



**VIVEKANAND EDUCATION SOCIETY'S
COLLEGE OF PHARMACY**

Hashu Advani Memorial Complex, Behind Collector Colony, Chembur (E), Mumbai – 400 074

Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai

B.Pharm Programme is accredited by NBA, New Delhi from 2016-17 to 2021-22

3.4.3

**Number of extension and outreach
Programmes conducted by the institution
through NSS/ NCC/ Red Cross/ YRC etc.,
(including the programmes such as Swachh
Bharat, AIDS awareness, Gender issues etc.)
And/or those organized in collaboration with
Industry, community and NGOs during the
last five years**

3.4.4

**Average percentage of students participating
in extension activities at 3.4.3. above during
last five years**

Index

Criteria 3.4 – Extension Activities

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc.,(including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) And/or those organised in collaboration with Industry, community and NGOs during the last five years

3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years

Sr. No.	Contents	Page No.
1	Extension Activities carried out in 2016 – 2017	
1.1	<u>DLLE activities in 2016 – 2017</u>	3
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DLLE Activities 2016 - 2017

ANNEXURE 10(TEN)

CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

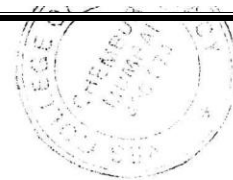
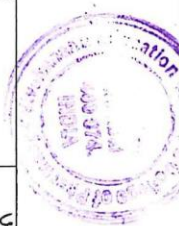
Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program		Udaan Festival	Attendance In Field Activity
							F.T Training	S.T Training		
1	TANK SHIVALI HARGOVIND JYOTI	LY	SM		YES	-	P	P	YES	P
2	JAIN MAYURI VASANT CHANDA	LY	PEC	girl child	YES	B	P	P	NO	P
3	GALA RUCHI BHANJI RASILA	LY	PEC	Violence against women	YES	A	P	P	YES	P
4	KADAM DEEPTI SANTOSH SAMATA	LY	PEC	Save Humanity	YES	A	P	P	YES	P
5	SAWANT GAURI SUDHAKAR SWATI	LY	PEC	Save the girl child	YES	A	P	P	NO	P
6	DANTAS ANASTACIA PHILIP JYOTI	LY	PEC	Status of senior citizen in India	YES	B	P	P	NO	P
7	JAIN JIGNA NARESH SARASWATI	LY	PEC	Girl Social Practice - SATI	YES	B	P	P	YES	P

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



8	MISTRY SUSHMA GANESH RAJESHWARI	LY	PEC	First aid awareness	YES	A	P	P	P	YES	P	P	P
9	TORASKAR ESHA SATISH MANJIRI	LY	PEC	Ignorance law	YES	A	P	P	P	NO	P	P	P
10	IDICULA MERYL SHAJI ELIZABETH	LY	PEC	Status of women in India	YES	B	P	P	P	YES	P	P	P
11	LALWANI MOKSH TIKAMLAL DIVYA	LY	PEC	First aid awareness	YES	A	P	P	P	YES	P	P	P
12	PANCHAL KHUSHBOO HARSH BHAVANA	LY	PEC	Save Earth	YES	B	P	P	P	YES	P	P	P
13	NIMKAR APOORVA UPENDRA MANISHA	LY	PEC	Save Earth Save Humanity	YES	B	P	P	P	NO	P	P	P
14	SOLANKI PRIYANKA RAMESH KARUNA	LY	PEC	women's status in India	YES	B	P	P	P	YES	P	P	P
15	VAITEE AISHWARYA AJIT AKSHADA	LY	PEC	Stop global warming Save Earth	YES	A	P	P	P	NO	P	P	P
16	BHATT KARAN	LY	PEC	Status of women	YES	A	P	P	P	NO	P	P	P

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	DHARMENDRA BHAVNA	LY	PEC	an India	YES	A	P	P	NO	P	P
17	HEJMADY SIDDHANTH HARISH SUMAN	LY	PEC	Status of women in India	YES	A	P	P	NO	P	P
18	VARIA JENIL JITENDRA PRITI	LY	PEC	women working	YES	A	P	P	YES	P	P
19	BHATIA VIREN KUMAR PURNIMA	LY	PEC	Save the girl child	YES	B	P	P	YES	P	P
20	JAIN DARSHAN KISHOR BEENA	LY	PEC	First aid awareness	YES	A	P	P	YES	P	P

We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

Sonali

Signature Of The Teacher

(Mrs.Sonali Munj)

S. S. Shidhaye

Signature Of Principal

(Dr.Mrs.Supriya Shidhaye)

Chandrashekhar

Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)

Signature Of The Director, DLLE

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



ANNEXURE 10(TEN)

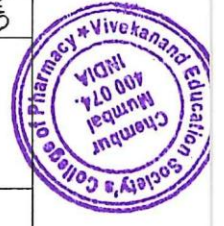
CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity
							F.T Training	S.T Training	Udaan Festival	
1	SOMESHWAR ASHWAJITH BAI KRISHNA NAYANA	TY	SM	CP	YES	-	P	P	YES	P P
2	BHUSKUTE HARSHADA ARUN CHARUSHILA	TY	PEC	Protect Environment	YES	B	P	P	NO	P P
3	CHOUDHARY MIHIKA KEDAR SHARMILA	TY	PEC	Protect environment	YES	A	P	P	NO	P P
4	RHEA JOHNY LEENA	TY	PEC	Save environment	YES	B	P	P	NO	P P
5	AISHWARYA VASUDEVAN RADHA	TY	PEC	Status of senior citizen	YES	A	P	P	NO	P P
6	VARGHESE LICHELE JENICA JOLLY LA VEENA	TY	PEC	Save Humanity	YES	B	P	P	NO	P P
7	SINGH SHAILAJA HARISHCHANDR A KIRAN	TY	PEC	Save Animal	YES	B	P	P	NO	P P
8	DATE VARADA	TY	PEC	Culture	YES	A	P	P	NO	P P



Dr. (Mrs.) Supriya S. Shidhaye
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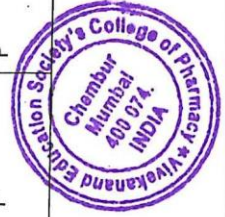
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CONSOLIDATION LIST OF TITLE OF PROJECTS WITH GRADES AND ATTENDANCE RECORD OF THE STUDENTS OF EXTENSION WORK FOR THE YEAR 2016-2017

Sr. No.	Name Of The Student	Class	Activity Code	Project Report Title	Project Report Submitted Yes/No	Grade	Attendance In Program			Attendance In Field Activity	
							F.T Training	S.T Training	Udaan Festival		
1	TORASKAR IRA PREETISH MRUNMAYEE	SY	CP	MARKET Research	YES	-	P	P	NO	P	P
2	OGALE HARSHADA DATTATRAY VANITA	SY	CP	Acting	YES	B	P	P	NO	P	P
3	DAUND VARSHA MURLIDHAR KALAVATI	SY	CP	Hotel management	YES	A	P	P	NO	P	P
4	JOSHI SNEHA RAJENDRA VEENA	SY	CP	Social worker	YES	B	P	P	NO	P	P
5	PHADTARE BHAKTI ANIL SEEMA	SY	CP	Veterinary science	YES	-	P	P	YES	P	P
6	KORDE AISHWARYA RAJAN SMITA	SY	CP	Advertising Exemr on google and Youtube	YES	B	P	P	NO	P	P
7	JADHAV SHREEYA SATISH TANVI	SY	CP	laughter therapist	YES	B	P	P	NO	P	P
8	CHOITHRAMANI ASMITA KUMAR	SY	CP	Food Inspector	YES	A	P	P	NO	P	P

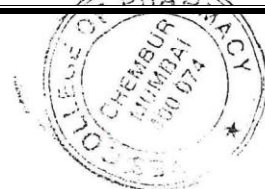
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9	RITA BORATE SAMRUDDHI NANDKUMAR SMITA	SY	CP		forensic science and medicine	YES		A		P						P	P
10	SAISWANI KAREN PRAKASH JAYA	SY	CP		YouTube	YES		B		P						P	P
11	ANUSHKA RAJESH JAYASHREE	SY	CP		gerontology	YES		A		P						P	P
12	PHATAK SANIKA SHARAD SAVITA	SY	CP		Dubbing	YES		B		P						P	P
13	CHAWLA ASHISH JETHANAND JAISHREE	SY	CP		Culinary arts	YES		B		P						P	P
14	GAWDE PURVASHREE HEMANT RAJASHRI	SY	CP		Gaming	YES		B		P						P	P
15	SHAHANI DEVASHREE DILIP REKHA	SY	CP		Occupation Therapy	YES		A		P						P	P
16	MALI PRAJAKTA RAJESH SAMRUDDHI	SY	CP		TAILOR	YES		A		P						P	P
17	CHASS JASLEEN TEJINDEER SIMMIE	SY	CP		massage Therapist	YES		A		P						P	P



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18	SHETTY YOGESHWARI RAKESH SHANTI	SY	CP		AUTO engineering	YES	A	P	P	NO	P	P
19	DEWASTHALE TEJASWINI CHARUCHANDR A ANJANA	SY	CP		Horticulture	YES	B	P	P	YES	P	P
20	KADUSKAR PRACHI PRADEEP CHITRA	SY	CP		Animation	YES	A	P	P	NO	P	P
21	BEDI AMRITA KAUR JATINDERPAL RAVINDER	SY	CP		merchant Navy	YES	B	P	P	YES	P	P
22	SANJANA PARAMESHWAR AN UMA	SY	CP		Social Networking site a profession	YES	A	P	P	NO	P	P

We hereby certify that the candidates mentioned above have participated in the Extension Work Programme and that they have completed not less than 120 hrs of their work in their project.

