



VIVEKANAND EDUCATION SOCIETY'S  
COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai – 400 074

Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of  
Maharashtra, Affiliated to University of Mumbai

B.Pharm Programme is accredited by NBA, New Delhi from 2016-17 to 2021-22

### 3.4.3

**Number of extension and outreach  
Programmes conducted by the institution  
through NSS/ NCC/ Red Cross/ YRC etc.,  
(including the programmes such as Swachh  
Bharat, AIDS awareness, Gender issues etc. )  
And/or those organized in collaboration with  
Industry, community and NGOs during the  
last five years**

### 3.4.4

**Average percentage of students participating  
in extension activities at 3.4.3. above during  
last five years**

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### Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

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## NSS Activities in 2020-21

### **VES COLLEGE OF PHARMACY**

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

#### Activity Report

#### DEPARTMENT/ COMMITTEE/ FACULTY

**IQAC ACTIVITY No: (To be included from A.Y. 21-22)**

#### Details of activity:

<b>Name of the Activity</b>	Aarogyadaan	<b>Activity No.</b>	IQAC/2021-22/
<b>Day, Date</b>	Nov – Dec 2021	<b>Department/ Committee/Faculty</b>	VESCOP
<b>Venue</b>	Different parts of Mumbai	<b>Time</b>	
<b>Nature of activity</b>	Offline	<b>Total no. of participants</b>	97

#### Activity Information:

<b>Objectives</b>	The aim of the event was to educate the citizens and to make them aware about various health issues prevailing in the society
<b>Methodology</b>	The students of T.Y.B.Pharm actively participated in the event. They visited the nearby Pharmacist/Chemist Shop and counselled the general population who visited the pharmacy shop on topics of Communicable diseases and Diabetes. The pharmacist of the shop gave them a certificate of appreciation. The students also collected the valuable feedback from the visitors they counselled.
<b>Outcomes</b>	It was a successful activity as all the participating students who responsibly took up this event and went to the chemist shop and successfully counselled the general public on topics of Communicable diseases and Diabetes.

#### PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication	<input checked="" type="checkbox"/>	Feedback form
<input checked="" type="checkbox"/>	Student list of participation		Feedback analysis
<input checked="" type="checkbox"/>	Photos		Media news details
	Certificate		Any other



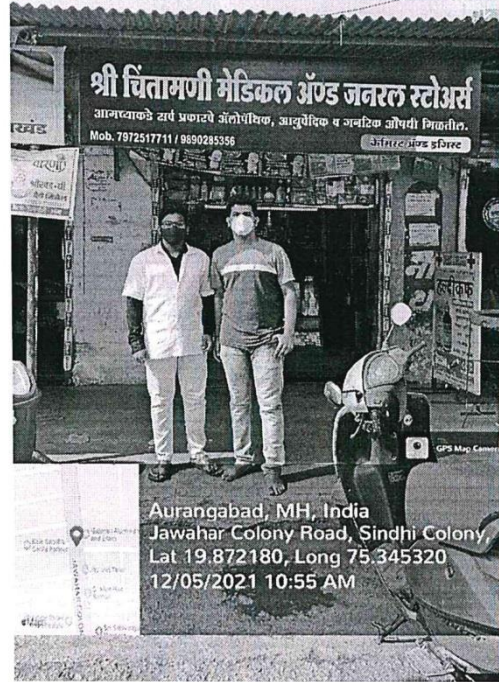
1

3

*SS*  
**Dr. (Mrs.) Supriya S. Shidhaye**  
**PRINCIPAL**  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator



Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

2

4



TY Patient counselling Proofs (Responses)

SR.No	Timestamp	Email Address	Name of the student	Roll number	Class	Image It in following form counselling session. Update by Pharmacist Name It as: Roll no., Name, Certificate
1	12/25/2021 11:41:18	jaiswalroshni@ves.ac.in	Roshni Sujathi Jaiswal	52021	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
2	12/25/2021 11:41:48	soman.akanksha@ves.ac.in	Akanksha Mallesh Soman	A54621	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
3	12/25/2021 11:42:48	yedav.sanjana@ves.ac.in	Sanjana vijay yadav	59821	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
4	12/25/2021 11:43:58	velar.sangeetha@ves.ac.in	Velar Sangeetha Kulkalingam	A65821	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
5	12/25/2021 11:49:50	ghorapade.sammudhi@ves.ac.in	Sammudhi Ghorapade	51421	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
6	12/25/2021 11:52:25	sharma.sanskul@ves.ac.in	Sanskul Sharma	39	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
7	12/25/2021 11:57:08	mamta.nawani@ves.ac.in	Mamta Nawani	510721	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
8	12/25/2021 12:12:51	gnikwad.dhanashree@ves.ac.in	Dhanashree Hanumant Gnikwad	51321	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
9	12/25/2021 12:19:12	monisha.kulkarni@ves.ac.in	Monisha Kulkarni	57221	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
10	12/25/2021 12:24:47	gurav.mansi@ves.ac.in	Mansi Shankar Gurav	16	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
11	12/25/2021 12:32:09	patel.raakesh@ves.ac.in	Raakesh Lakshman Patel	78	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
12	12/25/2021 12:32:34	shrivastava.kritika@ves.ac.in	Kritika Rajesh Shrivastava	44	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
13	12/25/2021 12:38:13	sah.amish@ves.ac.in	Amish Sah	81	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
14	12/25/2021 12:40:52	yedav.balaji@ves.ac.in	Balaji Yadav	95	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
15	12/25/2021 12:43:47	tewari.upasana@ves.ac.in	Tewari Upasana	47	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
16	12/25/2021 12:44:42	mhalre.sejal@ves.ac.in	Sejal Ravindra Mhalre	71	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
17	12/25/2021 12:47:38	panzare.tanvi@ves.ac.in	Tanvi Panzare	28	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
18	12/25/2021 12:50:22	nalanand.sandhid2001@ves.ac.in	Sandhid Samner Malanandkar	25	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
19	12/25/2021 12:56:56	shivanekar.namrata@ves.ac.in	Namrata Shankar Shivanekar	42	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
20	12/25/2021 12:57:55	gunia.srishti@ves.ac.in	Srishti Gupta	62	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
21	12/25/2021 12:58:26	bhapatkale.bhagyashree@ves.ac.in	Bhagyashree Sunil Dahiphale	56	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
22	12/25/2021 12:59:53	shekar.chaitrali@ves.ac.in	Chaitrali Narendra Shekar	40	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
23	12/25/2021 12:59:53	paste.kasturi@ves.ac.in	Kasturi Sanjay Paste	57721	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
24	12/25/2021 13:00:44	undavia.amisha@ves.ac.in	Amisha Undavia	48	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
25	12/25/2021 13:01:49	kanoljia.shrejal@ves.ac.in	Shrejal Anand Kanoljia	B56321	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
26	12/25/2021 13:02:38	chour.omar@ves.ac.in	OMAR CHOURI	A65821	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
27	12/25/2021 13:06:45	mhalre.maya@ves.ac.in	Maya Mhalre	70	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
28	12/25/2021 13:07:45	date.shruka@ves.ac.in	Shruka Shalish Date	05	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
29	12/25/2021 13:08:08	phatak.chimray@ves.ac.in	Chimray Phatak	30	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
30	12/25/2021 13:08:42	shirasakar.sakshi@ves.ac.in	Sakshi Shiraskar	41	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
31	12/25/2021 13:09:44	joshi.munmay@ves.ac.in	Munmay Joshi	A22	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
32	12/25/2021 13:12:04	poleskar.rhujal@ves.ac.in	Rhujal Vishwanath Poleskar	79	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
33	12/25/2021 13:12:09	doke.namita@ves.ac.in	Namita Doke	08	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
34	12/25/2021 13:15:24	reshma.mane@ves.ac.in	Reshma Kushappa Mane	105	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
35	12/25/2021 13:18:02	pillai.sneha@ves.ac.in	Sneha Sajeendran Pillai	31	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
36	12/25/2021 13:21:05	shetty.miksha@ves.ac.in	NIRIKSHA SHETTY	87	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
37	12/25/2021 13:23:58	salaskar.sagarika@ves.ac.in	Sagarika Salaskar	58421	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
38	12/25/2021 13:26:53	dumbre.aayushi@ves.ac.in	Aayushi Sunil Dumbre	09	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
39	12/25/2021 13:28:26	sankulkar.sahil@ves.ac.in	Sahil G. Sankulkar	29	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
40	12/25/2021 13:29:00	patel.sangita@ves.ac.in	Sangita Patel	542121	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
41	12/25/2021 13:30:36	jha.mansi@ves.ac.in	Mansi Shripal Jha	111	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
42	12/25/2021 13:32:39	shweta.tupe@ves.ac.in	Shweta Sadashiv Tupe	53	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
43	12/25/2021 13:33:16	bagal.sakshi@ves.ac.in	Sakshi Kashinath Bagal	109	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
44	12/25/2021 13:33:23	jayesh.patil@ves.ac.in	Jayesh Dileep Patil	102	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
45	12/25/2021 13:33:36	kajal.gupta@ves.ac.in	Kajal Sureshchandra Gupta	12	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
46	12/25/2021 13:35:49	gadgaya.shreya@ves.ac.in	Shreya Gadgaya	56721	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
47	12/25/2021 13:36:10	khan.lanque@ves.ac.in	Khan Lanque	19	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
48	12/25/2021 13:43:24	jain.kunjal@ves.ac.in	Jain Kunjal	27	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
49	12/25/2021 13:44:50	pakale.janavi@ves.ac.in	Janavi Pakale	101	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
50	12/25/2021 13:47:37	sagar.gadhadar@ves.ac.in	Gadhadar Sagar Raghunath	1	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
51	12/25/2021 13:47:40	badade.anuradha@ves.ac.in	Anuradha Suhas Badade	B66821	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
52	12/25/2021 13:47:47	shalkh.safina@ves.ac.in	Safina Salim Shalkh	89	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
53	12/25/2021 13:48:53	soni.rub@ves.ac.in	Soni Rubi Subhashchandra	59321 (93)	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
54	12/25/2021 13:49:08	finwalia.sanjay@ves.ac.in	Sanjay Abdul Hakim Finwalia	92	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
55	12/25/2021 13:49:54	loke.omkar@ves.ac.in	Omkar Krishna Loke	68	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
56	12/25/2021 13:49:57	lele.mukta@ves.ac.in	Mukta Lele	34	TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing
57	12/25/2021 13:51:21	rajpreet.kaur@ves.ac.in	Rajpreet Kaur Buttar		TY.B.Pharm (Sem V)	https://drive.google.com/.../1N6243.../view?usp=sharing

Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



List of students who participated in Aarogyadaan







**Sample letter of acknowledgement received from the pharmacy shop for Aarogyadaan activity. Letters of all 97 participants are available.**

Date: 07/12/21

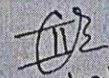
This is to certify that Mr/Ms. Harsha shankar pol, of Third Year B.Pharm, VES College of Pharmacy, has effectively counselled > number of patients who had visited the pharmacy store about Diabetes Mellitus and Infectious diseases.

I appreciate the efforts taken by VES College of Pharmacy to inculcate sense of responsibility amongst future pharmacists towards community and generating awareness about common disorders in general public.


Name of the Pharmacist

Harsha shankar pol

Signature & Stamp (Pharmacist)

  
07/12/21



  
Dr. (Mrs.) Supriya S. Shidhaye  
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Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai-400 074.

**YASH MEDICAL & GENERAL STORE**  
S. No. 8, Sat Siddhi Tower, Laxmi Nagar,  
Ghatkopar (E), Mumbai - 400 075.





# VIVEKANAND EDUCATION SOCIETY'S



## College of Pharmacy

Sindhi Linguistic Minority

Affiliated to University of Mumbai, Recognised by Govt. of Maharashtra  
Approved by AICTE & Pharmacy Council of India u/s 12, Pharmacy Act 1948.

Principal  
Prof. Supriya Shidhaye  
M.Pharm., Ph. D. (Tech)

### PATIENT COUNSELLING - FIELD ACTIVITY REPORT AND FEEDBACK FORM

Topic of patient counselling:

Date: 7/12/21

Sr.No.	Name of the student	Mobile No	Sign	Sr.No.	Name of medical shop owner	Mobile No	Sign
1	Vaishnavi Bhat Therapist	8879254166	Vaishnavi	1	Yash Medical	8169931673	[Signature]

Sr.No.	Details of the patient	Feedback (Rate the effectiveness of the following on the scale of 1 - Low ; 2 - Medium; 3 - High)				Sign of patient
		Communication Skill of the student (ease of explanation)	Quality of information provided	How beneficial was this counselling to you?	Would you like to have such counselling sessions in the future?	
1	Name: Mafiza Maniyar M/F: Female Age: 15 Contact No: 9324545 109	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	[Signature]



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# VIVEKANAND EDUCATION SOCIETY'S



V.E.S.  
Since 1962  
Principal  
Prof. Supriya Shidhaye  
M.Pharm., Ph. D. (Tech)

## College of Pharmacy

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Affiliated to University of Mumbai, Recognised by Govt. of Maharashtra  
Approved by AICTE & Pharmacy Council of India u/s 12, Pharmacy Act 1948.

2	Name: Vasant Paradkar M/F: M Age: 72 Contact No: 8104979047	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Good Community	Pr. Shidhaye
3	Name: bhavnika (Kaneet Ravat) M/F: M Age: 37 Contact No: 7425042572	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	—	Pr. Shidhaye
4	Name: 307 (Usha Kadam) M/F: F Age: 37 Contact No: 9969711425	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	—	Pr. Shidhaye



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**Principal**  
**Prof. Supriya Shidhaye**  
M. Pharm., Ph. D. (Tech)

5	Name: Thorat vaibhav M/F: m Age: 23 Contact No: 84544869 95	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	good counselling	Vaibhav
6	Name: Supriya Sunil Pawar M/F: F Age: 55 Contact No: 9594495 733	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Knwoledge was usefuy	सुप्रिया पावार
7	Name: Kaulash Gupta M/F: M Age: 38 Contact No: 9967422006	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Good Communication Information was usefuy.	Kaulash

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## VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

### Details of activity:

Name of the Activity	Blood donation day: quiz	Activity No.	IQAC/2021-22/NSS/12
Day, Date	01/10/2021	Department/ Committee/Faculty	NSS Unit of VES COP
Venue	-	Time	1 hour
Nature of activity	Online	Total no. of participants	99

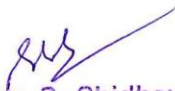
### Activity Information:

Objectives	The aim of the event was to create awareness about the importance of blood donation.
Methodology	A PR message consisting of a quiz link was circulated to the students and staff members through mail and WhatsApp and the top three individuals were given the certificates.
Outcomes	It was a successful activity as all the participating individuals enjoyed it while making them aware about the importance of donating blood.

### PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication	<input type="checkbox"/>	Feedback form
<input type="checkbox"/>	Student list of participation	<input type="checkbox"/>	Feedback analysis
<input type="checkbox"/>	Photos	<input type="checkbox"/>	Media news details
<input checked="" type="checkbox"/>	Certificate	<input type="checkbox"/>	Any other



  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCO

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Riya Ingawale	S.Y.B.PHARM
Anagha Patil	S.Y.B.PHARM



*Shidhaye*  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

12/02/21 8:54 PM

Message to Vivekanand Education Society's HamC - Quiz Competition on account of NATIONAL BLOOD DONATION DAY



VESCOP NSS -vescop.nss@ves.ac.in

### Quiz Competition on account of 'NATIONAL BLOOD DONATION DAY'

1 message

VESCOP NSS -vescop.nss@ves.ac.in  
 To: hsham2021@ves.ac.in, hsham2021@ves.ac.in, hsham2021@ves.ac.in, hsham2021@ves.ac.in  
 CC: anandshah@ves.ac.in, Prashant Ayare -prashant.ayare@ves.ac.in, prakhar@ves.ac.in, Supriya Shidhaye -supriya.shidhaye@ves.ac.in

FA, Oct 1, 2021 at 11:42 AM

Dear All,

✦ Donate Your Blood for a reason,  
 Let The Reason Be Life ✦

Every year 1st of October is celebrated as 'National Blood Donation Day'

On account of this day the NSS unit of VESCOP invites you to participate in

Our Competition With an aim to spread awareness and encourage people about Blood Donations.

