISH JETHANAND JAISHREE	SY	CP		Culinary arts	YES	B	P	P	NO		P	P
14	GAWDE PURVASHREE HEMANT RAJASHRI	SY	CP		Gaming	YES	B	P	P	NO		P	P
15	SHAHANI DEVASHREE DILIP REKHA	SY	CP		Occupation Therapy	YES	A	P	P	NO		P	P
16	MALI PRAJAKTA RAJESH SAMRUDDHI	SY	CP		TAILOR	YES	A	P	P	NO		P	P
17	CHASS JASLEEN TEJINDEER SIMMIE	SY	CP		massage Therapist	YES	A	P	P	NO		P	P

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Chembur, Mumbai - 400 074.



18	SHETTY YOGESHWARI RAKESH SHANTI	SY	CP		YES	A	P	P	NO	P	P
19	DEWASTHALE TEJASWINI CHARUCHANDR A ANJANA	SY	CP		YES	B	P	P	YES	P	P
20	KADUSKAR PRACHI PRADEEP CHITRA	SY	CP		YES	A	P	P	NO	P	P
21	BEDI AMRITA KAIR JATINDERPAL RAVINDER	SY	CP		YES	B	P	P	YES	P	P
22	SANJANA PARAMESHWAR ANUMA	SY	CP		YES	A	P	P	NO	P	P

We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

Sonali

Signature Of The Teacher

(Mrs.Sonali Munj)

Supriya Shidhaye

Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)

W
Dr. (Mrs.) Supriya S. Shidhaye
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University of Mumbai

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL

M.A.; M.B.A.; L.L.B.; Ph.D. (Rural Dev.)

Professor & Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 158 O of 2017

April 05, 2017

डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

प्राध्यापक आणि संचालक

आजीवन अध्ययन आणि विस्तार विभाग

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

LETTER OF COMPLETION (LOC)

Sir/Madam

This is to state that the Department has received the following documents:

1. College Registration Proposal.(CRP)
2. Student's Registration List (SRL)
3. First Term Report.
4. Annual Report cum Second Term Report
5. Field Visit Report – 1st Term & Field Visit Report – 2nd Term
6. Project Reports of 64 Students for Verification
7. Extension Essay of 64 Students for Verification (not participated in festival)

This is to further state that the Extension Work Activity for 120/240 hours the year 2016-2017 has been successfully completed by 64 Students out of 73 Students of your College enrolled for the Extension Work Activities.

Yours Faithfully,

Dr. Dilip S. Patil
Professor & Director, DLLE

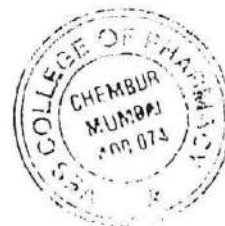


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Chembur, Mumbai - 400 074

Vivekanand Education Society's College of Pharmacy

(Sinh) Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

Supriya Shidhaye
Ph.D. (Tech)



ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK

Name of the college:

Vivekanand Education Society's College Of Pharmacy

Year: 2017

Second year B.Pharmacy



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Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

Second Year B. Pharm

SR no	M/F	Name of the students	Roll no	Exam seat no	Activity code
1	F	TORASKAR IRA PREETISH MRUNMAYEE	55	45517	CP
2	F	OGALE HARSHADA DATTATRAY VANITA	36	43617	Cp
3	F	DAUND VARSHA MURLIDHAR KALAVATI	12	41217	CP
4	F	JOSHI SNEHA RAJENDRA VEENA	23	42317	CP
5	F	PHADTARE BHAKTI ANIL SEEMA	40	44017	CP
6	F	KORDE AISHWARYA RAJAN SMITA	28	4217 42817	CP
7	F	JADHAV SHREEYA SATISH TANVI	19	41917	CP
8	F	CHOITHRAMANI ASMITA KUMAR RITA	9	40917	CP
9	F	BORATE SAMRUDDHI NANDKUMAR SMITA	4	40417	CP
10	F	SAISWANI KAREN PRAKASH JAYA	44	44417	CP
11	F	ANUSHKA RAJESH JAYASHREE	2	40217	CP
12	F	PHATAK SANIKA SHARAD SAVITA	41	44117	CP
13	M	CHAWLA ASHISH JETHANAND JAISHREE	8	40817	CP
14	F	GAWDE PURVASHREE HEMANT RAJASHRI	18	41817	CP
15	F	SHAHANI DEVASHREE DILIP	49	44917	CP

RECORDS
College records are verified & found correct
ELIGIBLE for the award of
100% Marks under ordinance 0.229A

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



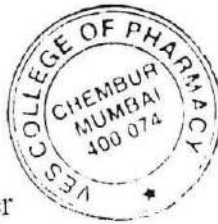
100% Marks under ordinance 0.229A
MUMBAI

Second Year B-pharm

16	F	MALI PRAJAKTA RAJESH SAMRUDDHI	30	43017	CP
17	F	CHASS JASLEEN TEJINDEER SIMMIE	5	40517	CP
18	F	SHETTY YOGESHWARI RAKESH SHANTI	50	45017	CP
19	F	DEWASTHALE TEJASWINI CHARUCHANDRA ANJANA	13	41317	CP
20	F	KADUSKAR PRACHI PRADEEP CHITRA	24	42417	CP
21	F	BEDI AMRITA KAUR JATINDERPAL RAVINDER	3	40317	CP
22	F	SANJANA PARAMESHWARAN UMA	45	44517	CP

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Soumitra
Sign of Extension Teacher



S. S. Shidhaye
Sign of Principal with college seal

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A
Dr. (Mrs.) Supriya S. Shidhaye
Sign of Director, DLLE with college Seal
Lifelong Learning & Extension
UNIVERSITY OF MUMBAI



Supriya S. Shidhaye
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Vivekanand Education Society's College of Pharmacy

Minority. Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai

Dr. Supriya S. Shidhaye
Ph.D. (Tech)



ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK

Name of the college:

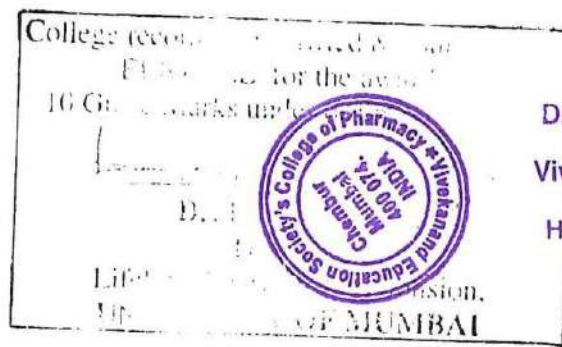
Vivekanand Education Society's College Of Pharmacy

Year: 2017

Third year B.Pharmacy



SSS
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony
Chembur, Mumbai - 400 074



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Third year B. pharm

Sr no	M/F	Name of the students	Roll no	Exam seat no	Activity code
1	M	SOMESHWAR ASHWAJITH BALKRISHNA NAYANA	63	66317	SM
2	F	RHEA JHONY LEENA	48	64817	PEC
3	F	VARGHESE LICHILLE JENEA JOLLY LAVEENA	68	66817	PEC
4	F	CHOUDARY MIHIKA KEDAR SHARMILA	08	60817	PEC
5	F	AISHWARYA VASUDEVAN RADHA	04	60417	PEC
6	F	SINGH SHAILAJA HARISHCHANDRA KIRAN	61	66117	PEC
7	F	JOSHI GUNJITA RAVI ROOPLATA	21	62117	PEC
8	F	DATE VARADA VIJAL HARSHALI	10	61017	PEC
9	F	KULKARNI NAMRATA PRAMOD SANGEETA	25	62517	PEC
10	F	AGARWAL ANISHA ASHOK RADHA	01	60117	PEC
11	F	BHUSKUTE HARSHADA ARUN CHARUSHITA	06	60617	PEC
12	M	PARAB SHARDUL VASANT SHALMALI	37	63717	PEC
13	M	PARMAR PREM PARAS BHAGYAWANTI	39	63917	PEC
14	F	PAUL AROHI JAGITSINGH RITA	43	64317	PEC
15	M	KULKARNI VINEET RESHMA	26	62617	PEC
16	F	PILLAI RESHMA RAVEENDRAN RATNAM	45	64517	PEC
17	F	SHAH ADITI BIREN SEEMA	52	65217	PEC
18	F	SERAI KHUSHBOO KAMALKISHORE REETA	51	65117	PEC
19	F	PATANKAR BHAIRAVI DHANANJAY MADHAVI	40	64017	PEC
20	F	GUPTA MOHINI LALBAHADUR LAXMI	14	61417	PEC

