

Capacity Building and Skills Enhancement Initiatives Taken By The Institution 2022-23

For an undergraduate, starting to work in an organization is a critical transition phase which requires a strong mental and emotional mindset, physical health and fitness, language and communication skills, computing skills, strategic outlook, acquaintance to latest technology trends along with an adaptive nature. This transition period predominantly impacts one's success in the future organization. While personal growth and excitement are a part of the journey, it comes with periods of self-doubt, stress, and uncertainty for many. To groom the students for the same, VESGOP launched the unique Campus to Corporate transition program (C2C) in 2015. The objective of this programme is to make the students ready for industry, may it be in terms of mental and emotional stamina, exposure to industry trends and personal grooming.

C2C Transition program is conducted in the following avenues:

- ☐ Vidnyan Manch – Industry- Academia/Student interaction
- ☐ Disha – Career Avenues after B. Pharm.
- ☐ Talkathon– Student Alumni interaction
- ☐ Atmavikas – Soft Skill Development

The capacity building and skills enhancement initiatives taken by the institution for the following:

Soft skills

VESGOP desires to groom its students and staff towards holistic wellness, values-driven personality, and orientation towards excellence.

Language and communication skills

Efforts are made towards developing the language and communication skills of students. Language lab facility is made available to the students who want to improve their soft skills in English proficiency, both spoken and written. Wordsworth language Lab Software is installed in our computer lab for the benefit of non-teaching staff as well as student community.

The language lab offers a unique, efficient and interactive method that motivates student's learning process in a comfortable environment. It provides audio visual input to the learner at his learning pace.

A communication skills course is a part of curriculum which is offered to all the students in their first year. The Institute has also evolved a mechanism in which all students of the first year are divided into small groups and each group is to put through a battery of tests/study material/public speaking, group discussions/mock interviews, etc., in order to enhance their skills.

Life skills (Yoga, physical fitness, health and hygiene)

Every year International yoga day is celebrated. Yoga sessions are conducted during student induction program. Yoga sessions are conducted regularly. Regarding health and hygiene, many topics are covered in syllabus under Anatomy and pathophysiology and the students are made aware of many aspects of health. Women health and hygiene sessions are conducted by Women development cell.

ICT/computing skills

This is a part of routine teaching and practice school. Students are offered training in computer application tools like excel, word, powerpoint, specialized tools like graphpad prism, computer aided designing and modelling tools, etc.

Following sessions were conducted in A.Y 2022-2023

Soft skills development: ATMAVIKAS

| Date | Resource Person - Designation - Affiliation - Mobile No - Mail id - Topic of Talk - PICS |
|----------|---|
| 1/8/2022 | <p data-bbox="363 925 1286 958">Mrs. Preeti Vasudevan-Counselor- VESLARC-Emotional Resilience & Self Care</p>  <p data-bbox="391 1478 641 1724">Vivekanand Education</p> <p data-bbox="683 1489 1340 1713">Mumbai, Maharashtra, India Hashu Advani Memorial Complex, Behind, Swami Vivekanand Jr College Rd, कलेक्टर कॉलोनी, Chembur, Mumbai, Maharashtra 400074, India Lat 19.046013° Long 72.890056° 01/08/22 02:45 PM</p> |



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8/12/2022

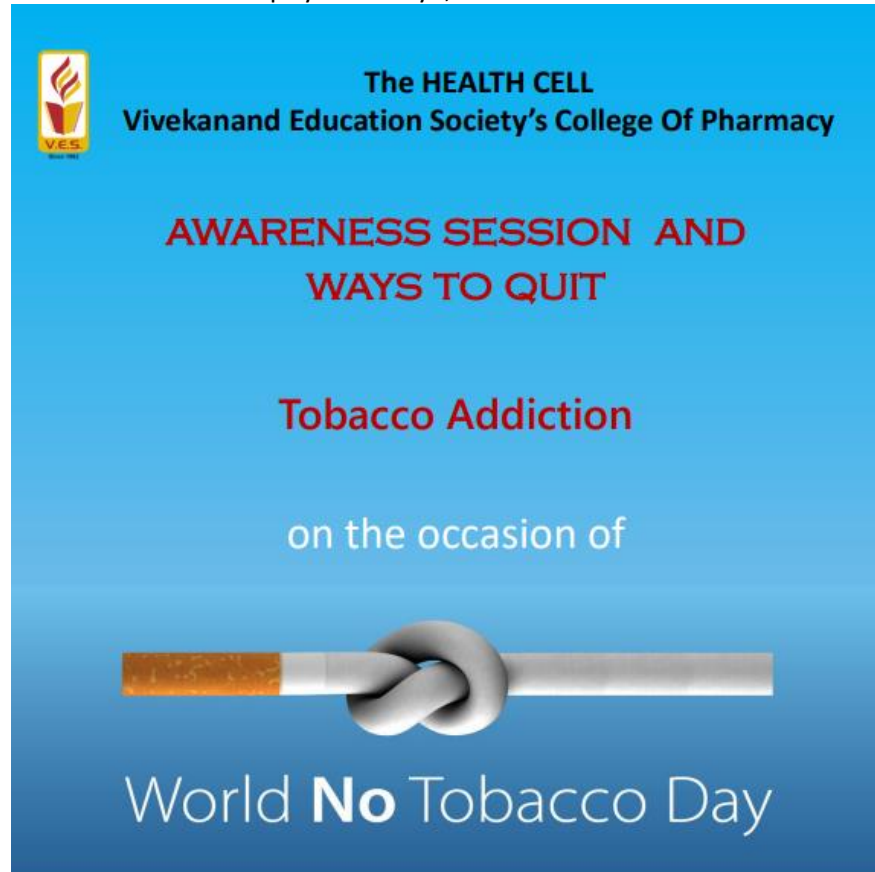
Cybersecurity and Cyber Crime Awareness session by Quick Heal Foundation in association with Crime Police Mumbai

