CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES TAKEN

BY THE INSTITUTION

Campus life and corporate life are fundamentally different. For an undergraduate, starting

to work in an organization is a critical transition phase which requires a strong mental

and emotional mindset, strategic outlook, acquaintance to latest technology trends along

with an adaptive nature. This transition period predominantly impacts one's success in

the future organization. While personal growth and excitement are a part of the journey, it

comes with periods of self-doubt, stress, and uncertainty for many. To groom the students

for the same, VESCOP launched the unique Campus to Corporate transition program

(C2C) in 2015. The objective of this programme is to make the students ready for industry,

may it be in terms of mental and emotional stamina, exposure to industry trends

and commitment to the organization. Under this programme, sessions under four

categories are regularly conducted

For the last six years, VESCOP has conducted various sessions ranging from career

avenues, research orientation, latest industry trends, management of self-esteem and even

virtual tours to research organizations to connect the students with the corporate world.

C2C Transition program is conducted in the following avenues:

• Vidyan Manch – Industry- Academia/Student interaction

• Disha – Career Avenues after B. Pharm.

Talkathon–Student Alumni interaction

• Atmavikas – Soft Skill Development

The above programs include the capacity building and skills enhancement initiatives

taken by the institution for the following:

Soft skills: Conducted by VESLARC

Communication skills

Efforts are made towards developing the language and communication skills of students.

Language lab facility is made available to the students who want to improve their soft

skills in English proficiency, both spoken and written. Wordsworth language Lab

Software is installed in our computer lab for the benefit of non-teaching staff as

well as student community.

The language lab offers a unique, efficient and interactive method that motivates student's learning process in a comfortable environment. It provides audio visual input to the learner at his learning pace.

A communication skills course is a part of curriculum which is offered to all the students in their first year. The Institute has also evolved a mechanism in which all students of the first year are divided into small groups and each group is to put through a battery of tests/study material/public speaking, group discussions/mock interviews, etc., in order to enhance their skills.

• Life skills (Yoga, physical fitness, health and hygiene)

Yoga room is available in the college. Every year International yoga day is celebrated. Yoga sessions are conducted during student induction program. Yoga sessions were conducted regularly including online sessions by our Principal. Regarding health and hygiene, many topics are covered in syllabus under Anatomy and pathophysiology and the students are made aware of many aspects of health.

• ICT/computing skills

This is a part of routine teaching and also sessions are conducted to enhance ICT/computing skills.

# Soft skills

VESCOP desires to groom its students and staff towards holistic wellness, valuesdriven personality, and orientation towards excellence. For this VESCOP has signed an MoU with VESLARC.

VESLARC conducts various sessions and it's mission is to spread and disseminate valuesbased inputs for all-round wellbeing.

#### **About VESLARC**

It stands for VES Leadership Academy & Research Centre. We empower and train students, teachers, professors, support staff of schools and colleges, and parents of students to help build a society whose members are healthy, productive, creative, emotionally strong, and have high integrity, orientation towards excellence, and patriotism.

Following is the detailed role of VESLARC

- Conduct short talks, workshops, webinars and mind-stilling sessions, and customized training sessions on soft skills and values, in the premises of VESCOP for students, faculty, support staff, and parents
- Conduct talks, workshops or webinars on topics such as gender sensitization

(separately or collectively for boy-students and girl-students), proactive group-counselling, holistic health, personality enhancement, time management and goal planning, emotion management, handling peer-group pressure, creating one's identity, stress perception management, campus-to-corporate training, and so on

- Sensitize students and staff towards sustainability-led thinking under the Principles
  of Responsible Management (PRME) programme, an initiative of the United Nations
  Global Compact programme, through workshops and guided discussions
- Provide infrastructure and premises to conduct such above sessions at its premises
- Conduct one-to-one counselling sessions for students and staff members through a qualified psychological counsellor
- Provide infrastructure and facilities for such above psychological counselling services
- Involve students and staff in various pan-VES initiatives for excellence such as
  Gyaan Vistaar (reference compendium of innovative teaching practices for teachers, by
  teachers), VES Shreshthta Awards (honouring students who have overcome
  adversities to achieve academic or all-round excellence).

**Antarmukhita** - interactive workshop for teaching and support staff, on wellness and holistic health.

**Disha** - Parents' sensitization programmes

**Swamaan** - Under this we conduct workshops based on gender sensitization for students, staff, teachers and parents of VES.

**PRME** - Principles of Responsible Management Education (PRME) - a United Nations Initiative.

**Gyaan Vistaar** – A reference compendium of the innovative teaching ideas used by the VES teachers.

**VES Shreshthta Awards (VESSA)** – pan-VES initiative to honor the values, leadership and courage shown by VES students.

**Sahaveeryam** – VESLARC associates with local NGO's to help them sell their products at the price they give. VESLARC team does Shram Daan for helping them sell their products.