Sonali

Signature Of The Teacher

(Mrs. Sonali Munj)

Supriya Shidhaye

Signature Of Principal

(Dr. Mrs. Supriya Shidhaye)

Signature Of The Field Coordinator

(Mr. Chandrashekhar Chakradev)

Signature Of The Director, DLLE

Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.



University of Mumbai

मुंबई विद्यापीठ



Reaccredited by NAAC with 'A' GRADE

Dr. DILIP S. PATIL

M.A.; M.B.A.; L.L.B.; Ph.D. (Rural Dev.)

Professor & Director

DEPARTMENT OF LIFELONG
LEARNING AND EXTENSION

DLLE /EXT/EXM/ 158 O of 2017

April 05, 2017

डॉ. दिलीप शंकरराव पाटील

एम.ए.; एम.बी.ए.; एल.एल.बी.; पीएच.डी. (ग्रामीण विकास)

प्राध्यापक आणि संचालक

आजीवन अध्ययन आणि विस्तार विभाग

To,
The Principal,
Vivekanand Education Society's
College of Pharmacy, Hashu Advani Memorial Complex,
Behind Collectors Colony, Chembur (E), Mumbai - 400 074

LETTER OF COMPLETION (LOC)

Sir/Madam

This is to state that the Department has received the following documents:

1. College Registration Proposal.(CRP)
2. Student's Registration List (SRL)
3. First Term Report.
4. Annual Report cum Second Term Report
5. Field Visit Report – 1st Term & Field Visit Report – 2nd Term
6. Project Reports of 64 Students for Verification
7. Extension Essay of 64 Students for Verification (not participated in festival)

This is to further state that the Extension Work Activity for 120/240 hours the year 2016-2017 has been successfully completed by 64 Students out of 73 Students of your College enrolled for the Extension Work Activities.

Yours Faithfully,

Dr. Dilip S. Patil
Professor & Director, DLLE

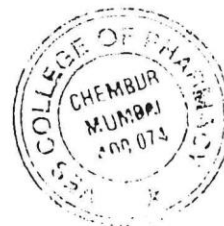


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Vivekanand Education Society's College of Pharmacy

(Sinh) Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

Supriya Shidhaye
Ph.D. (Tech)



ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK

Name of the college:

Vivekanand Education Society's College Of Pharmacy

Year: 2017

Second year B.Pharmacy



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
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1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 26

ASHREE DILIP	
Home records are verified & found correct	
LIIGIBLE	for the award of
10 Grace Marks under ordinance 0.229A	



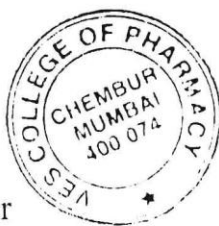
Library
City of Mumbai

Second Year B-pharm

16	F	MALI PRAJAKTA RAJESH SAMRUDDHI	30	43017	CP
17	F	CHASS JASLEEN TEJINDEER SIMMIE	5	40517	CP
18	F	SHETTY YOGESHWARI RAKESH SHANTI	50	45017	CP
19	F	DEWASTHALE TEJASWINI CHARUCHANDRA ANJANA	13	41317	CP
20	F	KADUSKAR PRACHI PRADEEP CHITRA	24	42417	CP
21	F	BEDI AMRITA KAUR JATINDERPAL RAVINDER	3	40317	CP
22	F	SANJANA PARAMESHWARAN UMA	45	44517	CP

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Souvik
Sign of Extension Teacher



S. S. Shidhaye
Sign of Principal with college seal

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A
D. 12/11/2011
Sign of Director, DLLE with college Seal
Lifelong Learning & Extension
UNIVERSITY OF MUMBAI



S. S. Shidhaye
Dr. (Mrs.) Supriya S. Shidhaye
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Vivekanand Education Society's College of Pharmacy

Minority. Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

Dr. (Mrs.) Supriya S. Shidhaye
Ph.D. (Tech)



ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK

Name of the college:

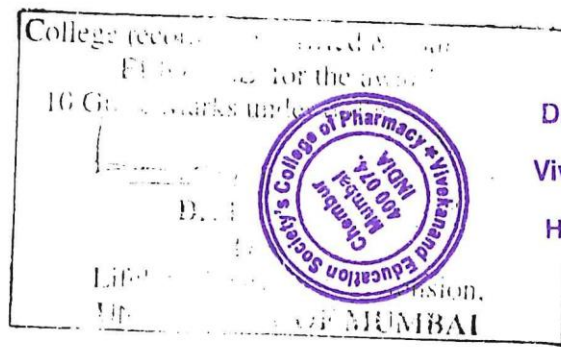
Vivekanand Education Society's College Of Pharmacy

Year: 2017

Third year B.Pharmacy



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Chembur, Mumbai - 400 074.

Third year B. Pharm

Sr no	M/F	Name of the students	Roll no	Exam seat no	Activity code
1	M	SOMESHWAR ASHWAJITH BALKRISHNA NAYANA	63	66317	SM
2	F	RHEA JHONY LEENA	48	64817	PEC
3	F	VARGHESE LICHILLE JENEA JOLLY LAVEENA	68	66817	PEC
4	F	CHOUDARY MIHIKA KEDAR SHARMILA	08	60817	PEC
5	F	AISHWARYA VASUDEVAN RADHA	04	60417	PEC
6	F	SINGH SHAILAJA HARISHCHANDRA KIRAN	61	66117	PEC
7	F	JOSHI GUNJITA RAVI ROOPLATA	21	62117	PEC
8	F	DATE VARADA VIJAL HARSHALI	10	61017	PEC
9	F	KULKARNI NAMRATA PRAMOD SANGEETA	25	62517	PEC
10	F	AGARWAL ANISHA ASHOK RADHA	01	60117	PEC
11	F	BHUSKUTE HARSHADA ARUN CHARUSHITA	06	60617	PEC
12	M	PARAB SHARDUL VASANT SHALMALI	37	63717	PEC
13	M	PARMAR PREM PARAS BHAGYAWANTI	39	63917	PEC
14	F	PAUL AROHI JAGITSINGH RITA	43	64317	PEC
15	M	KULKARNI VINEET RESHMA	26	62617	PEC
16	F	PILLAI RESHMA RAVEENDRAN RATNAM	45	64517	PEC
17	F	SHAH ADITI BIREN SEEMA	52	65217	PEC
18	F	SERAI KHUSHBOO KAMALKISHORE REETA	51	65117	PEC
19	F	PATANKAR BHAI RAVI DHANANJAY MADHAVI	40	64017	PEC
20	F	GUPTA MOHINI LALBAHADUR LAXMI	14	61417	PEC

Third Year B-pharm

21	M	SODAGAR YASH PANKAJ KALAVATI	62	66217	PEC
22	F	UPPAL DIVYA PREMKUMAR SUJATA	67	66717	PEC

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Sign of Extension Teacher



Sign of Principal with college seal

College records are verified & found correct
ELIGIBLE for the award of
10 Grace Marks under ordinance 0.229A
Dr. Dilip S. Pathi
Director,
Lifelong Learning & Extension,
UNIVERSITY OF MUMBAI

Sign of Director, DLLE with college Seal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Vivekanand Education Society's College of Pharmacy

(Sindhi Linguistic Minority, Approved by AICTE, DTE, Pharmacy Council of India & Govt. of Maharashtra, Affiliated to University of Mumbai)

Dr. (Mrs.) Supriya S. Shidhaye
Ph.D. (Tech)




ANNEXURE 9 (NINE)

EXAMINATION- WISE LIST OF STUDENTS FOR EXTENSION WORK

Name of the college:
Vivekanand Education Society's College Of Pharmacy

Year: 2017
Final year B.Pharmacy




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

College marks are verified & found correct
 ELIGIBLE for the award of
 10 Grade Marks under ordinance 0.229A
 Dr. Dilip S. Patil,
 Director,
 Lifelong Learning & Development
 UNIVERSITY OF MUMBAI



Dr. (Mrs.) Supriya S. Shidhaye
 PRINCIPAL
 Vivekanand Education Society's
 College of Pharmacy
 HAMC, Behind Collector Colony,
 Chembur, Mumbai - 400 074.

Final Year B-pharm

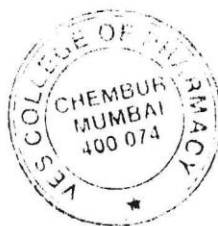
SER. NO.	M/F	NAME OF THE STUDENT	ROLL NO.	EXAM SEAT NO.	ACTIVITY CODE
1	F	TANK SHIVALI HARGOVIND JYOTI	44	405	SM
2	F	JAIN MAYURI VASANT CHANDA	21	128	PEC
3	F	GALA RUCHI BHANJI RASILA	11	82	PEC
4	F	KADAM DEEPTI SANTOSH SAMATA	22	148	PEC
5	F	SAWANT GAURI SUDHAKAR SWATI	39	354	PEC
6	F	DANTAS ANASTACIA PHILIP JYOTI	07	55	PEC
7	F	JAIN JIGNA NARESH SARASWATI	20	125	PEC
8	F	MISTRY SUSHMA GANESH RAJESHWARI	34	251	PEC
9	F	TORASKAR ESHA SATISH MANJIRI	45	414	PEC
10	F	IDICULA MERYL SHAJI ELIZABETH	32	115	PEC
11	M	LALWANI MOKSH TIKAMLAL DIVYA	27	220	PEC
12	F	PANCHAL KHUSHBOO HARSH BHAVANA	36	280	PEC
13	M	NIMKAR APOORVA UPENDRA MANISHA	35	272	PEC
14	F	SOLANKI PRIYANKA RAMESH KARUNA	41	392	PEC
15	F	VAITEE AISHWARYA AJIT AKSHADA	48	423	PEC
16	M	BHATT KARAN DHARMENDRA BHAVNA	03	31	PEC

Final Year B-pharm

17	M	HEJMADY SIDDHANTH HARISH SUMAN	17	113	PEC
18	M	VARIA JENIL JITENDRA PRITI	49	425	PEC
19	M	BHATIA VIREN KUMAR PURNIMA	02	30	PEC
20	M	JAIN DARSHAN KISHOR BEENA	19	124	PEC

We hereby certify that the candidates mentioned above have participated in the Extension Work Program and that they have completed not less than 120 hours work in their project.

