



VIVEKANAND EDUCATION SOCIETY'S
COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai – 400 074

Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of
Maharashtra, Affiliated to University of Mumbai

B.Pharm Programme is accredited by NBA, New Delhi from 2016-17 to 2021-22

3.4.3

**Number of extension and outreach
Programmes conducted by the institution
through NSS/ NCC/ Red Cross/ YRC etc.,
(including the programmes such as Swachh
Bharat, AIDS awareness, Gender issues etc.)
And/or those organized in collaboration with
Industry, community and NGOs during the
last five years**

3.4.4

**Average percentage of students participating
in extension activities at 3.4.3. above during
last five years**

VES COLLEGE OF PHARMACY

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai - 400 074

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Criteria 3.4 – Extension Activities

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3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

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DLLE Activities in 2018- 2019

डॉ. दिलीप शंकरराव पाटील
एम.ए., एम.बी.ए., एल.एल.बी., पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

University of Mumbai

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL
M.A; M.B.A; L.L.B.; Ph.D. (Rural Dev.)

Director
DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019
April 24, 2019

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

LETTER OF COMPLETION (LOC)

Sir/Madam

This is to state that the Department has received the following documents:

1. College Registration Proposal.(CRP)
2. Student's Registration List (SRL)
3. First Term Report.
4. Annual Report cum Second Term Report
5. Field Visit Report – 1st Term & Field Visit Report – 2nd Term
6. Project Reports of 61 Students for Verification
7. Extension Essay of 61 Students for Verification (not participated in festival)

This is to further state that the Extension Work Activity for 120/240 hours the year 2018-2019 has been successfully completed by 61 Students out of 62 Students of your College enrolled for the Extension Work Activities.

Yours Faithfully,

Dr. Dilip S. Patil
Director, DLLE

Received documents
Accepted
21/4/19



Dr. (Mrs.) Sushriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

University of Mumbai

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Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019

April 24, 2019

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

Sub: Benefit of 10 Grace Marks under ordinance 0.229 – A for the students participating in the Extension work for the year 2018-2019 and appearing for the Degree Examination to be held in April-May 2019.

Sir/Madam,

Enclosed please find the Examination wise List of students participating in Extension Work found eligible for the benefit of Ten Grace Marks under Ordinance 0.229 – A for the following examinations to be held in April-May 2016.

Examination	No. of Students Enrolled	No. of students Certified
Second Year (B.Pharm)	10	10
Third Year (B.Pharm)	25	24
Final Year (B.Pharm)	27	27
TOTAL	62	61

Kindly note that the list of students of your college, who have been found eligible for award of 10 Grace Marks and which has been duly certified and stamped by the Department, is to be sent directly to the Director Board of Examination & Evaluation, Mahatma Jotirao Phule Bhavan, Examination House, Vidyanagari, Santaacruz (East), Mumbai – 400 098 by your college after entering their Examination Seat Number on or before 30th April, 2019 for the respective examinations, positively.

Thanking you,
Yours Sincerely,

Dr. Dilip S. Patil
Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

संचालक

आजीवन अध्ययन आणि विस्तार विभाग

Dr. DILIP S. PATIL

M.A; M.B.A; L.L.B.; Ph.D. (Rural Dev.)

Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 223M of 2019

April 24, 2019

To,
The Director,
Board of Examinations & Evaluation,
Mahatma Jotirao Phule Bhavan,
University of Mumbai, Vidyanagari,
Santacruz (East), Mumbai – 400 098

Sub: Benefit of 10 Grace Marks under Ordinance 0.229 A for Extension Work students appearing for the Degree Examination held in April/May 2016.

Sir/Madam,

Enclosed please find the list of students of **Vivekanand Education Society's College of Pharmacy, Hashu Advani Memorial Complex, Behind Collectors Colony, Chembur (E), Mumbai - 400 074.** who have worked for not less than 120 hours for the Extension Work and have been found eligible for the benefit of 10 Grace Marks under Ordinance 0.229 A. The same list **with the exam seat number** will be sent to you directly by the College.

You are requested to add these 10 grace marks in Grand Total of marks gained by Students in their final examination and allocate subsequent credit & grading to the students. These marks also may be used to pass the students in the subject of failure as per Ordinance 0.229 A.

The same are recommended for necessary action at your end according to the details given below

Examination	No. of Students Enrolled	No. of students Certified
Final Year (B.Pharm)	27	27
TOTAL	27	27

Kindly acknowledge the list of eligible students.

Thanking you,
Yours faithfully,

Dr. Dilip S. Patil
Director, DLLE



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Encl. : List of eligible students

Cc. To : **The Principal,**
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074



Vivekanand Education Society's College of Pharmacy

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B. Pharm. Programme is accredited by NBA, New Delhi, from 2016-17 to 2018-19

Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal



MS
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9. (NINE)

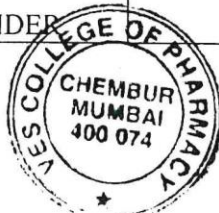
VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: FINAL YEAR


YEAR:2018-19

S R. N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTI VITY COD E
		NAME OF THE STUDENT (L.Y.B.PHARM)	ROLL NO		
1	F	SANJANA PARAMESWARAN UMA		394	SM
2	F	ANUSHKA RAJESH JAYASHREE		12	PEC
3	F	BORATE SAMRUDDHI NANDKUMAR SMITA		50	PEC
4	M	DATTA ABHISHEK ASHISH RUBINA		89	PEC
5	F	CHOITHRAMANI ASMITA KUMAR RITA		75	PEC
6	F	RAMPURAWALA UMMESALAMA IDRIS MUNIRA		373	PEC
7	F	DEWASTHALE TEJASWINI CHARUCHANDRA ANJANA		97	PEC
8	F	BEDI AMRITA KAUR JATINDERPAL RAVINDER		33	PEC



MS Walhara
PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A



L. Patil,
Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI




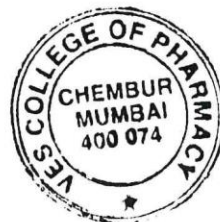
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

9	F	JADHAV SHREEYA SATISH TANVI		162	PEC
10	M	MAURYA SANJAYKUMAR SURYAPRATAP CHANDRAVATI		259	PEC
11	F	DODEJA PRERNA VIJAY POOJA		104	PEC
12	M	DWIVEDI JEET SHARAD SANGEETA		116	PEC
13	M	ASHTURKAR ABHISHEK VIKAS MANJUSHA		13	PEC
14	M	SHINDE NITIN GANPAT NANDA		441	PEC
15	M	NAWADE ARUN MAHADEO SARASWATI		304	PEC
16	M	YADAV SUSHIL RAMKUMAR KUNTI		513	PEC
17	F	KESARKAR HARSHADA DILIP POOJA		210	PEC
18	F	RAUT RAKSHITA RAVIKANT RITIKA		381	PEC
19	F	MEMON NIDA JAVED ZEENAT		267	PEC
20	F	SHINGATE RUTUJA VITTHAL BHARATI		446	PEC
21	F	SOMANI VAISHNAVI SHANTILAL CHANDRAKALA		456	PEC
22	F	YADAV JAGRUTI SANJEEVAN SUSHMA		505	PEC
23	F	SHAHANI DEVASHREE DILIP REKHA		414	PEC

College records are verified & found correct

ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A


Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI




PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
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24	M	SHEREGAR RUSHABH GOVIND SUJATA		437	PEC
25	M	IYER SIDDHARTH ANAND SARASWATI		157	PEC
26	F	CHAUDHARY REKHA DALARAM DAKUDEVI		60	PEC
27	F	MOTWANI SIMRAN MAHESH RESHMA		285	PEC

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

Signature Of The Teacher

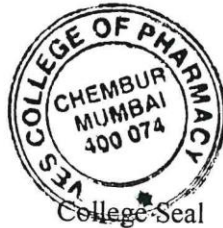
(DR. Sameer Padhye)

Signature Of Principal

(DR. Mrs. Supriya Shidhaye)