Third Year B. Pharm

21	M	SODAGAR YASH PANKAJ KALAVATI	62	66217	PEC
22	F	UPPAL DIVYA PREMKUMAR SUJATA	67	66717	PEC

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Sign of Extension Teacher



Sign of Principal with college seal

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A
Dr. Dilip S. Pathi
Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI

Sign of Director, DLLE with college Seal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

Dr. Shidhaye
Ph.D. (Tech)



ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK


Name of the college:

Vivekanand Education Society's College Of Pharmacy

Year: 2017

Final year B.Pharmacy




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

College marks verified & found correct
 F. IGIBLE for the award of
 100 Marks under ordinance 0.229A
 Dr. Dilip S. Patil,
 Director,
 Lifelong Learning & Dev
 UNIVERSITY OF M



Dr. (Mrs.) Supriya S. Shidhaye
 PRINCIPAL
 Vivekanand Education Society's
 College of Pharmacy
 HAMC, Behind Collector Colony,
 Chembur, Mumbai - 400 074.

Final Year B. Pharm

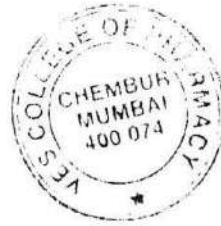
SR. NO.	M/F	NAME OF THE STUDENT	ROLL. NO.	EXAM SEAT NO.	ACTIVITY CODE
1	F	TANK SHIVALI HARGOVIND JYOTI	44	405	SM
2	F	JAIN MAYURI VASANT CHANDA	21	128	PEC
3	F	GALA RUCHI BHANJI RASILA	11	82	PEC
4	F	KADAM DEEPTI SANTOSH SAMATA	22	148	PEC
5	F	SAWANT GAURI SUDHAKAR SWATI	39	354	PEC
6	F	DANTAS ANASTACIA PHILIP JYOTI	07	55	PEC
7	F	JAIN JIGNA NARESH SARASWATI	20	125	PEC
8	F	MISTRY SUSHMA GANESH RAJESHWARI	34	251	PEC
9	F	TORASKAR ESHA SATISH MANJIRI	45	414	PEC
10	F	IDICULA MERYL SHAJI ELIZABETH	32	115	PEC
11	M	LALWANI MOKSH TIKAMLAL DIVYA	27	220	PEC
12	F	PANCHAL KHUSHBOO HARSH BHAVANA	36	280	PEC
13	M	NIMKAR APOORVA UPENDRA MANISHA	35	272	PEC
14	F	SOLANKI PRIYANKA RAMESH KARUNA	41	392	PEC
15	F	VAITEE AISHWARYA AJIT AKSHADA	48	423	PEC
16	M	BHATT KARAN DHARMENDRA BHAVNA	03	31	PEC

Final Year B. Pharm

17	M	HEJMADY SIDDHANTH HARISH SUMAN	17	113	PEC
18	M	VARIA JENIL JITENDRA PRITI	49	425	PEC
19	M	BHATIA VIREN KUMAR PURNIMA	02	30	PEC
20	M	JAIN DARSHAN KISHOR BEENA	19	124	PEC

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Sign of Extension Teacher



Sign of Principal with college seal

Sign of Director, DLLE with college Seal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Rotaract Activities 2016 - 2017

Rotaract Club Of VES College of Pharmacy

Project No. : 1

Name of the Project: Jeevan Daan

Venue: VES COLLEGE OF POLYTECHNIC

Reporting Month: July

Frequency of the Project (Mention how frequent the project is carried out):
Annually

Avenue 1: Community Service

Avenue 2:

Project Level: Inter Club Level

Start Date: 01/07/2016

End Date: 01/07/2016

Start Time: 10:00 am

End Time: 1:00 pm

Names of Members who were a part of the Organizing Committee:

Rtr. Ruchira Rosia

Rtr. Adesh Shetye


Rtr. Iram Shaikh

Rtr. Aditi Shah

How was the Project carried out? (This part has to be mentioned in Pointers and not long paragraphs. This will include all the permission, PR Work, etc done before the project):

- We promoted the event by distributing pamphlets in the vicinity
- Permission was sought to promote the event in VES colleges
- SKIT to be performed on "why blood donation is important" was written and rehearsed by the rotaract members
- A seminar on Diabetes as well as diabetes checkup camp was also arranged in the auditorium of VES College of Arts, Science and Commerce




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Rotaract Club Of VES College of Pharmacy

Impact Analysis of the Project (In this section, the clubs should mention how the lives of the people for whom the project was intended, have changed. This part should also be short of about 3-4 lines maximum.)

The event had spectators from all the VES institutions as we performed the skit, while we managed to collect 60 bags of blood from college students and staff despite of the heavy rains.

Why was this project carried out? (This is basically the aim/purpose of conducting the project and should be covered in not more than 2-3 lines.)

As it was a district project and our first project along with an experienced club we took up this project to promote blood donation awareness and start our club activities with a noble cause.

Sponsorships/Tie Ups done for this project (Here, clubs have to list the number of organizations they have partnered/tied up with for the project.):

Rotary club of Deonar

Is this an Ambassadorial Project? (A project will be considered Ambassadorial if outside club members have attended it. If this happens, the club reporting the project, will select Yes, else select No.):

Yes

Name of the Clubs with which the project was carried out: (Mention in pointers the name of the clubs with whom the project was carried out)

Rotaract Club of VES College of Pharmacy

Rotaract Club of Deonar

Total Income from the Project: 0

Total Expenditure on the Project: 0

Attendance Details: -

Rotaract Club Of VES College of Pharmacy

Club Members:

PIS (Rotarians and Interactors):

Guests:

Outside Club Members:

District Council Members:

Alumni:

Total Attendance:

Rotaract Club of VES College of Pharmacy

Project Number: 4

Name of the Project: PRAGATI- pencil lines to progress

Venue: Vidya Bhavan Vastigruh, Thane.

Reporting Month: August

Avenue 1: Community Service

Avenue 2:

Start Date: 31/8/2016

End Date: 31/8/2016

Start Time: 4 pm

End Time: 6.30 pm

Chairperson of the Project: Rtr. Aditi Shah

Organising Committee:

Rtr. Siddhita Gawade

Rtr. Iram Shaikh

Rtr. Aditi Shah

Rtr. Khushboo Panchal

Rtr. Sanika Dani

Rtr. Mihika Choudhary

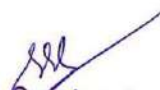
How was the project carried out?

- Through various contacts we searched for an orphanage with most need of books and stationary
- Details were forwarded on social media sites
- Permission from other colleges in VES campus were taken for donation drive
- Even family members were asked to provide donations
- Books, newspapers, unused papers, stationary were collected for 6 days
- Around 150 books were donated along with stationary
- Fun events were also planned

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

This donation drive helped young kids and assisted them into taking steps into education without facing a shortage of necessities. After interacting with the kids we were taken aback by the amount of talent we discovered in them. The best impact was the smiles on their faces.




