

## **Capacity Building and Skills Enhancement Initiatives Taken by the Institution 2023-24**

For an undergraduate, starting to work in an organization is a critical transition phase which requires a strong mental and emotional mindset, physical health and fitness, language and communication skills, computing skills, strategic outlook, and acquaintance to latest technology trends along with an adaptive nature. This transition period predominantly impacts one's success in the future organization. While personal growth and excitement are a part of the journey, it comes with periods of self-doubt, stress, and uncertainty for many. To groom the students for the same, VESCOP launched the unique Campus to Corporate transition program (C2C) in 2015. The objective of this programme is to make the students ready for industry, may it be in terms of mental and emotional stamina, exposure to industry trends and personal grooming.

C2C Transition program is conducted in the following avenues:

- ☐ Vidyan Manch – Industry- Academia/Student interaction
- ☐ Disha – Career Avenues after B. Pharm.
- ☐ Talkathon– Student Alumni interaction
- ☐ Atmavikas – Soft Skill Development

The capacity building and skills enhancement initiatives taken by the institution for the following:

### **Soft skills**

VESCOP desires to groom its students and staff towards holistic wellness, values-driven personality, and orientation towards excellence.

### **Language and communication skills**

Efforts are made towards developing the language and communication skills of students. Language lab facility is made available to the students who want to improve their soft skills in English proficiency, both spoken and written. Wordsworth language Lab Software is installed in our computer lab for the benefit of non-teaching staff as well as student community.

The language lab offers a unique, efficient and interactive method that motivates student's learning process in a comfortable environment. It provides audio visual input to the learner at his learning pace.

A communication skills course is a part of curriculum which is offered to all the students in their first year. The Institute has also evolved a mechanism in which all students of the first year are divided into small groups and each group is to put through a battery of tests/study material/public speaking, group discussions/mock interviews, etc., in order to enhance their skills.

### Life skills (Yoga, physical fitness, health and hygiene)

Every year International yoga day is celebrated. Yoga sessions are conducted during student induction program. Yoga sessions are conducted regularly. Regarding health and hygiene, many topics are covered in syllabus under Anatomy and pathophysiology and the students are made aware of many aspects of health. Women health and hygiene sessions are conducted by Women development cell.

### ICT/computing skills



This is a part of routine teaching and practice school. Students are offered training in computer application tools like excel, word, powerpoint, specialized tools like graphpad prism, computer aided designing and modelling tools, etc.

### Following are some of the sessions conducted in A.Y 2023-2024

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills			
Name of the capability enhancement program	Date of implementation	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Digital Library course	14-07-2023	110	Mrs.Kirti Bhave, Librarian, VESCOP
Excel Calculations	14-07-2023	110	Dr. Anand Chintakrindi, VESCOP
Mendeley software	15-07-2023	110	Mr. Ojaskumar Agrawal, VESCOP
Homology Modelling	15-07-2023	21	Dr. Mushtaque Shaikh, VESCOP
Molecular docking	21-07-2023	21	Dr. Mushtaque Shaikh, VESCOP
Financial Awareness	26-07-2023	89	Prof. Amogh Gothoskar
Database searches	28-07-2023	21	Dr. Mushtaque Shaikh, VESCOP
QSAR	05-08-2023	21	Dr. Mushtaque Shaikh, VESCOP
Dhyaan Session	14-08-2023	50	Mrs. Renu Deva, Mr. Haresh Hiranandani and Mahi Hiranandani, Art of Living
Design of Experiment and Quality by Design software	26-08-2023	110	Dr. Harsha Kathpalia, VESCOP
Compound library	01-09-2023	21	Dr. Mushtaque Shaikh, VESCOP