Sign of Extension Teacher



Sign of Principal with college seal

Sign of Director, DLLE with college Seal



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Rotaract Activities 2016 - 2017

Rotaract Club Of VES College of Pharmacy

Project No. : 1

Name of the Project: Jeevan Daan

Venue: VES COLLEGE OF POLYTECHNIC

Reporting Month: July

Frequency of the Project (Mention how frequent the project is carried out):
Annually

Avenue 1: Community Service

Avenue 2:

Project Level: Inter Club Level

Start Date: 01/07/2016

End Date: 01/07/2016

Start Time: 10:00 am

End Time: 1:00 pm

Names of Members who were a part of the Organizing Committee:

Rtr. Ruchira Rosia

Rtr. Adesh Shetye


Rtr. Iram Shaikh

Rtr. Aditi Shah

How was the Project carried out? (This part has to be mentioned in Pointers and not long paragraphs. This will include all the permission, PR Work, etc done before the project):

- We promoted the event by distributing pamphlets in the vicinity
- Permission was sought to promote the event in VES colleges
- SKIT to be performed on "why blood donation is important" was written and rehearsed by the rotaract members
- A seminar on Diabetes as well as diabetes checkup camp was also arranged in the auditorium of VES College of Arts, Science and Commerce




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Rotaract Club Of VES College of Pharmacy

Impact Analysis of the Project (In this section, the clubs should mention how the lives of the people for whom the project was intended, have changed. This part should also be short of about 3-4 lines maximum.)

The event had spectators from all the VES institutions as we performed the skit, while we managed to collect 60 bags of blood from college students and staff despite of the heavy rains.

Why was this project carried out? (This is basically the aim/purpose of conducting the project and should be covered in not more than 2-3 lines.)

As it was a district project and our first project along with an experienced club we took up this project to promote blood donation awareness and start our club activities with a noble cause.

Sponsorships/Tie Ups done for this project (Here, clubs have to list the number of organizations they have partnered/tied up with for the project.):

Rotary club of Deonar

Is this an Ambassadorial Project? (A project will be considered Ambassadorial if outside club members have attended it. If this happens, the club reporting the project, will select Yes, else select No.):

Yes

Name of the Clubs with which the project was carried out: (Mention in pointers the name of the clubs with whom the project was carried out)

Rotaract Club of VES College of Pharmacy

Rotaract Club of Deonar

Total Income from the Project: 0

Total Expenditure on the Project: 0

Attendance Details: -

Rotaract Club Of VES College of Pharmacy

Club Members:

PIS (Rotarians and Interactors):

Guests:

Outside Club Members:

District Council Members:

Alumni:

Total Attendance:

Rotaract Club of VES College of Pharmacy

Project Number: 4

Name of the Project: PRAGATI- pencil lines to progress

Venue: Vidya Bhavan Vastigruh, Thane.

Reporting Month: August

Avenue 1: Community Service

Avenue 2:

Start Date: 31/8/2016

End Date: 31/8/2016

Start Time: 4 pm

End Time: 6.30 pm

Chairperson of the Project: Rtr. Aditi Shah

Organising Committee:

Rtr. Siddhita Gawade

Rtr. Iram Shaikh

Rtr. Aditi Shah

Rtr. Khushboo Panchal

Rtr. Sanika Dani

Rtr. Mihika Choudhary

How was the project carried out?

- Through various contacts we searched for an orphanage with most need of books and stationary
- Details were forwarded on social media sites
- Permission from other colleges in VES campus were taken for donation drive
- Even family members were asked to provide donations
- Books, newspapers, unused papers, stationary were collected for 6 days
- Around 150 books were donated along with stationary
- Fun events were also planned

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

This donation drive helped young kids and assisted them into taking steps into education without facing a shortage of necessities. After interacting with the kids we were taken aback by the amount of talent we discovered in them. The best impact was the smiles on their faces.



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Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)

Not only we wanted to donate books but also our time and share bitter sweet memories with them.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

None

Attendance: 11

Club Members: 11

Outside Club Members: Alumnis: -

Total Income: 3500/-

PIS (Rotarians and Interactors):-Guests: -

District Council Members: -

Total Expenditure: 3500/-

Rotaract Club of VES College of Pharmacy

Project Number: 7

Name of the Project: DIABETES CAMP

Venue: VES COLLEGE OF PHARMACY, CHEMBUR

Reporting Month: September

Avenue 1: Community Service

Avenue 2:

Start Date: 25/9/2016

End Date: 25/9/2016

Start Time: 8AM

End Time: 2.30PM

Chairperson of the Project:

Rtn. Vijayalaxmi Rangrajan

Organising Committee:

Rtr. Vanashree Chaudhary

Rtr. Ashish Jhangiani

How was the project carried out?


- Volunteers were appointed for the check up
- Doctors, blood bank etc. was arranged by the parent Rotary
- Permission was taken to conduct diabetes camp in the campus
- Pamphlets were given, Posters were stuck in the vicinity
- Banners were displayed

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

People who are still unaware about diabetes got a brief information about the disease. People already suffering understood the control measures. 110 people were benefited.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




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To increase the awareness about diabetes which is, now growing in the country

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

Rotary E-Club of Mumbai

Attendance: 15

Club Members: 14

Outside Club Members: 0 Alumnis: 0

Total Income: 0

PIS (Rotarians and Interactors) 1 Guests:

District Council Members: 0

Total Expenditure: 0

Rotaract Club of VES College of Pharmacy

Project Number: 8

Name of the Project: WORLD PHARMACIST DAY

Venue: N/A

Reporting Month: September

Avenue 1: Community Service

Avenue 2:

Start Date: 25/9/2016

End Date: 25/9/2016

Start Time: N/A

End Time: N/A

Chairperson of the Project: Rtr. Vivek Nalawade

Organising Committee:

Rtr. Siddhita Gawade

Rtr. Iram Shaikh

How was the project carried out?

-Certificates were printed and handed over to club members who were asked to distribute them in their local areas

-A message was shared to create an awareness about Dos and Dents about medicines


Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

Pharmacy as a profession was able to stand out and create its own importance, we managed to show how pharmacists need to be appreciated who are the real health care takers and patient friendly. Information we shared, bursted some myths about medicines and its use.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)

For appreciation of health care takers, To reach out to more people a message was spread regarding DOs and DONTs of medication.




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Chembur, Mumbai - 400 074.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

None

Attendance: 2/1*

Club Members:

Outside Club Members: Alumnis:

Total Income: 0

PIS (Rotarians and Interactors): Guests:

District Council Members:

Total Expenditure: 2050/-

Rotaract Club of VES College of Pharmacy

Project Number: 10

Name of the Project: VITAMIN D DEFICIENCY AWARENESS CAMPAIGN

Venue: VES COLLEGE OF PHARMACY, CHEMBUR

Reporting Month: December

Avenue 1: Community Service

Avenue 2:

Start Date: 21/12/2016

End Date: 21/12/2016

Start Time: 11AM

End Time: 2PM

Chairperson of the Project: Rtr. Vivek Nalawade

Organising Committee:

Rtr. Khushboo Panchal

Rtr. Moksh Lalwani

How was the project carried out?


- Public health officer team of our college was approached for carrying out this project
- PHO as well as rotaract members were invited to make the D ring
- Formation of the D ring was practiced
- Sponsor for certificates were approached (sponsored by- USV private ltd.)
- Certificates were printed for the day

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

The project was held on 21st December which was the shortest day of 2016, the images of the D ring posted on the social media created awareness about the rising Vitamin D deficiency in humans.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




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Chembur, Mumbai - 400 074.

Our sedentary lifestyle has made us privy to Vitamin D deficiency, the campaign was carried out to spread awareness amongst the masses.

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

Public Health Officers of VES College of Pharmacy,
USV Private Ltd.

Attendance: 1/1

Club Members:

Outside Club Members: Alumnis:

Total Income: 0

PIS (Rotarians and Interactors): Guests:

District Council Members:

Total Expenditure: 1000/-

Rotaract Club of VES College of Pharmacy

Project Number: 11

Name of the Project: FIRST AID AWARENESS

Venue: VES COLLEGE OF PHARMACY, SEMINAR HALL, CHEMBUR

Reporting Month: January

Avenue 1: Community Service

Avenue 2:

Start Date: 7/1/2017

End Date: 7/1/2017

Start Time: 10.30 AM

End Time: 1PM

Chairperson of the Project: Rtr. Khushboo Panchal

Organising Committee:

Rtr. Khushboo Panchal

Rtr. Moksh Lalwani

How was the project carried out?

-PHO of our college approached for the event

-The speaker was approached and arrangements for fees was done

-PR work was done in each class and exemption was provided for students attending the seminar


-Momentos were provided by PHO

Impact Analysis of the Project (How did the project impact/change the lives of people it was intended to be for?)

We usually have no answers when we are stuck in an emergency, the ignorance may cause a loss of life, the seminar helped people to improve presence of mind during an emergency situation.

Why was the project carried out? (Aim/Purpose of the Project in brief. This section should be covered in not more than 2-3 lines.)




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Chembur, Mumbai - 400 074.