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Chembur, Mumbai - 400 074.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)

Not only we wanted to donate books but also our time and share bitter sweet memories with them.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

None

Attendance: 11

Club Members: 11

Outside Club Members/Alumnis: -

Total Income: 3500/-

PIS (Rotarians and Interactors):-Guests: -

District Council Members: -

Total Expenditure: 3500/-

Rotaract Club of VES College of Pharmacy

Project Number: 7

Name of the Project: DIABETES CAMP

Venue: VES COLLEGE OF PHARMACY, CHEMBUR

Reporting Month: September

Avenue 1: Community Service

Avenue 2:

Start Date: 25/9/2016

End Date: 25/9/2016

Start Time: 8AM

End Time: 2.30PM

Chairperson of the Project:

Rtn. Vijayalaxmi Rangrajan

Organising Committee:

Rtr. Vanashree Chaudhary

Rtr. Ashish Jhangiani

How was the project carried out?


- Volunteers were appointed for the check up
- Doctors, blood bank etc. was arranged by the parent Rotary
- Permission was taken to conduct diabetes camp in the campus
- Pamphlets were given, Posters were stuck in the vicinity
- Banners were displayed

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

People who are still unaware about diabetes got a brief information about the disease. People already suffering understood the control measures. 110 people were benefited.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




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PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

To increase the awareness about diabetes which is, now growing in the country

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

Rotary E-Club of Mumbai

Attendance: 15

Club Members: 14

Outside Club Members 0 Alumnis: 0

Total Income: 0

PIS (Rotarians and Interactors) 1 Guests:

District Council Members: 0

Total Expenditure: 0

Rotaract Club of VES College of Pharmacy

Project Number: 8

Name of the Project: WORLD PHARMACIST DAY

Venue: N/A

Reporting Month: September

Avenue 1: Community Service

Avenue 2:

Start Date: 25/9/2016

End Date: 25/9/2016

Start Time: N/A

End Time: N/A

Chairperson of the Project: Rtr. Vivek Nalawade

Organising Committee:

Rtr. Siddhita Gawade

Rtr. Iram Shaikh

How was the project carried out?

- Certificates were printed and handed over to club members who were asked to distribute them in their local areas
- A message was shared to create an awareness about Dos and Dents about medicines


Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

Pharmacy as a profession was able to stand out and create its own importance, we managed to show how pharmacists need to be appreciated who are the real health care takers and patient friendly. Information we shared, bursted some myths about medicines and its use.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)

For appreciation of health care takers, To reach out to more people a message was spread regarding DOs and DONTs of medication.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
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College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

None

Attendance: $\frac{15}{15}$

Club Members:

Outside Club Members: Alumnis:

PIS (Rotarians and Interactors): Guests:

District Council Members:

Total Income: 0

Total Expenditure: 2050/-

Rotaract Club of VES College of Pharmacy

Project Number: 10

Name of the Project: VITAMIN D DEFICIENCY AWARENESS CAMPAIGN

Venue: VES COLLEGE OF PHARMACY, CHEMBUR

Reporting Month: December

Avenue 1: Community Service

Avenue 2:

Start Date: 21/12/2016

End Date: 21/12/2016

Start Time: 11AM

End Time: 2PM

Chairperson of the Project: Rtr. Vivek Nalawade

Organising Committee:

Rtr. Khushboo Panchal

Rtr. Moksh Lalwani

How was the project carried out?


- Public health officer team of our college was approached for carrying out this project
- PHO as well as rotaract members were invited to make the D ring
- Formation of the D ring was practiced
- Sponsor for certificates were approached (sponsored by- USV private ltd.)
- Certificates were printed for the day

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

The project was held on 21st December which was the shortest day of 2016, the images of the D ring posted on the social media created awareness about the rising Vitamin D deficiency in humans.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Our sedentary lifestyle has made us privy to Vitamin D deficiency, the campaign was carried out to spread awareness amongst the masses.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

Public Health Officers of VES College of Pharmacy,
USV Private Ltd.

Attendance: 1/1

Club Members:

Outside Club Members: Alumnis:

Total Income: 0

PIS (Rotarians and Interactors): Guests:

District Council Members:

Total Expenditure: 1000/-

Rotaract Club of VES College of Pharmacy

Project Number: 11

Name of the Project: FIRST AID AWARENESS

Venue: VES COLLEGE OF PHARMACY, SEMINAR HALL, CHEMBUR

Reporting Month: January

Avenue 1: Community Service

Avenue 2:

Start Date: 7/1/2017

End Date: 7/1/2017

Start Time: 10.30 AM

End Time: 1PM

Chairperson of the Project: Rtr. Khushboo Panchal

Organising Committee:

Rtr. Khushboo Panchal

Rtr. Moksh Lalwani

How was the project carried out?

-PHO of our college approached for the event

-The speaker was approached and arrangements for fees was done

-PR work was done in each class and exemption was provided for students attending the seminar

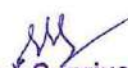
-Momentos were provided by PHO

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

We usually have no answers when we are stuck in an emergency, the ignorance may cause a loss of life, the seminar helped people to improve presence of mind during an emergency situation.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

To have a clear idea about first aid and to make people understand the importance of first aid and how to implement it without fear

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

PHO

Attendance: 58

Club Members: 12

Outside Club Members: Alumnis:

Total Income: 0

PIS (Rotarians and Interactors) 0 Guests: 0

District Council Members: 0

Total Expenditure: 2000/-

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	6 th October, 2016	9AM to 5PM	Collection of 112 blood units.

Number of target audience: 100+

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Devashree Shahani	9167166757
Tejaswini Dewasthale	7303270297	Harshada Ogale	9773310608
Sneha Joshi	9702001962	Sameer Jain	9323146497

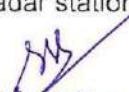
Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life, or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals are satisfied by blood donation drives.

On the 6th of October, 2016, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station in collaboration with CRMS.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank and CRMS periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity :

The camp was a successful one, receiving an enormous response as we were able to collect 112 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PHOTOS:

Dr. (Mrs) Sushila S. Shidhaye
Vivekananda Institute of Health Sciences
College of Health Sciences
HARVEY, Eastern Suburbs, Sydney
Chandrabhawan - 400 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Dadar Station	18th December, 2016	9.00AM to 5.00PM	Collection of 140 blood units.

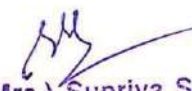
Number of target audience:

Number of students taking part in the activity: 17

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
SHAHANI DEVASHREE	9167166757	DALVI NEHAL NITIN	9820731066
CHAWLA ASHISH	7276281056	MAURYA SANJAYKUMAR	8652852813
PRACHI KADUSKAR	7666982018	BEDI AMRITA KAUR	9969472014
CHASS JASLEEN KAUR	9699893246	PURVASHREE GAWDE	9892758387
SANJANA SURESH NAIR	9820077317	TELI MUZZAKIRA	8879830540
KORDE AISHWARYA	9820675119	SNEHA JOSHI	9702001962
SHAH KRUPALI	9967595938	SHAH KRUPALI	9967595938
CHAUDHARY REKHA	9867382361	RUTUJA SHINGATE	9892182293
JAIN SHUBHAM	8652781219		




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Approximately 650 units of blood are required every day in the city of Mumbai. The quest for the acquisition of blood commences only when the demand arises. This puts a lot of pressure on the patient and is a compromise on the safety of the blood thus acquired. It is an established fact that a voluntary blood donor is the safest source of blood as compared to a donor who responds to the need of a specific individual. Voluntary blood donation drives at venues convenient to donors can easily ensure that this objective is met.

The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with JJ Mahanagar Blood Bank in Dadar on 18th December, 2016.

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 140 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs.) Sushila S. Shrivastava
Principal
Vivekanand Education Society's
College of Pharmacy
H.M.C. Building, Dadar
Chennai, Mumbai - 400 024



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION, AIDS and ORGAN DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East, Mumbai - 400084

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	IIT Market, Powai, Mumbai- 76	16 th October, 2016	7AM to 5PM	Collection of 294 blood units.