DATE: 1st October 2021

Link for Quiz: <https://forms.gle/YjqZSRFbzE5JrgEN7>

Please note: The quiz link will be active till 7 pm only.

The top 3 Winners will get e-certificates

Hoping to see your enthusiastic participation

Regards  
 NSS unit, VESCOP

National blood donation day flyer-1.pdf  
 351K

✦ Donate Your Blood for a reason,  
 Let The Reason Be Life ✦

Every year 1st of October is celebrated as 'National Blood Donation Day'

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VIVEKANANDA EDUCATION SOCIETY'S COLLEGE OF PHARMACY NSS UNIT

PRESENTS

**BLOOD DONATION QUIZ**

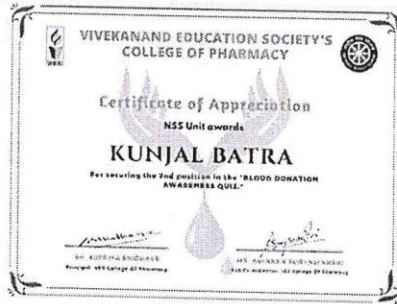
"Spread Awareness About Blood Donation And Make Many Other People A Part Of The Donor Community"

On the occasion of the NATIONAL BLOOD DONATION DAY on 1st of October

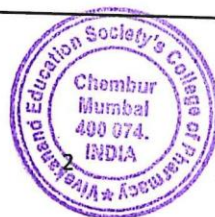
Link for the Quiz: <https://forms.gle/YjqZSRFbzE5JrgEN7>

Top 3 winners will get E-certificates

For more information contact:  
 Ananya Patil: 982 80348 8134  
 Anandshah: 98208 48134



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator



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 Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)


Details of activity:

Name of the Activity	E-WASTE Awareness Webinar (Students)	Activity No.	IQAC/2021-22/NSS/01
Day, Date	Monday, 19/07/2021	Department/ Committee/Faculty	NSS Unit of VESCOP
Venue	-	Time	1 hour
Nature of activity	Online	Total no. of participants	140

Activity Information:

Objectives	The purpose of the webinar was to bring awareness about E-WASTE, and possible ways for E-WASTE management.
Methodology	An invitation mail was sent to the guest speaker Mrs. Rashmi Joshi on 15th of July and PR message with flyer was mailed to all the Students on 15th of July and the webinar was conducted through online mode( Zoom)
Outcomes	It was an insightful session. Students were enlightened about the current E-WASTE status, hazardous effects of negligence of E-WASTE management, and most importantly the ways for E-WASTE management. At the end of the activity announcement was made regarding E-WASTE collection drive



  
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Chembur, Mumbai - 400 074.



# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

## PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice and communication	Feedback form
Student list of participation	Feedback analysis
Photos	Media news details
Certificate	Any other

**VES college of pharmacy**  
National Service Scheme along with  
ICT Committee

**E-WASTE**

**WEBINAR: E-WASTE AWARENESS**  
Speaker: Mrs. Rashmi Joshi  
(Environmental Consultant)

The session brings awareness on the topic E-Waste and the ways for E-waste management

**Say NO to E-waste!**

Registration Link For Webinar:  
<https://forms.gle/2L4DzoDrmJEG7CV6>

Dr. Supriya Shidhaye,  
Principal  
VESCOLP

Dr. Mushtaque Shaikh,  
ICT Representative,  
Mr. Avinash Suryawanshi,  
NSS Co-ordinator.

Venue: Zoom Meeting  
18th July 2021 | 5:00 PM

For More Information contact:  
Anuradha Badade 992244279  
Shikha Dhanraj 992244202

**Invitation for "E-waste Awareness Webinar" on 18th July 2021**

VESCOLP NSS invites you to attend the "E-waste Awareness Webinar" on 18th July 2021 at 5:00 PM. The session will be held on Zoom. The topic of the webinar is "E-waste Awareness". The speaker is Mrs. Rashmi Joshi, Environmental Consultant. The session will bring awareness on the topic E-Waste and the ways for E-waste management. Registration and attendance are mandatory for all students. Kindly forward your name to the NSS Co-ordinator. For more information contact: Anuradha Badade 992244279, Shikha Dhanraj 992244202.

Zoom Meeting: VES college of pharmacy NSS cell and ICT committee

**Webinar: E-Waste Awareness**  
Speaker : Mrs. Rashmi Joshi  
(Environmental Consultant)

Dr. Supriya Shidhaye,  
Principal  
VESCOLP

Dr. Mushtaque Shaikh,  
ICT Representative,  
Mr. Avinash Suryawanshi,  
NSS Co-ordinator.

Participants (12/5):  
Anuradha Badade, Shikha Dhanraj, ...



*SS*  
Dr. (Mrs.) Supriya S. Shidhaye  
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# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Shrutika Date	T.Y.B.PHARM
Anuradha Badade	T.Y.B.PHARM



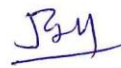


*gshidhaye*  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

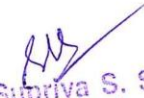


# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		



  
Dr. (Mrs.) Supriya S. Shidhaye  
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# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Details of activity:

Name of the Activity	Human Right Day skit	Activity No.	IQAC/2021-22/NSS/20
Day, Date	Friday, 10/12/21	Department/ Committee/Faculty	NSS Unit of VES COP
Venue	-	Time	-
Nature of activity	online	Total no. of participants	11

Activity Information:

Objectives	The purpose of the event was to celebrate and make students aware of basics human rights.
Methodology	The video was shared in college groups also via mail along with flyers. The video was also uploaded on the college YouTube channel. Through video Right to equality, the Right to approach the court, the Right to freedom of expression, and the Right to education were highlighted. Through daily life situations, awareness and the importance of these rights were conveyed. The unique thing regarding this skit was that awareness regarding these rights was done via simple real-life situations.
Outcomes	It was a successful activity. Students were enlightened regarding their basics human rights.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication	Feedback form
<input type="checkbox"/>	Student list of participation	Feedback analysis
<input checked="" type="checkbox"/>	Photos	Media news details
<input type="checkbox"/>	Certificate	Any other



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# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Chinmay Phatak	T.Y.B.PHARM
Mrunmay Joshi	T.Y.B.PHARM
Ritesh Autade	T.Y.B.PHARM
Kunal Jain	T.Y.B.PHARM
Akansha Soman	T.Y.B.PHARM
Glory Robert	T.Y.B.PHARM
Bhagyashree Dahiphale	T.Y.B.PHARM
Nazish Khan	T.Y.B.PHARM
Selva Malavika	T.Y.B.PHARM
Sakshi Bagal	T.Y.B.PHARM



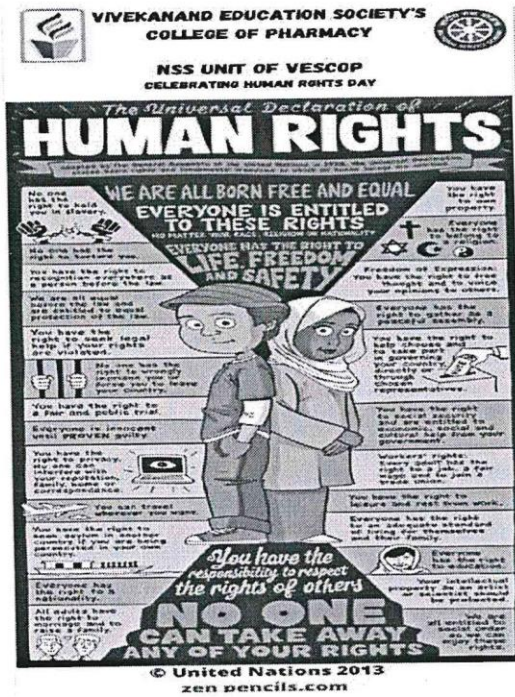
*Dr. (Mrs.) Supriya S. Shidhaye*  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Video link: <https://youtu.be/JW1ycnvdBiE>



12/19/21, 10:29 AM

Welcome to Vivekanand Education Society's Mail - Human Rights Day Celebration.

**PHATIK CHIMMAY** [phatik.chimmay@ves.ac.in](mailto:phatik.chimmay@ves.ac.in)

**Human Rights Day Celebration.**  
1 message

VESCOP NSS <[vescop.nss@ves.ac.in](mailto:vescop.nss@ves.ac.in)>  
 To: [sypharm2021@ves.ac.in](mailto:sypharm2021@ves.ac.in), [lypharm2021@ves.ac.in](mailto:lypharm2021@ves.ac.in), [lypharm2021@ves.ac.in](mailto:lypharm2021@ves.ac.in)  
 Cc: [Surya Shriktye <ssurya.shriktye@ves.ac.in>](mailto:Surya Shriktye <ssurya.shriktye@ves.ac.in>), [avirash.suryawarshi@ves.ac.in](mailto:avirash.suryawarshi@ves.ac.in), [Prachithee Ayare <prachithee.ayare@ves.ac.in>](mailto:Prachithee Ayare <prachithee.ayare@ves.ac.in>), [pratik.barve@ves.ac.in](mailto:pratik.barve@ves.ac.in)

Fr, Dec 19, 2021 at 10:29 AM

Dear all,

**"EQUAL RIGHTS FOR ALL  
SPECIAL PRIVILEGES FOR NONE"**

On occasion of  
 "Human Rights Day"  
 NSS Unit of VESCOP  
 Brings a video on  
 Human Rights


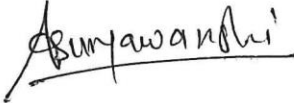

The video showcases various "Human Rights" with an aim to create awareness.

Link to the video:  
<https://youtu.be/JW1ycnvdBiE>

Regards,  
 NSS Unit  
 VESCOP

Human Rights Day\_Flyer.pdf  
 567K



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		



*Handwritten signature/initials*



## VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

### Details of activity:

Name of the Activity	International Day of Non-Violence	Activity No.	IQAC/2021-22/NSS/13
Day, Date	Saturday, 02/10/21	Department/ Committee/Faculty	NSS Unit of VESCOP
Venue	-	Time	-
Nature of activity	Online	Total no. of participants	-

### Activity Information:

Objectives	International Day of Non-Violence is celebrated to spread the importance and significance of non-Violence. It also promotes the thoughts of Gandhiji on Non-Violence and good practices done by him to stop the violence.
Methodology	A PR message along with the poster and video made by NSS members on the topic of non-violence was circulated via mail and WhatsApp to all the students and staff to propagate the knowledge and significance of the Non-Violence.
Outcomes	It was a successful event. Students and teachers got to know the importance of Non-Violence and thoughts of Gandhiji and methods used by him to stop violence

### PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication	<input type="checkbox"/>	Feedback form
<input type="checkbox"/>	Student list of participation	<input type="checkbox"/>	Feedback analysis
<input checked="" type="checkbox"/>	Photos	<input type="checkbox"/>	Media news details
<input type="checkbox"/>	Certificate	<input type="checkbox"/>	Any other

1



Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
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Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP

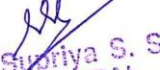
DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Aastha Yadav	S.Y.B.PHARM
Meghraj Belotiya	S.Y.B.PHARM



  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

12/121, 8:30 PM Welcome to Vivekanand Education Society Mail - International Day Of Non-violence

VESCOP NSS <vescop.nss@ves.ac.in>

**International Day Of Non-violence**  
1 message

VESCOP NSS <vescop.nss@ves.ac.in> Sat, Oct 2, 2021 at 1:29 PM  
To: vescop\_educationists@ves.ac.in, vescopnonteaching@ves.ac.in  
Cc: Supriya Shidhaye <supriya.shidhaye@ves.ac.in>

Respected Sir/ Madam,

"Non-violence is the summit of bravery"

Every year 2nd of October is celebrated as International Day of Non-Violence

On account of this day the NSS unit of VESCOP would like to give a tribute to Gandhiji

Non-violence (Ahimsa) not only implies no physical violence but it also implies total non-violence and no passive violence.

So on this day let's make Gandhiji proud by going out of our way for a stranger and brighten their day.

Regards  
NSS unit VESCOP

2 attachments

- International Day Of Non-violence.mp4 533K
- Flyer.pdf 156K

VESCOP SY NSS  
Akansha (Vescop), Apur...

October 2, 2021

✦ "Non-violence is the summit of bravery" ✦

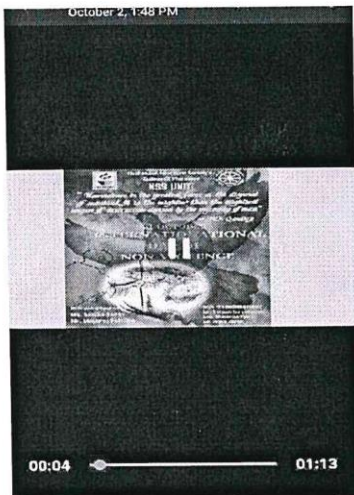
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Non-violence (Ahimsa) not only implies no physical violence but it also implies total non-violence and no passive violence.

So on this day let's make Gandhiji proud by going out of our way for a stranger and brighten their day.

1:48 PM ✓



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator

2



Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

## Details of activity:

Name of the Activity	NSS Foundation Day	Activity No.	IQAC/2021-22/NSS/11
Day, Date	24/09/2021.	Department/ Committee/Faculty	NSS Unit of VES COP
Venue	-	Time	4
Nature of activity	Offline	Total no. of participants	20

## Activity Information:

<b>Objectives</b>	The aim of the event was to make everyone the importance of Pharmacist in today's world and acknowledging pharmacist's hard work and appreciating them also making citizen aware about the pandemic and vaccines.
<b>Methodology</b>	The NSS volunteers actively participated in the event. They visited the nearby Pharmacist/Chemist Shop and appreciated the pharmacist of the shop by giving them a certificate of appreciation and also made aware the citizens visiting the shop about the covid 19 pandemic and busted some vaccine related myths. All the Covid related guidelines were followed.
<b>Outcomes</b>	It was a successful activity as all the participating volunteers responsibly took up this event and went to the chemist shop for their appreciation and also made the citizens aware.

## PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

<input checked="" type="checkbox"/>	Notice and communication		Feedback form
<input type="checkbox"/>	Student list of participation		Feedback analysis
<input checked="" type="checkbox"/>	Photos		Media news details
<input type="checkbox"/>	Certificate		Any other



Dr. (Mrs.) Supriya S. Shidhaye  
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Vivekanand Education Society's  
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HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VES COP


DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

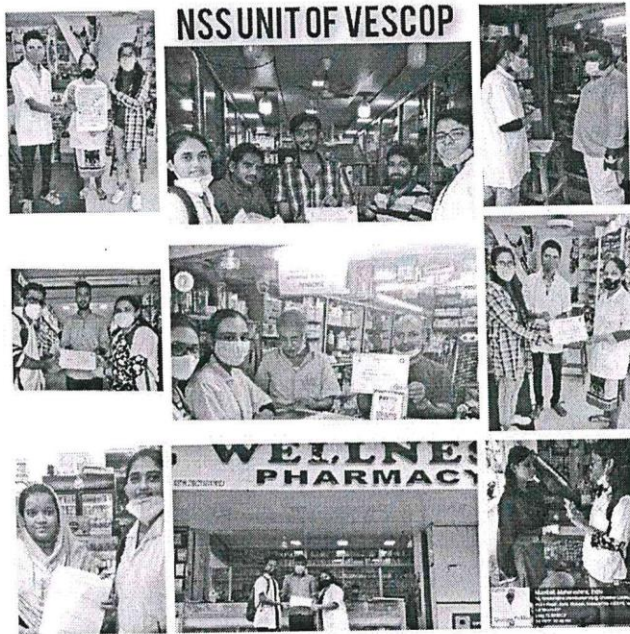
chinmay Phatak	T.Y.B.PHARM
Mrunmay Joshi	T.Y.B.PHARM
Kunal Jain	T.Y.B.PHARM
Rakesh Patel	S.Y.B.PHARM
kunjal batra	S.Y.B.PHARM
riya ingawale	S.Y.B.PHARM
Kasturi Dalvi	T.Y.B.PHARM
om Singh	S.Y.B.PHARM
divyesh chaudhari	T.Y.B.PHARM
meghraj Balotiya	S.Y.B.PHARM
Akansha Shinde	S.Y.B.PHARM
astha yadav	S.Y.B.PHARM
shrutika Pillai	T.Y.B.PHARM
Apurva ghadigaonkar	T.Y.B.PHARM
Akanksha Mallesh Soman	T.Y.B.PHARM
Riteish Autade	T.Y.B.PHARM
Bhagyashree Dahiphale	T.Y.B.PHARM
Shrutika Dongre	T.Y.B.PHARM
Shruti Gharat	T.Y.B.PHARM
Aparna Andhe	T.Y.B.PHARM





  
Dr. (Mrs.) Suptiya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
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Chembur, Mumbai - 400 074.


# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074



Name & Signature of Coordinator	Name & Signature of Head/Committee In charge	Name & Signature of IQAC Coordinator
		



  
 Dr. (Mrs.) Supriya S. Shidhaye  
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# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCOP

DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)


## Details of activity:

Name of the Activity	Flood relief donation drive	Activity No.	IQAC/2021-22/NSS/04
Day, Date	Monday,26/07/2021	Department/ Committee/Faculty	NSS Unit of VESCOP
Venue	-	Time	-
Nature of activity	online	Total no. of participants	54

## Activity Information:

Objectives	The purpose of the drive was to help the people who were affected by flood in Chiplun and near by area.
Methodology	A flood donation drive was done to help the flood effected people of Kokan area.A flyer was made to pass the necessary information. A Google form was circulated which had the details of the bank account and money was transferred via internet banking facilities. The amount was collected by the NSS cordinator and was handled by them accordingly. Total 54 people contributed and total money collected was 62,800 INR.
Outcomes	It was a successful drive. Many members contributed and a good amount of money was collected and used for the drive. E-certificates were issued to the members who participated and contributed to this drive.



  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

Activity Report A.Y \_ 2021-2022 NSS Unit of VESCOP


DEPARTMENT/ COMMITTEE/ FACULTY

IQAC ACTIVITY No: (To be included from A.Y. 21-22)

Students Volunteers organizing the activity:

Chinmay Phatak	T.Y.B.PHARM
Chaitrali Shetkar	T.Y.B.PHARM



  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.




# VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

## PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓	Notice and communication		Feedback form
	Student list of participation		Feedback analysis
	Photos		Media news details
✓	Certificate		Any other




Vivekananda Education Society's  
College of Pharmacy  
Along with National Service Scheme Unit  
Presents

**एक हात मदतीचा!**

Lets lend a helping hand to Konkan

Scan the QR Code to donate (Min 50/-)



UPI Link: vesbpharm@icici

Deadline: 28th July | 6.00 PM

Your contribution can achieve a solution

For more details contact:  
Mr. Pratik Barve: +91 96195 15815  
Mr. Avinash Suryawanshi: +91 88988 62836  
Mrs. Prachitee Ayare: +91 91670 64954

*We make a living by what we get, but we make a life by what we give*

Kokan... One of the most beautiful places on earth... Home to many... Is currently suffering from heavy rainfall and floods..

★NSS unit of Vivekanand Education Society's College of Pharmacy★  
Presents

**Flood Relief Donation Drive for Konkan**

We request you to help with the maximum you can

**For payment:**  
(Minimum Rs.50/-)  
Refer to QR code provided in the image

**UPI Id: vesbpharm@icici**

**Deadline for payment: 28 July | 6.00 PM**

**After completion of payment:**  
Fill this form by clicking on link, and check your Inbox for the **Certificate**  
<https://forms.gle/PGys9dQpy8oEZvam6>

**Please donate in maximum numbers and together we will make a difference and save a true gem of maharashtra!**

**Your contribution counts**

14:36



**Certificate of Appreciation**  
PRESENTED TO

For extending a helping hand to Project Eternity by National Service Scheme Unit, VES College of Pharmacy, Chembur

A \_\_\_\_\_ B \_\_\_\_\_  
NAMES \_\_\_\_\_ NYS LEADER



Dr. (Mrs.) *Sushma S. Shidhaye*  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.




**DLLE Activities in 2020-21**

**List of students participating in Population Education Club  
DLLE Activity, 2020 - 2021**

CLASS: SECOND YEAR B PHARM		ACADEMIC YEAR: 2020-21	
SR NO.	NAME OF THE STUDENT	Roll No	PRN No
1	Amin Viraj Vishwanath Archana	45021	2019016402268583
2	Bakre Apurva Prasanna Prajakta	45421	2019016402268304
3	Bundiwala Rukaiyah kaidjoher Sakina	40321	2019016402268424
4	Buttar Rajpreet Kaur Surjeet	43421	2019016402268254
5	Chouri Omar yunus Mehjabeen	45421	2019016402268111
6	Dighe Anjali Dyaneshwar KALPANA	40621	2019016402268602
7	Dikshit Srushti Pankaj Manisha	40721	2019016402268312
8	Dumbre Aayushi Sunil Rohini	40921	2019016402267781
9	Gurav Mansi Shankar Sneha	41621	2019016402267927
10	Jha Mansi Shripat Nutan	42121	2019016402268285
11	Kanojiya Shrejal Arvind Shobhavati	46521	2019016402268231
12	Kolpe Ruturaj Abhijeet Madhuri	42421	2019016402268293
13	Kulkarni Monisha Rajesh Kameshwari	47221	2019016402268664
14	Lele Mukta Vivek Deepa	46821	2019016402267904
15	Maheshwari Vaibhav Sandeep Seema	46921	2019016402268544
16	Malandkar Sandali Sameer SuJATA	42521	2019016402268374
17	Mhatre Sejal Ravindra Archana	47121	2019016402267997
18	Nair Aditya Prashant Sreelatha	47421	2019016402268447
19	Nair Anupama Jayan Suma	47521	2019016402268173
20	Pakale Janhavi Krishna Harsha	42721	2019016402268053
21	Pansare Tanvi Milind Smita	42821	2019016402268092
22	Pillai Sneha Sajeendran MINI	43121	2019016402268014
23	Potekar Rhutuja Vishwanath Vijaya	47921	2019016402268486
24	Pujare Samiksha Sanjay	43221	2019016402268617
25	Puli Pavitra Aravind Swapna	43321	2019016402268471
26	Rajinder kumar Veenadevi	49721	2019016402268737
27	Rane Saloni Anil Manasi	43521	2019016402268416
28	Salaskar Sagarika Santosh Manisha	48421	2019016402267831
29	Sankhari Umang Ratikanta Shikha	48521	2019016402268351
30	Shaikh Safina Salim Farzana	48621	2019016402268625
31	Shetty Niriksha Divakar Gayatri	48721	2019016402268672
32	Thube Tejasvi Namdev Lata	49121	2019016402267877
33	Undavia amisha rajendra mona	44821	2019016402268084
34	Vishwakarma Jitendra umesh Soni	49421	2019016402268262
35	Yadav Balaji Murugan Laxmi	49521	2019016402268076
36	Yadav Sanjana vijay Rita	49621	2019016402267974



  
Dr. (Mrs.) **Supriya S. Shidhaye**  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.




# List of students participating in Population Education Club DLLE Activity, 2020 - 2021

## Annexure 9 (Nine)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

CLASS: THIRD YEAR B PHARM		ACADEMIC YEAR: 2020-21	
SR NO.	NAME OF THE STUDENT	Roll No	PRN No
1	ACHHRA NIKITA SUNIL SARITA	64421	2019016402383935
2	CHANCHLANI VANSHIKA MAHESH ROSHNI	65321	2018016401942751
3	INDALKAR AKSHADA MANIK SANGEETA	66121	2018016401942542
4	KADAM SMRUTI GANESH ARATI	69421	2019016402383877
5	LAKHPATIANI JAYESH RAJESH POOJA	68921	2019016402383912
6	PAWAR KASTURI KUNDAN KSHIPRA	62821	2018016401942395
7	PHALKE MAITHILI RAJESH SANGITA	62921	2018016401942503
8	RAI ANKITA ANIRUDDH MADHURI	63221	2018016401942735
9	RENUGADEVI POOVARAJAN KALESSWARI	63421	2018016401942291
10	SALUNKHE CHAITALI CHANDRAKANT SANGITA	69621	2019016402383885
11	SHIRKE SHRUTI SANTOSH VANITA	63921	2018016401942476
12	TALREJA KARISHMA KIRAN REEMA	69821	2017016402373223
13	THAKUR AMBIKA DILBAG VANDANA	64021	2018016401942267
14	YELKAR.MANASI.RAJESH SHARMILA	64321	2018016401942511



  
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# List of students participating in Career Project DLLE Activity, 2020 - 2021

## Annexure 9 (Nine)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74  
CLASS: FINAL YEAR B PHARM ACADEMIC YEAR: 2020-21

SR NO	NAME OF THE STUDENT	University Seat No	Roll No	PRN No
1	ASHAR UMANG SHEETAL	96	80321	2017016402373084
2	BHAKTA REETU BALAI MANIMALA	103	80421	2017016402372742
3	BHOLE VAIDEHI SUDHAN SIDDHI	112	80621	2017016402373134
4	CHHEDA SWEETY DINESH JAYSHREE	120	80821	2017016402372807
5	CHIMANE BHAIRAVEE BANDU ASHA	121	80921	2017016402373053
6	CHOUDHARY ASHOK RAMLAL KANKUDEVI	122	85821	2018016402195515
7	DEOLE PRAJKTA KAVISH SWATI	128	81121	2017016402372823
8	DERIA SHIEKHA SWAPANKUMAR KIRTI	129	81221	2017016402372773
9	DHAVAN DIVYA SHRIKANT NEHA	136	81321	2017016402373103
10	DUKHANDE SIDDHI SHRINIWAS MEENAL	142	81421	2017016402372966
11	FREDERICK JOHN DAVID NURSHA	143	81521	2017016402373173
12	GHOSH PRIYANKA NITAI BABITA	153	81721	2017016402372951
13	GUPTA SALONI SANTOSH MONA	163	82021	2017016402372885
14	HIRKANI HABIL JUZER RASHIDA	167	82121	2017016402372943
15	KADAM SAYALI GANESH NEHA	179	82421	2017016402372997
16	KANADE ANKITA PRAKASH PRATIBHA	181	82521	2017016402373165
17	KOKATE ABHIJEET KISHOR RAJASHREE	199	86721	2015016401558734
18	KOWLAGI MADHURA MADHAV VASUDHA	201	83221	2017016402373126
19	MADHURA JAYWANT BHOITE ANITA	111	80521	2017016402372893
20	MEHTA PARTH PARAG PRIYA	218	83521	2017016402372711
21	MEROTA VIPINA SAVARAM PUSHPA	221	83621	2017016402373142
22	RAJBHAR AAKASH RAMESH SUSHILA	256	86221	2018016402195546
23	RANGNEKAR TANISHA GIRISH TANUJA	262	85221	2017016402372927
24	SANIL KAVISH DILIP SUNITA	270	82721	2017016402372974
25	SAWANT BHAKTI DEEPAK DIPIKA	274	84521	2017016402373277
26	SHAH HARDIK AMRISH MAMTA	280	84621	2017016402373061
27	SHARMA NISHA SUSHIL ARCHANA	290	84721	2017016402372726
28	SINGHVI PRACHI PUKHRAJ MEENA	300	86521	2018016402728354
29	THALE VISHAL AJIT SEEMA	313	85521	2017016402373045
30	THAWANI LOKESH MUKESH NEHA	314	85721	2016016402016650
31	YADAV SAURABH DAYASHANKAR NIRMALA	327	86421	2018016402195523



  
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 Chembur, Mumbai - 400 074.











# DLE Activity Report LYBpharm (AY 2020-21)

Sl. No.	Name	Roll No.	Year	Department	Faculty	Project Title	Abstract
5-11-2021 18 44 40	Dulande Suman, Shrinwas, Manoj	A	Last Year B.Pharm	Population Education Club (PEC)	900460012	Population Education Club (PEC)	<p>My reason for joining extension work was to gain practical experience in the field of community health and to contribute to the welfare of the society. During the course of the project, I have been able to identify the health needs of the community and to plan and implement health promotion activities. This has helped me to develop a better understanding of the health status of the community and to appreciate the role of the health worker in the community. I have also been able to develop leadership and organizational skills through the various activities that I have undertaken. The project has been a very rewarding experience and I have gained a great deal of knowledge and experience from it. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 14 19 29	Fredrick John Nkuria	A	Last Year B.Pharm	Population Education Club (PEC)	923442582	Population Education Club (PEC)	<p>The project was aimed at enhancing human well-being and health in the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 12 58 42	Chohan Prayanshi Meel Bhatia	A	Last Year B.Pharm	Population Education Club (PEC)	961842514	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-11-2021 23 29 42	Olajide Samuel, Samson, Mofa	A	Last Year B.Pharm	Population Education Club (PEC)	819028124	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-11-2021 15 28 03	Hajun, Nur, Azhar, Nuraida	A	Last Year B.Pharm	Population Education Club (PEC)	885000130	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-11-2021 12 21 18	Kadum Saiful, Ganiyah, Moha	A	Last Year B.Pharm	Population Education Club (PEC)	917238177	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 16 57 17	Kamali Aaliya, Prashant, Prashant	A	Last Year B.Pharm	Population Education Club (PEC)	882028255	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 17 12 35	Katana Adhishay, Vishnu, Shashitha	A	Last Year B.Pharm	Population Education Club (PEC)	918720280	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-11-2021 20 12 31	Kodalya Madhura, Madhura, Yasodha	A	Last Year B.Pharm	Population Education Club (PEC)	802021729	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 14 22 23	Maha Purni, Prang, Purna	A	Last Year B.Pharm	Population Education Club (PEC)	918728547	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>
5-12-2021 14 23 26	Mona Venu, Saranya, Prudha	A	Last Year B.Pharm	Population Education Club (PEC)	9202598159	Population Education Club (PEC)	<p>Health education is an important part of the health care system. It is a process of providing information and education to the community to help them to understand their health and to take steps to improve it. The project was aimed at providing health education to the community. It was a community health promotion project that focused on the health needs of the community. The project was implemented through a series of health promotion activities that were designed to educate the community on the importance of health and to encourage them to adopt healthy behaviors. The project was a success and it has helped to improve the health status of the community. I am grateful to my supervisor and colleagues for their support and guidance throughout the project.</p>

# Activity Report of Career Project, DLLE Activity, 2020 - 2021



















ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Sl. No.	Date	Topic	Activity	Outcome	Remarks
5.10.2021 13.44.21	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.10.2021 22.07.17	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.10.2021 20.11	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.10.2021 19.30.34	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.6.2021 14.27	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.10.2021 16.13	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.
5.11.2021 17.37.20	4/23/21	Good Year B Higher Education CL	960219360	42321	1) To build knowledge and experience of clinical activities and to prepare the students and to prepare the students for the future. 2) To make them aware of the current scenario and to make them aware of the latest trends in the field of pharmacy. 3) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy. 4) To make them aware of the latest trends in the field of pharmacy and to make them aware of the latest trends in the field of pharmacy.