To have a clear idea about first aid and to make people understand the importance of first aid and how to implement it without fear

Sponsorships/Tie-Ups/Partnerships done for the Project: (List the name of the organizations/Companies that are associated with the project and state the nature of their association. Nature of Association, for example, would be Title Sponsors, Gift Sponsors, Food Sponsors, etc.)

PHO

Attendance: 58

Club Members: 12

Outside Club Members: Alumnis:

Total Income: 0

PIS (Rotarians and Interactors) 0 Guests: 0

District Council Members: 0

Total Expenditure: 2000/-



Hashu Advani Memmorial Complex, Behind Collectors Colony, Chembur (E), Mumbai – 74

Activities organized by Public Health Office (PHO) of VES College of Pharmacy (2016-17)

Sr. No	Event organized	Location for event	Date	Participated population / Target audience	Number of VESCOP students participating in the event
1	Blood Donation Campaigns	Mumbai City & suburbs	1 st , 6 th , 14 th and 16 th October, 2016; 6 th November, 2016; 9 th , 11 th , 18 th , and 28 th December, 2016	1900+ units of Blood collected	47
2	HIV/AIDS awareness campaign	BPCL Petrol Pump, Navi Mumbai	23 rd December, 2016	50+	3
3	National Nutritional Week: Fight against anemia	Chembur & Ghatkopar, Mumbai	6 th September 2016 and 7 th September 2016	100+	7
4	Global Hand washing Day	Chembur, Mumbai	7 th October, 2016	800+	6



Hashu Advani Memmorial Complex, Behind Collectors Colony, Chembur (E), Mumbai – 74

5	World Mental Health Day –Mental Health Seminar	Chembur, Mumbai	10 th October, 2016	80+	3
6	Lung Cancer Awareness	Chembur, Mumbai	16 th November, 2016	50+	7
7	Organ Donation – Awareness& Pledging	Chembur, Thane, Marine Lines	29 th , 30 th & 31 st of August, 2016	500+	26
8	Oral Hygiene and Dental Checkup	Chembur, Mumbai	6 th October 2016	280+	6
9	First Aid Awareness Campaign	Chembur, Mumbai	7 th January, 2017	100+	4
10	Tuberculosis Awareness Campaigns	Chembur, Ghatkopar, Shivaji Nagar	28 th and 29 th December, 2016	50+	8
11	Diabetes Awareness	Chembur, Ghatkopar	1 st and 7 th December, 2016	100+	6

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Middle Bridge, Dadar Station, Dadar, Mumbai.	6 th October, 2016	9AM to 5PM	Collection of 112 blood units.

Number of target audience: 100+

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Devashree Shahani	9167166757
Tejaswini Dewasthale	7303270297	Harshada Ogale	9773310608
Sneha Joshi	9702001962	Sameer Jain	9323146497


Description of the activity

Methods used for conducting the campaign:

Blood is the most precious gift that one can give to another - the gift of life. A decision to donate your blood can save a life, or even several as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. The growing demand for blood in hospitals are satisfied by blood donation drives.

On the 6th of October, 2016, VES College of Pharmacy volunteered for the blood donation drive held by J.J Mahanagar Blood Bank at Dadar station in collaboration with CRMS.




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PRINCIPAL
Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

The volunteers interacted with the travellers on the platform, encouraging them to donate blood by explaining to them the importance of the same. They were told how they could save up to three lives by donating one bag of blood which would just take approximately fifteen minutes.

A team of doctors skillfully handled the check-up process including the haemoglobin, weight and medical history check, following which, the donor was assigned a blood bag.

The comfort of the donors was taken care of by the volunteers, who provided them with refreshments before and after the donation. Certificates were written and handed out to the donors, who were thanked for the noble deed. A donor card was given to all the donors and the importance of the card was explained to them by the volunteers.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of J.J Mahanagar bank and CRMS periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity :

The camp was a successful one, receiving an enormous response as we were able to collect 112 bottles on this day. The individual interaction between the volunteers and the commuters help spread awareness about the benefits of blood donation. The donors were very enthusiastic. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PHOTOS:

Dr. (Mrs.) S. Shridhar
Vivekanand College of Pharmacy
HAMC, Behind Collector Colony
Chembur, Mumbai - 400 074



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Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Dadar Station	18th December, 2016	9.00AM to 5.00PM	Collection of 140 blood units.


Number of target audience:

Number of students taking part in the activity: 17

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
SHAHANI DEVASHREE	9167166757	DALVI NEHAL NITIN	9820731066
CHAWLA ASHISH	7276281056	MAURYA SANJAYKUMAR	8652852813
PRACHI KADUSKAR	7666982018	BEDI AMRITA KAUR	9969472014
CHASS JASLEEN KAUR	9699893246	PURVASHREE GAWDE	9892758387
SANJANA SURESH NAIR	9820077317	TELI MUZZAKIRA	8879830540
KORDE AISHWARYA	9820675119	SNEHA JOSHI	9702001962
SHAH KRUPALI	9967595938	SHAH KRUPALI	9967595938
CHAUDHARY REKHA	9867382361	RUTUJA SHINGATE	9892182293
JAIN SHUBHAM	8652781219		




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Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Approximately 650 units of blood are required every day in the city of Mumbai. The quest for the acquisition of blood commences only when the demand arises. This puts a lot of pressure on the patient and is a compromise on the safety of the blood thus acquired. It is an established fact that a voluntary blood donor is the safest source of blood as compared to a donor who responds to the need of a specific individual. Voluntary blood donation drives at venues convenient to donors can easily ensure that this objective is met.

The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with JJ Mahanagar Blood Bank in Dadar on 18th December, 2016.

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 140 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs.) Sujata S. Shinde
Principal
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony
Chembur, Mumbai - 400 054



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION, AIDS and ORGAN DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar East, Mumbai - 400084

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	IIT Market, Powai, Mumbai- 76	16 th October, 2016	7AM to 5PM	Collection of 294 blood units.

Number of target audience: 250+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Tejaswini Dewasthale	7303270297	Devashree Shahani	9167166757


Description of the activity

Methods used for conducting the campaign:

As a part of the PHO activities, the students of V. E. S. College of Pharmacy volunteered for the BLOOD DONATION CAMP organized by Morarji Cricket Club in association with Rajawadi Blood Bank in Powai. A regular group of donors voluntarily came forward to donate blood.

The donors were counseled by the doctors and were checked for their blood haemoglobin levels and blood pressure. Their recent medical history was checked to ensure the absence of any infections or drugs that may cause their blood to be deemed unfit for use. The donors were given certificates by the




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Chembur, Mumbai - 400 074,

volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity :

Posters were put up at the venue and also circulated via social media. The regular donors were contacted well in advance and made aware of the location and the date of the camp.

Result of your activity :

At the end of the day, 294 blood bottles were collected. The camp not only served the purpose of acquiring blood for the needy but also raised awareness about the benefits of donating blood and portraying it as a noble deed. Thus, the camp was a very successful one.

PHOTOS:

Dr. (Mrs.) Suganya S. Subbaya
Vivekananda College of Pharmacy
HAMC, Behind Collector Colony,
Chennai, Number - 400 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Pallavi Blood Bank,
Shatabdi Hospital, 2nd Floor,
Govandi East, Mumbai - 400088
Contact: +(91)-22-38511989

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Vashi Railway Station, Opp. Raghuleela Mall, Vashi, Navi Mumbai	14 th October, 2016	11.00AM to 4.00PM	Collection of 25 blood units.

Number of target audience: 25

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Aishwarya Vasudevan	9702621996	Mrunmayi Teredesai	9029672214
Sanjana Nair	9820077317	Aishwarya Korde	9820675119
Ruhi Shah	9892862699		

Description of the activity

Methods used for conducting the campaign:

On the 14th of October 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Pallavi Blood Bank opposite to Raghuleela Mall, near Vashi Station. The number of dengue patients in the city is increasing exponentially and the need for platelets is large and urgent. Thus, the students of VESOP played their part to assist the blood bank acquire blood to meet the rising demand for platelets.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

procedure . Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation was done under hygienic conditions inside an air conditioned and comfortable van.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The mobile van was brightly coloured and displayed the purpose clearly and hence attracted passes by.

Result of your activity :

The camp was a successful one, receiving a good response as we were able to collect 25 bottles. The goal of spreading awareness among the people about the need for platelets and donation of blood and its benefits was successfully achieved.

PHOTOS:

Dr. (Mrs.) S. Chidhaye
Vivekanand College of Pharmacy
HAMC, Behind Collector Colony
Chennai - 600 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Akhil Parksite Sewa Sangh, Shivaji Maidan, Parksite, Vikhroli West	6 th November, 2016	9AM to 5PM	Collection of 151 blood units.

Number of target audience: 151

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Arundhati Jog	9867002964	Vaishnavi Somani	9209981763

Description of the activity

Methods used for conducting the campaign:

On the 6th of November, 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Vikhroli.

A thorough check up of haemoglobin, blood-pressure and medical history was done by the doctors of the Blood Bank to ascertain that the donor was healthy and fit to donate blood. Their recent medical history was checked to confirm the absence of any infections, alcohol or drugs that may cause their blood to be rejected.



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PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance. Out of the 176 donors, 15 were females who willingly came forward to donate blood.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. Overall, we ensured that it was a safe and pain-free experience for them.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The locals in the area were informed of the blood camp well in advance.

Result of your activity :

The camp was a successful one, receiving an great response as we were able to collect 151 bottles on this day. 3 of the donors were women. The donors were very interactive. Their generosity and enthusiasm to serve the society made this camp a successful one.

PHOTOS:

Dr. (Mrs) Sushma S. Chidambaram
Vivekananda College
HAMC, Behind College
Chennai - 600 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	HDFC bank, 26A Narayan Properties, Saki Vihar rd, Next to Kamani Oil Mill, Chandivali, Andheri East	9th December, 2016	9.00AM to 5.00PM	Collection of 158 blood units.