Number of target audience: 250+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Tejaswini Dewasthale	7303270297	Devashree Shahani	9167166757


Description of the activity

Methods used for conducting the campaign:

As a part of the PHO activities, the students of V. E. S. College of Pharmacy volunteered for the BLOOD DONATION CAMP organized by Morarji Cricket Club in association with Rajawadi Blood Bank in Powai. A regular group of donors voluntarily came forward to donate blood.

The donors were counseled by the doctors and were checked for their blood haemoglobin levels and blood pressure. Their recent medical history was checked to ensure the absence of any infections or drugs that may cause their blood to be deemed unfit for use. The donors were given certificates by the




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Chembur, Mumbai - 400 074,

volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity :

Posters were put up at the venue and also circulated via social media. The regular donors were contacted well in advance and made aware of the location and the date of the camp.

Result of your activity :

At the end of the day, 294 blood bottles were collected. The camp not only served the purpose of acquiring blood for the needy but also raised awareness about the benefits of donating blood and portraying it as a noble deed. Thus, the camp was a very successful one.

PHOTOS:

Dr. (Mrs) Sushila S. Bhatnagar
Vice-Chairman, HMC, Bhatnagar Colony
HMC, Bhatnagar Colony
Gurgaon, Haryana-122002



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East, Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Vashi Railway Station, Opp. Raghuleela Mall, Vashi, Navi Mumbai	14 th October, 2016	11.00AM to 4.00PM	Collection of 25 blood units.

Number of target audience: 25

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Aishwarya Vasudevan	9702621996	Mrunmayi Teredesai	9029672214
Sanjana Nair	9820077317	Aishwarya Korde	9820675119
Ruhi Shah	9892862699		

Description of the activity

Methods used for conducting the campaign:

On the 14th of October 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Pallavi Blood Bank opposite to Raghuleela Mall, near Vashi Station. The number of dengue patients in the city is increasing exponentially and the need for platelets is large and urgent. Thus, the students of VESOP played their part to assist the blood bank acquire blood to meet the rising demand for platelets.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe



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procedure . Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation was done under hygienic conditions inside an air conditioned and comfortable van.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The mobile van was brightly coloured and displayed the purpose clearly and hence attracted passes by.

Result of your activity :

The camp was a successful one, receiving a good response as we were able to collect 25 bottles. The goal of spreading awareness among the people about the need for platelets and donation of blood and its benefits was successfully achieved.

PHOTOS:

Dr. (Mrs) P. S. Chidambaram
Vivekananda College of Arts & Sciences
HAMEL, Borealis, Chennai Colony
Chennai - 600 074



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Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Akhil Parksite Sewa Sangh, Shivaji Maidan, Parksite, Vikhroli West	6 th November, 2016	9AM to 5PM	Collection of 151 blood units.

Number of target audience: 151

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Arundhati Jog	9867002964	Vaishnavi Somani	9209981763

Description of the activity

Methods used for conducting the campaign:

On the 6th of November, 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Vikhroli.

A thorough check up of haemoglobin, blood-pressure and medical history was done by the doctors of the Blood Bank to ascertain that the donor was healthy and fit to donate blood. Their recent medical history was checked to confirm the absence of any infections, alcohol or drugs that may cause their blood to be rejected.



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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. Overall, we ensured that it was a safe and pain-free experience for them.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The locals in the area were informed of the blood camp well in advance.

Result of your activity :

The camp was a successful one, receiving an great response as we were able to collect 151 bottles on this day. 3 of the donors were women. The donors were very interactive. Their generosity and enthusiasm to serve the society made this camp a successful one.

PHOTOS:

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute:V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	HDFC bank, 26A Narayan Properties, Saki Vihar rd, Next to Kamani Oil Mill, Chandivali, Andheri East	9th December, 2016	9.00AM to 5.00PM	Collection of 158 blood units.

Number of target audience: 150+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sandeep Yadav	8655694812	Pankaj Yadav	9773046357

Description of the activity

Methods used for conducting the campaign:

There is a constant need for blood due to the numerous surgeries and transfusions in major hospitals across Mumbai and hence, there is a need for more Blood Donation drives to satisfy the increasing demand. The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank at HDFC Bank in Chandivali, Andheri on 9th December, 2016. .



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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074;

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. Hygienic conditions were maintained by the professionals to prevent any accidental infections or injury. Employees of HDFC bank enthusiastically participated in the campaign and donated blood.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The employees of the bank and the people in the locality were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 158 blood units. The donors were also made aware of the benefits of donating blood and hence, the campaign was effective in encouraging the noble act of blood donation.

PHOTOS:

Dr. (Mrs.) Sushila S. Gulbargi
Principal
Vivekanand B. V. Society's
College of Pharmacy
HANG, Seelam, Solapur, Dist. Solapur
Maharashtra - 413 001



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Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Parksite Sarvajani Ganeshotsav Mandal, Shivaji Maidan, Parksite, Vikhroli West	11th December, 2016	9.00AM to 5.00PM	Collection of 128 blood units.

Number of target audience: 120+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

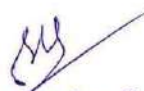
Name	Contact no.	Name	Contact no.
Sushma Mistry	8291250109	Esha Toraskar	9820867818

Description of the activity

Methods used for conducting the campaign:

The key step of successful blood donor recruitment is to take the Blood Donation Campaign to the donors as close as possible on their convenient date and time. The closer the campaign to the potential donor, the stronger is the likelihood of success. This is possible only through outdoor blood donation camps. The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Vikhroli on 11th December, 2016.




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Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Jai Sai krida mandal, Raigad Chauk, Ghatkopar East	18th December, 2016	9.00AM to 5.00PM	Collection of 83 blood units.

Number of target audience: 83

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:


Name	Contact no.	Name	Contact no.
Bhavi Sheth	9867650036	Bhavya Shah	9870628004

Description of the activity

Methods used for conducting the campaign:

Donating blood can help in treating patients suffering from cancer, bleeding disorders, chronic anemia associated with cancer, sickle cell anemia and other hereditary blood abnormalities. It is important to know that human blood cannot be manufactured, people are the only source and that is why it is important to donate blood and help those who need it. This is possible only through blood donation camps. The PHO of Vivekanand




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Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

The doctors of the Blood Bank performed the basic tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a safe and risk-free process. The donors were given certificates by the volunteers.

The comfort of the donors was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

We were successful in collecting a total of 83 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – "BLOOD DONATION" Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Arunoday Mitra Mandal, Near Sagar Park Society, Gavdevi, Ghatkopar West	18th December, 2016	9.00AM to 4.00PM	Collection of 208 blood units.

Number of target audience: 200+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

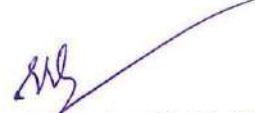
Name	Contact no.	Name	Contact no.
Bahiravi Patankar	8652622986	Ankita Jain	9867526070

Description of the activity

Methods used for conducting the campaign:

The elixir of life, blood, is an important constituent of the body without which it would cease to function. Human evolution has brought with it a host of diseases, accidents and disasters which has led to the spike in the demand for "liquid life". Thus, blood donation drives are the sole contributors to the depleting resources of blood banks across the country that cater to the needs of numerous hospitals. The PHO of Vivekanand Education




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PRINCIPAL
Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Ghatkopar West on 18th December, 2016.

The doctors of the Blood Bank performed an array of tests such as blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically in a pyrogen-free environment to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 208 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs.) Sushila S. Shinde
Principal
Vivekananda Education Society's
College of Pharmacy
HABD, Ghatkopar West, Mumbai - 400 078
(Phone: 2400 078)



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Dadar Head Post Office, Dr Baba Saheb Ambedkar Rd, Lokmanya Tilak Colony, Dadar (E)	1 st October, 2016	8AM to 4:30PM	Collection of 226 blood units.