## Rotaract Activities in 2020-2021

### ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Rakhi with Khaki	Venue	Google forms and On ground
Time Stamp	2020-08-09 23:32:44.883038	Project Status	Early
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Editorial
Start Time	02-08-2020 08:00:00	End Time	04-08-2020 20:00:00
Project Level	Club		

It helped participants to know how indebted they are to have such great protectors with them. Thanking Mumbai police had spread a positive message among everyone. To motivate the participants to express their gratitude in a packet of rhymes.


No Groundwork as participants had to post it on social media.

We all know protector symbolizes god. Mumbai police are not less than god to us. Showing a whit of our gratitude towards them can surely escalate a positive message in the society. Keeping lockdown in the mind we asked participants to tie rakhis to Mumbai police in their neighborhood or express their gratitude in the form of a poem. Everyone started searching for a bunch of words to thank our protectors. Tying rakhi motivated the Mumbai police to protect us from every situation. The entries were featured on our social media handle. This project also generated a ray of patriotism among the participants.

[https://drive.google.com/folderview?id=115gTkTdG25vDAMrCAv0eEV0L\\_oP7BgCH](https://drive.google.com/folderview?id=115gTkTdG25vDAMrCAv0eEV0L_oP7BgCH)

It was a great initiative. It helped us to find our hidden talent and gave an opportunity to do something for Mumbai police.



  
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01718	Saloni Rane

Home Club	5	Alumni	0
District Council Members	0	Other Club	1
		Other PIS	0
Rotarians	0	Total	7
Guest	1		

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

The Rotaract Club of VES College of Pharmacy  
 is proud to have you as a member.  
 We are committed to providing you with the best  
 experience possible.



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR RAKHI WITH KHAKHI

NAME OF ATTENDES:-

1. RTR.ANUSHKA KHATNANI
2. RTR HARDIK SHAH
3. RTR SAKSHI KATARIA
4. RTR SALONI RANE
5. RTR NISHANT CHANG

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VESCOP



*S. Shidhaye*  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
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Chembur, Mumbai - 400 074.



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Menstrual Cup and Hygiene	Venue	Zoom meetings
Time Stamp	2020-08-10 14:38:22.028128	Project Status	On Time
Reporting Month	July		
Quarter	One		
Avenue 1	Community Service		
Start Time	27-07-2020 18:00:00	End Time	27-07-2020 19:10:00
Project Level	Club		

The aim of the project is to address the challenges and hardships many women and girls face during their menstruation, to highlight the positive and innovative solutions that can be taken to address these challenges and to educate females to consider a more environmental friendly alternatives available for sanitary napkins.

No ground work as the project was digital.

In today's world, making substantial changes in society has always become a major concern. We can see changes in the society by having predetermined common goals. So the Rotaract club of VES College of Pharmacy in collaboration with Rotaract club of M L Dahanukar College arranged a webinar on Menstrual cup and hygiene for all females. The speaker for the webinar was Ms Sharvari Deodhar. Firstly, the speaker broke all the taboos related to menstruation, raised awareness about the importance of good menstrual hygiene management worldwide. The speaker, by sharing a power-point presentation, demonstrated the participants about how to use menstrual cup, ways to insert the cup and how to choose a perfect cup for yourself. She then shared some myths and facts about menstruation and also shared a gynecologist's review about the cups. She also focused on how cups are better than sanitary napkins by being easy to use, providing protection against bacterial infection, being leakage free and most importantly by being environment friendly and causing less pollution. The session was concluded after all the queries by the participants were answered.

[https://drive.google.com/folderview?id=108fFk8u99TbCdbuzBM8bl0sfZy\\_2px5z](https://drive.google.com/folderview?id=108fFk8u99TbCdbuzBM8bl0sfZy_2px5z)



*Supriya S. Shidhaye*  
Dr. (Mrs.) **Supriya S. Shidhaye**  
**PRINCIPAL**  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.

The topic for the session was very innovative. These session was like an eye opener and very informative. Overall the session was very knowledgeable.

Income		0	Expenditure		0
<b>Sr</b>	<b>Member ID</b>		<b>Member Name</b>		
1	RTR01715		Hitesh Lad		
2	RTR01716		Sakshi Shiraskar		
<b>Home Club</b>		5	<b>Alumni</b>		0
<b>District Council Members</b>		0	<b>Other Club</b>		0
			<b>Other PIS</b>		0
<b>Rotarians</b>		0	<b>Total</b>		416
<b>Guest</b>		411			

**Joint Project**

✓

Sr	Club Name
1	Rotaract Club of Andheri
2	Rotaract Club of Bombay Airport
3	Rotaract Club of Bombay Chembur West
4	Rotaract Club of Bombay Film City
5	Rotaract Club of Bombay Juhu Beach
6	Rotaract Club of Bombay Midtown
7	Rotaract Club of Bombay West
8	Rotaract Club of Ghanshyamdass Saraf College
9	Rotaract Club of G.N. Khalsa College



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR MENSTRUAL CUP AND HYGIENE

NAME OF ATTENDES:-


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR MANSI GURAV
5. RTR MANSI SAWANT

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP



  
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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Breastfeeding Awareness for Healthier Planet	Venue	Zoom Cloud Meetings
Time Stamp	2020-08-23 12:20:43.904544	Project Status	On Time
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service		
Start Time	07-08-2020 18:30:00	End Time	07-08-2020 20:00:00
Project Level	Club		

The World Breastfeeding Awareness for a Healthier Week is marked from August 1 to August 7. We wanted to take an advantage of this, and do our bit to create an awareness about something that is much needed and not talked about that often (formula milk and breast milk). The main motto of this initiative was to take this unusual awareness at different level and break the stereotypes, and reach a greater audience and create an impact. The purpose of having this was to be a guide the youngsters in the right direction, and that they are going to be the future parents of the next generations.


After consulting with a gynaecologist, we approached a professional who has specialization in this field- that is a lactation consultant, so that we have a better approach and could convey complete and relevant information to the audience.

Dr. Vidya Jadhav was approached for this, who is a Pediatrician and International board certified lactation consultant, for collaboration.

After communicating with all the clubs for collaboration, the PR message for the event as well as the personalized PR graphic for the same were made for each club.

The flow of the event as well as a few of the other formalities were completed- preparation of collaboration certificate as well as for each club.



  
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It was really a knowledgeable session. Today's generation needs to know about breastfeeding and this session lived up to its expectations.

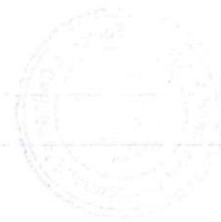
The seminar was quite informative and I liked the way speaker presented the topic and helped break many stereotypes about the topic.

Income		0	Expenditure		0
Sr	Member ID		Member Name		
1	RTR01715		Hitesh Lad		
2	RTR01716		Sakshi Shiraskar		
Home Club		11	Alumni		0
District Council Members		3	Other Club		6
			Other PIS		0
Rotarians		0	Total		167
Guest		147			

**Joint Project**



Sr	Club Name
1	Rotaract Club of Mumbai Ghatkopar
2	Rotaract Club of Mumbai Mulund South
3	Rotaract Club of Mumbai Anchors
4	Rotaract Club of Lala Lajpat Rai College
5	Rotaract Club of Bombay Juhu Beach
6	Rotaract Club of Ghanshyamdas Saraf College
7	Rotaract Club of King's Circle Matunga
8	Rotaract Club of Mulund



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR BREASTFEEDING AWARENESS FOR HEALTHIER PLANET

NAME OF ATTENDEES:-

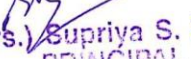
1. RTR.HITESH LAD
2. RTR SAKSHI SHIRASKAR
3. RTR SAKSHI KATARIA
4. RTR RUCHI BHOSALE
5. RTR NISHANT CHANG
6. RTR SALONI RANE
7. RTR KAVISH SANIL
8. RTR YUVRAGIKA TIWARI
9. RTR OJAS GADRE
10. RTR HARDIK SHAH
11. RTR HARSHIL SHAH

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Eye Care in Virtual Classroom and Workplace	Venue	Zoom Cloud Meetings
Time Stamp	2020-08-28 10:31:02.089125	Project Status	On Time
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Digital Communication
Start Time	15-08-2020 19:00:00	End Time	15-08-2020 20:15:00
Project Level	Club		

To give insights for eye care in this online world.



  
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We received positive & healthy feedback from everyone attending the session.  
 The President of Rotary Club of Mumbai Dahisar, Rtr.Ranjit Bijoor was very happy by looking the number of members & guests who were benefited due to these interactive session & was very delightful by the team on completion of such a mega community event.  
 Even the speaker of the session, Dr.Raksha Vaishnav was very happy by the work done by the team & handling the huge number of attendees.

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	10	Alumni	0
District Council Members	0	Other Club	40
Rotarians	2	Other PIS	0
Guest	429	Total	481

Joint Project

Sr	Club Name
1	Rotaract Club of Ghanshyamdas Saraf College
2	Rotaract Club of NMIMS's School of Commerce
3	Rotaract Club of Churchgate
4	Rotaract Club of TCET
5	Rotaract Club of Mumbai Ghatkopar



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR EYE CARE IN VIRTUAL CLASSROOM AND WORKPLACE

NAME OF ATTENDES:-


1. RTR MANSI SAWANT
2. RTR LOKESH THAWANI
3. RTR SAKSHI SHIRASKAR
4. RTR HITESH LAD
5. RTR NEHA DEMBRANI
6. RTR NIDHI BHANUSHALI
7. RTR MALHAR PATIL
8. RTR SHREYA CHASKAR
9. RTR SIDDHESH PANSARE
10. RTR SAKSHI KATARIA

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Bappa Morya 3.0	Venue	Instagram
Time Stamp	2020-09-14 10:45:48.877371	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	22-08-2020 10:00:00	End Time	03-09-2020 10:00:00
Project Level	Club		


- To bring home an eco-friendly Ganesh idol that grows into a plant after visarjan.
- To minimize use of non-biodegradable materials for decoration.
- To immerse idols into artificial ponds rather than in natural water bodies.
- To avoid gathering at visarjan areas and rather doing visarjan at home.
- To celebrate Ganesh Chaturthi by following all the guidelines given by Government.

The Community Service Directors (Rtr.Sakshi Shiraskar and Rtr.Hitesh Lad) presented and discussed the idea of the project with the Core team.

With the Core team's approval a PR message was made inspiring the people to opt for Eco Friendly Ganpati celebrations.

The participants were asked to send in their entries (photos and videos) to the RSVPs.



  
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Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	15	Alumni	0
District Council Members	0	Other Club	2
		Other PIS	0
Rotarians	0	Total	46
Guest	29		

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR BAPPA MORYA 3.0

NAME OF ATTENDES:


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR YUVRAGIKA TIWARI
6. RTR PASHAM LUND
7. RTR LOKESH THAWANI
8. RTR ANUSHKA KHATNANI
9. RTR SAKSHI PATIL
10. RTR HARSHIL SHAH
11. RTR HARDIK SHAH
12. RTR KAVISH SANIL
13. RTR MANSI SAWANT
14. RTR NEHA DEMBRANI
15. RTR OJAS GADRE

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Resilience	Venue	zoom, whatsapp
Time Stamp	2020-10-06 22:10:00.425801	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	14-09-2020 19:30:00	End Time	14-09-2020 21:00:00
Project Level	Club		

In the Indian society, there has not been much awareness about the mental well being of an individual.

A lot of people among the youth, particularly students go through high levels of stress without knowing a way to deal with it.

This may lead to serious problems like depression, anxiety, etc.

This project was carried out as an attempt to educate students of various colleges as well as general public regarding the importance of mental health and managing negative feelings.

The aim was to create awareness and help people who might be going through such issues.

As a community service initiative, we wanted maximum people to get benefitted through this event.

Rotaract club of SIESCE approached Dr. Shankar Chawla (senior practicing homeopathic physician and corporate health trainer & consultant. He is a Rotarian and also Rotary Deonar past president, Assistant Governor Dist.3141, 2018-19) for providing insights on the domains of Resilience.

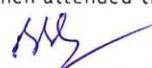
Rotaract club of SIESCE took an initiative to collaborate with other Rotaract clubs of District 3141.

The PR messages and the personalized PR graphic were made and circulated among all the clubs through whatsapp, instagram page. Coordinators from all the collaborating clubs contributed significantly in the broadcasting of the communication smoothly into their clubs.

Then, community service directors, Rtr. Sakshi Shiraskar and Rtr. Hitesh Lad forwarded the PR messages in the club group and told everyone about the benefits of the project and also asked everyone to participate.

All the participants joined the common whatsapp group and then attended the session.



  
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3VsNg7C19mfXUVV8tG5E

We received a positive and health feedback from everyone attending the session. Many participants asked questions and their concerns related to the topic, Dr. Shankar Chawla made sure to clear all their concerns and doubts and ended the session on a very positive note. The speaker was impressed by the work done by the team and was delighted to be able to help and guide a huge amount of people.

Income	0	Expenditure	0
<b>Sr</b>	<b>Member ID</b>	<b>Member Name</b>	
1	RTR01715	Hitesh Lad	
2	RTR01716	Sakshi Shiraskar	
Home Club	7	Alumni	0
District Council Members	0	Other Club	0
		Other PIS	0
Rotarians	0	<b>Total</b>	<b>116</b>
Guest	109		

Joint Project

<b>Sr</b>	<b>Club Name</b>	
1	Rotaract Club of Worli Lalbaug	
2	Rotaract Club of Lokhandwala	
3	Rotaract Club of Bombay Airport	
4	Rotaract Club of Lala Lajpat Rai College	



## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR RESILIENCE

NAME OF ATTENDEES:-


1. RTR HITESH LAD
2. RTR SAKSHI SHIRASHKAR
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR SAKSHI PATIL
6. RTR MANSI SAWANT
7. RTR SAKSHI KATARIA

Rotaract Co-ordinator 2020-21

Pratik Barve

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Cardiac Check	Venue	Instagram
Time Stamp	2020-10-07 14:33:34.859063	Project Status	Early
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service	Avenue 2	Social Media
Start Time	29-09-2020 00:00:00	End Time	29-09-2020 23:59:00
Project Level	Club		

To inform people that cardiovascular diseases, including heart diseases and stroke, is the world's leading cause of death claiming 17.9 million lives each year, and highlight the actions of individuals that could prevent and control cardiovascular diseases.

To drive action to educate people that by controlling risk factors such as tobacco use, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be avoided.


To educate, inspire and motivate people to keep their hearts healthy while encouraging them to inculcate healthy habits amongst themselves.

The project idea was discussed among the digital communication, social media head and the community service team so as to carry out the project effectively.

Then it was finalized that the content would be provided by the community service team and the digital communication would go ahead with making the JPEG and finally the social media team would ensure that it is reached the targeted audience.

The idea was discussed with the core team and after seeking everyone's approval the disease i.e. **Congenital Heart Disease** was finalized on which the awareness programme would be carried out.



  
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The Congenital Heart Disease Flyers helped me to know more about the Cardiovascular diseases (CVD) and their causes along with the methods of prevention of CVD. The jpegs were quite informative and made us aware about the adverse effects and jeopardy of the disease.

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01716	Sakshi Shiraskar
2	RTR01715	Hitesh Lad

Home Club	3	Alumni	0
District Council Members	0	Other Club	0
Rotarians	0	Other PIS	0
Guest	0	Total	3

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR CARDIAC CHECK

NAME OF ATTENDES:-

1. RTR SAKSHI SHIRASHKAR
2. RTR HITESH LAD
3. RTR LOKESH THAWANI

Rotaract Co-ordinator 2020-21

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Act to Interact	Venue	Facebook, Google meets
Time Stamp	2020-10-08 11:39:49.227599	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service		
Start Time	19-09-2020 12:00:00	End Time	26-09-2020 12:00:00
Project Level	Club		

Rotaract Club of Bombay Airport along with Project Bodhan presented a phenomenal seminar for all the youngsters that runs around ISL i.e. Indian Sign Language. Act To Interact 2020 was organized to not only brief everyone about what ISL is but to also let people experience and grasp knowledge about the same.