PRINCIPAL

VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



College Seal

College records are verified & found correct
ELIGIBLE for the award of
10 Grade Points for Finance 0.229A
SIGN OF DIRECTOR, DLLE WITH THE SEAL
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI




Vivekanand Education Society's College of Pharmacy

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Prof. Supriya Shidhaye
M. Pharm., Ph.D. (Tech.)
Principal




Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ANNEXURE 9 (NINE)

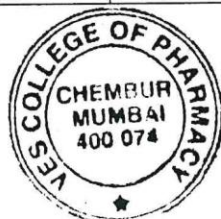
VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

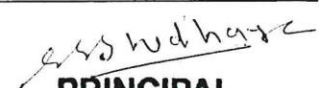
EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: SECOND YEAR

YEAR: 2018-19

S R . N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTIVITY CODE
		NAME OF THE STUDENT (S.Y.B.PHARM.)	ROLL NO		
1	M	GAIKWAD AKSHAY DASHARATH BHARATI	16	41619	PEC
2	F	SAWANT BHAKTI DEEPAK DIPIKA	46	44619	PEC
3	F	BHOLE VAIDEHI SUDHAN SIDDHI	06	40619	PEC
4	M	THAWANI LOKESH MUKESH NEHA	59	45919	PEC
5	M	FREDERICK JOHN DAVID NURSHA	15	41519	PEC
6	F	KOWLAGI MADHURA MADHAV VASUDHA	33	43319	PEC
7	F	BHOITE MADHURA JAYWANT ANITA	05	40519	PEC
8	F	DEOLE PRAJKTA KAVISH SWATI	11	41119	PEC




PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct
ELIGIBLE for the award of
10 Credit Hours for course 0.229A

A

Literature Department,
UNIVERSITY OF CALIFORNIA



[Handwritten Signature]
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

9	F	LUND PASHAM HERO RASHMI	58	45819	PEC
10	F	SHARMA NISHA SUSHIL ARCHANA	48	44819	PEC

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

[Handwritten Signature]

Signature Of The Teacher

(Dr.Sameer Padhye)

[Handwritten Signature]
Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

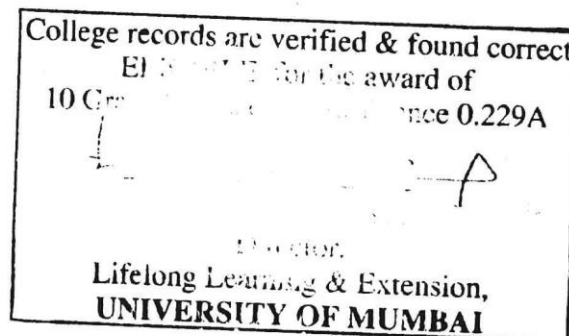
PRINCIPAL

VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.



College Seal

SIGN OF DIRECTOR,DLLE WITH THE SEAL





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Chembur, Mumbai - 400 074.

ANNEXURE 9 (NINE)

VIVEKANAND EDUCATION SOCIETY'S COLLEGE OF PHARMACY, CHEMBUR MUMBAI -74

EXAMINATION-WISE LIST OF STUDENTS FOR EXTENSION WORK

CLASS: THIRD YEAR

YEAR: 2018-19

S R . N O	M / F	NAME (In Block Letters)		EXAM SEAT NO	ACTIVITY CODE
		NAME OF THE STUDENT (T.Y.B.PHARM.)	ROLL NO		
1	F	PATEL SITA KARAN JIGNA	26	62619	SM
2	F	PALANDE NIKEETA ARUN ASMITA	25	62519	CP
3	F	MEGHA JEESON VINODINI	24	62419	CP
4	F	POWAR NEHA NITIN POONAM	29	62919	CP
5	F	PRIYANKA BABURAJ MEHER	30	63019	CP
6	F	KHARKAR SAYLI AJIT RASHMI	21	62119	CP
7	F	DEMBRANI NEHA NARESH GAURI	09	60919	CP
8	M	DOMADIA ROHAN BHAVESH MEETA	11	61119	CP
9	M	DESAI KARAN RAJEEV VEENA	10	61019	CP
10	F	POPLI KRUSHI NIRMAL INDRA	28	62819	CP
11	F	JOSHI POORVI SANTOSH VARSHA	16	61619	CP



Supriya Shidhaye
PRINCIPAL
VES College of Pharmacy
Shri Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

College records are verified & found correct

ELDER E. B. award of

10 C. 0.229A

Lifelong
UNIVERSITY



ms
Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

12	M	SONAR DHAWAL PRADEEP MEENAKSHI	37	63719	CP
13	F	PENDSE JUI SHYAM ANUSHREE	27	62719	CP
14	F	COUTINHO NATASHA GRATIAN VANITA	07	60719	CP
15	F	MAKHIJA BARKHA AMAR ASHA	23	62319	CP
16	F	BHATKANDE ATHARVA PRASHANT YOGITA	02	60219	CP
17	F	ADITI VENKATESH MEERA	01	60119	CP
18	F	RELWANI NAMRATA KHUBCHAND VARSHA	32	63219	CP
19	M	GHONGE MIHIR SANJAY HEMANGI	13	61319	CP
20	M	JAIN SHUBHAM DINESH SAROJ	61	66119	CP
21	M	LACHURE SHUBHAM DINESH SUNITA	44	64419	CP
22	F	CHANDWANI RITU RAJESH BHAVIKA	04	60419	CP
23	F	BHOPALWALA BATUL AHMEDALI	03	60319	CP
24	F	SADRIWALA MARYA MUFAZAL YASMIN	33	63319	CP
25	F	SAYAL GURBACHAN SINGH KAVNEEL MANDEEP KARU	35	63519	CP

ssshidhaye
PRINCIPAL

College records are verified & found correct
Shri. Hashu Advani Memorial Complex
Chembur, Mumbai - 400 074.

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0.229A

Lifelong Learning Division,
UNIVERSITY OF MUMBAI



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
 Vivekanand Education Society's
 College of Pharmacy
 HAMC, Behind Collector Colony,
 Chembur, Mumbai - 400 074.

WE HEREBY CERTIFY THAT THE CANDIDATES MENTIONED ABOVE HAVE PARTICIPATED IN THE EXTENSION WORK PROGRAM AND THAT THEY HAVE COMPLETED NOT LESS THAN 120 HOURS WORK IN THEIR PROJECT.

[Handwritten Signature]

Signature Of The Teacher
 (DR. Sameer Padhye)

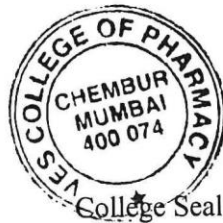
[Handwritten Signature]

Signature Of Principal

(DR. Mrs. Supriya Shidhaye)

PRINCIPAL

VES College of Pharmacy
 Shri Hashu Advani Memorial Complex
 Chembur, Mumbai - 400 074.



College Seal

SIGN OF DIRECTOR, DLLE WITH THE SEAL

College records are verified & found correct
 10 Gr. ... 0.229A
 Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI

Rotaract Activities in 2018 - 2019

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : French Fries day

VENUE : Different locations in Chembur, Dadar, Ulhasnagar

MONTH OF THE PROJECT: July,2018

AVENUE 1 : International Service

AVENUE 2 : (if any)

START DATE : 13-07-2018

END DATE : 14-07-2018

START TIME : 03:00 PM

END TIME : 09:00 PM

CHAIRPERSON OF THE PROJECT: Namrata Relwani

ORGANISING COMMITTEE : Rtr. Namrata Relwani

Rtr. Karishma Talreja

Rtr. Rishab Chaube

Rtr. Prajakta Deole

Rtr. Sweety Chedda

Rtr. Hardik Shah

Rtr. Habil Hirkani

Rtr. Jyoti Soni

Rtr. Nisha Sharma

HOW WAS THE PROJECT CARRIED OUT ?