Number of target audience: 50

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Priya Masand	8698910510	Disha Ahuja	7276142554

Description of the activity

Methods used for conducting the campaign:

On the 1st of October 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in the Dadar Head Post Office, Dadar East. The constant demand for blood in various hospitals across the city are met solely through blood donation drives organized frequently by blood banks. Thus, the students of VESCOP played their part to help save a life.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe



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Chembur, Mumbai - 400 074.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

Advertisement of the activity :

Result of your activity :

The camp was a successful one, receiving an good response as we were able to collect 226 bottles on this day. The goal of spreading awareness among the people about the donation of blood and its benefits was successfully achieved.

PHOTOS:

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Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No	Location	Date	Timing	Activity
1.	Reliance Corporate Park, Gate B Thane Belapur Road, Ghansoli, Navi Mumbai	28th December, 2016	10.00AM to 5.00PM	Collection of 405 blood units.

Number of target audience:

Number of students taking part in the activity: 3


List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Jui Pendse	9619793958	Atharva Bhatkande	9930986289
Vanshree Chaudhary	9819867612		

Description of the activity

Methods used for conducting the campaign:




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Blood donation drives are the only means by which hospitals can fulfil the increasing demand for blood required for surgeries and transfusions. Every day, hundreds of bottles of blood are required in hospitals all over Mumbai, the source of which are healthy donors willing to perform a social service by voluntarily donating their blood for the needy.

The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with JJ Mahanagar Blood Bank at the Reliance Corporate Park in Ghansoli on 28th December, 2016.

The doctors of the Blood Bank performed the basic and essential tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out in a pyrogen free, hygienic environment. The blood donation campaign was held within the Corporate Park premises and all the healthy employees willingly participated in this noble activity by donating blood.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance. The employees of the company were informed in advance via emails about the camp.

Result of your activity :

We were successful in collecting a total of 405 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs) S. S. Chitambar
Vivekanand Education Society's College of Pharmacy
Ghansoli, Mumbai - 401 001
HANG ROAD, Ghansoli, Mumbai - 401 001
(Phone: 25400000-25400001)



PUBLIC HEALTH OFFICE

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Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Sarvajanik Ganeshotsav mandal, Sai hill, near Vijay Krida mandal, Bhandup West.	15 th August, 2016	9AM to 5PM	Collection of 176 blood units.

Number of target audience: 170+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Varsha Daund	8689807874

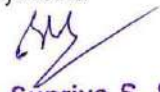
Description of the activity

Methods used for conducting the campaign:

On the occasion of Independence Day on 15th August, 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Bhandup West. The aim of the camp was to give back to the society on the 70th Independence Day of India and provide a means by which the people could perform the noble deed of donating blood.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected.




Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The comfort of the donors before , during and after the donation process was catered to by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi Blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

The camp was a successful one, receiving an enormous response as we were able to collect 176 bottles on this day. 15 of these donors were women. The donors were very interactive. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –HIV/AIDS AWARENESS CAMPAIGN- “You don’t need to be Positive to Think Positive”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074
- 2) Mr. Rajesh Rathod
HIV Educator MDACS
Contact- +919869114722
- 3) Mr. Biren Gandhi,
BPCL Sales Manager,
Raigad District.
Contact: +919819684936

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Seminar on causes, control and prevention of Aids.• Q and A by the Speaker• Distribution of Condoms	9am-10am	23rd December, 2016	BPCL Petrol Pump, Near Jawaharlal Nehru Port Trust, at NH 348, Navi Mumbai, Maharashtra.


Number of target audience: 50+

Number of students taking part in the activity: 3

List of volunteers and their contact numbers:

Contact no.	Name
9894115455	Darshan Jain
7666675695	Jenil Varia
8600926692	Moksh Lalwani




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Acquired Immune Deficiency Syndrome (AIDS), a fatal disease that attacks the body's immune system making it unable to resist infection, is caused by the human immunodeficiency, i.e the state where the immune system functions are diminished considerably. The current treatment protocols employ multiple drugs has made some gains in prolonging life and reducing pain. AIDS is caused by the Human Immunodeficiency Virus (HIV). According to MDACS, truck drivers are a high-risk group for HIV infection. Hence, to educate the less-informed section of the society about the causes, treatment and prevention of AIDS, the PHO of XYZ College of Pharmacy through MDACS conducted an awareness campaign for the Truck Drivers at a BPCL petrol pump in Navi Mumbai on NH 348 on 23rd December, 2016.

Mr. Rajesh Rathod, an MD in Naturopathy and a Master Trainer on HIV/AIDS in the Port Trust Hospital, conducted a short seminar in which he delved into topics like the major causes of AIDS, its prevention and effective control of its spread. The "Do's" and "Don'ts" were explained very perspicuously by Mr. Rathod and was very well received by the drivers. He cleared numerous misconceptions about the spread of HIV from person to person and provided better clarity regarding the actual causes of spread. The symptoms were explained in detail along with the control of the disease.

An interactive Question and Answer session ensued post the seminar in which the audience took part with gusto and had all their queries solved by the doctor.

Pamphlets highlighting the routes of transmission of HIV and appropriate prophylaxis were distributed. Condoms provided by MDACS were distributed by our volunteers to the truck drivers as an initiative to promote their use and to stress their importance in preventing the spread of HIV/AIDS.

Advertisement of the activities:

The staff at the petrol pump was informed well in advance of the activity to be conducted there. Banners provided by MDACS were displayed outside the area to draw attention to the campaign.

Result of your activity:

The seminar effectively conveyed the most important highlights of the fatal condition of HIV/AIDS including causes, prevention, symptoms and control within a period of just one hour. Condoms were distributed among truck drivers visiting the petrol pump and their importance was effectively explained to them. Major misunderstandings of the disease were solved and explained. Mr Biren Gandhi, the BPCL Sales Manager, was extremely helpful and very enthusiastic about the campaign and contributed to its success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – “NATIONAL NUTRITION WEEK: FIGHT AGAINST ANEMIA”

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074.

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Display and Explanation of Posters• Explanation of cause, symptoms and prevention of Anemia• Distribution of Recipes	6:00pm-9:00pm	6.9.2016	Laxmi Colony Ganesh Mandal, Mahul Road, Chembur, Mumbai-400074 [Coordinator: Mr Resham. Ph: +919833990058]
2.	<ul style="list-style-type: none">• Display and Explanation of Posters• Explanation of cause, symptoms and prevention of Anemia• Distribution of Recipes	5:00pm-8:00pm	7.9.2016	Odeon Shopping Centre GanpatiMandal, Near R-Odeon Mall, Ghatkopar(E), Mumbai-400077 [Coordinator: Mr Jitendrabhai. Ph:+919820499669]

Number of target audience: 100+

Number of students taking part in the activity: 7

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9029672214	Mrunmayi Teredesai	8291250109	Sushma Mistry
9167166757	Devashree Shahani	9702621996	Aishwarya Vasudevan
9769722711	Priyanka Tulsiani	7666675695	Jenil Varia
		9768100808	Yashica Shah



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,

Description of the activity:

According to the WHO, "Nutrition is the intake of food, considered in relation to the body's dietary needs". National Nutrition Week is celebrated each year from 1st September to the 7th September to spread awareness among the people about the importance of a balance diet for their health and well-being.

Anaemia is the most common blood condition in the world. Women, young children, and people with chronic diseases are at increased risk of anaemia. Thus, the PHO of XYZ College Of Pharmacy conducted an anaemia awareness campaign on the 6th and 7th of September as a part of Nutrition week.

During the Ganpati season, GanpatiMandals are teeming with individuals of all age groups, and hence, this was our target location. The activity commenced by a display of posters depicting the causes, symptoms and preventive measures of anaemia, which attracted curious onlookers.