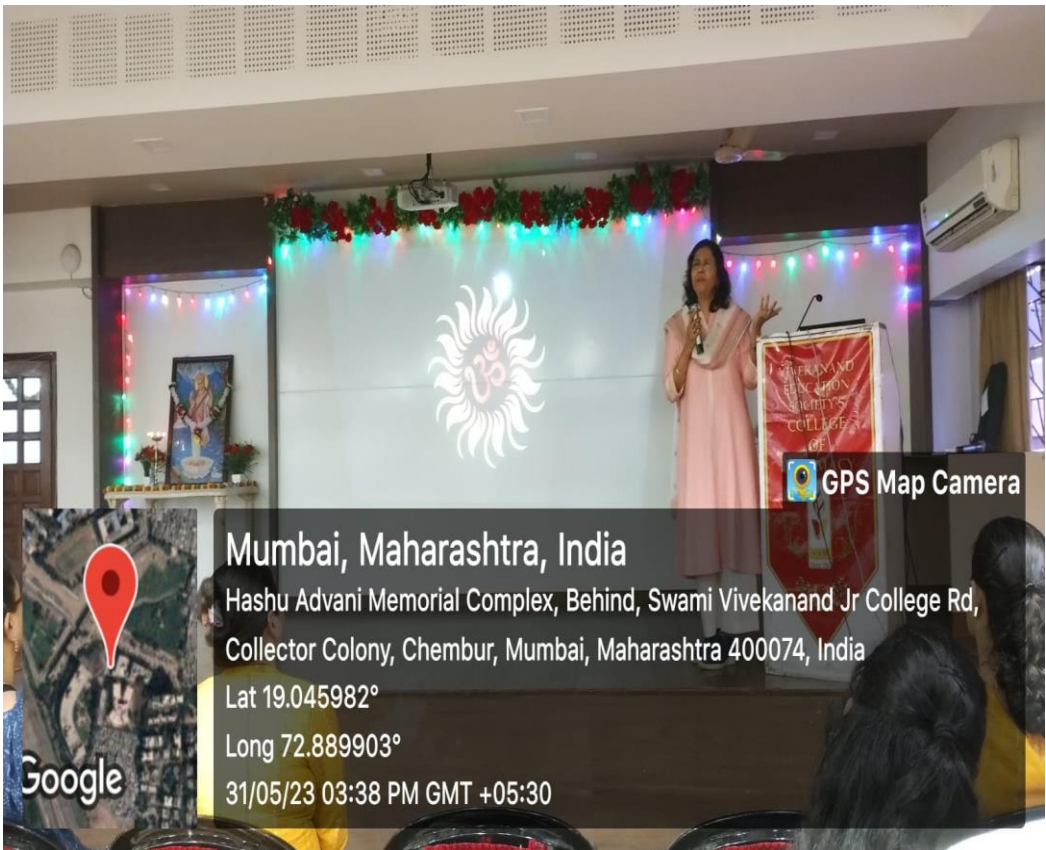


Life skills (Yoga, physical fitness, health and hygiene)

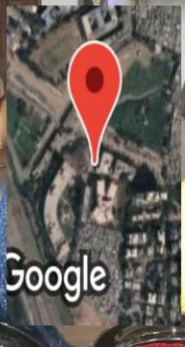
31-05-2023

Awareness session and ways to quit Tobacco Addiction including Meditation session, on the occasion of World No Tobacco Day. Skit and speech by FY M Pharm. Dr. Harsha Kathpalia was the coordinator and Dr. Supriya Shidhaye, VESCOP conducted the meditation session





GPS Map Camera



Google

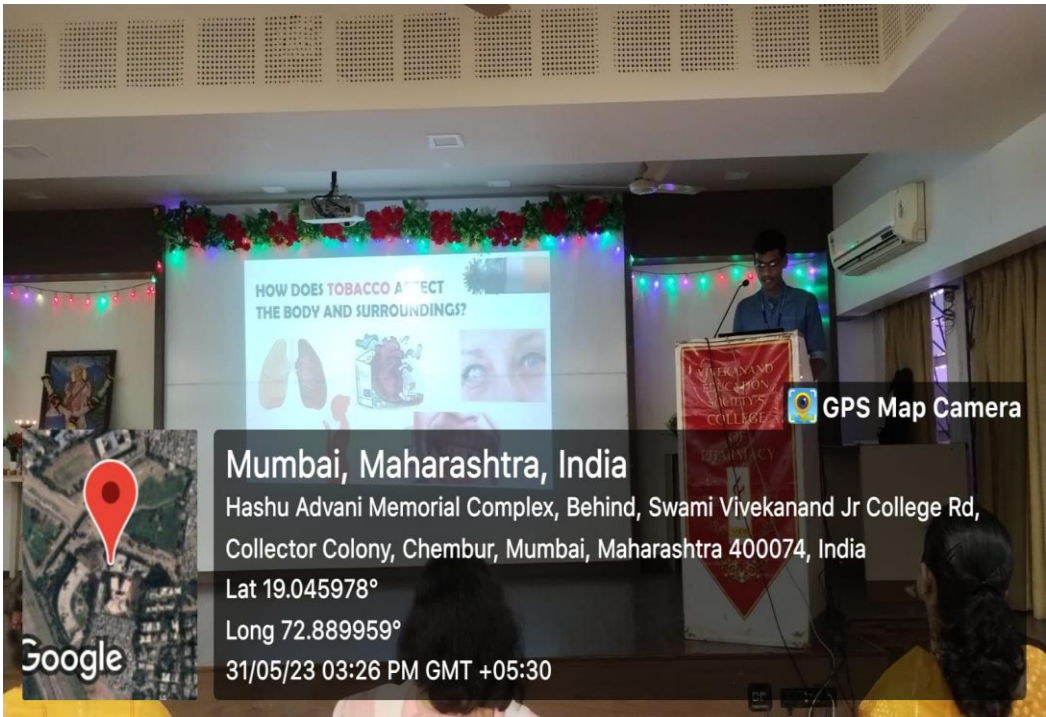
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Hashu Advani Memorial Complex, Behind, Swami Vivekanand Jr College Rd, Collector Colony, Chembur, Mumbai, Maharashtra 400074, India

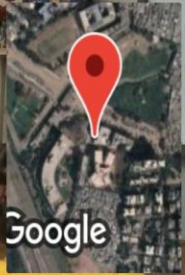
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06-06-23

Yoga session By Mr. Anand Sahasrabuddhe, Govt. certified senior yoga guru, Ghantali Mitra Mandal, Thane



Vivekanand Education Society's College of Pharmacy, Chembur, Mumbai

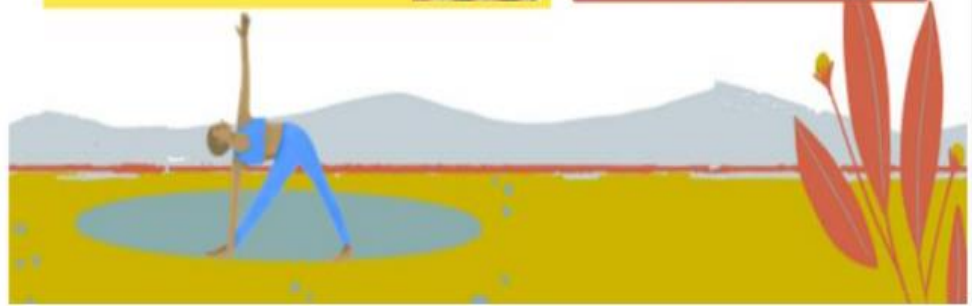
Join with us for a Yoga session on 6th June 2023 with Senior Yoga Guru (Govt certified) of Ghantali mitra mandal, Thane
Mr. Anand Sahasrabuddhe
Venue: Seminar hall
Time: 10.00- 11.00 a.m.



Participants: Teaching, non-teaching staff members and students



Important Instructions

- Participants are requested to wear loose trouser and T-shirt
- You can have Tea and biscuits one hour before but please avoid taking breakfast





21-06-23

 **VIVEKANAND EDUCATION SOCIETY'S
COLLEGE OF PHARMACY, CHEMBUR,
MUMBAI** 

**IN COLLABORATION WITH
GHANTALI MITRA MANDAL, THANE**

**All are invited for a yoga session on JUNE
21st, 2023 with Shri Anand Sahasrabuddhe,
Senior Teacher GMM, Yoga Vibhag, Thane**

**VENUE: SEMINAR HALL
TIME: 10 AM- 11.00 AM**

INTERNATIONAL YOGA DAY

YOGA