- Who doesn't love fries? All of us do. But not everyone is privileged enough to taste those lips smacking french fries. This french fries day we took an initiative to distribute french fries to underprivileged children who never had a chance to munch on those yummy snacks.
- Members of the Rotaract Club of VES College of Pharmacy distributed homemade fries to the underprivileged children on various locations in Chembur, Dadar and in Ulhasnagar.

IMPACT ANALYSIS OF THE PROJECT?

The sense of satisfaction gathered by us on seeing the lovely smiles on their faces while we shared the food. The joy of giving and the sense of happiness is overwhelming.


WHY WAS THE PROJECT CARRIED OUT ?

- French fries is everyone's favorite snack to munch on; we could always go to McDonalds, The J's and other snack corners to grab a bite when hungry, the underprivileged kids should get a chance to taste fries.
- It was a step towards serving the community wholeheartedly and bringing a smile on those kids faces.
- The smile on these kids faces was precious than any other profits.

ATTENDANCE: Club Members: 09

FINANCES: 00




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Mumbai rises for Kerala

VENUE : VES College of Pharmacy, Chembur

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Community Service

START DATE : 21-08-2018

END DATE : 23-08-2018

START TIME : 12:00 AM

END TIME : 12:00 AM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr. Prajkta Deole

Rtr. Siddhita Gawade

Rtr. Megha Jeason

Rtr. Sweety Chedda

Rtr. Batul Bhopalwala

Rtr. Rishabh Chaube

HOW WAS THE PROJECT CARRIED OUT ?

- The project was done as a part of a district initiative to help flood-stricken Kerala.
- The entire college, students and staff came together to lend a helping hand for Kerala.
- Basic medicines like dettol, paracetamol, antiseptic and antifungal creams and lotions, soaps, cotton, bandages, face masks, cotton, gloves, soframycin, mosquito repellent creams, phenyl etc were collected in different quantity in a span of two days .We targeted on collecting more of medicines and medical products as they are needed the most in disaster condition.All the collected materials from the college were packaged in boxes which were then sent to the collection center of District 3141 near Sanpada. From where it was transported to Kerala.

IMPACT ANALYSIS OF THE PROJECT?

- A total of 6 cartoon boxes were sent for Kerala relief. More than 40 bottles of antiseptic lotions, 70-100 strips of medicines, 30-40 cotton rolls and other ointments were collected. The project gave the students and staff members of VES College Of Pharmacy a way to help flood victims of Kerala and donated the above listed materials in bulk. We were successful in providing the affected people with some medicinal aid which is needed the most at the time of a disaster.

WHY WAS THE PROJECT CARRIED OUT ?

- The project was carried out to help the victims of floods in Kerala. To extend our support to the people in Kerala who were battling against the devastating floods. First aid is an important step to prevent major diseases in affected areas, hence we choose to collect and sent first aid medicines to help the flood affected people.


ATTENDANCE: 07

Club Members: 06

Guests: 01

FINANCES: 00




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Umeed ki Kiran

VENUE : VES College of Pharmacy, Chembur

MONTH OF THE PROJECT: August,2018

AVENUE 1 : Community Service

START DATE : 06-08-2018

END DATE : 15-08-2018

START TIME : 12:00 AM

END TIME : : 12:00 AM

CHAIRPERSON OF THE PROJECT : Prajкта Deole

ORGANISING COMMITTEE : Rtr. Sweety chedda

Rtr. Prajakta Deole

Rtr. Hardik Shah

Rtr. Jyoti Soni

HOW WAS THE PROJECT CARRIED OUT ?

- Donations were collected by setting up a donation box in the college for a span of 10 days. Students and teachers played an active role in collecting donations from people even outside the college. The donation box was kept near the reception of the college for collecting the basic necessities like soap , toothpaste, towels, handkerchiefs. No monetary donations from the students was taken. A special PR team was employed to promote the project to college staff, students and the possible people so that maximum donation could be collected.

IMPACT ANALYSIS OF THE PROJECT?

- In the span of 10 days we have successfully collected more than what we had anticipated.
- We were able to collect around 100+ soap bars, 21 toothpastes ,62 handkerchiefs, and 7 towels .
- All the collected items were donated to The Kshmata Skill Development Centre, Thane where they were more than happy to accept our help and items provided.
- The items are being used by the women association with the development centre.

WHY WAS THE PROJECT CARRIED OUT ?


- It was an initiative taken to help the women who suffered from human trafficking, molestation, other antisocial problems.
- The Kshmata Skill Development Center in Thane is working for and with these ladies, to help the organisation we initiated a donation drive to help them with by providing them with some basic necessities like soap bars, toothpastes and others.

ATTENDANCE: 04

Club Members: 04

FINANCES: 00




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : BFC- Beverages For Cops

VENUE : Kurla railway police station, Nehru nagar police station

MONTH OF THE PROJECT: August,2018

AVENUE 1 : Community Service

START DATE : 19-08-2018

END DATE : 19-08-2018

START TIME : 05:00 PM

END TIME : 07:00 PM

CHAIRPERSON OF THE PROJECT : Nisha Sharma

ORGANISING COMMITTEE : Rtr. Rishabh Chaube

Rtr. Mohit Davaria

Rtr. Nisha Sharma

Rtr. Namrata Relwani

Rtr. Sweety Chheda

Rtr. Reetu Bhakta

Rtr. Bhairavee Chimane

HOW WAS THE PROJECT CARRIED OUT ?

- Tea/Coffee was distributed among police officers near Kurla station and in Nehru Nagar police station

IMPACT ANALYSIS OF THE PROJECT?

- The Smile on the face of an officer was just priceless. It was an honour to see their friendly and joyful nature.
- It was a moment to take pride in serving those who unwaveringly provide twenty four hours of service, all the three hundred and sixty five days of the year.This was a small token of appreciation given to them for helping us collectively achieve our common goals.
- They are the same as we are, or should we say they are greater as they work even when we are celebrating, they are always working.

WHY WAS THE PROJECT CARRIED OUT ?

- Since Police Officers strive 24/7 for our security and protection, it was small appreciation for them
- They are the same as we are, or should we say they are greater as they work even when we are celebrating, they are always working.
- We found our little way of appreciating them and spending some quality time with the cops.
- Listening to their stories is fun as well.

ATTENDANCE: 07

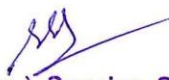
Club Members: 07

FINANCES:

Total Income from the Project: 00

Total Expenditure on the Project: 400




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : The Art of Sharing

VENUE : Kurla, Mazgaon, Chembur, Ghatkopar

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Community Service

START DATE : 19-08-2018

END DATE : 19-08-2018

START TIME : 05:00 PM

END TIME : 07:00 PM

CHAIRPERSON OF THE PROJECT : Marya Sadriwala

ORGANISING COMMITTEE : Rtr. Marya Sadriwala

Rtr. Sayli Kharkar

Rtr. Megha Jeeson

Rtr. Sameer Jain

Rtr. Prajakta Deole

Rtr. Rohan Domadia

Rtr. Nisha Sharma

Rtr. Reetu Bhakta

Rtr. Batul Bhopalwala

Rtr. Bhairavee Chimane

Rtr. Akshay Gaikwad

HOW WAS THE PROJECT CARRIED OUT ?

- Project was carried out by distributing samosas amongst the poor at different areas in Kurla, Mazgaon, Ghatkopar and Chembur.

IMPACT ANALYSIS OF THE PROJECT?

- It was an overwhelming experience gained whilst feeding the needy. It brought smiles on the innocent faces of elders and children. A small charity that could fill their heart with joy and satisfaction of being concerned to a certain extent in this society. A blessing from each of them was indeed a feeling that couldn't be defined in words. We got the chance to be a part of the fortunate occurrence in their lives.

WHY WAS THE PROJECT CARRIED OUT ?

- A hunger that fetched the poor with food and care.
- Moreover it was to bridge the gap by connecting with them and understanding their needs as well.