In India, there are a lot of people who are deaf and mute themselves and they try their best to fit into the life of others however we wanted to create awareness and explain people the importance of sign language in India. Thereby, we made sure that our messages were spammed across well enough on social media so that the younger generation is keen on knowing about the same. Along with that our RCBA Instagram handle also shared a lot of posts about this engaging event. Moreover, our audiences also put a word forward after every seminar that they attended to their fellow friends causing a wide spread of people knowing about our event. It was therefore of much help to us to reach our goal of spreading the knowledge and the idea of Indian Sign Language.

  
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We received a positive and health feedback from everyone attending the session. It was really a knowledgeable and interactive session. Today's generation needs to know about Indian Sign Language and this session lived up to its expectations.

Income	0	Expenditure	0
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Sr	Member ID	Member Name
1	RTR01716	Sakshi Shiraskar
2	RTR01715	Hitesh Lad

Home Club	10	Alumni	0
District Council Members	2	Other Club	0
		Other PIS	0
Rotarians	0	Total	120
Guest	108		

Joint Project ✓

Sr	Club Name
1	Rotaract Club of Deonar
2	Rotaract Club of VES College of Pharmacy
3	Rotaract Club of Ghanshyamdas Saraf College
4	Rotaract Club of Mulund
5	Rotaract Club of M.L. Dahanukar College
6	Rotaract Club of S.K. Somaiya College
7	Rotaract Club of Andheri
8	Rotaract Club of TCET

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR ACT TO INTERACT

NAME OF ATTENDES:-


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR NIDHEE BHANUSHALI
5. RTR HARDIK SHAH
6. RTR PASHAM LUND
7. RTR SAKSHI KATARIA
8. RTR MANSI GURAV
9. RTR RUCHI BHOSALE
10. RTR MALHAR PATIL

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Solace:Phase 1 - Art Therapy	Venue	Zoom App
Time Stamp	2020-10-10 10:51:58.184896	Project Status	Early
Reporting Month	October		
Quarter	Two		
Avenue 1	Community Service	Avenue 2	Professional Development
Start Time	03-10-2020 19:00:00	End Time	03-10-2020 20:00:00
Project Level	Club		

To distress people and calm their mind with the help of Art Therapy.

- COVID-19 pandemic has slowed down the pace of this face moving wherein most of the people are confined with four walls of their houses for the past 6 months.
- This has really affected mental health of people, so it is the need of the hour to introduce them to a method which is new, effective and fun. Rotaract Club of Dahisar Coast decided to do community service initiative 'SOLACE', an initiative to distress ones in a lively manner.
- Rotaract Club of Dahisar coast approached Fortis Healthcare to conduct a session with us.
- This event was supported by Rotary Club of Mumbai Dahisar.
- As it is a community service initiative, we wanted to help masses through our initiative, so we invited other Rotaract clubs for collaboration to make this event a successful joint project.
- We had opened this session for all so that maximum people can get benefit from our initiative.
- So the co-host for this therapy session are:
  1. Rotaract Club of VPM's RZ Shah College
  2. Rotaract Club Of SIES College, Sion (W)
  3. Rotaract Club of Sydenham College
  4. Rotaract Club of Lala Lajpat Rai College
  5. Rotaract Club of RJ College
  6. Rotaract Club of VES College of Pharmacy
  7. Rotaract Club of S.K. Somaiya College

Distress, Frustration, Mental exhaustion are some of the conditions which are faced by almost everyone amidst covid pandemic.

Rotaract club of Dahisar Coast along with 7 other rotaract clubs, in association with Fortis Health

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We received positive & healthy feedback from everyone attending the session.  
Participants shared their art work they had made during the session.

**Feedback Link-**

<https://docs.google.com/spreadsheets/d/1lX5P3c0zj2swGA2bnEnQlElqZ6K91WDnCU8Tvxs9g/edit?usp=sharing>

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01716	Sakshi Shiraskar
2	RTR01715	Hitesh Lad

Home Club	13	Alumni	0
District Council Members	2	Other Club	22
		Other PIS	0
Rotarians	1	Total	216
Guest	178		

Joint Project ✓

Sr	Club Name
1	Rotaract Club of Dahisar Coast
2	Rotaract Club of VPM'S R .Z. Shah College
3	Rotaract Club of SIES College Sion (W)
4	Rotaract Club of Sydenham College
5	Rotaract Club of Lala Lajpat Rai College
6	Rotaract Club of R.J. College
7	Rotaract Club of S.K. Somaiya College

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR SOLACE PHASE 1- ART THERAPY

NAME OF ATTENDES:-

1. RTR PASHAM LUND
2. RTR LOKESH THAWANI
3. RTR ANUSHKA KHATNANI
4. RTR SAKSHI PATIL
5. RTR HARSHIL SHAH
6. RTR HARDIK SHAH
7. RTR KAVISH SANIL
8. RTR MANSI SAWANT
9. RTR NEHA DEMBRANI
10. RTR OJAS GADRE
11. RTR HITESH LAD
12. RTR SAKSHI SHIRASKAR
13. RTR SAKSHI KATARIA

Rotaract Co-ordinator 2020-21

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Solace: Phase 2- Music and Movement Therapy	Venue	Zoom
Time Stamp	2020-10-19 12:07:24.117926	Project Status	Early
Reporting Month	October		
Quarter	Two		
Avenue 1	Community Service	Avenue 2	Professional Development
Start Time	11-10-2020 19:00:00	End Time	11-10-2020 20:00:00
Project Level	Club		

To distress people and calm their mind with the help of Music and Movement Therapy.

- COVID-19 pandemic has slowed down the pace of this face moving wherein most of the people are confined with four walls of their houses for the past 6 months.
- This has really affected mental health of people, so it is the need of the hour to introduce them to a method which is new, effective and fun.
- Rotaract Club of Dahisar Coast decided to do community service initiative 'SOLACE - Phase 2: Music & Movement Therapy', an initiative to distress ones in a lively manner.
- Rotaract Club of Dahisar coast approached Fortis Healthcare to conduct a session with us.
- This event was supported by Rotary Club of Mumbai Dahisar.
- As it is a community service initiative, we wanted to help masses through our initiative, so we invited other Rotaract clubs for collaboration to make this event a successful joint project
- We had opened this session for all so that maximum people can get benefit from our initiative.
- So the co-host for this therapy session are:
  - > Rotaract Club of VPM's RZ Shah College
  - > Rotaract Club Of SIES College, Sion (W)
  - > Rotaract Club of Sydenham College
  - > Rotaract Club of Lala Lajpat Rai College
  - > Rotaract Club of RJ College
  - > Rotaract Club of VES College of Pharmacy
  - > Rotaract Club of Kolhapur, RID 3170
  - > Rotaract Club of MNIT, Jaipur, RID 3054



  
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We received positive & healthy feedback from everyone attending the session.  
Participants shared their art work they had made during the session.

**LINK FOR FEEDBACK-**

[https://drive.google.com/file/d/1hrrh\\_1Q2WRFxp4FZNDqxmCp15Ye0chH/view?usp=sharing](https://drive.google.com/file/d/1hrrh_1Q2WRFxp4FZNDqxmCp15Ye0chH/view?usp=sharing)

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	11	Alumni	0
District Council Members	1	Other Club	18
		Other PIS	0
Rotarians	1	Total	158
Guest	127		

**Joint Project**

Sr	Club Name
1	Rotaract Club of Dahisar Coast
2	Rotaract Club of VPM'S R .Z. Shah College
3	Rotaract Club of SIES College Sion (W)
4	Rotaract Club of Sydenham College
5	Rotaract Club of Lala Lajpat Rai College,
6	Rotaract Club of R.J. College

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR SOLACE: PHASE 2---MUSIC AND MOVEMENT THERAPY

NAME OF ATTENDES:-


1. RTR.HITESH LAD
2. RTR SAKSHI SHIRASKAR
3. RTR SAKSHI KATARIA
4. RTR RUCHI BHOSALE
5. RTR NISHANT CHANG
6. RTR SALONI RANE
7. RTR KAVISH SANIL
8. RTR YUVRAGIKA TIWARI
9. RTR OJAS GADRE
10. RTR HARDIK SHAH
11. RTR HARSHIL SHAH

Rotaract Co-ordinator 2020-21

Pratik Barve

Asst Professor, VES COP



  
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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Security Affairs	Venue	Zoom meets
Time Stamp	2020-12-01 17:59:53.923996	Project Status	On Time
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	01-11-2020 19:00:00	End Time	01-11-2020 20:00:00
Project Level	Club		

The aim of the project was to make people aware about cybercrime. With so much of our daily lives conducted online these days, the lack of awareness about cyber security makes most people an easy victim to hacking, data sharing of online payment systems, frauds. To summarize, one single vulnerability is all an attacker needs.

Initially, a message was sent on our club group to recommend a speaker for the event. Rtr. Raj Bora asked us to contact Mr. Sachin Dedhia, an Independent Cybercrime Investigator and the CEO of Skynet Secure Solutions.

Meanwhile Rtr. Nikhita KT contacted him for the same. Fortunately, Sir accepted our invitation.


To spread the message and importance of cyber security the Rotaract Club of King's Circle, Matunga looked for collaboration with other clubs from the district. With seven clubs in collaboration for our project, the session was planned on 1st of November.

The same was communicated with sir and PR message and posters were released on 29th October. Coordinators from respected collaborating clubs worked significantly in broadcasting all the communications to their club members and uploading on their respective social media handles.

Feedback form for the participants was also prepared.

Considering the rise in number of crimes related to money looting via online payment platform,



  
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**Follow up/Feedback-**

<https://docs.google.com/spreadsheets/d/1niu03bjQck4vWpk1Btxd2lfGuby1S33PvwNTT6UiCok/edit?usp=sharing>

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar

Home Club	10	Alumni	0
District Council Members	2	Other Club	1
		Other PIS	0
Rotarians	0	Total	83
Guest	70		

Joint Project

Sr	Club Name
1	Rotaract Club of Bombay Pier
2	Rotaract Club of King's Circle Matunga
3	Rotaract Club of Government Dental College
4	Rotaract Club of Indian School of Management and Entrepreneurship
5	Rotaract Club of VPM'S R .Z. Shah College
6	Rotaract Club of Mumbai Mulund South
7	Rotaract Club of TCET

Club Rotaract Club of VES College of Pharmacy Zone Zone 3A

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR SECURITY AFFAIRS

NAME OF ATTENDES:-

1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SAKSHI PATIL
4. RTR NIDHEE BHANUSHALI
5. RTR HARDIK SHAH
6. RTR PASHAM LUND
7. RTR SAKSHI KATARIA
8. RTR MANSI GURAV
9. RTR RUCHI BHOSALE
10. RTR MALHAR PATIL

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Diabeto-Buzz	Venue	Google form and quizizz.com
Time Stamp	2020-12-01 18:16:17.073692	Project Status	Early
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	07-11-2020 13:00:00	End Time	22-11-2020 20:00:00
Project Level	Club		

To spread awareness about the metabolic disorder and the complications caused by the disease in an individual's body.

Diabetes is today a major health issue in almost all the countries. Around 9.3 percent of the global adult population suffered from diabetes in 2019 - by the year 2045 this number is expected to rise to almost 11 percent. It is essential that people across diverse regions and backgrounds are made aware of the implications of this disorder.

To educate people about diabetes and teach them the importance of managing and treating this condition.

As "World Diabetes Day" was approaching, the Community service team of RCVESOP came up with an idea of organizing a small awareness quiz on Diabetes.


The project idea was discussed with the core team and it was finalized that the quiz is to be conducted in 2 rounds.

The first round was finalized to be carried out on Google form and the second round would be on "quizizz.com" so as to inculcate some enthusiasm among the participants and make this awareness program a little fun-learning too.

The very next step was to finalize the set of questions which was done by the community service team, and the digital communication simultaneously started working on the making the JPEG and finally the social media team ensured that it reached the targeted audience.

Diabetes Awareness has become the need of the hour amidst the rising proportion of diabetic people in both urban as well as rural communities. With a large disparity in economies in developed



  
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From the second round, top 3 winners were chosen and they were awarded e-certificates. The results were posted on our social media handles too.

Link for pictures: [https://drive.google.com/folderview?id=1b35zVDVixmK9U\\_XcgUu5CUqRcxvfwEg](https://drive.google.com/folderview?id=1b35zVDVixmK9U_XcgUu5CUqRcxvfwEg)

The participants really liked the quiz as they got to know more about the disease, its types, do's and don'ts.

The myth busters at the end of the quiz was really appreciated as they were some of the common misconceptions which people had been believing for long, but were baseless.

Income		0	Expenditure		0
<b>Sr</b>	<b>Member ID</b>		<b>Member Name</b>		
1	RTR01715		Hitesh Lad		
2	RTR01716		Sakshi Shiraskar		
<b>Home Club</b>		23	<b>Alumni</b>		0
<b>District Council Members</b>		0	<b>Other Club</b>		9
			<b>Other PIS</b>		0
<b>Rotarians</b>		0	<b>Total</b>		104
<b>Guest</b>		72			

<b>Club</b>	Rotaract Club of VES College of Pharmacy	<b>Zone</b>	Zone 3A
<b>Rotaract Year</b>	2020-21	<b>Document Status</b>	submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR DIABETO BUZZ

NAME OF ATTENDES:


1. RTR SAKSHI SHIRASKAR
2. RTR HITESH LAD
3. RTR SALONI RANE
4. RTR NISHANT CHANG
5. RTR YUVRAGIKA TIWARI
6. RTR PASHAM LUND
7. RTR LOKESH THAWANI
8. RTR ANUSHKA KHATNANI
9. RTR SAKSHI PATIL
10. RTR HARSHIL SHAH
11. RTR HARDIK SHAH
12. RTR KAVISH SANI
13. RTR MANSI SAWANT
14. RTR NEHA DEMBRANI
15. RTR OJAS GADRE
16. RTR TANVI SHIVNEKAR
17. RTR RUCHI BHOSALE
18. RTR MANSI GURAV
19. RTR MALHAR PATIL
20. RTR SIDDHESH PANSARE
21. RTR NIDHEE BHANUSHALI
22. RTR ANJALI WAYBASE
23. RTR HRITUJA KHUSPE

Rotaract Co-ordinator 2020-21

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Abhyudaya - Zonal Book and Stationary Donation Drive	Venue	Maranatha Orphanage, Chembur, Mumbai; Aai Caretaker NGO, Vashinaka, Mumbai; Salvation Army Women and Children Home, Sion, Mumbai; and Commu
Time Stamp	2020-12-10 23:04:08.332899	Project Status	On Time
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service		
Start Time	02-11-2020 09:00:00	End Time	10-11-2020 23:00:00
Project Level		Zone	

To collect & donate books and stationaries to the underprivileged kids of various oragnisations.

The R.E.A.L. Team was first trained on the process of conducting a project by the ZRRs Rtr. Harshita & Rtr. Vidhit

While they were being trained, everybody brainstormed together on the idea.

Work was distributed amongst the R.E.A.L. team members.

A list of NGOs was made where donations could be possible and were contacted as well.

Permissions were taken along with their requirements.

PR messages and creatives were made to ask for donations.