Number of target audience: 150+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sandeep Yadav	8655694812	Pankaj Yadav	9773046357

Description of the activity

Methods used for conducting the campaign:

There is a constant need for blood due to the numerous surgeries and transfusions in major hospitals across Mumbai and hence, there is a need for more Blood Donation drives to satisfy the increasing demand. The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank at HDFC Bank in Chandivali, Andheri on 9th December, 2016.



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074;

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. Hygienic conditions were maintained by the professionals to prevent any accidental infections or injury. Employees of HDFC bank enthusiastically participated in the campaign and donated blood.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The employees of the bank and the people in the locality were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 158 blood units. The donors were also made aware of the benefits of donating blood and hence, the campaign was effective in encouraging the noble act of blood donation.

PHOTOS:

Dr. (Mrs.) Sushila S. Shinde
Principal
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur (Mumbai) - 400 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Parksite Sarvajani Ganeshotsav Mandal, Shivaji Maidan, Parksite, Vikhroli West	11th December, 2016	9.00AM to 5.00PM	Collection of 128 blood units.

Number of target audience: 120+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:


Name	Contact no.	Name	Contact no.
Sushma Mistry	8291250109	Esha Toraskar	9820867818

Description of the activity

Methods used for conducting the campaign:

The key step of successful blood donor recruitment is to take the Blood Donation Campaign to the donors as close as possible on their convenient date and time. The closer the campaign to the potential donor, the stronger is the likelihood of success. This is possible only through outdoor blood donation camps. The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Vikhroli on 11th December, 2016.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 128 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs) S. S. Chidambaram
Vivekananda College
Cor. G. of S. Road
HANOI, District, Coimbatore
Coimbatore - 400 014



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Jai Sai krida mandal, Raigad Chauk, Ghatkopar East	18th December, 2016	9.00AM to 5.00PM	Collection of 83 blood units.

Number of target audience: 83

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:


Name	Contact no.	Name	Contact no.
Bhavi Sheth	9867650036	Bhavya Shah	9870628004

Description of the activity

Methods used for conducting the campaign:

Donating blood can help in treating patients suffering from cancer, bleeding disorders, chronic anemia associated with cancer, sickle cell anemia and other hereditary blood abnormalities. It is important to know that human blood cannot be manufactured, people are the only source and that is why it is important to donate blood and help those who need it. This is possible only through blood donation camps. The PHO of Vivekanand




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Vivekanand Education Society's
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Chembur, Mumbai - 400 074.

Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Ghatkopar East on 18th December, 2016.

The doctors of the Blood Bank performed the basic tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically to prevent the infection of the donor and made it a safe and risk-free process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 83 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs) Sushila E. Shinde
Vivekanand In-Service Society's
College of Pharmacy
H.M.C. Behind Collector Colony
Chembur Mumbai - 400 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Arunoday Mitra Mandal, Near Sagar Park Society, Gavdevi, Ghatkopar West	18th December, 2016	9.00AM to 4.00PM	Collection of 208 blood units.

Number of target audience: 200+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:


Name	Contact no.	Name	Contact no.
Bahiravi Patankar	8652622986	Ankita Jain	9867526070

Description of the activity

Methods used for conducting the campaign:

The elixir of life, blood, is an important constituent of the body without which it would cease to function. Human evolution has brought with it a host of diseases, accidents and disasters which has led to the spike in the demand for "liquid life". Thus, blood donation drives are the sole contributors to the depleting resources of blood banks across the country that cater to the needs of numerous hospitals. The PHO of Vivekanand Education




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Ghatkopar West on 18th December, 2016.

The doctors of the Blood Bank performed an array of tests such as blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out very hygienically in a pyrogen-free environment to prevent the infection of the donor and made it a pain-free, comfortable process.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance.

Result of your activity :

We were successful in collecting a total of 208 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. (Mrs) Sushila S. Shinde
Principal
Vivekanand Education Society's
College of Pharmacy
HANG, Dahanu Colony
Chandur, Mumbai - 400 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Dadar Head Post Office, Dr Baba Saheb Ambedkar Rd, Lokmanya Tilak Colony, Dadar (E)	1 st October, 2016	8AM to 4:30PM	Collection of 226 blood units.

Number of target audience: 50

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Priya Masand	8698910510	Disha Ahuja	7276142554

Description of the activity

Methods used for conducting the campaign:

On the 1st of October 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in the Dadar Head Post Office, Dadar East. The constant demand for blood in various hospitals across the city are met solely through blood donation drives organized frequently by blood banks. Thus, the students of VESCOP played their part to help save a life.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe



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PRINCIPAL
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Chembur, Mumbai - 400 074.

procedure . Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before , during and after the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp.

Result of your activity :

The camp was a successful one, receiving an good response as we were able to collect 226 bottles on this day. The goal of spreading awareness among the people about the donation of blood and its benefits was successfully achieved.

PHOTOS:

Dr. Michael S. Sridhar
Vivekananda College of Pharmacy
College of Pharmacy
HAMA, Baniar Road, Colony
Coimbatore, India - 641 014



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. J. J. Mahanagar Blood Bank
Ground Floor, SD Petit Building,
JJ Road, Byculla, Mumbai- 400027
Contact no: 022-23735585
Contact no: 9987458058

Location(s) of the activity:

Sr. No	Location	Date	Timing	Activity
1.	Reliance Corporate Park, Gate B Thane Belapur Road, Ghansoli, Navi Mumbai	28th December, 2016	10.00AM to 5.00PM	Collection of 405 blood units.

Number of target audience:

Number of students taking part in the activity: 3


List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Jui Pendse	9619793958	Atharva Bhatkande	9930986289
Vanshree Chaudhary	9819867612		

Description of the activity

Methods used for conducting the campaign:




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Blood donation drives are the only means by which hospitals can fulfil the increasing demand for blood required for surgeries and transfusions. Every day, hundreds of bottles of blood are required in hospitals all over Mumbai, the source of which are healthy donors willing to perform a social service by voluntarily donating their blood for the needy.

The PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with JJ Mahanagar Blood Bank at the Reliance Corporate Park in Ghansoli on 28th December, 2016.

The doctors of the Blood Bank performed the basic and essential tests like blood pressure and haemoglobin check-up on the donors prior to the process of donation. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected. The blood donation process was carried out in a pyrogen free, hygienic environment. The blood donation campaign was held within the Corporate Park premises and all the healthy employees willingly participated in this noble activity by donating blood.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance.

The comfort of the donors before, during the donation process was taken care of by our volunteers. We provided them with refreshments like biscuits and tea before and after the process.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up at the location of the blood camp. The people in the area were informed about the camp well in advance. The employees of the company were informed in advance via emails about the camp.

Result of your activity :

We were successful in collecting a total of 405 blood units. The donors were also made aware of the benefits of donating blood. The donors were provided with donor cards and certificates and encouraged to participate in future campaigns.

PHOTOS:

Dr. Jyoti S. Shinde
Vivekanand Education Society's College of Pharmacy
HANG, Behind Colson Colony
Chembur, Mumbai - 400 071



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“BLOOD DONATION” Campaign

Organising Institute: V.E.S. College of Pharmacy, Chembur.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. Rajawadi Blood Bank,
C/O Rajawadi Hospital, Rajawadi Road,
Ghatkopar West, Mumbai - 400084
Contact no: +(91)-22-21025149

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Sarvajanik Ganeshotsav mandal, Sai hill, near Vijay Krida mandal, Bhandup West.	15 th August, 2016	9AM to 5PM	Collection of 176 blood units.

Number of target audience: 170+

Number of students taking part in the activity: 2

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sanjana Nair	9820037317	Varsha Daund	8689807874


Description of the activity

Methods used for conducting the campaign:

On the occasion of Independence Day on 15th August, 2016, the PHO of Vivekanand Education Society's College of Pharmacy organized a blood camp in collaboration with Rajawadi Blood Bank in Bhandup West. The aim of the camp was to give back to the society on the 70th Independence Day of India and provide a means by which the people could perform the noble deed of donating blood.

The competent doctors of the Blood Bank performed various tests like blood pressure and haemoglobin check-up on the donors to ensure a safe procedure. Their recent medical history was checked to confirm the absence of any infections or drugs that may cause their blood to be rejected.




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

The donors were given certificates by the volunteers, who also provided them with donor cards and explained, to them, their use and importance. Out of the 176 donors, 15 were females who willingly came forward to donate blood.

The comfort of the donors before, during and after the donation process was catered to by our volunteers. We provided them with refreshments like biscuits and tea before and after the process. The health of the donors was of utmost importance to us.

Advertisement of the activity :

The banners displaying the information about blood donation campaign were put up in the areas near the location of the blood camp. The volunteers and the staff of Rajawadi Blood bank periodically advertised the event via announcements on loudspeakers throughout the course of the day.

Result of your activity :

The camp was a successful one, receiving an enormous response as we were able to collect 176 bottles on this day. 15 of these donors were women. The donors were very interactive. Their generosity, the Blood Bank's efficiency and our service made this camp a successful one.

PHOTOS:

Dr. (M.S.) Suresh S. Chidambaram
Vice-Chancellor, Rajawadi Blood Bank
College of Pharmacy
HALL 601, Rajawadi College
Chennai - 600 074



PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –HIV/AIDS AWARENESS CAMPAIGN- “You don’t need to be Positive to Think Positive”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074
- 2) Mr. Rajesh Rathod
HIV Educator MDACS
Contact- +919869114722
- 3) Mr. Biren Gandhi,
BPCL Sales Manager,
Raigad District.
Contact: +919819684936

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Seminar on causes, control and prevention of Aids.• Q and A by the Speaker• Distribution of Condoms	9am-10am	23rd December, 2016	BPCL Petrol Pump, Near Jawaharlal Nehru Port Trust, at NH 348, Navi Mumbai, Maharashtra.