ATTENDANCE: 11


Club members: 11

FINANCES:

Total Income from the Project : 00

Total Expenditure on the Project: 700




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Trek to Asavagad fort

VENUE : Asavagad fort, Palgarh

MONTH OF THE PROJECT: August, 2018

AVENUE 1 : Club Service

START DATE : 15-08-2018

END DATE : 15-08-2018

START TIME : 09:00 AM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Karishma Talreja

ORGANISING COMMITTEE : Rtr. Karishma Talreja

Rtr. Bhairavee Chimane

Rtr. Nisha Sharma

HOW WAS THE PROJECT CARRIED OUT ?

- This trek was done by joining hands with Blind Youth Forum of India (BGFI) and Youth Zingo Trekking Group (YZ).
- We completed our trek with 20 to 25 visually impaired adults from BGFI.
- Trek was concluded with hoisting of the national flag and the closing speech from the heads of the organisations.

IMPACT ANALYSIS OF THE PROJECT?

- The visually impaired were happy to climb the fort and feel the freshness of the surrounding.
- The club members were very happy to help them and learn from them.
- We realised that there are small things which we usually ignore while walking, but those small things are very significant for those who cannot see them, especially while walking or climbing a fort.

WHY WAS THE PROJECT CARRIED OUT ?

- We wanted to celebrate Independence day in a special way than the others.
- The trek also gives us a chance to learn and interact with the visually impaired and give us a greater insight about their lifestyle and how they manage day to day activities.

ATTENDANCE: 04

Club Members: 03

District Council Members: 00

Outside Club Members: 00

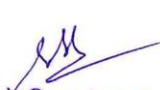
Guests: 01

FINANCES:

Total Income: 00

Total Expenditure:00




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Bappa Morya

VENUE : Dadar Chowpatty

MONTH OF THE PROJECT: September, 2018

AVENUE 1 : Community Service

START DATE : 17-09-2018

END DATE : 22-09-2018

START TIME : 05:00 PM

END TIME : 09:00 PM

CHAIRPERSON OF THE PROJECT : Siddhita Gawade

ORGANISING COMMITTEE : Rtr. Gurpreet Kaur Mattar

Rtr. Gaurav Talreja

Rtr. Sakshi Kataria

Rtr. Nikeeta Palande

Rtr. Ayushi Shah

Rtr. Mukesh Chaudhary

Rtr. Sayali Parab

Rtr. Rishab Chaube

Rtr. Mohit Davaria

Rtr. Simran Punjabi

Rtr. Nishant Chang

Rtr. Azhar Khan

Rtr. Pasham Lund

Rtr. Hardik Shah

Rtr. Anushka Bhoir


HOW WAS THE PROJECT CARRIED OUT ?

- The President visited the Shivaji Park Police station and asked for permission to volunteer to handle the major traffic during ganapati Visarjan at Dadar Chowpatty on the 5th and the 10th day of the visarjan.
- The Rotaractors took the initiative to help the police officers to maintain safety.
- We helped the devotees every way possible.
- The volunteers were given a specific area to handle and manage the traffic as well as the devotees at the visarjan

IMPACT ANALYSIS OF THE PROJECT?

- This initiative by the club helped the officers to a great extent, the officer highly appreciated us for the work which we had done in two days.
- We could lessen their burden at least for some time.
- We also experienced the hardships and problems which they face while handling a huge number of people together.
- They work very hard, day in and day out without complaining, we too till to some extent faced similar hardships while dealing with some tough people.
- Overall it was a great experience were we learned a lot from our police officers.




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

WHY WAS THE PROJECT CARRIED OUT ?

- The police work day in and day out even during the festivals, this time at the rotaract club of VESCOLP thought of helping the police to handle the traffic and people during Ganpati Visarajan.
- The Police work to maintain a proper decorum at all times, we took this small initiative to help them with the traffic and also try and lessen their burden of traffic for a little while.
- It would also give us an insight about how hard the officers work to keep the city on track without any problems running smoothly.

ATTENDANCE: 15

Club Members: 15

FINANCES: 00

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Cloth Bag Distribution - WRY

VENUE : Mumbai Central Station

MONTH OF THE PROJECT: October, 2018

AVENUE 1 : Community Service

START DATE : 02-10-2018

END DATE : 02-10-2018

START TIME : 03:00 PM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr.Rishabh Chaube

Rtr. Prajkata Deole

Rtr. Hardik Shah

Rtr. Mohit Davaria

Rtr. Sakshi Kataria

Rtr. Neha Dembrani

Rtr. Pashma Lund

HOW WAS THE PROJECT CARRIED OUT ?

- On occasion of Gandhi Jayanti Rotaractors from our club gathered at Mumbai central station after the grand Closing Ceremony of Wry.
- To prevent plastic cause by plastic waste and also to promote use of cloth bags we distributed cloth bags sponsored to us by the District Rotary amongst people.
- We offered cloth bags to people carrying plastic bags.
- We requested people carrying plastic bags to exchange it with the cloth bags which we offered them free of cost.

IMPACT ANALYSIS OF THE PROJECT?

- There are a lot of people who do not know the hazards caused by plastic waste over the environment. Also people are less aware about the economic burden our government faces to reduce plastic waste from the environment. Also even when the use of plastics was banned in Maharashtra, people still continued to use plastic carry bags, we also briefed them about the penalties they could face if they continued using plastic bags. People voluntarily exchanged their plastic bags with the cloth bags after learning about plastic waste management hazards.

WHY WAS THE PROJECT CARRIED OUT ?


- It was important to tell people about the plastic hazards and we took it as an opportunity to to explain it to masses and support the government on plastic ban in Maharashtra

ATTENDANCE: 07

Club Members: 07

FINANCES: 00




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : Gandhigiri - WRY

VENUE : Mumbai Central Railway Station

MONTH OF THE PROJECT: October,2018

AVENUE 1 : Community Service

START DATE : 02-10-2018

END DATE : 02-10-2018

START TIME : 03:00 PM

END TIME : 04:00 PM

CHAIRPERSON OF THE PROJECT : Rishabh Chaube

ORGANISING COMMITTEE : Rtr. Rishabh Chaube

Rtr. Hardik Shah

Rtr. Rishabh Chaube

Rtr. Muskan Tardeja

Rtr. Mohit Davaria

Rtr. Poorvi Joshi

Rtr. Nishant Chang

HOW WAS THE PROJECT CARRIED OUT ?

- On occasion of Gandhi Jayanti Rotaractors from our club gathered at Mumbai central station after the grand Closing Ceremony of Wry
- There we bought some flowers to give it to those people who do not abide themselves about the general rules of station like crossing of railway tracks, spitting on platform etc
- A silent approach was taken towards these people who break the rules also explaining them about the importance of keeping our railway platforms clean.
- We also made them aware about the penalties which they can face if such actions were repeated in future


IMPACT ANALYSIS OF THE PROJECT?

- There are a lot of people who do not take the general railway rules seriously.
- They don't know about the lisses the can face by their wrong actions
- Explaining to them about the risks in their lives to just save a few minutes of hard work they tend to cross the railway tracks which can prove fatal for them.
- Also we explained to them that not keeping the railway premises clean would indulge them into crimes which have penalties and imprisonment as well.
- All this was done following the ideal principles of non violence of Mahatma Gandhi to also offer him reverence on this special occasion.

WHY WAS THE PROJECT CARRIED OUT ?

- Gandhiji always believed in cleanliness and non violence as well.
- Keeping our country clean would be the perfect homage to his great deeds.
- Also non violence was one of his teachings and following the path of non violence we helped to keep the station clean .




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

- We took a nonviolent and a silent approach towards people who break the general laws of railway station by giving them flowers and also explaining them the importance of abiding one own self by the norms to prevent themselves from trouble of any sort.
- We explained to them about the laws against crossing railway tracks and spitting or throwing garbage on station or roads saying that these laws delineate and prohibit such behaviour which are socially abhorrent.