**Go Green** – An activity done by VESLARC to display the medicinal plants and spread information about the benefits of each plant displayed.

**Prangan Prayaas** – Yogasana done in the central courtyard of the campus.

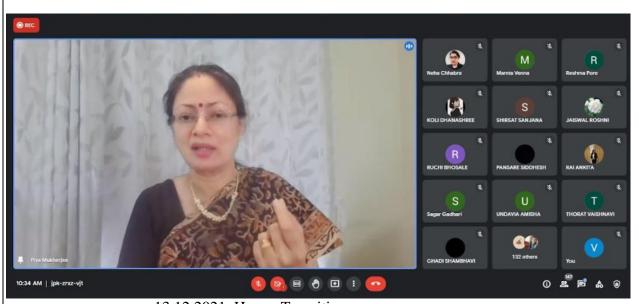
**Jigyaasa** – proactive group counselling

# Following sessions were conducted in A.Y 2021-2022

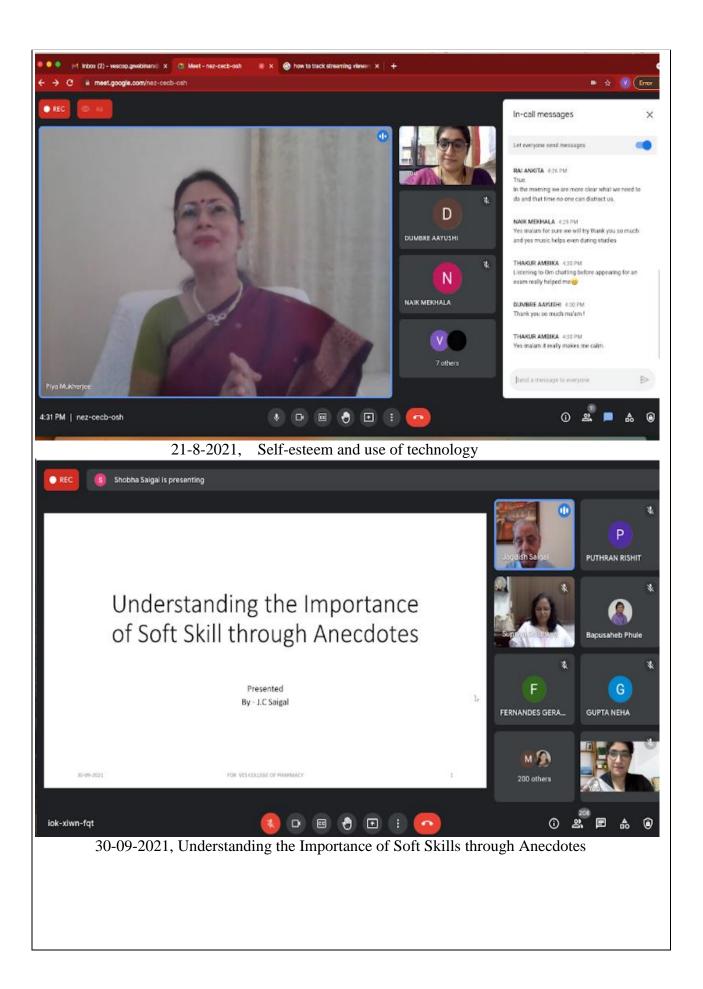
VIDNYAN MANCH			
SN	Date and No. of Participants	Resource person and designation affiliation	Topic
1	12/3/2022	Mr. Jinesh Chauhan, Sr. Director, Tech Transfer department, Cipla	Technology Transfer: Pharmaceutical Industry Perspective
2	16/3/2022	Prof. Dnyanesh Limaye, Director, Learning and Development, Jehangir Clinical Development Centre, Pune	Overview and opportunities in clinical research



ATM	TMAVIKAS		
SN	Date and No. of Participants	Resource person and designation	Topic
1	31/7/2021; 143	Ms. Piya Mukherjee, Director, VESLARC	Living with courage
2	21/8/2021; 166	Ms. Piya Mukherjee, Director, VESLARC	Self esteem and use of technology
3	30/09/2021; 145	Shri. J.C. Saigal (Ex-Executive Director, Piramal Enterprises Ltd)	Understanding the Importance of Soft Skills through Anecdotes
4	4/2/2022; 88	Mrs. Meeta Bharambhatt, Mrs. Preeti Vasudevan; counsellors, VESLARC	It's okay to seek help
5	13/12/2021; 145	Ms. Piya Mukherjee, Director, VESLARC	Happy Transitions