Number of target audience: 50+

Number of students taking part in the activity: 3

List of volunteers and their contact numbers:

Contact no.	Name
9894115455	Darshan Jain
7666675695	Jenil Varia
8600926692	Moksh Lalwani




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Acquired Immune Deficiency Syndrome (AIDS), a fatal disease that attacks the body's immune system making it unable to resist infection, is caused by the human immunodeficiency, i.e the state where the immune system functions are diminished considerably. The current treatment protocols employ multiple drugs has made some gains in prolonging life and reducing pain. AIDS is caused by the Human Immunodeficiency Virus (HIV). According to MDACS, truck drivers are a high-risk group for HIV infection. Hence, to educate the less-informed section of the society about the causes, treatment and prevention of AIDS, the PHO of XYZ College of Pharmacy through MDACS conducted an awareness campaign for the Truck Drivers at a BPCL petrol pump in Navi Mumbai on NH 348 on 23rd December, 2016.

Mr. Rajesh Rathod, an MD in Naturopathy and a Master Trainer on HIV/AIDS in the Port Trust Hospital, conducted a short seminar in which he delved into topics like the major causes of AIDS, its prevention and effective control of its spread. The "Do's" and "Don'ts" were explained very perspicuously by Mr. Rathod and was very well received by the drivers. He cleared numerous misconceptions about the spread of HIV from person to person and provided better clarity regarding the actual causes of spread. The symptoms were explained in detail along with the control of the disease.

An interactive Question and Answer session ensued post the seminar in which the audience took part with gusto and had all their queries solved by the doctor.

Pamphlets highlighting the routes of transmission of HIV and appropriate prophylaxis were distributed. Condoms provided by MDACS were distributed by our volunteers to the truck drivers as an initiative to promote their use and to stress their importance in preventing the spread of HIV/AIDS.

Advertisement of the activities:

The staff at the petrol pump was informed well in advance of the activity to be conducted there. Banners provided by MDACS were displayed outside the area to draw attention to the campaign.

Result of your activity:

The seminar effectively conveyed the most important highlights of the fatal condition of HIV/AIDS including causes, prevention, symptoms and control within a period of just one hour. Condoms were distributed among truck drivers visiting the petrol pump and their importance was effectively explained to them. Major misunderstandings of the disease were solved and explained. Mr Biren Gandhi, the BPCL Sales Manager, was extremely helpful and very enthusiastic about the campaign and contributed to its success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report – “NATIONAL NUTRITION WEEK: FIGHT AGAINST ANEMIA”

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074.

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Display and Explanation of Posters• Explanation of cause, symptoms and prevention of Anemia• Distribution of Recipes	6:00pm-9:00pm	6.9.2016	Laxmi Colony Ganesh Mandal, Mahul Road, Chembur, Mumbai-400074 [Coordinator: Mr Resham. Ph: +919833990058]
2.	<ul style="list-style-type: none">• Display and Explanation of Posters• Explanation of cause, symptoms and prevention of Anemia• Distribution of Recipes	5:00pm-8:00pm	7.9.2016	Odeon Shopping Centre GanpatiMandal, Near R-Odeon Mall, Ghatkopar(E), Mumbai-400077 [Coordinator: Mr Jitendrabhai. Ph:+919820499669]

Number of target audience: 100+

Number of students taking part in the activity: 7

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9029672214	Mrunmayi Teredesai	8291250109	Sushma Mistry
9167166757	Devashree Shahani	9702621996	Aishwarya Vasudevan
9769722711	Priyanka Tulsiani	7666675695	Jenil Varia
		9768100808	Yashica Shah



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,

Description of the activity:

According to the WHO, "Nutrition is the intake of food, considered in relation to the body's dietary needs". National Nutrition Week is celebrated each year from 1st September to the 7th September to spread awareness among the people about the importance of a balance diet for their health and well-being.

Anaemia is the most common blood condition in the world. Women, young children, and people with chronic diseases are at increased risk of anaemia. Thus, the PHO of XYZ College Of Pharmacy conducted an anaemia awareness campaign on the 6th and 7th of September as a part of Nutrition week.

During the Ganpati season, GanpatiMandals are teeming with individuals of all age groups, and hence, this was our target location. The activity commenced by a display of posters depicting the causes, symptoms and preventive measures of anaemia, which attracted curious onlookers.

A one-to-one interaction with passers-by, especially women, was established by our volunteers. We explained to them the important causes and symptoms of anaemia. We also enlightened them on the topic of improvement of the diet for prevention of anaemia.

A pamphlet containing simple home recipes including 'Nachni' upma and Mixed Juice as well as some foods such as almonds and Jaggery, which can be eaten on a daily basis, was distributed to the people.

The one-to-one interaction helped the volunteers to personalize the information based on the individual to whom it was being delivered to. The people, thus, received information in the language they were comfortable with and were able to relate to it and follow the purpose of the talk.

Methods used for conducting the campaign:

GanpatiMandals were contacted by the college PHO members for permission to conduct the campaign and the response was very enthusiastic. Handmade posters were displayed within the Ganpatimandal, which was visible to people who visited the same. The campaign was conducted as a one-to-one interactive session such that the message would be heard and the purpose, fulfilled.

Advertisement of the activities:

Announcements were made by the In-Charge at the location regarding the campaign and the reason for conduction of the same. The posters were put up alongside the college banner inside and outside the GanpatiMandal.

Result of your activity:

We received an incredible response from the people for this campaign. The people visiting the Mandal were very enthusiastic towards the cause and also very receptive. They were able to relate to the symptoms of anaemia, which was found to be very common among the women, and were keen on knowing the preventive measures and diet improvements. Our campaign was appreciated by all the passersby, who were given recipe leaflets. A total of 100 leaflets were handed out during the course of the camp.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“GLOBAL HANDWASHING DAY”—Your health is in your hands!

Organising Institute: XYZ. College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. General Education Academy,
Road No 19, Chembur East,
Mumbai, Maharashtra 400071
Ph: 022-25281578

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Display and explanation of posters depicting handwashing practices.• Demonstration of correct handwashing technique.	9.00 AM-1:00Pm	7th October, 2016	General Education Academy, Road No 19, Chembur East, Mumbai 400071

Number of target audience: 873

Number of students taking part in the activity: 6

List of volunteers and their contact numbers: 9

Contact no.	Name	Contact no.	Name
8291250109	Sushma Mistry	7666675695	Jenil Varia
9029672214	Mrunmayi Teredesai	9820077317	Sanjana Nair
7303270297	Tejaswini Dewasthale	9819601898	Devashree Shahani
9323146497	Sameer Jain	9833485058	Prerana Dodeja
		9699893246	Jasleen Chass



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

The hands are a vehicle for the entry of germs into the body via the oral route. Poor personal hygiene results in the ingestion of various pathogen in contaminants that could cause an infection. Thus, proper cleanliness is a primary requirement in day to day life. As a part of Global Handwashing Day, XYZ College of Pharmacy conducted a campaign on the Correct Method of Handwashing. This campaign was held in the General Education Academy, Chembur, for the children of the primary school.

Volunteers individually interacted with each class, explaining to them the importance of cleanliness and washing hands. Posters depicting the eight simple steps of washing hands were shown to the children and explained.

A demonstration of the hand washing process was performed by a volunteer in each class and the students were made to mirror the process so that they understood it well. Targeting the primary school section was our main aim as the inculcation of good habits in children at a younger age ensures that it has a greater impact on their fresh minds and stays with them for life.

Advertisement of the activities:

The children of the school were notified about the activity by the teachers and principal. Posters were put up in the school to arouse interest and curiosity.

Result of your activity:

A total of 873 children from the Primary section of the school participated in the activity. The students willingly participated in the activity with great zeal and enthusiasm. The staff were very helpful appreciative. Their cooperation and the willingness of the children to be a part of the activity made this campaign a successful one.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“WORLD MENTAL HEALTH DAY”—Not all wounds are visible.

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. Mrs. Salma Prabhu,
Psychologist. Ph: +91 9987023172

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Spreading awareness by means of posters.• Seminar by psychologist on mental health and wellness.	9.00 Am- 2.00Pm	10th October, 2016	XYZ Tulsi Technical Institute, 78 Sindhi Society, Near Swami Vivekanand Junior College, Mumbai, Maharashtra 400074


Number of target audience: 80+

Number of students taking part in the activity: 3

List of volunteers and their contact numbers:

Contact no.	Name
8291250109	Sushma Mistry
9029672214	Mrunmayi Teredesai
7666675695	Jenil Varia




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Google defines mental health as "a person's condition with regard to their psychological and emotional well-being." Every single individual in this world suffers from some sort of mental unrest, irrespective of the degree. One of these mental monsters is infamously known as stress. In today's world, the environment and living conditions of people make it almost impossible to eradicate stress, depression, anxiety and other mental disorders, but, it can definitely be controlled.

XYZ College of Pharmacy organized a seminar on "Mental Health: Not all wounds are visible", on the World Mental Health Day, to play our part in ameliorating mental disorders.

The seminar was conducted in the XYZ sister college, Tulsi Technical Institute, by Mrs. Salma Prabhu, a psychologist. She introduced the audience to various mental disorders that plague the population today, viz, Depression, Anxiety, Stress, ADHD, OCD etc., which usually go undiagnosed because of lack of awareness. She explained the methods to prevent stress and depression by maintaining a positive attitude towards life. To add weight to her discussion, she demonstrated various meditation techniques by involving the audience in an interactive session.