Attendance: 07

Club Members: 07

Finances:

Total Income from the Project: 00

Total Expenditure on the Project: 100

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Name of the project: MENSTRUAL HEALTH CAMP

Venue: Kshamata Centre, Thane

Reporting Month: January

Avenue1: community Service

Start date: 09-01-2019

End date: 09-01-2019

Start time: 4.30 PM

End time: 6:00PM

Chairperson: Rtr. Siddhita Gawade

Organizing committee: Rtr. Namrata Relwani

Rtr. Muskan Tardeja

Rtr. Batul Bhopalwala

Rtr. Siddhita Gawde

Rtr. Sakshi Kataria

How was the project carried out?

- We approached Kshamata Organisation in Thane which works for Women who require shelter
- A topic was decided to take a seminar and we concluded that it was the need of the hour to spread awareness about reproductive health and menstrual hygiene
- We spoke on a few topics such as the menstrual cycle, common symptoms and remedies, myths about periods, Importance of sanitary napkins, awareness about endometrial cancer.

Impact analysis of the project:

- The beneficiaries informed us the fact that there were many such sessions where people told them about menstrual hygiene but they were really impressed because of the visual representations done using charts and diagrams
- They also realized that they had little to no knowledge about endometrial cancer and most of them approached us with a concern about the same.

Why was it carried out?

- To spread awareness about menstrual hygiene amongst women
- To share a sense of womanhood that menstruation is a normal process and there is no reason to be ashamed of it.


Attendance: 08

Club Members: 05

Guests: 03

Finances: 00




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Chembur, Mumbai - 400 074.

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

NAME OF THE PROJECT : TRAFFIC AWARENESS (WRY)

VENUE : Umarshi bappa chowk, Kurla

MONTH OF THE PROJECT: January

AVENUE 1 : Community Service

START DATE : 10 January 2019

END DATE : 10 January 2019

START TIME : 05.00 PM

END TIME : 06.00 PM

CHAIRPERSON OF THE PROJECT : Sakshi Kataria

ORGANISING COMMITTEE : Rtr. Simran punjabi

Rtr. Sakshi Kataria

Rtr. Rishabh Chaube

Rtr. Neha dembrani

Rtr. Nisha sharma

Rtr. Anushka khatnani

Rtr. Mohit Davaria

Rtr. Nishant Chang

Rtr. Anjana Jakhariya

Rtr. Jyoti Soni

Rtr. Megha Jeason

Rtr. Karishma Talreja

Rtr. Hardik Shah

Rtr. Akshay Gaikwad

Rtr. Umang Ashar

Rtr. Surbhi Soni

Rtr. Bhairavee Chimane


Rtr. Jyoti Soni

Rtr. Sonali Gudalkar

HOW WAS THE PROJECT CARRIED OUT ?

- The initiative was taken under the WRY by district.
- A Public awareness rally for road safety was organised on Thursday by Rcvescop
- At the beginning of the rally all were guided by the chairperson about the road safety rules. He said that while driving a car seat belt should be worn and helmet while riding a two wheeler.
- The rally started from Vivekanand College Of pharmacy and ended At Umarshi bappa chowk, Kurla.
- Walking along the slogans while chanting slogans with sarcasm.
- Slogans like "After whisky driving risky", "Alert today alive tomorrow", "Niyam suno ek asaan Gatirodhak ka rakho dhyaan"




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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

IMPACT ANALYSIS OF THE PROJECT?

- The best thing was when the auto driver thanked us for our initiation of the rally.
- Massive respect was given by the car driver by showing us that he actually wore a seat belt after listening to our slogans.
- Some passers by thanked us for taking up such an initiative.

WHY WAS THE PROJECT CARRIED OUT ?

- To spread awareness about road safety
- To remind people of simple basic rules of road safety and driving.

Attendance: 20

Club Members: 19

Guests: 01

**Activities organized by Public Health Office (PHO) of VES College of Pharmacy (2018-19)**

Sr. No	Event organized	Location for event	Date	Participated population / Target audience	Number of VESCOP students participating in the event
1	Blood Donation Campaigns	Dadar, Mankhurd, Mhape, Vikhroli, Powai, Ghatkopar	6 th , 14 th and 20 th October 2018, 16 th and 18 th November 2018, 7 th and 16 th December 2018	650+ units of Blood collected	26
2	Mental Health Camp	Chembur	12 th October 2018	40+	8
3	Hand washing Awareness	RCF Colony, Chembur	3 rd January 2019	150+	8
4	Sexual Health Awareness Campaign	Govandi	9 th October 2018	100+	9
5	Community Outreach	Chembur East	22 nd December 2018	80+	22
6	Community Outreach	Chembur	4 th January 2019	80+	21
7	Community Outreach	Chembur	11 th January 2019	80+	22
8	Menstrual Hygiene	Thane	9 th January 2019	50+	6
9	Rural Camp - Nutrition	Badlapur	17 th December 2018	100+	4
10	Walk for Freedom	Bandra	20 th October 2018	20+	17

File/s will carry all reports and official communications

PUBLIC HEALTH OFFICE- COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J.J. Mahanagar Blood Bank Ground Floor,
SD Petit Building, JJ Road, Byculla ,
Mumbai-400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	6 th October,2018	9am to 6pm	Collection of 120 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 12

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Madhura Bhoite	9969402508	Ankita Rai	9136249700
Vaidehi Bhole	9987989701	Ambika	9004322016
Bhakti Sawant	8779359505	Anurag	8286025928
Madhura Kowlage	9969402508	Divya	9029640175
Nargis	8291621304	Renuga	7045701706
Shambhavi	9422038669	Vishnu	9870280711




Dr. (Mrs.) Supriya S. Shidhaye
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College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 6th of October 2018, College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 120 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. J. J. Mahanagar
J. J. Mahanagar Blood Bank
Dadar Station, Mumbai - 400 028



PUBLIC HEALTH OFFICE- COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East,
Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	71/1, Trimurti- Saibaba Seva Sang, Maharashtra Nagar, Mankhurd, Mumbai-400088	14 th October, 2018	10am to 3pm	Collection of 33 Blood Units.

Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Abel Biju	9619203068
Arushee Khanduri	9769743117




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 14th of October 2018, College of Pharmacy volunteered for the blood donation drive held by Pallavi Blood Bank at Mankhurd.

The volunteers interacted with the travellers nearby, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Pallavi blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 33 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. Pooja S. Patil
Head of Department
College of Pharmacy
Mankhurd, Mumbai - 400 088



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East, Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	71/1, Trimurti-Saibaba Seva Sang, Maharashtra Nagar, Mankhurd, Mumbai-400088	20 th October, 2018	10a.m to 3p.m	Collection of 11 Blood Units.

Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact No
Arbaaz khan	9769603649
Sarita sonar	7506850130
Subhangi yamgar	9137189885
Mahenoor Ansari	8433655892



[Signature]
Dr. (Mrs.) **Suzriya S. Shidhaye**
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Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

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The volunteers interacted with the travellers nearby, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Pallavi blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we could collect 11 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. (P) ...
Vivekananda ...
HARSH ...
...



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	Rupa Solitaire CHS, Near Millennium Business Park , Mhape-400701	16 th November 2018	9:30am to 4.00pm	Collection of 119 Blood Units.

Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Santhanalaxmi Kumaresan	7045582214
Prajakta Deole	7400208850



Dr. (Mrs.)  Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 16th of November 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Mhape.

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 119 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. (Mrs) Pooja S. Shrivastava
Vice-Chancellor, Rajawadi Blood Bank
Mhape, Pune-411 004



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S. No.	Location	Date	Timing	Activity
1.	Shivaji Maidan park side, Vikhroli (W), Mumbai-400079	18 th November, 2018	9:00am to 4:00pm	Collection of 162 Blood Units.

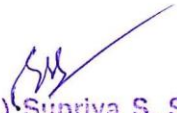
Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Arbaaz Khan	9769603649
Raj Patwa	9987073747




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 18th of November 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Vikhroli (W).

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we could collect 162 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. [Name] (Faint text, likely a signature or stamp)



PUBLIC HEALTH OFFICE- COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –“BLOOD DONATION Campaign”

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East,
Mumbai - 400084
Contact no: 9664518257

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	Titanic building, 98, Yadav Nagar, Chandivali, Powai, Mumbai - 400072	7 th December, 2018	9:30am to 4pm	Collection of blood 130 units.