A one-to-one interaction with passers-by, especially women, was established by our volunteers. We explained to them the important causes and symptoms of anaemia. We also enlightened them on the topic of improvement of the diet for prevention of anaemia.

A pamphlet containing simple home recipes including 'Nachni' upma and Mixed Juice as well as some foods such as almonds and Jaggery, which can be eaten on a daily basis, was distributed to the people.

The one-to-one interaction helped the volunteers to personalize the information based on the individual to whom it was being delivered to. The people, thus, received information in the language they were comfortable with and were able to relate to it and follow the purpose of the talk.

Methods used for conducting the campaign:

GanpatiMandals were contacted by the college PHO members for permission to conduct the campaign and the response was very enthusiastic. Handmade posters were displayed within the Ganpatimandal, which was visible to people who visited the same. The campaign was conducted as a one-to-one interactive session such that the message would be heard and the purpose, fulfilled.

Advertisement of the activities:

Announcements were made by the In-Charge at the location regarding the campaign and the reason for conduction of the same. The posters were put up alongside the college banner inside and outside the GanpatiMandal.

Result of your activity:

We received an incredible response from the people for this campaign. The people visiting the Mandal were very enthusiastic towards the cause and also very receptive. They were able to relate to the symptoms of anaemia, which was found to be very common among the women, and were keen on knowing the preventive measures and diet improvements. Our campaign was appreciated by all the passersby, who were given recipe leaflets. A total of 100 leaflets were handed out during the course of the camp.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“GLOBAL HANDWASHING DAY”—Your health is in your hands!

Organising Institute: XYZ. College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. General Education Academy,
Road No 19, Chembur East,
Mumbai, Maharashtra 400071
Ph: 022-25281578

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Display and explanation of posters depicting handwashing practices.• Demonstration of correct handwashing technique.	9.00 AM-1:00Pm	7th October, 2016	General Education Academy, Road No 19, Chembur East, Mumbai 400071

Number of target audience: 873

Number of students taking part in the activity: 6

List of volunteers and their contact numbers: 9

Contact no.	Name	Contact no.	Name
8291250109	Sushma Mistry	7666675695	Jenil Varia
9029672214	Mrunmayi Teredesai	9820077317	Sanjana Nair
7303270297	Tejaswini Dewasthale	9819601898	Devashree Shahani
9323146497	Sameer Jain	9833485058	Prerana Dodeja
		9699893246	Jasleen Chass



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

The hands are a vehicle for the entry of germs into the body via the oral route. Poor personal hygiene results in the ingestion of various pathogen in contaminants that could cause an infection. Thus, proper cleanliness is a primary requirement in day to day life. As a part of Global Handwashing Day, XYZ College of Pharmacy conducted a campaign on the Correct Method of Handwashing. This campaign was held in the General Education Academy, Chembur, for the children of the primary school.

Volunteers individually interacted with each class, explaining to them the importance of cleanliness and washing hands. Posters depicting the eight simple steps of washing hands were shown to the children and explained.

A demonstration of the hand washing process was performed by a volunteer in each class and the students were made to mirror the process so that they understood it well. Targeting the primary school section was our main aim as the inculcation of good habits in children at a younger age ensures that it has a greater impact on their fresh minds and stays with them for life.

Advertisement of the activities:

The children of the school were notified about the activity by the teachers and principal. Posters were put up in the school to arouse interest and curiosity.

Result of your activity:

A total of 873 children from the Primary section of the school participated in the activity. The students willingly participated in the activity with great zeal and enthusiasm. The staff were very helpful appreciative. Their cooperation and the willingness of the children to be a part of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“WORLD MENTAL HEALTH DAY”—Not all wounds are visible.

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. Mrs. Salma Prabhu,
Psychologist. Ph: +91 9987023172

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Spreading awareness by means of posters.• Seminar by psychologist on mental health and wellness.	9.00 Am- 2.00Pm	10th October, 2016	XYZ Tuls Technical Institute, 78 Sindhi Society, Near Swami Vivekanand Junior College, Mumbai, Maharashtra 400074


Number of target audience: 80+

Number of students taking part in the activity: 3

List of volunteers and their contact numbers:

Contact no.	Name
8291250109	Sushma Mistry
9029672214	Mrunmayi Teredesai
7666675695	Jenil Varia




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Google defines mental health as "a person's condition with regard to their psychological and emotional well-being." Every single individual in this world suffers from some sort of mental unrest, irrespective of the degree. One of these mental monsters is infamously known as stress. In today's world, the environment and living conditions of people make it almost impossible to eradicate stress, depression, anxiety and other mental disorders, but, it can definitely be controlled.

XYZ College of Pharmacy organized a seminar on "Mental Health: Not all wounds are visible", on the World Mental Health Day, to play our part in ameliorating mental disorders.

The seminar was conducted in the XYZ sister college, Tulsi Technical Institute, by Mrs. Salma Prabhu, a psychologist. She introduced the audience to various mental disorders that plague the population today, viz, Depression, Anxiety, Stress, ADHD, OCD etc., which usually go undiagnosed because of lack of awareness. She explained the methods to prevent stress and depression by maintaining a positive attitude towards life. To add weight to her discussion, she demonstrated various meditation techniques by involving the audience in an interactive session.

The psychologist also introduced the audience to the concept of Pranic Healing, which would benefit individuals who wish to be purged of unwanted stress on the spiritual level. She also mentioned the importance of the emotional quotient of an individual, stating that it measures the whole range of human emotions so that they can be better controlled, perceived and evaluated.

Advertisement of the activities:

The students of the school were notified about the activity by the teachers and principal a week prior to the activity. The volunteers personally approached the teachers to notify them about the campaign and its importance.

Result of your activity:

The campaign addressed one of the greatest issues in today's world and provided an insight into the minds of individuals with mental disorders to make the youth of today aware about mental illnesses. The response was excellent and the students were very appreciative and enthusiastic. The take-away message of the campaign was to have a positive mindset to avoid mental stress and depression and also to identify individuals suffering from wounds that are not visible to us unless we care enough to see them so that we may offer the best help possible to them.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –LUNG CANCER AWARENESS- “ Stop ‘Start Smoking’ ”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Presentation on lung cancer, the risks of starting to smoke and methods to quit smoking.• Skit on the major reasons why people begin smoking and the adverse effects.• Online Survey	9am-10am	16th November, 2016	College Premises Mumbai - 400074

Number of target audience: 50+

Number of students taking part in the activity: 7

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167166757	Devashree Shahani	9820037317	Sanjana Nair
7303270297	Tejaswini Dewasthale	8291250109	Sushma Mistry
9833485058	Prerana Dodeja	7666675695	Jenil Varia
		9769461851	Sanjana Parameshwaran



Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Among the terminal diseases which we have not yet learned to treat, cancer is probably one of the most feared illnesses. One of the most common is lung cancer and first and the most popular cause of lung cancer is smoking cigarettes. The only consolation is that smoking, by far, is the only preventable cause of Lung Carcinoma. Hence, the PHO of XYZ College of Pharmacy conducted an awareness campaign on the occasion of Lung Cancer Awareness Month, with the intent of stopping first-time smokers and coaxing long-term smokers to kick the butt.

The first activity was a presentation in the XYZ Institute of Management, targeting the college-goers, them being the high-risk category. A crisp presentation highlighted the major causes of lung cancer focusing on smoking. Videos were included as visual aids to make the presentation more effective. Passive smoking with its consequences were explained to the audience to stress on the effect of smoking on their loved ones. Steps to quit smoking were discussed in length.

The second activity involved a short skit by the PHO members, depicting the evils of smoking, the mindset of those who begin smoking and the effect of peer pressure on individuals who begin smoking. It effectively conveyed the purpose of the campaign. The final activity was the launch of an online survey to glean information on the reasons most individuals smoke, their thoughts on smoking and their willingness to quit. 337 provided their inputs on the issue.

Advertisement of the activities:

The students of the institute were informed well in advance about the campaign by the staff. The survey was circulated throughout the month and was passed on to people via social media. Posters were put up in the institute that were prepared by the students of XYZ College of Pharmacy

Result of your activity:

The presentation and skit were received very enthusiastically by the students of XYZ Institute Of Management and was appreciated by the staff. The survey was taken by 337 individuals and the statistics were as follows:

RESPONSE	QUESTIONS
68.5%	People aware of the 100 metre law around educational institutions
For pleasure/ Peer influence	Most Common reason for starting to smoke
50%	People who began smoking at the age of 14-19 years
43.3%	People who have attempted to quit smoking on multiple occasions
98.2%	People who were aware of the harmful effects of smoking
86.6%	People who agree that smoking should be banned
80.7%	People who's friends or family members smoke

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“ORGAN DONATION AWARENESS AND PLEDGING”—The gift of life after death!

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. Zonal Transplant Coordination Centre,
L.T.M.G Hospital,
2nd Floor, New College Building,
Sion (West),
Mumbai – 400022

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Spreading awareness by means of posters throughout the campus.• Distribution of Organ Donation Pledge forms to those interested.• Distribution of Donor cards	9.00 AM-4:30Pm	29, 30 and 31st August, 2016	College Premises Mumbai - 400074
2.	<ul style="list-style-type: none">• Rallies for spreading awareness about Organ Donation and eye donation	8.00am - 10.00am 9.00am onwards	30th August, 2016	<ul style="list-style-type: none">• Marine Lines (by ZTCC)• Thane Civil Hospital (By Sahiyara eye bank)

Number of target audience: 500+



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Number of students taking part in the activity: 26

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9702621996	Aishwarya Vasudevan	8291250109	Sushma Mistry
9820037317	Sanjana Nair	9029672214	Mrunmayi Teredesai
9167166757	Devashree Shahani	7666675695	Jenil Varia
9833314752	Anastasia Dantas	7303270297	Tejaswini Dewasthale
9699893246	Jasleen Chass	7666982018	Prachi Kaduskar
8689807874	Varsha Daund	9833485058	Prerna Doodeja
8097642154	Darshan Jain	8286675956	Atreya Karandikar
9819036655	Sanika Dani	8624030567	Umesh Chandak
8600926692	Moksh Lalwani	9167638363	Jigna Jain
9987553662	Mayuri Jain	9820744536	Jainee Haria
9821802935	Bhakti Phadtare	8879830540	Muzzakira Teli
8652649895	Prajakta Mali	9821383993	Sneha Joshi
9920572785	Shitaldevi Gupta	9768168228	Harshada Ogle

Description of the activity

Methods used for conducting the campaign:

The Zonal Transplant Coordination Centre, Mumbai, provides a means for needy patients to receive vital organs in time by promoting cadaver organ donation in Mumbai. They ensure a fair distribution of organs as per Government Guidelines. As a part of the Innovative Campaigns, the PHO of XYZ College of Pharmacy, in collaboration with the ZTCC, organized an organ donation drive.

The campaign involved spreading awareness about cadaver organ donation through hand-made posters that were put up all over the Campus.

25 of our volunteers participated in organ donation rallies organized at Marine Lines and Thane Civil Hospital by ZTCC and Sahiyara Eye Bank respectively on the 30th of August, 2016. The rallies spread awareness among the common public about eye and organ donation and we were able to reach out to a large number of people along the route.

The camp was conducted in a span of three days. A registration desk was set up in each of the three colleges, where organ donation pledge forms were made accessible to the students for themselves and their friends and relatives.

Pamphlets explaining the details about cadaver organ donation and frequently asked questions were distributed to the students for their reference. The staff and students of all three colleges were eager participants.

Pledge forms were collected on the last day and donor cards were given out to all those who had signed the pledge. The donor card certified the individual as an organ donor. The pledge, as stated on the donor card was, "I am proud to help someone to live after my death."

Advertisement of the activities:

Colourful posters were put up in the entire campus of the Hashu Advani Memorial Complex. These posters were made by students of XYZ college of Pharmacy, which portrayed organ donation and how one could give another the gift of life. The management, staff and students of all the colleges were made aware of the registration desk that was set up in their campus. The students who collected forms on the first day set an example which was followed by their family and friends, who requested for forms through them.

Result of your activity:

A total of 85 people pledged their organs within a span of three days. The students and staff were very enthusiastic and collected multiple forms on behalf of their loved ones as well. Donor cards were distributed to all those who had signed the pledge. The rallies were very successful as a large number of passers-by were made aware of the need for organ donation. The campaign was overall a huge success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“ORAL HYGIENE AND DENTAL CHECKUP”— Smile a little more!

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074.
2. The Indian Dental Association,
Block No. 6, 1st Floor, 386, Sane Guruji Premises, Veer
Savarkar Marg, Mumbai, Maharashtra 400025.
3. Dr. Mahendra Rajpal,
Dentist,
Ph: +91 9920289470

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Address to the students about importance of oral health• Distribution of free samples.• Free Dental Check up.• Demonstration of Proper Brushing Technique.	10.00 AM-2:00Pm	6th October, 2016	BMC School, Subhash Nagar, Chembur(E), Mumbai - 400071

Number of target audience: 297

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
8291250109	Sushma Mistry	7666675695	JenilVaria
9967553928	Karan Desai	9819664595	MeghaJeeson
9423088136	Krushipopli	9819601898	Rohan Domadia



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074

Description of the activity

Methods used for conducting the campaign:

Cavities and dental caries are very common among individuals of all age groups in India. Dental hygiene and proper brushing habits have to be developed at an early age to become a routine in ones life. Thus, XYZ College of Pharmacy took a step towards a greater change by organizing an Oral Hygiene and Dental Checkup Camp in a BMC School in Chembur along with Dentist, Dr. MahendraRajpal, and a team of doctors from the Indial Dental Association.

The campaign started off with a demonstration of correct brushing techniques by the volunteers of XYZ College of Pharmacy. We interacted with the students from grade 3 to grade 8 of both the morning and the afternoon batch, instructing them classwise.

Following the demonstration was a classwise dental check up of all the students. A team of 10 doctors from the IDA systematically examined the students for cavities and other oral conditions. Free samples consisting of a tube of Colgate Toothpaste and a Toothbrush were distributed among the students to promote healthy brushing habits. The doctors addressed the children on how to maintain healthy teeth and gums by proper maintenance of oral hygiene.

The entire event was covered by the journalists from the e-paper "Passion for Communication."

Advertisement of the activities:

The children of the school were notified about the activity by the teachers and principal. Colourful banners were displayed in the school, provided by the Indian Dental Association.

Result of your activity:

A total of 297 children from the 3rd grade to the 8th grade were evaluated by the doctors. 288 tubes of Colgate Toothpaste and Toothbrushes were handed out to the children. The students and staff of the school participated with great enthusiasm and were very appreciative. The campaign was overall a huge success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report - FIRST AID AWARENESS CAMPAIGN- "A Stitch in time"

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy
Mumbai -400 074
Contact No: Mrs. Ramalakshmi Anand (PHO In Charge)-9821035253
- 2) Kolhatkar Social And Educational Organization
402 , Janki Anand Co- Operative Housing Society,
Gokuldas Wadi Khopat, Thane West, Thane – 400601.
Mr. Pramod Kolhatkar (+919869243943)

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1	College premises.	7th January, 2017	10.00am-1.00pm	<ul style="list-style-type: none">• Introduction and need for first aid.• Demonstration of first-aid techniques

Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sushma Mistry	8291250109	Moksh Lalwani	8600926692
Jenil Varia	7666675695	Darshan Jain	8097642154



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

First aid is the immediate assistance given to a victim of injury or illness. It comprises of relatively simple techniques that can be performed with rudimentary equipment, and is usually carried out by a layman until professional medical assistance arrives. Properly administered first aid can be very effective in minimizing complications and even saving lives. It affords people with the ability to provide help during various emergency situations. Knowledge of basic first aid techniques is essential for every person as emergency situations may be faced anytime anywhere.

The PHO of XYZ College of Pharmacy arranged a first-aid training session for the students and staff of the college. The session focused on the appropriate response while dealing with situations such as injuries, accidents and fires. The session was conducted by the experts from Kolhatkar Social and Educational Organization. The audience was introduced to DR ABC (Danger, Response, Airway, Breathing, Circulation), which is the Golden Rule to be followed by any person administering first aid. Various types of bandages such as triangular, crepe, roller and rubber were shown to the audience and their applications were explained.

Techniques of handling fractures, arresting bleeding, shifting of victims and administration of CPR were demonstrated.

A few volunteers were called on stage to participate in and learn the techniques.

Advertisement of the activities:

The students and staff of the college were informed about the campaign in advance by the PHO members via emails and social media.

Result of your activity:

This camp gave insights on various first aid techniques. The students and staff of the college participated with great enthusiasm and were very appreciative.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“TUBERCULOSIS AWARENESS CAMPAIGN”—Join the DOTS

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:


1. XYZ College of Pharmacy.
Mumbai -400 074.
2. Lok Seva Sangam,
Bhimwadi Road, Gautam Nagar,
Govandi East, Mumbai, Maharashtra 400043.
Mr. Sachin (+91 9769388101)

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Shivaji Nagar DOTS Center, Balwadi Plot 27, Road no 2, Shivaji Nagar, Mumbai.	28th December, 2016	3:00 PM-4:30PM	<ul style="list-style-type: none">• One on one interaction with TB patients at DOTS center• Providing information to the patients about the importance of a healthy diet and adequate nutrition.• Distribution of Pamphlets• Distribution of Soybean
2.	Mhada Colony DOTS Center, Jay Bharat Soc, Bldg no 2, Vashinaka, Chembur, Mumbai	29th December, 2016	9.00am - 10.00am	<ul style="list-style-type: none">• One on one interaction with TB patients at DOTS center• Providing information to the patients about the importance of a healthy diet and adequate nutrition.• Distribution of Pamphlets• Distribution of Soybean
3.	Sainath Nagar, Ghatkopar(w), Mumbai	7th January, 2016	10.00am-2.00pm	<ul style="list-style-type: none">• Survey conducted in 50 houses

Number of target audience: 50+



Dr. (Mrs.)  Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Aishwarya Vasudevan	9702621996	Sanjana Nair	9820037317
Mrunmayi Teredesai	9029672214	Karen Saiswani	8879574869
Varsha Dhameja	7498997793	Ankita Jain	9867526070
Tejaswini Dewasthale	7303270297	Devashree Shahani	9167166757

Description of the activity

Methods used for conducting the campaign:


Tuberculosis (TB) is one of the most prevalent infections in the world, especially in the tropical countries. Mumbai, being a densely populated city, shares a sizeable figure of TB cases per year. In recent years, the issue has been complicated by drug resistant forms of TB both in the city and across the country. The major factors that have contributed to this phenomenon have been the lack of standardised high quality care across the private sector as well the difficulties faced by patients in adhering to the long TB treatment regimens. Lok Seva Sangam, a non profit organization aims at providing free check-ups and TB treatment at various DOTS centres in the city.

The PHO of XYZ College of Pharmacy collaborated with Lok Seva Sangam as a part of the Tuberculosis Awareness campaign. The first activity of this campaign was to spread awareness about the need for a balanced, nutritious diet to aid in the recovery process in people receiving DOTS. Our volunteers visited two DOTS centers where they had an interactive session with the patients and explained to them, the need for adequate nutrition and a balanced diet. Our volunteers, along with the DOTS providers from LSS, had a healthy discussion with them about the Do's and Don'ts in their diet plan. They were extremely receptive and participated in the discussion with zeal. Pamphlets describing nutritional recipes like moong dal palak were distributed to patients and their family members. Post the interaction, we provided them with packets of soybean to encourage its use as a protein supplement in their daily diets.

The second part of the campaign involved the conduction of a survey in the area of Sainath Nagar. Our volunteers were given prior training by the experts at Lok Seva Sangam. 50 houses were surveyed by each in the specified locality by three of our volunteers aided by four ladies from the organization. 350 people were surveyed and data was collected and analyzed. Five individuals, including one minor, showed the symptoms of the disease. They were guided by the members of the organization regarding their hospital visit for a checkup, post which, they could commence the free DOTS regimen provided by LSS.

During the course of the survey, we observed that many people were sceptical about answering the questions once they were informed about the purpose of the survey. We thus concluded that some people still stigmatize the disease.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Advertisement of the activities:

Our volunteers contacted the organization and procured the permission to conduct the campaign. Subsequently, the DOTS providers at the respective locations were informed about the campaign by the organization. The DOTS providers informed their regular patients about our campaign a few days in advance.

Result of your activity:

Through this campaign, we were successful in spreading awareness about the need for a balanced diet and adequate nutrition among the patients undergoing treatment for Tuberculosis. Through the survey, we were able to identify individuals who showed symptoms of the disease but had not been diagnosed and thus were able to direct them to the appropriate hospitals for checkups and ensure that they received the appropriate medication for a speedy recovery.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –National Pharmacy Week- “Diabetes Awareness: Do You Know the Sweet Truth?”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074.

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">Quiz conducted individually on the Symptoms, types and causes of diabetes.Explanation, in detail, about the answers of the quiz to spread awareness.Online Survey titled “How well do you know diabetes?”	8am-9am 8am-10am	1st December, 2016 7th December, 2016	Acharya Garden, V. N. Purav Marg, Chembur East, Mumbai, Maharashtra 400071 NathPai Nagar Garden, Vikrant circle, Ghatkopar East, Mumbai-400077

Number of target audience: 100+

Number of students taking part in the activity:6

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167166757	DevashreeShahani	9702621996	AishwaryaVasudevan
7666675695	JenilVaria	8291250109	Sushma Mistry
		9029672214	MrunmayiTeredesai
		9819425049	YashSodagar



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Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Diabetes is a chronic disease that is reaching epidemic proportions among the people of India, today. According to statistics, India is one of the top 3 countries in terms of diabetic population. As aspiring pharmacists, our aim this National Pharmacy Week was to spread awareness about diabetes, which although is well known as a disease, is not so well known in terms of symptoms, causes and types.

The PHO of XYZ College of Pharmacy organized a diabetes awareness camp on the 1st and 7th of December as a part of National Pharmacy Week, 2016. Our campaign included three major activities, namely: Online survey, Awareness Quiz in Parks and Awareness through Social Media.

An online survey was conducted based on the title "How well do you know diabetes?" consisting of various basic questions on diabetes as a chronic condition. The survey-takers were given a score based on their answers and were given an explanation of each answer with the motive of spreading awareness at the individual level.

The Awareness drive was conducted in Parks at two locations, namely Chembur and Ghatkopar. Individuals were quizzed about facts related to diabetes by the volunteers, who provided information on the topics that they were not aware about, including symptoms, types and common myths.

Pictures were taken with the individuals we interacted with in the parks. These pictures were displayed on social media to promote the campaign with a frame and placards stating the purpose of the campaign. Their response was recorded on video and uploaded.

Advertisement of the activities:

Colourful placards were carried by the volunteers during the campaign. Posters depicting symptoms of diabetes were shown to the people. The survey was forwarded to a large number of people through social media.

Result of your activity:

The Awareness Drive was a huge success and was received very well by the people. They were very enthusiastic and friendly. The survey was taken by 197 people and the results were obtained as follows.

RESPONSE	QUESTIONS
8.1%	People Having diabetes
49.2%	People who had tested themselves for diabetes
Type 1: 6.3% Type 2: 56.3%	People who were aware of their type
56.3%	People who followed a healthy diet and exercise plan