13.12.2021, Happy Transitions



DISH	DISHA		
SN	Date and No. of Participants	Resource person and designation	Topic
1	19/3/2022	Mr. Ninad Satam	Opportunities after B. Pharm
2	7/3/2022	Mrs. Sangeeta Pandit	Pharmaceutical Quality assurance: Opportunities and Job profiles
3	11/8/2021; 85	Mr. Puneet Thakur	Popular destinations for studying abroad by Azent overseas
4	25/03/2022	Prof. Dr. Dnyanesh Limaye, Director - Learning and Development, Jehangir Clinical Development Centre, Pune	Career opportunities in pharmacovigilance



19-3-2022, Opportunities after B. Pharm



11-8-2021, Popular	destinations	for stuc	lying abi	road
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	Alumni Talkathons		
Sr. No.	Date and No of Participants	Resource person and designation	Topic
1	09/08/2021; 128	Teeja Suthar, M Pharm Batch 2018; B Pharm Batch 2016	Research opportunities - Academic perspective

# PHOTOS OF HEALTH & YOGA ACTIVITES CONDUCTED IN THE YEAR 2021-22



13-12-21, Yoga session in Yoga room



31-05-22, No tobacco day celebration

# MEMORANDUM OF UNDERSTANDING

VES Leadership Academy and Research Centre (VESLARC)

And

Vivekanand Education Society's College of Pharmacy (VESCOP)

For

Support in value-development, soft skills, counselling, personality development and holistic health

Date: 19.03, 202 | 2021 Place-Mumbai | India



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1 2 MAR 2021

# VES Leadership Academy and Research Centre

Guardian - Trustee	Shri B. L. Boolani
Position	President, Vivekanand Education Society (VES)
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Institution Contact	Mrs. Piya Mukherjee
Position	Director
Phone No.	8652811026
E-mail	veslare@email.com

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#### And

# Vivekanand Education Society's College of Pharmacy

Institution Contact	Shri B. L. Boolani
Position	Trustee -in-charge
Phone No.	022-61144144/07
E-mail	vespharm@vahoo.co.in, vescop@gmail.com

Institution Contact	Dr. Supriya Shidhaye
Position	Principal
Phone No.	022-61144144/07
E-mail	vespharm@yahoo.co.in, vescop@gmail.com

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# 1. Parties to the Memorandum of Understanding

VES Leadership Academy and Research Centre (VESLARC), a values-dissemination institute, created in July 2010 within the Vivekanand Education Society (VES) group of educational institutes, based at 4th Floor, VES College of Architecture, HAMC,

#### VESCOP shall

- · Provide infrastructure and facilities for conducting the sessions and workshops
- Continue to pay Rs. 5000/- per month to VESLARC, for their one-to-one psychological counselling services for students and staff members, as has been the practice since January 2014, with any mutually decided upward revision in future.

#### 4. Terms of the MoU:

- This MoU shall commence on the date of signature and shall remain in force for a
  period of two years. Thereafter, this MoU shall continue automatically for successive
  annual periods, provided such continuance is specifically approved at least annually by
  Trustees in-charge of VESCOP and VESLARC.
- The MoU can be terminated by either party upon giving not less than one month notice in writing.
- This Memorandum of Understanding is a document of good faith and implementation of the MoU would be reviewed and monitored on a yearly basis.
- The honouring of the MoU is related to the academic priorities of the students, and related
  commitments of the staff. Hence, neither party will be held responsible, in case of the
  event of a planned activity being cancelled on account of academic or other similar
  exigencies, but will try their respective best to integrate these developmental activities
  into the academic calendar.

#### 5. Communication

Both parties agree to:

- Communicate regularly telephonically or via emails
- · Meet formally to review progress

#### 6. Status

- Notwithstanding the terms of any other provisions of this MoU, this MoU is not legally binding and nothing contained in this MoU shall impose any legal obligations on either party whatsoever.
- · This MoU may be amended by agreement of both parties in writing.
- No change can be made to this MoU without written consent and duly signed by both
  the parties. Additions, deletions and/or alterations to this MoU may be affected with
  the written agreement of both the parties to this MoU concerning the changes.
  Documents containing such additions, deletions and/or alterations and signed by both
  the Parties shall form addenda to this MoU, and be deemed to be part of this MoU.

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# 7. Force Majeure

Neither party shall be liable to the other for failure or delay in the performance of any of its obligations under this MOU for the time and to the extent such failure or delay is caused due to acts of God, natural disaster, fire, floods, explosions or earthquake, epidemic or quarantine restrictions, serious accidents, war, insurrection or riots, strikes, legal necessity or labour troubles, or any other cause beyond the affected party's reasonable control, provided that sufficient notice of such occurrence of force majeure is communicated to the other party.

Andam	Midhar	Tya Mukhaje
Signature	Signature	Signature
Shri. B.L. Boolani Trustee In-charge VESCOP & Guardian- Trustee – VESLARC	Dr. Supriya Shidhaye Principal VESCOP	Mrs. Piya Mukerjee Director VESLARC
Date: 19.03.202/	Date: 19.03.202	Date: 19:03-2021