Number of target audience: 100

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.
Kiriti Sawant	7506568681
Salonee Tawde	91674471777




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

As a part of the PHO activities, the students of College of Pharmacy volunteered for the BLOOD DONATION CAMP organized Rajawadi Blood Bank in Chandiwali. A regular group of donors voluntarily came forward to donate blood.

The donors were counselled by the doctors and were checked for their blood haemoglobin levels and blood pressure. Their recent medical history was checked to ensure the absence of any infections or drugs that may cause their blood to be deemed unfit for use. The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity:

Posters were put up at the venue and circulated via social media. The regular donors were contacted well in advance and made aware of the location and the date of the camp.

Result of your activity:

At the end of the day, 130 blood bottles were collected. The camp not only served the purpose of acquiring blood for the needy but also raised awareness about the benefits of donating blood and portraying it as a noble deed. Thus, the camp was a very successful one.

Dr. (Mrs.) Sushil K. Sharma
Principal
College of Pharmacy
Rajawadi Blood Bank
Chandiwali
Gwalior



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –"BLOOD DONATION" Campaign

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Hospital - 7
M G Road, Near Somaiya College,
Ghatkopar East, Mumbai, Maharashtra 400077
Contact no: 9664518257

Location(s) of the activity:

S. No	Location	Date	Timing	Activity
1.	Paras Dham, Vallabh Baugh lane, Ghatkopar East, Mumbai-400077.	16 th December, 2018	8:00am to 3:00pm	Collection of 123 Blood Units.


Number of target audience: 100+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact No
Sanjana Nair	8652852813
Sanjay Maurya	9820037317




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals is satisfied by blood donation drives.

On the 16th of December, 2018, College of Pharmacy volunteered for the blood donation drive held by Rajawadi Blood Bank at Ghatkopar (E).

The volunteers, encouraged the donors to donate blood by explaining them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the hemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity:

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi blood bank periodically advertised the event throughout the course of the day.

Result of your activity:

The camp was a successful one, receiving an enormous response as we were able to collect 123 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

Dr. R. S. ...
Vaidya ...
...
...
...



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

**Activity Report –“MENTAL HEALTH AWARENESS”– NOT
ALL WOUNDS ARE VISIBLE**

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

2. Ms. Sejal Natu
Ph no:9820607915

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Seminar Hall, College Of Pharmacy Chembur.	12 th October 2018	4:30pm- 5:30pm	<ul style="list-style-type: none">• Seminar by Sejal Natu.• Tattoo making competition.• Let it out.

Number of target audience: 40+

Number of students taking part in the activity: 35

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Purvashree Gawde	9619167129	Santhanalaxmi	7045582214
Devashree Shahani	8655603865	Kirti Sawant	9167447177
Tejaswini Dewasthale	7303270297	Sneha Sutar	9967733815
Kavneel	8779780340	Ankita	9136249700



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

A mental illness is a physical illness of the brain that causes disturbances in thinking, behavior, energy or emotion that makes it difficult to cope with the ordinary demands of life. Research is starting to uncover the complicated causes of these diseases which can include genetics, brain chemistry, brain structure, experiencing trauma and/or having another medical condition, like heart disease.

Mental illnesses affect 19% of the adult population, 46% of teenagers and 13% of children each year. World Mental Health Day is observed on 10th October every year.

The PHO committee of College of Pharmacy organized a seminar for mental health awareness. The speaker for the following seminar was Ms. Sejal Natu, B.A. Psychology from Mumbai University, currently pursuing her masters in Psychology from Pune University. The seminar was highly interactive and self-awakening. She explained the methods to prevent stress and depression by maintaining a positive attitude towards life. She emphasized on the importance of self-love and the importance of keeping in touch with reality and your emotions.

The discussion was supplemented by various activities like tattoo making and let it out. Students from all classes actively participated in the "Tattoo making competition". The tattoos depicted mental health problems in an innovative manner. "Let it out" was the last event for the day, a social experiment of letting out one's feelings without having the fear of being judged as both the speaker and listener were blindfolded.

Advertisement of the activities:

The students of the college were notified about the activity and seminar by means of social media, through digital posters a week prior to the activity. The volunteers personally approached the students to notify them about the seminar and activities and its importance.

Result of your activity:

The camp shed light on the various mental health problems especially among adolescents.

The seminar emphasized on the importance of selfcare and an optimistic approach towards life. The event had a good response and was very well received.

Dr. (Name) ...
Vidya ...
HARVE ...
Ch ...



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

**Activity Report –“HAND WASHING CAMPAIGN-To spread the
awareness of washing hands.”**

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Jari Mandir Road, Wadavli Village, RCF Colony, Chembur East, Mumbai, Maharashtra- 400071	3 rd January, 2019	11:00 am- 2:00pm	Spreading awareness among students regarding washing hands.


Number of target audience: 150+

Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Yogeshwari Shetty	9619562292
DevashreeSahani	9167166757	Jasleen Chass	9699893246
TejaswiniDewasthale	7303270297	Sanjay Kumar Maurya	8652852813
Purvashree Gawde	9619167129	Prachi Kaduskar	7666982018




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Washing your hands well and often is the best way of keeping kids from getting sick. Several diseases can be spread if hands aren't washed properly which include gastrointestinal diseases, such as Salmonella, and respiratory infections, such as influenza. Washing hands properly can help prevent the spread of germs that cause these diseases. Some forms of these diseases can cause serious complications, especially for young children, the elderly, or those with a weakened immune system.

Infectious diseases continue to be a health challenge and economic burden within our communities. Though effective hand hygiene education is critical, there has been a steady decline in hygiene promotion, especially in the home and schools. Hand hygiene at home, school within our communities plays an essential role in helping to reduce the spread of infectious diseases.

The PHO committee of College of Pharmacy volunteered in spreading awareness about the importance of washing hands. They first performed a skit in which one of the volunteers falls ill as she forgot to wash her hands. Followed by explaining the students about various diseases that can be caused due to improper handwashing. We explained simple ways to maintain hygiene and in the end, we demonstrated 8 steps to follow to ensure that your hand is washed properly.

Many people actively participated, students were extremely enthusiastic and volunteered to demonstrate the technique to their friends.

Advertisement of the activity:

The residents and the school's principals were informed about the campaign with the help of a local NGO.

Result of your activity:

The camp shed light on the alarming number of diseases that could be spread if the hands weren't washed properly. After the camp was done we saw a few students practicing the handwashing techniques we demonstrated.

Dr. (Name) ...
Vice-Chancellor ...
College of Pharmacy ...
University of ...
Dhaka ...



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –“SEXUAL HEALTH AWARENESS” : Hate The Disease Not The Diseased

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Maharashtra Nagar, Govandi.	9th October, 2018	3:00pm- 7:00pm	Spreading awareness among people regarding HIV

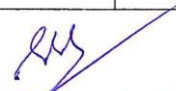
Number of target audience: 100+

Number of students taking part in the activity:

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Barkha Makhija	9890255003
Devashree Sahani	9167166757	Kirti Sawant	9167447177
Tejaswini Dewasthale	7303270297	Sneha Sutar	9967733851
Purvashree Gawde	9619167129	Sanjay Kumar Maurya	8652852813
Shubhangi	9137189885		




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Sexual health promotion, alongside the provision of sexual and reproductive health and HIV services, make an important contribution to individual and population health. Sexually transmitted infections (STIs) are often asymptomatic and if left untreated may cause pelvic inflammatory disease or infertility, and may be transmitted to others, highlighting the need for early detection and treatment. The observed rising trends in STIs can be attributed continued unsafe sexual behavior and a lack of public awareness about these diseases.

The issue of sexually transmitted diseases is a source of serious concern in India because of increasing incidence of unprotected sexual activity, Late presentation (which decreases long term survival of the patient), Lack of awareness and screening for example, being unaware about symptoms of STD's, etc. are some important and critical issues that need to be addressed.