The psychologist also introduced the audience to the concept of Pranic Healing, which would benefit individuals who wish to be purged of unwanted stress on the spiritual level. She also mentioned the importance of the emotional quotient of an individual, stating that it measures the whole range of human emotions so that they can be better controlled, perceived and evaluated.

Advertisement of the activities:

The students of the school were notified about the activity by the teachers and principal a week prior to the activity. The volunteers personally approached the teachers to notify them about the campaign and its importance.

Result of your activity:

The campaign addressed one of the greatest issues in today's world and provided an insight into the minds of individuals with mental disorders to make the youth of today aware about mental illnesses. The response was excellent and the students were very appreciative and enthusiastic. The take-away message of the campaign was to have a positive mindset to avoid mental stress and depression and also to identify individuals suffering from wounds that are not visible to us unless we care enough to see them so that we may offer the best help possible to them.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –LUNG CANCER AWARENESS- “ Stop ‘Start Smoking’ ”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Presentation on lung cancer, the risks of starting to smoke and methods to quit smoking.• Skit on the major reasons why people begin smoking and the adverse effects.• Online Survey	9am-10am	16th November, 2016	College Premises Mumbai - 400074

Number of target audience: 50+

Number of students taking part in the activity: 7

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167166757	Devashree Shahani	9820037317	Sanjana Nair
7303270297	Tejaswini Dewasthale	8291250109	Sushma Mistry
9833485058	Prerana Dodeja	7666675695	Jenil Varia
		9769461851	Sanjana Parameshwaran



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Among the terminal diseases which we have not yet learned to treat, cancer is probably one of the most feared illnesses. One of the most common is lung cancer and first and the most popular cause of lung cancer is smoking cigarettes. The only consolation is that smoking, by far, is the only preventable cause of Lung Carcinoma. Hence, the PHO of XYZ College of Pharmacy conducted an awareness campaign on the occasion of Lung Cancer Awareness Month, with the intent of stopping first-time smokers and coaxing long-term smokers to kick the butt.

The first activity was a presentation in the XYZ Institute of Management, targeting the college-goers, them being the high-risk category. A crisp presentation highlighted the major causes of lung cancer focusing on smoking. Videos were included as visual aids to make the presentation more effective. Passive smoking with its consequences were explained to the audience to stress on the effect of smoking on their loved ones. Steps to quit smoking were discussed in length.

The second activity involved a short skit by the PHO members, depicting the evils of smoking, the mindset of those who begin smoking and the effect of peer pressure on individuals who begin smoking. It effectively conveyed the purpose of the campaign. The final activity was the launch of an online survey to glean information on the reasons most individuals smoke, their thoughts on smoking and their willingness to quit. 337 provided their inputs on the issue.

Advertisement of the activities:

The students of the institute were informed well in advance about the campaign by the staff. The survey was circulated throughout the month and was passed on to people via social media. Posters were put up in the institute that were prepared by the students of XYZ College of Pharmacy

Result of your activity:

The presentation and skit were received very enthusiastically by the students of XYZ Institute Of Management and was appreciated by the staff. The survey was taken by 337 individuals and the statistics were as follows:

RESPONSE	QUESTIONS
68.5%	People aware of the 100 metre law around educational institutions
For pleasure/ Peer influence	Most Common reason for starting to smoke
50%	People who began smoking at the age of 14-19 years
43.3%	People who have attempted to quit smoking on multiple occasions
98.2%	People who were aware of the harmful effects of smoking
86.6%	People who agree that smoking should be banned
80.7%	People who's friends or family members smoke

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“ORGAN DONATION AWARENESS AND PLEDGING”—The gift of life after death!

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074
2. Zonal Transplant Coordination Centre,
L.T.M.G Hospital,
2nd Floor, New College Building,
Sion (West),
Mumbai – 400022

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Spreading awareness by means of posters throughout the campus.• Distribution of Organ Donation Pledge forms to those interested.• Distribution of Donor cards	9.00 AM-4:30Pm	29, 30 and 31st August, 2016	College Premises Mumbai - 400074
2.	<ul style="list-style-type: none">• Rallies for spreading awareness about Organ Donation and eye donation	8.00am - 10.00am 9.00am onwards	30th August, 2016	<ul style="list-style-type: none">• Marine Lines (by ZTCC)• Thane Civil Hospital (By Sahiyara eye bank)

Number of target audience: 500+



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PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Number of students taking part in the activity: 26

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9702621996	Aishwarya Vasudevan	8291250109	Sushma Mistry
9820037317	Sanjana Nair	9029672214	Mrunmayi Teredesai
9167166757	Devashree Shahani	7666675695	Jenil Varia
9833314752	Anastasia Dantas	7303270297	Tejaswini Dewasthale
9699893246	Jasleen Chass	7666982018	Prachi Kaduskar
8689807874	Varsha Daund	9833485058	Prerna Doodeja
8097642154	Darshan Jain	8286675956	Atreya Karandikar
9819036655	Sanika Dani	8624030567	Umesh Chandak
8600926692	Moksh Lalwani	9167638363	Jigna Jain
9987553662	Mayuri Jain	9820744536	Jainee Haria
9821802935	Bhakti Phadtare	8879830540	Muzzakira Teli
8652649895	Prajakta Mali	9821383993	Sneha Joshi
9920572785	Shitaldevi Gupta	9768168228	Harshada Ogle

Description of the activity

Methods used for conducting the campaign:

The Zonal Transplant Coordination Centre, Mumbai, provides a means for needy patients to receive vital organs in time by promoting cadaver organ donation in Mumbai. They ensure a fair distribution of organs as per Government Guidelines. As a part of the Innovative Campaigns, the PHO of XYZ College of Pharmacy, in collaboration with the ZTCC, organized an organ donation drive.

The campaign involved spreading awareness about cadaver organ donation through hand-made posters that were put up all over the Campus.

25 of our volunteers participated in organ donation rallies organized at Marine Lines and Thane Civil Hospital by ZTCC and Sahiyara Eye Bank respectively on the 30th of August, 2016. The rallies spread awareness among the common public about eye and organ donation and we were able to reach out to a large number of people along the route.

The camp was conducted in a span of three days. A registration desk was set up in each of the three colleges, where organ donation pledge forms were made accessible to the students for themselves and their friends and relatives.

Pamphlets explaining the details about cadaver organ donation and frequently asked questions were distributed to the students for their reference. The staff and students of all three colleges were eager participants.

Pledge forms were collected on the last day and donor cards were given out to all those who had signed the pledge. The donor card certified the individual as an organ donor. The pledge, as stated on the donor card was, "I am proud to help someone to live after my death."

Advertisement of the activities:

Colourful posters were put up in the entire campus of the Hashu Advani Memorial Complex. These posters were made by students of XYZ college of Pharmacy, which portrayed organ donation and how one could give another the gift of life. The management, staff and students of all the colleges were made aware of the registration desk that was set up in their campus. The students who collected forms on the first day set an example which was followed by their family and friends, who requested for forms through them.

Result of your activity:

A total of 85 people pledged their organs within a span of three days. The students and staff were very enthusiastic and collected multiple forms on behalf of their loved ones as well. Donor cards were distributed to all those who had signed the pledge. The rallies were very successful as a large number of passers-by were made aware of the need for organ donation. The campaign was overall a huge success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“ORAL HYGIENE AND DENTAL CHECKUP”— Smile a little more!

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy,
Mumbai -400 074.
2. The Indian Dental Association,
Block No. 6, 1st Floor, 386, Sane Guruji Premises, Veer
Savarkar Marg, Mumbai, Maharashtra 400025.
3. Dr. Mahendra Rajpal,
Dentist,
Ph: +91 9920289470

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">• Address to the students about importance of oral health• Distribution of free samples.• Free Dental Check up.• Demonstration of Proper Brushing Technique.	10.00 AM-2:00Pm	6th October, 2016	BMC School, Subhash Nagar, Chembur(E), Mumbai - 400071

Number of target audience: 297

Number of students taking part in the activity: 6

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
8291250109	Sushma Mistry	7666675695	JeniVaria
9967553928	Karan Desai	9819664595	MeghaJeeson
9423088136	Krushipopli	9819601898	Rohan Domadia



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL

Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074

Description of the activity

Methods used for conducting the campaign:

Cavities and dental caries are very common among individuals of all age groups in India. Dental hygiene and proper brushing habits have to be developed at an early age to become a routine in ones life. Thus, XYZ College of Pharmacy took a step towards a greater change by organizing an Oral Hygiene and Dental Checkup Camp in a BMC School in Chembur along with Dentist, Dr. MahendraRajpal, and a team of doctors from the Indial Dental Association.

The campaign started off with a demonstration of correct brushing techniques by the volunteers of XYZ College of Pharmacy. We interacted with the students from grade 3 to grade 8 of both the morning and the afternoon batch, instructing them classwise.

Following the demonstration was a classwise dental check up of all the students. A team of 10 doctors from the IDA systematically examined the students for cavities and other oral conditions. Free samples consisting of a tube of Colgate Toothpaste and a Toothbrush were distributed among the students to promote healthy brushing habits. The doctors addressed the children on how to maintain healthy teeth and gums by proper maintenance of oral hygiene.

The entire event was covered by the journalists from the e-paper "Passion for Communication."

Advertisement of the activities:

The children of the school were notified about the activity by the teachers and principal. Colourful banners were displayed in the school, provided by the Indian Dental Association.

Result of your activity:

A total of 297 children from the 3rd grade to the 8th grade were evaluated by the doctors. 288 tubes of Colgate Toothpaste and Toothbrushes were handed out to the children. The students and staff of the school participated with great enthusiasm and were very appreciative. The campaign was overall a huge success.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report - FIRST AID AWARENESS CAMPAIGN- "A Stitch in time"

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy
Mumbai -400 074
Contact No: Mrs. Ramalakshmi Anand (PHO In Charge)-9821035253
- 2) Kolhatkar Social And Educational Organization
402 , Janki Anand Co- Operative Housing Society,
Gokuldas Wadi Khopat, Thane West, Thane – 400601.
Mr. Pramod Kolhatkar (+919869243943)

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1	College premises.	7th January, 2017	10.00am-1.00pm	<ul style="list-style-type: none">• Introduction and need for first aid.• Demonstration of first-aid techniques


Number of target audience: 100+

Number of students taking part in the activity: 4

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Sushma Mistry	8291250109	Moksh Lalwani	8600926692
Jenil Varia	7666675695	Darshan Jain	8097642154




Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

First aid is the immediate assistance given to a victim of injury or illness. It comprises of relatively simple techniques that can be performed with rudimentary equipment, and is usually carried out by a layman until professional medical assistance arrives. Properly administered first aid can be very effective in minimizing complications and even saving lives. It affords people with the ability to provide help during various emergency situations. Knowledge of basic first aid techniques is essential for every person as emergency situations may be faced anytime anywhere.

The PHO of XYZ College of Pharmacy arranged a first-aid training session for the students and staff of the college. The session focused on the appropriate response while dealing with situations such as injuries, accidents and fires. The session was conducted by the experts from Kolhatkar Social and Educational Organization. The audience was introduced to DR ABC (Danger, Response, Airway, Breathing, Circulation), which is the Golden Rule to be followed by any person administering first aid. Various types of bandages such as triangular, crepe, roller and rubber were shown to the audience and their applications were explained.

Techniques of handling fractures, arresting bleeding, shifting of victims and administration of CPR were demonstrated.

A few volunteers were called on stage to participate in and learn the techniques.

Advertisement of the activities:

The students and staff of the college were informed about the campaign in advance by the PHO members via emails and social media.

Result of your activity:

This camp gave insights on various first aid techniques. The students and staff of the college participated with great enthusiasm and were very appreciative.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –“TUBERCULOSIS AWARENESS CAMPAIGN”—Join the DOTS

Organising Institute: XYZ College of Pharmacy.

Co-ordinator of Activity and her/his e-mail address and contact number:

1. XYZ College of Pharmacy.
Mumbai -400 074.
2. Lok Seva Sangam,
Bhimwadi Road, Gautam Nagar,
Govandi East, Mumbai, Maharashtra 400043.
Mr. Sachin (+91 9769388101)

Location(s) of the activity:

Sr. No.	Location	Date	Timing	Activity
1.	Shivaji Nagar DOTS Center, Balwadi Plot 27, Road no 2, Shivaji Nagar, Mumbai.	28th December, 2016	3:00 PM-4:30PM	<ul style="list-style-type: none">• One on one interaction with TB patients at DOTS center• Providing information to the patients about the importance of a healthy diet and adequate nutrition.• Distribution of Pamphlets• Distribution of Soybean
2.	Mhada Colony DOTS Center, Jay Bharat Soc, Bldg no 2, Vashinaka, Chembur, Mumbai	29th December, 2016	9.00am - 10.00am	<ul style="list-style-type: none">• One on one interaction with TB patients at DOTS center• Providing information to the patients about the importance of a healthy diet and adequate nutrition.• Distribution of Pamphlets• Distribution of Soybean
3.	Sainath Nagar, Ghatkopar(w), Mumbai	7th January, 2016	10.00am-2.00pm	<ul style="list-style-type: none">• Survey conducted in 50 houses

Number of target audience: 50+



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Number of students taking part in the activity: 8

List of volunteers and their contact numbers:

Name	Contact no.	Name	Contact no.
Aishwarya Vasudevan	9702621996	Sanjana Nair	9820037317
Mrunmayi Teredesai	9029672214	Karen Saiswani	8879574869
Varsha Dhameja	7498997793	Ankita Jain	9867526070
Tejaswini Dewasthale	7303270297	Devashree Shahani	9167166757

Description of the activity

Methods used for conducting the campaign:


Tuberculosis (TB) is one of the most prevalent infections in the world, especially in the tropical countries. Mumbai, being a densely populated city, shares a sizeable figure of TB cases per year. In recent years, the issue has been complicated by drug resistant forms of TB both in the city and across the country. The major factors that have contributed to this phenomenon have been the lack of standardised high quality care across the private sector as well the difficulties faced by patients in adhering to the long TB treatment regimens. Lok Seva Sangam, a non profit organization aims at providing free check-ups and TB treatment at various DOTS centres in the city.

The PHO of XYZ College of Pharmacy collaborated with Lok Seva Sangam as a part of the Tuberculosis Awareness campaign. The first activity of this campaign was to spread awareness about the need for a balanced, nutritious diet to aid in the recovery process in people receiving DOTS. Our volunteers visited two DOTS centers where they had an interactive session with the patients and explained to them, the need for adequate nutrition and a balanced diet. Our volunteers, along with the DOTS providers from LSS, had a healthy discussion with them about the Do's and Don'ts in their diet plan. They were extremely receptive and participated in the discussion with zeal. Pamphlets describing nutritional recipes like moong dal palak were distributed to patients and their family members. Post the interaction, we provided them with packets of soybean to encourage its use as a protein supplement in their daily diets.

The second part of the campaign involved the conduction of a survey in the area of Sainath Nagar. Our volunteers were given prior training by the experts at Lok Seva Sangam. 50 houses were surveyed by each in the specified locality by three of our volunteers aided by four ladies from the organization. 350 people were surveyed and data was collected and analyzed. Five individuals, including one minor, showed the symptoms of the disease. They were guided by the members of the organization regarding their hospital visit for a checkup, post which, they could commence the free DOTS regimen provided by LSS.

During the course of the survey, we observed that many people were sceptical about answering the questions once they were informed about the purpose of the survey. We thus concluded that some people still stigmatize the disease.




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HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Advertisement of the activities:

Our volunteers contacted the organization and procured the permission to conduct the campaign. Subsequently, the DOTS providers at the respective locations were informed about the campaign by the organization. The DOTS providers informed their regular patients about our campaign a few days in advance.

Result of your activity:

Through this campaign, we were successful in spreading awareness about the need for a balanced diet and adequate nutrition among the patients undergoing treatment for Tuberculosis. Through the survey, we were able to identify individuals who showed symptoms of the disease but had not been diagnosed and thus were able to direct them to the appropriate hospitals for checkups and ensure that they received the appropriate medication for a speedy recovery.

PUBLIC HEALTH OFFICE

Indian Pharmaceutical Association- Student's Forum
Maharashtra State Branch

Activity Report –National Pharmacy Week- “Diabetes Awareness: Do You Know the Sweet Truth?”

Organising Institute: XYZ College of Pharmacy

Co-ordinator of Activity and her/his e-mail address and contact number:

- 1) XYZ College of Pharmacy,
Mumbai -400 074.

Location(s) of the activity:

Sr. No.	Activity	Timing	Date	Location
1.	<ul style="list-style-type: none">Quiz conducted individually on the Symptoms, types and causes of diabetes.Explanation, in detail, about the answers of the quiz to spread awareness.Online Survey titled “How well do you know diabetes?”	8am-9am 8am-10am	1st December, 2016 7th December, 2016	Acharya Garden, V. N. Purav Marg, Chembur East, Mumbai, Maharashtra 400071 NathPai Nagar Garden, Vikrant circle, Ghatkopar East, Mumbai-400077

Number of target audience: 100+

Number of students taking part in the activity:6

List of volunteers and their contact numbers:

Contact no.	Name	Contact no.	Name
9167166757	DevashreeShahani	9702621996	AishwaryaVasudevan
7666675695	JenilVaria	8291250109	Sushma Mistry
		9029672214	MrunmayiTeredesai
		9819425049	YashSodagar



Dr. (Mrs.) Supriya S. Shidhaye
PRINCIPAL
Vivekanand Education Society's
College of Pharmacy
HAMC, Behind Collector Colony,
Chembur, Mumbai - 400 074.

Description of the activity

Methods used for conducting the campaign:

Diabetes is a chronic disease that is reaching epidemic proportions among the people of India, today. According to statistics, India is one of the top 3 countries in terms of diabetic population. As aspiring pharmacists, our aim this National Pharmacy Week was to spread awareness about diabetes, which although is well known as a disease, is not so well known in terms of symptoms, causes and types.

The PHO of XYZ College of Pharmacy organized a diabetes awareness camp on the 1st and 7th of December as a part of National Pharmacy Week, 2016. Our campaign included three major activities, namely: Online survey, Awareness Quiz in Parks and Awareness through Social Media.

An online survey was conducted based on the title "How well do you know diabetes?" consisting of various basic questions on diabetes as a chronic condition. The survey-takers were given a score based on their answers and were given an explanation of each answer with the motive of spreading awareness at the individual level.

The Awareness drive was conducted in Parks at two locations, namely Chembur and Ghatkopar. Individuals were quizzed about facts related to diabetes by the volunteers, who provided information on the topics that they were not aware about, including symptoms, types and common myths.

Pictures were taken with the individuals we interacted with in the parks. These pictures were displayed on social media to promote the campaign with a frame and placards stating the purpose of the campaign. Their response was recorded on video and uploaded.

Advertisement of the activities:

Colourful placards were carried by the volunteers during the campaign. Posters depicting symptoms of diabetes were shown to the people. The survey was forwarded to a large number of people through social media.

Result of your activity:

The Awareness Drive was a huge success and was received very well by the people. They were very enthusiastic and friendly. The survey was taken by 197 people and the results were obtained as follows.

RESPONSE	QUESTIONS
8.1%	People Having diabetes
49.2%	People who had tested themselves for diabetes
Type 1: 6.3% Type 2: 56.3%	People who were aware of their type
56.3%	People who followed a healthy diet and exercise plan