Communication Skills	02-09-2023	44	Counsellors, VESLARC
Pharmacokinetic parameters using pK solver	02-09-2023	23	Dr. Harsha Kathpalia, VESCOPE
Scientific Report Writing Skill: Word formatting	16-09-2023	100	Dr. Harsha Kathpalia, VESCOPE
Computer Aided Drug Design	31-09-2023	2	NPTEL online certification course
Healing Yoga and Pranayam	03-11-2023	8	Dr. Harsha Kathpalia and Dr. Vaishali Jadhav
Ethics Review of Health Research	01-12-2023	16	NIE-ICMR e-certificate course
Body tapping and mindfulness meditation	05-01-2024	46	Dr. Harsha Kathpalia and Dr. Vaishali Jadhav
Mens Grooming and Mental Health	10-01-2024	49	Professional trainers from Brandtouch Analytica, P&G
Digital Detox	15-01-2024	47	Psychologist and Psychotherapist: Mr.Mrityunjay Sen and Ms.Vaishali Pandya ; Counsellor, VESLARC: Jinal Savla
Embrace serenity-Yoga session	09-03-2024	25	Dr. Supriya Shidhaye and Dr. Vaishali Jadhav
DoE software tool	30-03-2024	15	Dr. Harsha Kathpalia, VESCOPE
Use of Swiss ADME tool and ADMET tool	24-04-2024	15	Dr. Harsha Kathpalia, VESCOPE
Ternary Plot software tool	24-04-2024	15	Dr. Harsha Kathpalia, VESCOPE
International Yoga day	21-06-2024	1	Dr. Supriya Shidhaye and Dr. Vaishali Jadhav

**1. Soft skills development: ATMAVIKAS (with photos)**

Date	Resource Person - Designation - Affiliation - Topic of Talk - PICS
15-01-24	<p>Psychologist and Psychotherapist: Mr.Mrityunjay Sen and Ms.Vaishali Pandya ; Counsellor, VESLARC: Jinal Savla, Digital Detox</p> 
14-08-2023	<p>Dhyaan Session: Mrs. Renu Deva, Mr. Haresh Hiranandani and Mahi Hiranandani, Art of Living</p> 

26-07-2023

Financial Awareness: Prof. Amogh Gothoskar, Investor's protection fund, NSE



10-01-24

Mens Grooming and Mental Health

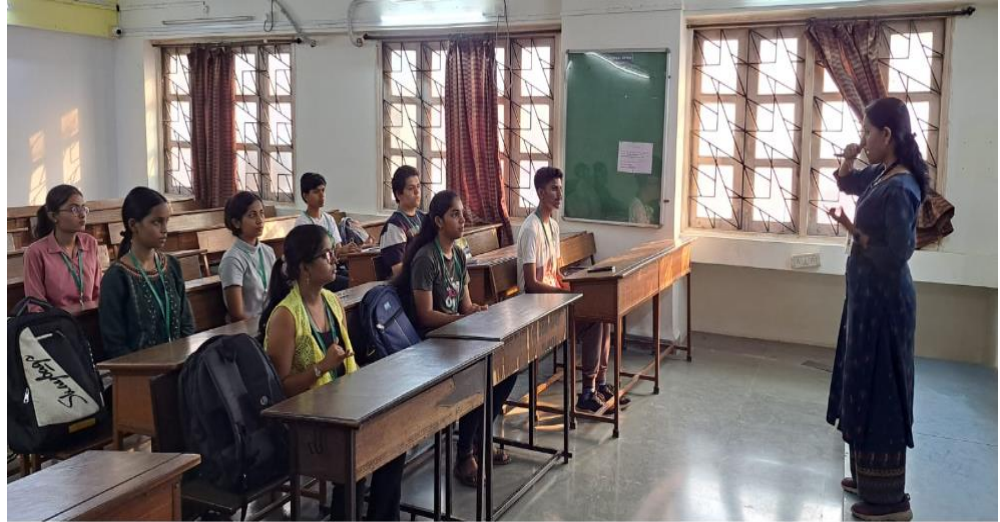
2. Communication Skills session was taken on 02-09-23 by the Counsellors of VESLARC

3. Life skills (Yoga, physical fitness, health and hygiene) (with photos)

03-11-23

Healing Yoga and Pranayam





05-01-24 Body Tapping and Mindfulness Meditation: Dr. Harsha Kathpalia and Dr. Vaishali Jadhav



21-06-24

International Yoga Day: Yoga Instructors: Dr. Supriya Shidhaye and Dr. Vaishali Jadhav  
(VESCOP)