Aastha Parivaar is a community-led organisation that addresses the common concerns of Mumbai, Pune and Thane's sex workers & their children, LGBTQ and transgender community including health, human rights, crisis intervention, legal literacy, alternative livelihoods, and literacy. These NGOs work assiduously throughout the year to help raise awareness about HIV. These awareness programmes have resulted in a 66% decline in HIV cases all over India.

The PHO committee of College of Pharmacy in collaboration with AASTHA foundation, contributed to this statistic by volunteering in the sexual health awareness camp in the slums of Govandi, Maharashtra Nagar. In this camp our volunteers had an one to one interaction with the women from these areas and encouraged them to take up the HIV tests as well as the tests which ensured the safety of their health, by performing primary level diagnostic blood tests.

General reception:

Many people actively participated, whereas some were reluctant. But as the volunteers explained the benefits for the same there was an increase in participation of the women with the support of their families.

Result of your activity:

The camp shed light on the alarming number of HIV cases in India and on the fact that the disease is not restricted to a particular age group.

The seminar emphasized on the importance of self-examination and its proper technique as a key factor for helping early diagnosis. The event had a good response and was very well received.



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: Generic and Branded Medicines

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no :96196515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Neelam Agency ,Shop No.05, Lalchalan CHS, Chembur colony, Chembur East, Mumbai- 400074	22 nd December, 2018	5:00pm- 6:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 20

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	SanjayKumar Maurya	8652852813
Sneha Sutar	9967733851	Aishwarya Korde	9920119179
Mukesh Chaudhary	9892862699	Purvashree Gawde	9619167129
Sayli Kharkar	9769906871	Devashree	9167166757
Salonee Tawde	7506568681	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Dilip Panwar	8692044655
Suyog Tangade	9156902703	Prajakta Mali	8652649895
Kavneel Sayal	8779780340	Prachi	7666982018
Shubham Jain	8652781219	Nehal	9930231066
Pooja Rathod	9594224123	Tejaswini	7303270297
Batul Bhopalwala	9777205804	Santhanalaxmi K	7045582214



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Lalchalan CHS at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a son from a poor family who is unable to buy medicines for his mother due to the unaffordable prices. He is later made aware of the generic medicines being sold at cheaper prices by his colleagues and is relieved from the exorbitant price of the medicine.

The aim of the programme was to increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.

Dr. B. S. ...
Vice-Chancellor
HAWAN
...



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

**Activity Report –COMMUNITY OUTREACH: Generic and
Branded Medicines**

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no:96196515815

Location(s) of the activity:

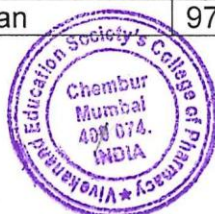
S.No	Location	Date	Timing	Activity
1	Shiv Sai CHS, Sindhi Society, RC Marg, Chembur East, Mumbai 400071	4 th January, 2019	4:00pm - 5:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 20

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Sarita	7506850130
Sneha Sutar	9967733851	Sakshi Kataria	9325437880
Mukesh Chaudhary	9892862699	Santhanalaxmi K	7045582214
Saloni Gupta	8433879383	Devashree	9167166757
Sanjana Nair	9820037317	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Simran Punjabi	7977310700
Jyoti Soni	8451876411	Yukta Patil	8169633091
Kavneel Sayal	8779780340	Prachi Singhvi	8433626265
Nandhani Singh	9768569608	Kashish Shemna	9867701850
Ankita Rai	9136249700	Shubhangi Yamgar	9137189885
Arbaaz Khan	9769603649		



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074,

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Shiv Sai CHS, Sindhi Society at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a son from a poor family who is unable to buy medicines for his mother due to the unaffordable prices. He is later made aware of the generic medicines being sold at cheaper prices by his colleagues and is relieved from the exorbitant price of the medicine. Another scene revolves around a group of people at the tea –shop discussing the pricing of medicines.

The aim of the programme was to increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.



PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –COMMUNITY OUTREACH: Generic and Branded Medicines

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Phone no:96196515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Murgi gali, Ashok Nagar, Chembur East, Mumbai - 400074	11th January, 2019	4:00pm - 5:00pm	Address to the people from the slum about importance of generic medicines

Number of target audience: 80+

Number of students taking part in the activity: 22

List of volunteers and their contact numbers:

Name	Contact No	Name	Contact No
Barkha Makhija	9890255003	Narendra R	9892339367
Sneha Sutar	9967733851	Renuga Devi	8692926219
Nikita Nair	9869412902	Santhanalaxmi K	7045582214
Karen Saiswani	9029188864	Devashree	9167166757
Sanjana Nair	9820037317	Ruhi Shah	9892862699
Kirti Sawant	9167447177	Divya Karepaka	9029640175
Aishwarya Korde	9920119179	Ambika Thakur	9004322016
Kavneel Sayal	8779780340	Salonee	7506568681
Reema Gupta	8850063415	Sanjay Maurya	8652852813
Ankita Rai	9136249700	Tejaswini	7303270297
Hitesh Lodh	9920056325	Devashree	9167166757



Dr. (Mrs.) Supriya S. Shinde
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074,

Description of the activity

Methods used for conducting the campaign:

Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy.

There is a need to improve the status of generic medicines in India as the level of awareness about the same is low.

Therefore, for the community outreach programme, PHO of College of Pharmacy organized a skit for people living in the slums of Murgi gali, Ashok nagar at Chembur. The skit was conducted by the PHO members and volunteers of College of Pharmacy. They explained the importance of generic medicines in today's society and focused on bringing awareness about the misconception that overshadows the same. The plot of the skit revolved around a patient unaware about the differences in prices between the generic and branded medicines. She is later made aware of the generic medicines being sold at cheaper price by the pharmacist of a generic drug store and is relieved from the exorbitant price of the medicines. Also, being made aware of the reasons for the price differences between generic and branded medicines.

The aim of the programme was to Increase education about generic medicines and the similarities and differences between generic and brand-name medicines. There is also a need for education regarding the testing that is carried out to ensure that generic medicines are safe and have the same effect on the body as the brand they copy.

Advertisement of the activities:

The volunteers personally approached the head of the society to notify them about the campaign and its importance.

Result of your activity:

The volunteers enthusiastically participated in the activity with great zeal. The people were very helpful and appreciative. Their cooperation and the willingness as the audience of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

Activity Report –“MENSTRUAL HYGIENE CAMP”:
To spread awareness of menstrual hygiene.

Organizing Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815
2. Ms. Manita Sharma
Kshamtha foundation
Ph no: +91 99606 73703

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Kshamtha NGO Thane.	9th January, 2019	2:00pm - 6:00 pm.	Spreading awareness among women regarding menstrual hygiene

Number of target audience: 50+

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sneha Suthar	9967733851	Ankita Rai	9136249700
Batul Bhopalwala	7977205804	Siddhita Gawde	9821637953
Muskan Tardeja	7276298288	Namrata Relwani	8080313316



SS
Dr. (Mrs.) Sushrta S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

Description of the activity:

Methods used for conducting the campaign:

Menstrual hygiene makes an important contribution to individual and population health. It is important for every girl and women to know the importance of being clean and infection free. Women and adolescent girls are using fresh menstrual management material to absorb blood, but it is important to know other things like using soap and water for washing the body as when required and having convenient facilities to dispose off the used menstrual materials.

Access to accurate and pragmatic information for females and males about menstruation and hygiene is important. Access to facilities that provide privacy for changing materials is also one of the most important thing.

The PHO committee of College of Pharmacy in collaboration with Rotaract club of college, contributed to this statistic by volunteering in the menstrual health awareness camp in Thane. In this camp our volunteers had a one to one interaction with the women from these areas. Each volunteer was assigned one topic on which they could speak to the women about. Topics that they discussed were 1) what actually does the menstrual cycle mean as many women aren't aware. 2) common symptoms suffered and the remedies. 3) common myths related and debunking it. 4) Health issues that can happen if hygiene is not maintained (importance of using sanitary napkins). 5) Awareness about the endometrial cancer.