  
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Home Club	1	Alumni	0
District Council Members	2	Other Club	0
		Other PIS	0
Rotarians	0	Total	17
Guest	14		

Joint Project ✓

Sr	Club Name
1	Rotaract Club of Mumbai Shivaji Park
2	Rotaract Club of Bombay Uptown
3	Rotaract Club of Bombay Chembur West
4	Rotaract Club of Deonar
5	Rotaract Club of G.N. Khalsa College
6	Rotaract Club of SIES Sion East
7	Rotaract Club of SIES Sion West
8	Rotaract Club of Mumbai Wadala East
9	Rotaract Club of Medicrew
10	Rotaract Club of King's Circle Matunga

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR ABHYUDAYA-ZONAL BOOK AND STATIONARY DONATION DRIVE

NAME OF ATTENDES:


1.RTR OJAS GADRE

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Know Your Vaccine	Venue	Instagram
Time Stamp	2021-04-03 16:43:12.421826	Project Status	On Time
Reporting Month	March		
Quarter	Three		
Avenue 1	Community Service	Avenue 2	Social Media
Start Time	08-03-2021 10:00:00	End Time	09-03-2021 10:00:00
Project Level	Club		

The aim of the project was:-

To raise awareness about the importance of getting the vaccinated in prescribed doses and schedule.

To drive action to educate people that getting immunized is a community duty as the protection against these diseases ensures that you will not pass them to others who are not immunized and perpetuate the cycle of illness.

To focus on the importance of vaccinating children in order to avoid suffering uncomfortable and painful symptoms.


The project idea was discussed among the social media head and the community service team so as to carry out the project effectively.

Then it was finalized that the content would be provided by the community service team and the social media head would go ahead with making the JPEG and video and would ensure that it reaches the target audience.

The idea was discussed with the core team and after seeking everyone's approval the project name Know your Vaccine was finalized- an awareness programme.

Vaccination is a simple, safe, and effective way of protecting people against harmful diseases, before they come into contact with them. It uses your body's natural defenses to build resistance to specific infections and makes your immune system stronger.



  
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We managed to receive quite positive feedback from the audience as all their doubts were addressed regarding the vaccine that are introduced today in the market. The fact that we stressed on PEGs and animated video helps people understand things in a better way.

Income 0 Expenditure 0

Sr	Member ID	Member Name
1	RTR01715	Hitesh Lad
2	RTR01716	Sakshi Shiraskar
3	RTR01730	Sakshi Patil

Home Club	3	Alumni	0
District Council Members	0	Other Club	0
		Other PIS	0
Rotarians	0	Total	3
Guest	0		

Club Rotaract Club of VES College of Pharmacy Zone Zone 3A  
 Rotaract Year 2020-21 Document Status submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR KNOW YOUR VACCINE

NAME OF ATTENDES:


1. RTR SAKSHI PATIL
2. RTR SAKSHI SHIRASKAR
3. RTR HITESH LAD

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## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project Name	Shaping Future 2.0	Venue	Google Meets
Time Stamp	2021-05-21 18:32:31.397408	Project Status	On Time
Reporting Month	May		
Quarter	Four		
Avenue 1	Community Service		
Start Time	31-10-2020 16:00:00	End Time	01-05-2021 18:00:00
Project Level	Club		

To provide basic education to underprivileged kids.

1. RCVESCOP team was contacted by The Movement team regarding this project. A meeting of core members was set up with The Movement team in which they briefed the RCVESCOP team regarding the project and how it has to be carried out.
2. A google form was made and members who wanted to volunteer enrolled themselves for volunteering.
3. Finally, a group of RCVESCOP volunteers with The Movement team and Sahara NGO was made in which the lesson plan and the zoom links were shared.

  
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Home Club	13	Alumni	0
District Council Members	0	Other Club	0
Rotarians	0	Other PIS	0
Guest	0	Total	13

Club	Rotaract Club of VES College of Pharmacy	Zone	Zone 3A
Rotaract Year	2020-21	Document Status	submitted

## ROTARACT CLUB OF VES COLLEGE OF PHARMACY

### ATTENDANCE FOR SHAPING FUTURE 2.0

NAME OF ATTENDES:

1. RTR SUPRITA BHIDE
2. RTR SAKSHI SHIRASKAR
3. RTR HITESH LAD
4. RTR MANSI GURAV
5. RTR SAKSHI KATARIA
6. RTR HARDIK SHAH
7. RTR ANUSHKA KHATNANI
8. RTR MANSI SAWANT
9. RTR PASHAM LUND
10. RTR ANJALI WAYBASE
11. RTR HARSHIL SHAH
12. RTR KAVISH SANIL
13. RTR NAMITA DOKE

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### **Activities organized by Public Health Office (PHO) of VES College of Pharmacy (2020-21)**

Sr. No	Event organized	Location for event	Date	Participated population / Target audience	Number of VESCOP students participating in the event
1	Blood And Blood products Quiz	Online / Social Media	7 <sup>th</sup> Januray to 15 <sup>th</sup> January 2021	571	12
2	Quiz (Ayurveda)	Online / Social Media	18 <sup>th</sup> October to 26 <sup>th</sup> October 2020	418	4
3	Quiz (Pollution)	Online / Social Media	20 <sup>th</sup> November to 28 <sup>th</sup> November 2020	273	3
4	World Health Day – WorldAIDS Day Campaign	Online / Social Media	1 <sup>st</sup> December 2020	38	21
5	Innovative Campaign- CarbonFootprint Awareness	Online / Social Media	4 <sup>th</sup> February to 6 <sup>th</sup> February 2021	Online posts	25





Hashu Advani Memmorial Complex, Behind Collectors Colony, Chembur (E), Mumbai – 74

6	Lockdown Health Awareness Campaign	Online / Social Media	30 <sup>th</sup> October and 1 <sup>st</sup> November 2020	80	17
7	Community Outreach Campaign	Online / Social Media	13 <sup>th</sup> November 2020	Online post	13
8	Pharmacy Profession Awareness Camp	Online / Social Media	16 <sup>th</sup> January 2021	112	11
9	First Aid Camp	Online / Social Media	7 <sup>th</sup> February 2021	68	4

**PUBLIC HEALTH OFFICE 2020-21**  
**Indian Pharmaceutical Association-**  
**Maharashtra State Branch Students Forum**

**Activity Report – “Blood and Blood Products” Quiz**

- **Type of the campaign:** Blood and Blood Products' Quiz
- **College Code:**02

**Coordinator of Activity and her/his email address and contact number:**

Mr. Pratik Barve  
+91 9619515815.

**Digital platform/s where the event was conducted:**

Sr. No.	Name of the digital platform along with the social media handle	Date	Activity
1.	Instagram: CODE NO.2	07/01/21- 15/01/21	Quiz
2.	Twitter: CODE NO.2	07/01/21- 15/01/21	Quiz
3.	Facebook: CODE NO.2	07/01/21- 15/01/21	Quiz

**Number of target audience:** 571

**List of volunteers and their contact numbers:**  
**(Scanned IDs to be attached at the end with the photos)**

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Arbaaz Khan	9769603649
HabilHirkani	8850020130	Akansha Soman	8828482903
Prajakta Deole	7400208850	Upasana Tiwari	9819971088
Umang Ashar	7045887161	Gerard Fernandes	7045650190
Shubhangi Yamgar	9137189885	Anupama Nair	8104584668
Ankita Rai	9136249700	Aayushi Dumbre	9324238606



*SS*  
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**Chembur, Mumbai - 400 074**

**Description of the activity:**

**Quiz:** Blood and Blood Products

**Methods used for conducting the campaign:**

This camp was conducted from January 7<sup>th</sup> to January 15<sup>th</sup>, 2021 via Google Forms to spread awareness regarding blood and blood products. If you donate food, you give food! But if you donate blood, you give life. Blood is one of the most crucial components of living beings. Along with blood, its products also play a chief role in the human body. Blood transports nutrients along with oxygen. A blood product is any therapeutic substance derived from human blood, including whole blood and other blood components for transfusion and plasma-derived medicinal products. Blood products act as therapeutics. Red blood cells, white blood cells, platelets are a few components used in blood products. Every individual requires blood, so it is of utmost importance to spread awareness about blood and blood products. This quiz was divided into sections such as blood composition, blood disorders, blood donation and blood collection and preservation for better understanding. Some of the quiz questions were a brain teaser for the attempters. This quiz has created awareness about blood and blood products and made a huge difference-certificates were provided as a token of appreciation.

**Advertisement of the activity:**

A promotional message was circulated by the PHO members within all their contacts. PR messages were circulated on a day-to-day basis so as to encourage more and more people to take up the quiz. Various social media sites such as WhatsApp, Facebook and Twitter were used to reach a larger group of audience. In this way the quiz was promoted on various platforms.

**Result of your activity:**

A total of 571 responses are evidence of the success of this quiz. The sole purpose of the quiz was served after taking a look at the responses. Most people are aware about blood but very few are aware about Blood products. After attempting the quiz, most of the people are now aware about blood and specifically blood products. This quiz has surely been a great way of spreading awareness.



## Activity Report –“QUIZ” (AYURVEDA)

- College Code:02
- Coordinator of Activity and her/his email address and contact number:  
Mr. Pratik Barve  
9619515815.
- Digital platform/s where the event was conducted:

Sr. No	Name of Platform & Social Media Handle	Date	Activity
1.	Instagram: vescop.pho	18/10/20 - 26/10/20	Quiz
2.	LinkedIn: VESCOP- PHO	18/10/20 - 26/10/20	Quiz
3.	Twitter: VESCOP.PHO	18/10/20 - 26/10/20	Quiz
4.	Facebook: VESCOP.PHO	18/10/20 - 26/10/20	Quiz


- Target Audience: 418.
- List of volunteers and their contact numbers:  
(Scanned IDs attached at the end with the photos)

Name	Contact no.
Khan Arbaaz	9769603649
Kadu Archit	9029467546
Gadre Ojas	7045682074
Soman Akanksha	8828482903

### Description of the activity:

- ❖ Methods used for conducting the quiz:



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Ayurveda is considered by many scholars to be the oldest healing science. In Sanskrit, Ayurveda means 'The Science of Life'. Ayurvedic knowledge originated in India more than 5,000 years ago and is often called the 'Mother of All Healing'. It stems from ancient Vedic culture and was taught for many years in an oral tradition by accomplished masters to their disciples. Some of this knowledge was set to print a few thousand years ago, but much of it is inaccessible. The principles of many of the natural healing systems now familiar in the west have their roots in Ayurveda, including Homeopathy and Polarity therapy.

On this note, the Public Health Office of CODE NO. 2 conducted a quiz on 'Ayurveda' through a Google Form on the above mentioned social media handles from the 18<sup>th</sup> of October to 26<sup>th</sup> of October. The aim of the quiz was to create awareness about Ayurveda and Ayurvedic medicines. A Google Form was created comprising of twenty questions which covered different aspects of Ayurveda like its origin, literature, ministry, marketed products, and uses. The quiz also underlined the significance of traditional knowledge and why it is important to not ignore it.

❖ **Advertisement of activity:**

A poster and a trailing message was created for promotion of the quiz which was circulated via various social media pages. Apart from this, promotion on a personal level was done by the committee members by their own personal resources.

❖ **Result of your activity:**

The volunteers enthusiastically prepared & promoted the quiz. In approximately 8 days, 418 unique responses were recorded. All the questions were answered and the beneficiaries got a wholesome idea about Ayurveda, its importance and the crucial role it still plays in our day-to-day life. This ensured that the objective of the Quiz was fulfilled. Through this Google Form, an attempt to make people aware about various Ayurvedic drugs and its ancient rich history was made.

## Activity Report – “QUIZ” (POLLUTION)

- **College Code: 02**
- **Co-ordinator of Activity and her/his e-mail address and contact number:**  
Mr. Pratik Barve  
CODE NO. 2  
9619515815.
- **Digital platform/s where the event was conducted:**

Sr. No.	Name of Platform & Social Media Handle	Date	Activity
1.	Instagram: vescop.pho	20/11/20 - 28/11/20	Quiz
2.	Twitter: VESCOP.PHO	20/11/20 - 28/11/20	Quiz
3.	Facebook: VESCOP.PHO	20/11/20 - 28/11/20	Quiz

- **Target Audience: 273**
- **List of volunteers and their contact numbers:**  
(Scanned IDs attached at the end with the photos)

Name	Contact no.
Ankita Rai	9136249700
Haabil Hirkani	8850020130
Gerard Fernandes	7045650190

### Description of the activity:



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❖ **Methods used for conducting the quiz:**

Pollution is any kind of impurity. Factually, it can be described as the addition of substances to the environment faster than the environment can dispose, recycle, decompose or store it in a harmless state. There are different types of pollution including air, water, soil and sound pollution and all these continue to cause major problems. In the quest to better our lives, we forget or rather ignore the negative impacts such deeds can have on the environment. The fumes that emerge from factories and vehicles not only make it difficult to breathe but also affect the ozone layer. The garbage, honking and blaring music are all menaces that we should aim to reduce for a better planet.

On this note, the Public Health Office of CODE NO. 2 conducted a quiz on 'Pollution' through a Google Form on the above mentioned social media handles from the 20<sup>th</sup> of November to the 28<sup>th</sup> of November, 2020. The aim of the quiz was to give a reality check on Pollution and it's cascading effects on environment and human life . A Google Form was created consisting of twenty questions which covered different aspects of Pollution like its causes, effects, laws, hazards, and disastrous instances. The quiz underlined the fact that although pollution is a serious issue affecting our planet today, many people still continue to turn a blind eye to it. Our physical and psychological wellbeing is affected by the kind of pollution we are exposed to. There are many organs and bodily functions that can be harmed, the consequences include but are not limited to respiratory, nervous, cardiovascular damage, harm to liver, spleen and blood, fatigue, headache, anxiety, infertility, and irritation to eyes, nose and throat. This therefore suggests an urgent need to tackle the issue to prevent further damage.

❖ **Advertisement of activity:**

A poster and a trailing message was created for the promotion of the quiz which was circulated via various social media pages. Apart from this, promotion was done by the committee members through WhatsApp.

❖ **Result of your activity:**

The volunteers enthusiastically prepared & promoted the quiz. In the allotted 9 days, 273 unique responses were recorded. All the questions were answered and the beneficiaries got an eye opener on Pollution and the threat it possesses. This ensured that the objective of the quiz was fulfilled. To sum it up, all types of pollution are hazardous and come with grave consequences. Tackling pollution calls for joint efforts, so everyone from individuals to industries should join hands to take steps towards change. All of us must take a stand and make our voices heard to make our planet pollution free.



## Activity Report – “World Health Day – World AIDS Day” Campaign

College Code:02

Coordinator of Activity and her/his email address and contact number:

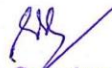
- Mr. Pratik Barve  
9619515815
- Sakhi Chaar Chowgi Trust  
Anu Gauri  
8108281665

Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	Google meet	1 <sup>st</sup> December, 2020	5-6 pm	Webinar
2.	Instagram	1 <sup>st</sup> December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif
3.	Facebook	1 <sup>st</sup> December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif
4.	Twitter	1 <sup>st</sup> December, 2020		1)World AIDS Day – Break the stigma, not the stigmatized – Video 2)Gif

Number of target audience (in case of webinar/ live stream): 38



  
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**List of volunteers and their contact numbers:**

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Prachi Singhvi	8433626265
Haabil Hirkani	8850020130	Saurabh Yadav	8652135130
Anupama Nair	8104584668	Hardik Shah	7021518772
Prajakta Deole	7400208850	Harshil Shah	9004123431
Aayushi Dumbre	9324238606	Ojas Gadre	7045682074
Akshay Gaikwad	9082620256	Ankita Rai	9136249700
Ashok Choudhary	8879428237	Arbaaz Khan	9769603649
Bhairavee Chimane	7045635257	Gerard Fernandes	7045650190
Gurpreet Kaur	9892284416	Shubhangi Yamgar	9137189885
Nandani Singh	9768569608	Upasana Tiwari	9819971088
Ambika Thakur	9004322016		

**Description of the activity:** World Health day: World AIDS Day

**Methods used for conducting the campaign:**

World AIDS Day is celebrated on 1<sup>st</sup> December every year since 1988 in order to spread awareness of the AIDS pandemic. AIDS is a disease that can develop in people with HIV. It's the most advanced stage of HIV. But just because a person has HIV doesn't mean they'll develop AIDS. HIV is a virus that damages the immune system. The immune system helps the body fight off infections. Untreated HIV infects and kills CD4 cells, which are a type of immune cell called T cells. Over time, as HIV kills more CD4 cells, the body is more likely to get various types of infections and cancers.


HIV is transmitted through bodily fluids that include:

- blood
- semen
- vaginal and rectal fluids
- breast milk

The virus doesn't spread in air or water, or through casual contact.

On December 1<sup>st</sup> 2020, CODE NO.2 in Collaboration with Sakhi Char Chowgi Trust, a trust run by transgender, took on this mission to eradicate social stigmas prevalent in the society about this disease, and spread awareness in the process. A webinar was organized, where speaker Anu Gauri and Rakhi Tambe elaborated on the various aspects of AIDS including the spread of the disease, its prevention and treatment facilities available. They also enlisted the hospitals in which the government



  
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## Activity Report – “Innovative Campaign-Carbon Footprint Awareness”

Type of the campaign to be mentioned – Innovative camp

College Code: 02

Coordinator of Activity and her/his email address and contact number:

Mr. Pratik Barve  
9619515815

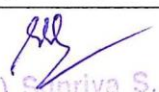
Digital platform/s where the event was conducted:

Sr. no	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	YouTube	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo
2.	Facebook	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days
3.	Instagram	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days 4)Commut-e-carbon
4.	Twitter	04/02/2021 to 06/02/2021	NA	1)Video Survey 2)Calculator Demo 3)Gif – of all 3 days
5.	Website (blog)	04/02/2021 to 06/02/2021	NA	1)Result analysis article 2)Calculator

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Santhanalaxmi Kumaresan	7045582214	Sarita Sonar	7506850130
Haabil Hirkani	8850020130	Nistha Pal	8433871759
Prajakta Deole	7400208850	Ambika Thakur	9004322016
Arbaaz Khan	9769603649	Anjali Waybase	8652094043
Ankita Rai	9136249700	Divya Karepaka	9029640175



  
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provided free of cost testing and treatment for AIDS. Emphasis was made on the treatment and mental health counseling required by HIV positive patients. Light was shed upon the misconceptions to help eradicate them. A poetry about the turmoil faced by a person with AIDS due to the outlook of the society was recited. This was followed by a few quotes on AIDS Awareness by student volunteers. The audience were encouraged to interact with the volunteers and clear any doubts that they might have.

A video was released on the same day – 'World AIDS Day – Break the Stigma, Not the Stigmatized' on YouTube, Instagram, Facebook and Twitter. This video highlighted the dark side of the life of HIV positive individuals and focus was mainly on societal stigma on this disease. This video also includes the most famous misconceptions about the disease and the actual facts about the same. GIF is one of the most popular features among the young generation, it was used to call attention to basic aspects of awareness about AIDS. GIF made it easy to share the most important information in the most concise form.

**Advertisement of the activity:**

PR messages for both the YouTube video as well as the webinar were circulated through various social media sources. In order to have a greater reach, Sakhi Chaar Chowgi Trust also spread a word regarding the webinar. The Social media links for the video and Google meet link for the webinar were circulated via all the social media platforms and also promoted by student volunteers. GIF was posted on various social media platforms.

**Result of your activity:**

The volunteers enthusiastically participated in the activity with great zeal. Their cooperation and the willingness as the audience of the webinar, made this campaign a successful one. The Video titled "Break the Stigma, Not the Stigmatized" and AIDS Awareness GIF received various appreciable comments on the social media platforms.

Shubhangi Yamgar	9137189885	Anjali Dighe	8169079671
Gerard Fernandes	7045650190	Shrejal Kanojiya	8425973900
Upasana Tiwari	9819971088	Sneha Pillai	8928631482
Akansha Soman	8828482903	Rajpreet Kaur Buttar	7045510121
Anupama Nair	8104584668	Omkar Toke	9892437013
Aayushi Dumbre	9324238606	Roshni Jaiswal	8433505787
Shruti Kulkarni	9969143483	Mrunmay Joshi	8850376491
Umang Ashar	7045887161		

**Description of the activity-**

**Innovative Camp:** Carbon footprint Awareness

**Methods used for conducting the campaign:**

"A **carbon footprint** is the total greenhouse gas (GHG) emissions caused by an individual, event, organization, service, or product, expressed as carbon dioxide equivalent." Humans are the major contributors to greenhouse gases. Carbon footprints are one of the most ignored problems today. Transportation, electricity production, industries, commercial and residential emissions, agriculture, and land use are the major human activities that contribute to the carbon footprint. Carbon emissions, being a part of greenhouse gas emissions, are detrimental to the environment and contribute significantly towards climate change and resource depletion. The use of 5R's (Refuse, Reduce, Reuse, Recycle, and Rot) can benefit the reduced carbon footprint. By switching to public transport, turning off electrical appliances when not in use reduces carbon footprint. Carbon emissions can generate from a lot of sources, and they have pretty sizable contributions each. Little steps towards minimizing one's carbon footprint will go a long way in reversing climate change.

So, let's cut the CARB and reduce our Carbon Footprint.

This camp was conducted from 4<sup>th</sup> February to 6<sup>th</sup> February, 2021. The camp was organized in a series of events which had a sole purpose of creating more and more awareness about carbon footprint.

DAY 1: 4<sup>th</sup> February, 2021.

A survey video was uploaded on YouTube and a link was shared on all the social media platforms. This survey helped us to know about the knowledge people have about carbon footprint. Questions such as what is carbon footprint, what are the causes of carbon footprint etc. were asked. This video also helped to highlight Carbon footprint among the community. It gave clarity regarding the points to be the focus on during this camp. A GIF was shared on all social media handles. This gif gave a basic idea about what exactly Carbon footprint is.

DAY 2: 5<sup>th</sup> February, 2021.

On this day, a demonstration video on how to use the calculator that was available on our website was posted on YouTube and the link for the same was posted on Instagram, Facebook, etc. In the video, one of our volunteers briefly explained the steps for using the calculator. After watching this video, the individuals calculating their carbon footprint could do it



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with great ease. The calculator can help an individual to calculate his or her House, flights, car, motorbike, bus & rail as well as secondary carbon footprint. After calculating, one could clearly understand which activity of theirs created the most of the carbon footprint. After analysis of the results, one could easily reduce the carbon by switching to alternative ways wherever possible.

DAY 3: 6th February, 2021.

Commute-e-Carbon, an activity to find a solution to lessen the carbon was conducted. In this activity, anyone could portray their ideas through any form including art, poster, poems, quotes, slogans, etc. A PR message and jpg were propagated 2 to 3 days prior so as to give sufficient time for the participants to think and prepare. The ideas were supposed to be posted on Instagram handle and CODE NO.2 was to be tagged with a hashtag #rescuethefuture. The best ideas were featured on our Instagram handle and the participants were provided with an e-certificate to encourage their ideas. A gif was passed – around and posted on all social media handles with the message of growing more trees to reduce carbon footprint. A result of the activity was published on CODE NO .2 blog concluding the methods to lessen the carbon footprint and requirement for calculating the same.

**Advertisement of the activity:**

For the promotion of this camp PR messages along with jpg were used. The GIFs that were posted on various social media platforms were shared by the PHO members on their stories, status and via private messages. To encourage people to make the fullest of this carbon footprint calculator, a gif was circulated and posted on various social media platforms. On each of the days in some or the other way, this camp was promoted using all social media means.

**Result of your activity:**

While conducting and promoting this activity we observed that most of the people were unaware of carbon footprint. Most of them had heard such a term for the first time in their life. So, we can say that this camp was surely a success as the unheard Carbon footprint now is heard by many. The whole motto of the camp was justified.


**All the links used during the camp:**

Sr. No.	Date	Name of the digital Platform	Timing	Activity
	4 <sup>th</sup> February, 2021		NA	Video survey – Carbon Footprint
				GIF
Day 2	5 <sup>th</sup> February, 2021		NA	Carbon Footprint Calculator- A Demo
				GIF



				Calculator
Day 3	6 <sup>th</sup> February, 2021		NA	Registration of Commute-e- Carbon (Google form)
				Response excel sheet
				Result analysis article



  
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## Activity Report – “Lockdown Health Awareness” Campaign

College Code: 02

Co-coordinator of Activity and her/his e-mail address and contact number:

Mr. Pratik Barve  
9619515815

Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Timing (in case of webinar or live stream)	Activity
1.	YouTube	30 <sup>th</sup> October		Corona warriors' video
		31 <sup>st</sup> October		Covid safety measures video
		1 <sup>st</sup> November		Just breathe-Yoga webinar
2.	Instagram	30 <sup>th</sup> October		Meme-yard
		1 <sup>st</sup> November	11.30 am – 12.30 pm	Instagram live - interactions
		1 <sup>st</sup> November		Untold Stories
3	Facebook	30 <sup>th</sup> October		Corona warriors' video
		31 <sup>st</sup> October		Covid safety measures video
		1 <sup>st</sup> November		Just Breathe-Yoga webinar

**Aim and Objective:** To spread awareness about the effect of lockdown on health and make people understand how they can maintain their mental health.



**Number of target audience (in case of webinar/ live stream):**

Date	Activity	Target Audience
31 <sup>st</sup> October	Mask-e-teers	20
1 <sup>st</sup> November	Insta live	32
	Just breathe	28

**List of volunteers and their contact numbers:  
(Scanned IDs to be attached at the end with the photos)**

Name	Contact no.	Name	Contact no.
1. Ojas Gadre	7045682074	10. Sarita Sonar	7506850130
2. Tanvi Shivnekar	8850271870	11. Shruti Kulkarni	9969143483
3. Kirandeep Parihar	797708130	12. Ankita Rai	9136249700
4. Akansha Soman	8828482903	13. Shubhangi Yamgar	9137189885
5. Upasana Tiwari	9819971088	14. Umang Ashar	7045887161
6. Gerard Fernandes	7045650190	15. Santhanalaxmi Kumaresan	7045582214
7. Aayushi Dumbre	9324238606	16. Haabil Hirkani	8850020130
8. Nishta Pal	8433871759	17. Prajakta Deole	7400208850
9. Arbaaz Khan	9769603649		

**Description of the activity-** Lockdown Health Awareness Camp

**Methods used for conducting the campaign:**

"Health is a state of complete physical, mental and social well-being and is not merely the absence of disease or infirmity" Good health is the most valuable gift that any human being can receive. And this lockdown has affected our social, mental, and physical well-being. We need to spread more and more awareness about health during this lockdown. To contribute towards the community, we at CODE NO.2 held a '3-day Lockdown Awareness Camp' between 30<sup>th</sup> October to 1<sup>st</sup> November. The details of the camp are as follows,

Day-1: Corona Warriors Interview video -30<sup>th</sup>October  
Meme – yard voting time – 30<sup>th</sup> and 31<sup>th</sup>October

The interview of corona recovered patients was conducted. The warriors included a school student, few college students, a nurse, and a businessman so that the experience from



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different age groups is known. Questions regarding the symptoms, mental health, etc. were asked. As these warriors answered, we were able to find more about what exactly a person goes through when suffering from the Corona virus. These warriors being people just like us and still able to overcome such a virus will inspire many through their words and experience the video of these interviews was prepared and posted on Instagram, YouTube, and Facebook. A meme yard activity was held to spread awareness through the most trending memes on various social media and lighten up the stressful environment. Meme cartoon helps in relieving anxiety and improve moral which was the sole purpose of conducting this activity. A week was given to the participants for the submission of their memes as it requires time. The voting was conducted by keeping the count of likes the meme get after it was posted on the Instagram handle – CODE NO. 2 The voting was open for two days i.e., from 30<sup>th</sup> and 31<sup>st</sup> October. The top 3 memes were featured on Instagram.

Day 2: Covid safety measures video, Mask-e-teers evaluation- 31<sup>st</sup> October  
Meme yard Voting – 30<sup>th</sup> and 31<sup>st</sup> October

In continuation of the corona virus video, to spread awareness of safety measures to be taken during the lockdown video was released on YouTube, Instagram, and Facebook. Some of the topics covered in the video were the use of different masks, the use of sanitizers, and the significance of washing hands frequently as well as social distancing. Effective delivery and a short demonstration of how to wash hands helped in spreading awareness more efficiently. These measures being easy to be practiced by the common people will help them maintain their health. Moreover, this is one of the most important way to escape through Corona virus. Mask-e-teers, an activity conducted for the artist to display their creativity and inspire others to use masks by making them attractive on their own! To know the perspective of people, the participants had to explain what they want to convey through their painted masks This activity helped the participants and the audience to relive stress to certain extent because when people create something beautiful through painting, they stimulate the creative mind while relieving mental strain. A low stress level leads to a happier, healthier lifestyle and helps improve overall mental health which is a need. For the same, a Google meet held on 31st November between 6 pm to 7 pm, where the participants presented their mask and the message they had for the viewers. The winners were featured on Instagram with photos of masks. As the meme yard voting ended the count of likes was recorded.

Day 3: Live on Life (Instagram), just breathe (yoga webinar) and Untold Stories - 1st November

Today, as most of us are very active on Instagram- it's the best mode to spread awareness on a larger scale so an Instagram live was conducted on 1st November between 11.30 am to 12.30 pm. Numerous people actively participated and shared their views on lockdown and were asked a few questions by a PHO volunteer. The live helped people share their point of view on lockdown health. Many of the participants focused on how they started working on their hobbies to overcome anxiety. 'Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India.' Just breathe, a yoga webinar conducted on 1st November between 5.00 pm to 6.00 pm on Google meet. In this webinar the instructors demonstrated sitting and standing asana. As most of us are working or studying by sitting in a chair, for their convenience they demonstrated an asana that can be performed



using a chair. This webinar not only helped to attain physical and mental well-being but also social well-being as this was an interactive session. About 25 participants attended this session while a few performed along with the instructors. This session has thrown some light on how yoga can help in maintaining good health during this lockdown. At the end of the session a short Q&A session was conducted wherein the participants cleared all their doubts. The recording of this session was uploaded on YouTube so that more and more people could take advantage of it.

Along with these events, untold stories of in charge of blood banks were posted on Instagram. Mr. Bhimrao Jadhav Sir, Mrs. Neeta Dange ma'am and Mr. Prakash Sawant Sir of Pallavi Blood Bank, JJ Blood Bank and KEM Blood Bank respectively shared their stories. A deep message was received from the bottom of the heart of these unsung heroes, their heart cried for blood which saves a life and is short due to the lockdown and pandemic. Their stories have surely shaken our hearts. They work day and night for the good of the society without giving a thought about what if they get infected by Covid-19. The only motto of these untold stories is to spread awareness about blood donation during this crisis. There are many such untold stories and untold heroes and we should support these heroes by donating blood during this pandemic. The results of the activities were declared on 1<sup>st</sup> November on Instagram. A feedback form was circulated amongst all the participants and viewers so as to know the response of the people.

#### Advertisement of the activity:

PR messages were circulated amongst all the students and on various social media platforms. Along with the PR messages, the links for videos, Google meet and registration activities were circulated through WhatsApp and other social media.

#### Result of your activity:

This camp was a success as the feedback form had positive responses. Also, the views of the YouTube, Facebook and Instagram videos indicated the reach of the camp. This camp has created awareness amongst students and common people regarding all aspects of lockdown health including awareness about the corona virus, precautions and prevention, mental health during covid times and physical health.

#### All the links used during the camp:

Day	Date	Activity
Day 1	30 <sup>th</sup> October	<p><b>Video release – Corona warriors</b></p> <p><b>Meme yard</b> 1.Registration link</p>



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		2. List of participants (Excel sheet)
		3. Instagram link for voting
Day2	31 <sup>st</sup> October	<b>Video release- Covid safety measures</b>
		<b>Mask-e-teers:</b> 1.Registration link
		2. Submission link
		3. Evaluation Google meet link
		4. Link for mask-e-teers Google meet recording
Day 3	1 <sup>st</sup> November	<b>Instagram live:</b> 1.Instagram handle
		2. Instagram Live video link
		<b>Just breathe:</b> 1.Google meet link
		2. Google meet recording
		YouTube Link
		Facebook link
		3. Feedback link
		4. Feedback response link:
		<b>Untold Stories:</b>

## Activity Report – Community Outreach Campaign

College Code: 02

Coordinator of Activity and her/his email address and contact number:

- Mr. Pratik Barve  
9619515815


Digital platform/s where the event was conducted:

Sr. no.	Name of the digital platform along with the social media handle	Date	Activity
1.	YouTube	13/11/20	Video upload
2.	Facebook	13/11/20	Video upload
3.	Instagram	13/11/20	Video upload

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Haabil Hirkani	8850020130	Akanksha Soman	8828482903
Harshil Shah	9004123431	Saloni Rane	9082457905
Hitesh Lodh	9920056325	Shrejal Kanojiya	8425973900
Arbaaz Khan	9769603649	Tejasvi Thube	8291727504
Sarita Sonar	7506850130	Omkar Toke	9892437013
Nishta Pal	8433871759	Upasana Tiwari	9819971088
Anjali Dighe	8169079671		



  
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❑ **Description of the Activity:**

❖ **Methods Used for Conducting the Campaign:**

A vaccination is a drug that contains a killed or weakened organism that produces immunity in the body against that organism ([www.vaccines.gov](http://www.vaccines.gov)). People of all ages are encouraged to get vaccinations not only to protect themselves but also for the safety of the public. Children begin the vaccination process at the time of birth and continue to receive vaccines throughout their adolescent years. The vaccinations are imperative in the protection from diseases, such as Hepatitis A, Meningitis, Tetanus, etc. Vaccination is widely considered one of mankind's utmost medical achievements. Diseases that were not long ago prevalent in society are now rare due to vaccines.

Although science has proven time and again that vaccines are safe, some people are still skeptical about them and refuse to be vaccinated. Hence there is a great need of educating society about vaccines, their development, manufacturing and distribution process.

With regards to the Community Outreach Program, PHO committee of CODE NO. 2 displayed a Drama for the beneficiaries on 13<sup>th</sup> of November, 2020. The drama was performed by the PHO committee members along with student volunteers of CODE NO. 2. Before the presentation of skit, a survey was conducted through Google Form. The survey contained questions related to vaccines like-efficacy of vaccines, developmental processes, distribution and pricing processes, guidelines by the CDC issued for vaccination and various methods of administering vaccines. The drama based on the responses of survey answers brought to light the importance of vaccination, its development, manufacturing, pricing and distribution processes. The plot of the skit revolved around a naïve boy unaware of various cumbersome procedures, their significance and why it takes so long for manufacturing a safe, effective and efficient vaccine. Another scene emphasized on the pre-clinical and clinical trials, their different stages, methods used to conduct those stages, basic storage conditions, patenting, and distribution of a full fledged vaccine.

The aim of the programme was to enhance the knowledge of viewers on different dynamic procedures that are followed to prepare fruitful vaccination. Still there is a need to impart more knowledge to the weaker sections of society who are illiterate and bound with many taboos.

❖ **Advertisement of the Activity:**

A trailing message and an artwork in the .gif format was created for promotion of video which was circulated via various social media pages. Apart from this, promotion on a personal level was done by the committee members via their own personal resources.

❖ **Result of the Activity:**

The volunteers enthusiastically participated in the activity with great zest. The viewers were appreciative, their willingness to watch the drama made this campaign a successful one with overwhelming views across different social media platforms. Questions asked by beneficiaries in the survey form like information on vaccine trails, how clinical trials happen? Active ingredients in vaccines, different aspects of manufacturing and distribution processes, costing of vaccines, and the authorities which regulate these processes were answered in the drama itself in a very uncomplicated manner. The viewers found that the video was ingenious, and unambiguous. This ensured that the objective of the campaign was fulfilled.



## Activity Report – Pharmacy Profession Awareness Camp

College Code:02

Coordinator of Activity and her/his email address and contact number:

Mr. Pratik Barve  
9619515815

Digitalplatform/swheretheeventwasconducted:

Sr.No.	Name of the digital platform along with the social media handle	Date	Activity
1.	Zoom Meeting	16th January , 2021	Webinar

Number of target audience:112

List of volunteers and their contact numbers:


(Scanned IDs to be attached at the end with the photos)

Name	Contact no.
Khan Arbaaz Jasser	9769603649
Habil Hirkani	9930405622
Prajakta Deole	740020850
Soman Akanksha	8828482903
Upasana Tiwari	9819971088
Ayushi Dumbre	9324238606
Anupama Nair	8104584668
Gerard Fernandes	7045650190
Santhana Kumarsen	7045582214
Shubhangi Yamgar	9137189885
Ojas Gadre	7045682074

Description of the activity:

❖ Methods used for conducting the campaign:



  
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Students today have a dizzying array of career choices unlike previous generations. As exciting as it sounds to have so many possibilities, it can be daunting and stressful at the same time. Especially when one has no sense of purpose or direction. It can cause a person to end up wasting precious time lingering upon career options which might not be the best fit for them. Thus, choosing a proper and suitable career path early can give one a jump-start on a bright and fulfilling future.

The ongoing pandemic has left its indelible mark on the socio-economic relations which obviously has affected the job market, and various other avenues. This has made students vulnerable, hence timely and comprehensive career counseling can help them take steps in the right direction.

Owing to this, the CODE NO. 2 PHO committee conducted a 'Pharmacy Profession Awareness Camp' for students of Swami Vivekanand Vidyalay on 16<sup>th</sup> of January, 2021.

The pharmacy profession awareness campaign was conducted to educate the students and provide an insight on scope of practice of pharmacy and the integral role pharmacists play in healthcare.

The camp was conducted in a very elaborative way starting with a survey through google form which consisted of basic questions related to pharmacy, a very informative webinar via zoom call, a Q/A session in the webinar itself, ending with a feedback form, and sharing an introductory video of pharmacy academia via email. The webinar was conducted by Mrs. ABC (Asst. Professor, CODE NO. 2) and Mr. XYZ (Asst. Professor, CODE NO. 2). In the webinar both the speakers walked the students through the essentials of the pharmacy profession, how to secure admission into B.Pharm course, university and state level exams for getting admission into B.Pharm course, various colleges of pharmacy in Mumbai, they also helped students segregate between aided and unaided colleges, the average fees of pharmacy colleges, academia of pharmacy, its branches, job prospects after B.Pharm, scope of pharmacy in India and abroad, industry, major pharmacy branches opted in India and finally scholarships available for the aid of students.

The whole webinar was focused on substantiating Pharmacy as a prospective profession and bursting the naïve facts surrounding the profession.

❖ **Advertisement of the activity:**

A poster was created for promotion of webinar. The PHO committee approached the Principal of Swami Vivekananda Vidyalaya Dr. Lekha Visaria for conducting a webinar and convinced her that the lack of awareness of Pharmacy as recognizable profession is prevalent in society; therefore such a webinar becomes necessary to give a reality check of actual situation.

❖ **Result of your activity:**

The volunteers prepared the presentation and poster enthusiastically and participated in the camp with great zeal. The audience was appreciative of all the hard work put in by speakers and volunteers. The good response obtained through the feedback form ensured that the objective of camp was fulfilled. Hence the role, scope and importance of pharmacy as a profession was effectively communicated through the webinar.

Swami Vivekananda  
Vidyalaya  
Dr. Lekha Visaria  
Principal



# PUBLIC HEALTH OFFICE 2020-21

Indian Pharmaceutical Association-  
Maharashtra State Branch Students Forum

## Activity Report – First Aid Camp

➤ **Organizing Institute:** Vivekananda Education Society's College Of Pharmacy

➤ **Co-ordinator of Activity and her/his e-mail address and contact number:**

- Pratik Barve
- pratik.barve@ves.ac.in
- +91 9619515815

➤ **Digital platform where the event was conducted:**


Sr. No.	Name of the digital platform along with the social media handle	Social media link of the given event	Date	Timing (In case of webinar)	Activity
1.	Zoom	<a href="https://zoom.us/j/95016878333?pwd=Z01FakRiSFNBRHYvYlplBRUFFNVptUT09">https://zoom.us/j/95016878333?pwd=Z01FakRiSFNBRHYvYlplBRUFFNVptUT09</a>	7 <sup>th</sup> February, 2021	3pm- 4pm	Webinar

➤ **Number of target audience:** 68.

➤ **List of volunteers and their contact numbers:**  
(Scanned IDs to be attached at the end with the photos)

Name	Contact no.
Arbaaz Khan	9769603649
Ayushi Dumbre	9324238606
Gerrard Fernandes	7045650190
Akanksha Soman	8828482903



  
Dr. (Mrs.) Supriya S. Shidhaye  
PRINCIPAL  
Vivekanand Education Society's  
College of Pharmacy  
HAMC, Behind Collector Colony,  
Chembur, Mumbai - 400 074.



➤ **Description of the activity:**

❖ **Methods used for conducting the campaign:**

First aid becomes of paramount importance to deal promptly in emergency situations before any trained medical professional arrives. It is often helpful in preventing things from escalating from bad to worse. Whether it is a minor cut or a lethal accident, timely and swift first aid can ensure safer environment and help prevent further complications. Becoming trained on first aid methods helps feel more in control of situation and instills confidence to deal with emergency situations in the most efficient manner.

Keeping the benefits of first aid training in mind Vivekanand Education Society's College of Pharmacy's Public Health Office in collaboration with 'The Movement India' arranged a webinar for people of 'Naunihal Shelter Home' on 7<sup>th</sup> of February 2021. The webinar highlighted importance of first aid and various techniques of first aid during some emergency situations. The webinar began with what, where and how first aid is used, components of first aid box and their uses. Later on, the volunteers themselves demonstrated first aid measures to be followed while crucial situations like seizures, heart attack, snake bite, fire burn, choking, animal bite, sun stroke, electrocution, road mishap and low and high blood pressure. During the explanation of heart attack safety measures, CPR technique was demonstrated and while explaining sun stroke, the volunteer prepared an ORS solution herself on screen so that the beneficiaries can have a better understanding. Along with safety measures, general information like ambulance contact number was shared and the suggestion of not indulging in any kind of recording of accident was propagated. In a nutshell, the message that- each and every minute should be used for saving victim was emphasized. In this manner, an elaborate and informative webinar was conducted to prevail the awareness of first aid.

❖ **Advertisement of the activity:**

The committee members had themselves approached The Movement India for the camp and convinced them the need of such awareness camps especially in such a pandemic. The organizers were convinced of the importance of such campaign and why they must be conducted to educate people and abolish wrong practices.

❖ **Result of your activity:**

The beneficiaries were educated on various first aid techniques by personalized demonstration, which helped them in being confident of handling of crucial emergency situations. Infectious enthusiasm of volunteers and their willingness to step out of their comfort zone to demonstrate was appreciated by the beneficiaries and the organizers. Hence the webinar ensured that the motive of campaign was sufficed.

❖ **Link of video of webinar:**

<https://drive.google.com/file/d/17ALnfMBjP5GGk0vlwKaelMauS4pHMcj-/view?usp=drivesdk>

❖ **Link for of feedback form:**

<https://forms.gle/R7W9dm9gZtPEZscm9>

❖ **Responses of feedbacks form:**

[https://docs.google.com/spreadsheets/d/1uEr1UzC4prqu1WopqVb8WyrE6-vYoy0mvlrp-NtOu\\_c/edit?usp=drivesdk](https://docs.google.com/spreadsheets/d/1uEr1UzC4prqu1WopqVb8WyrE6-vYoy0mvlrp-NtOu_c/edit?usp=drivesdk)

➤ **Photos:**

❖ Screenshots of webinar:



❖ Screenshots of feedback form:

**First Aid Webinar**  
Vivekananda Education Society's College of Pharmacy, Mumbai, Mumbai-21  
\*Required\*

Name of participant \*

Topic/room

Coordinator/organizer \*

What was the best part of this session? \*

Any comment/suggestion \*

Thank you for attending session!

Was the session useful? \*

Excellent

Good

Fair

Poor

Will you use these first aid techniques in real life? \*

Yes

No

Requires sign in

Limit to 1 response

Respondents can:

Was the session useful?  
4 responses

Excellent	25%
Good	50%
Fair	25%
Poor	0%

Did you like the points discuss in the session?  
6 responses

Excellent	16.7%
Good	83.3%
Fair	0%
Poor	0%

Will you use these first aid techniques in real life?  
6 responses

Yes	83.3%
No	16.7%
Other	0%

What was the best part of the session?  
11 responses

Heart Related

Dusse ki mudat kina is the best part in this session

Heart attack ka jo that wo mujhe bahut achha laga kuki us main san Jaan kar. tho

Heart

They use full in real life

*SVB*

**Dr. (Mrs.) Supriya S. Shidhaye**  
PRINCIPAL  
Vivekananda Education Society's  
College of Pharmacy  
HAMC, Dabhol Collector Colony,  
Chembur, Mumbai - 400 074.




❖ ID cards of volunteers:

Vivekanand Education Society's College of Pharmacy  
 Vishnu Anant Memorial Complex,  
 Behind Collector Colony, Chembur,  
 Mumbai, Maharashtra - 400074  
 022 61141444/vivekanandpharm.co.in


**2019 - 2020**

SMS #: 451  
 QR No.: 917  
 Class: F.Y.B.PHARM  
 DOB: 10.01.2001  
 Blood: A+



**DUMBRE AAYUSHI SUNIL**  
 Mob No: 9324238606  
 Address: 208 SHREE SANTOSHAMTA  
 CHS, P.B. MARG, MAROL NAGAR, NAGAR  
 EAST, MUMBAI  
 STATION BRIDGE, CHANDRANAGAR, MUMBAI  
 40

Principal



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 Vishnu Anant Memorial Complex,  
 Behind Collector Colony, Chembur,  
 Mumbai, Maharashtra - 400074  
 022 61141444/vivekanandpharm.co.in

**2019 - 2020**

SMS #: 410  
 QR No.: 0998  
 Class: F.Y.B.PHARM  
 DOB: 01.08.2000  
 Blood: B negative



**SOMANI ANANKSHA MALLES**  
 Mob No: 9117027046  
 Address: 208 SHREE SANTOSHAMTA  
 CHS, P.B. MARG, MAROL NAGAR, NAGAR  
 EAST, MUMBAI  
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Principal



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 Mumbai, Maharashtra - 400074  
 022 61141444/vivekanandpharm.co.in


**2019 - 2020**

SMS #: 18  
 QR No.: 835  
 Class: F.Y.B.PHARM  
 DOB: 04.08.2000  
 Blood: A+ve



**KHAN ARBAAZ JASEER**  
 Mob No: 9759503648  
 Address: 208 SHREE SANTOSHAMTA  
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 EAST, MUMBAI  
 STATION BRIDGE, CHANDRANAGAR, MUMBAI  
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Principal



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 Mumbai, Maharashtra - 400074  
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**2019 - 2020**

SMS #: 375  
 QR No.: 0918  
 Class: F.Y.B.PHARM  
 DOB: 01.09.2001  
 Blood: A+ve



**FERNANDES GERARD EDWIN**  
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 EAST, MUMBAI

Principal