General reception:

Many people actively participated. But as the volunteers explained the benefits for the same there was an increase in participation of the women with the support of their families.

Result of your activity:

The camp shed light on the alarming number of menstrual related diseases in India and on the fact that the disease is not restricted to a particular age group.

The seminar emphasized on the importance of self-examination and its proper technique as a key factor for maintaining hygiene. The event had a good response and was very well received.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

Indian Pharmaceutical Association- Student's Forum Maharashtra State Branch

Activity Report –Rural Area Camp: Health and nutrition.

Organising Institute: College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. College of Pharmacy,
Mumbai -400 074
Ph no: 9619515815

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1	Jilha Parishad School, Rahatoli, Chon, Badlapur	17 th December, 2018	10:00am- 1:00pm	Health and nutrition of importance of balanced diet.


Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Barkha makhija	9890255003	Tanvi kamble	7715988528
Salonee Tawde	7506568681	Manali Kadam	9820362458




Dr. (Mrs.) Sujaya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Nutrition for kids is based on the same principles as nutrition for adults. Everyone needs the same types of nutrients — such as vitamins, minerals, carbohydrates, protein and fat. Children, however, need different amounts of specific nutrients at different ages. By giving a child a healthy balanced diet, we ensure that they are getting all the essential vitamins, minerals and other nutrients that is essential for healthy growth and development. Certain nutrients are required for a variety of reasons for example calcium and Vitamin D: Essential for the normal growth and development of bones in children, Iron: Supports normal cognitive development in children, Vitamin D: Helps support the immune system etc

Agricultural progress in the last decade has made India self-sufficient in major food grains. Yet undernutrition continues to be major nutritional problem especially in rural populations. Despite recent achievement in economic progress in India, the fruit of development has failed to secure a better nutritional status among all children of the country.

PHO of college of Pharmacy organised an awareness camp in Jilha Parishad School, Badlapur, which is in a rural area. During this campaign the importance of having a balanced diet was emphasized. The volunteers presented the students with various healthy alternatives grown locally which could be consumed in place of calorific and unhealthy junk food like vada pav which was easily available in that village.

The volunteers gave introduction using charts and made the session interactive by engaging the students in various games which included crossword of healthy food items and drawing which was based on questions like favourite food or vegetable which the children could understand. Prizes were given to the children including Glucon D and ORS. It was a very interactive session.

Advertisement of the activities:

The principal of the school was notified regarding the campaign. Before the campaign the staff were informed.

Result of your activity:

The awareness camp was very well received, the audience listened to the volunteers with rapt attention and asked a lot of questions, they were eager to know about the basic nutrition. Both children and adults of the village participated in this activity.

PUBLIC HEALTH OFFICE - COLLEGE CODE 1

**Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch**

**Activity Report –“Walk for freedom”— Abolish Slavery with
each step**

Organizing Institute: The Movement & VES College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

1. The Movement India
Ph no :9445507779

2. Vision Rescue
Ph. No. 8433583085

Location(s) of the activity:

S.No	Location	Date	Timing	Activity
1.	YMCA Bandra, Off Carter Road, Bandra	20 th October, 2018	6:30am	A Rally for human trafficking victims.

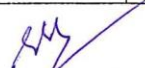
Number of target audience: 20+

Number of students taking part in the activity: 17

List of volunteers and their contact numbers:

Name	Contact no	Name	Contact no
Santhanalaxmi K	7045582214	Jay Juthani	7045026942
Surbhi Soni	8828082110	Shikha Deria	7021511739
Rishabh Chaube	9987179077	Anushka Khatani	9637105351
Jyoti Soni	8451876411	Purva Khargutkar	8879447091
Saurabh Yadav	8652135130	Haabil Hirkani	9930405622
Ashok Choudhary	8879428237	Kavish Sanil	9167885883
Hardik Shah	7021518772	Kirti Sawant	9167447177
Vinita Wadhvani	8369648379	Sneha Sutar	9967733851
Abel Biju	9619203068		




Dr. (Mrs.) Sunriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity:

Methods used for conducting the campaign:

On October 20, a global community of abolitionists rallied together to shine a global spotlight on human trafficking for A21's 5th annual Walk for Freedom. This event was a collective effort led by A21, a global anti-human trafficking organization dedicated to abolishing slavery and The Movement, a volunteer mobilization team based in India. A21's operational strategy to combat human trafficking is to Reach, Rescue, and Restore. An event like Walk for Freedom is an integral part of A21's efforts to reach the vulnerable and prevent human trafficking from ever happening in the first place. Last year, A21 had over 400 walks in 50 countries around the world. Collectively, there were over 70 million people reached through social media. Each step mattered. Each step made a difference.

But there are millions who have yet to be freed—and this year A21 has continued its walk, to show up, and raise awareness for the victims in Indian cities and around the globe still trapped in slavery. This year, it has had more impact than ever before. This year the movement had brought the Walk for Freedom to Chennai & Mumbai on October 20, 2018.

The walk began at 7:00am covering approximately a kilometer at the given location. PHO members and volunteers of VES College of Pharmacy holding banners and posters regarding the abolishment of slavery walked all the way. Students from various colleges participated enthusiastically in the event. At the end of the event the volunteers interviewed the students regarding the same. Participants were provided with certificated and refreshments towards the conclusion.

Advertisement of the activity:

The students of the college were notified about the rally by means of social media, through digital posters a week prior to the activity.

Registrations for the rally was done online as well spot entries were also welcome.

Result of your activity:

The rally shed light on the global problem of slavery or human trafficking. The walk was, to show up, and raise awareness for the victims in our cities and around the globe still trapped in slavery.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum

Maharashtra State Branch

Activity Report –“Walk for freedom”— Abolish Slavery with each step

Organizing Institute: The Movement.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. The Movement India

Ph no :9445507779

2. Vision Rescue

Ph. No. 8433583085

Location(s) of the activity:

Sr.no	Activity	Timing	Date	Location
1	• A Rally for human trafficking victims.	6:30 am	20 th October, 2018	YMCA Bandra, Off Carter Road, Bandra.

Number of target audience: 20+


Number of students taking part in the activity:

List of volunteers and their contact numbers from Vescop PHO:

Name	Contact no	Name	Contact no
Santhanalaxmi Kumaresan	7045582214	Jay Juthani	7045026942
Surbhi Soni	8828082110	Shikha Deria	7021511739
Rishabh Chaube	9987179077	Anushka Khatani	9637105351
Jyoti Soni	8451876411	Purva Khargutkar	8879447091
Saurabh Yadav	8652135130	Haabil Hirkani	9930405622
Ashok Choudhary	8879428237	Kavish Sanil	9167885883
Hardik Shah	7021518772	Kirti Sawant	9167447177
Vinita Wadhvani	8369648379	Sneha Sutar	9967733851
Abel Biju	9619203068		

Description of the activity:




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College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Methods used for conducting the campaign:

On October 20, a global community of abolitionists rallied together to shine a global spotlight on human trafficking for A21's 5th annual Walk for Freedom. This event was a collective effort led by A21, a global anti-human trafficking organization dedicated to abolishing slavery and The Movement, a volunteer mobilization team based in India. A21's operational strategy to combat human trafficking is to Reach, Rescue, and Restore. An event like Walk for Freedom is an integral part of A21's efforts to reach the vulnerable and prevent human trafficking from ever happening in the first place. Last year, A21 had over 400 walks in 50 countries around the world. Collectively, there were over 70 million people reached through social media. Each step mattered. Each step made a difference.

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Advertisement of the activity:

The students of the college were notified about the rally by means of social media, through digital posters a week prior to the activity. Registrations for the rally was done online as well spot entries were also welcome.

Result of your activity:

The rally shed light on the global problem of slavery or human trafficking. The walk was, to show up, and raise awareness for the victims in our cities and around the globe still trapped in slavery.

Photos:

