

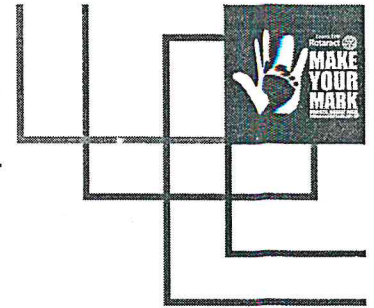
Index

Criteria 3.4 – Extension Activities

The activity reports of all the extension activities carried out during 2021 - 2022 by the Rotaract Club of VESCOP (RCVESCOP) are given below.



Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

PROJ004947

Project Name	Striking a Balance	Venue	Google Meet
Time Stamp	2022-01-10 18:22:49.958006	Project Status	On Time
Reporting Month	December		
Quarter	Two		
Avenue 1	Community Service (M)		
Start Time	30-12-2021 16:00:00	End Time	30-12-2021 17:00:00
Project Level	Club	Project Frequency	Once

- Basically the aim of the project was to spread awareness about mental health and how to create balance between personal and professional life.

- Community Service Director of VES College of Pharmacy Rtr.Shruti Kulkarni reached out to speaker, Ms.Anuja Sathe regarding the webinar.
- Designed the blueprint of the event including flow of the event and content to be covered.
- Then booked the dates and time for the Event.
- Fixed the appointment with the speaker and briefed her flow of the event, points to be covered in webinar and time constraints.
- A PR message containing the information regarding collaboration was created and broadcasted to various Rotaract groups, via personal messages and various social media platforms.
- Minimum criteria for the Collaboration was :

1) Minimum number of participants from the individual club was 10.

2) Promotion of the event through social media platforms.

- Three Rotaract Clubs Showed an interest in this webinar
- **Collaborating Clubs:**

1) Rotaract Club of Sathaye College.

2) Rotaract Club of VPM'S RZ Shah College.

3) Rotaract Club of Universal College.

- A new PR message and poster including the names of collaborating clubs along with a link for registration for participants was created by Rotaract Club of VES College of Pharmacy and again circulated across various social media platforms.
- Created a WhatsApp group for the attendees and provided information regarding the webinar over there.
- Participants started joining the session around 3.55 pm. Community Service Director Rtr.Shruti Kulkarni introduced the speaker to the audience then she presented a virtual token of appreciation to Ms. Anuja sathe in the form of a felicitation certificate.
- The Speaker Ms. Anuja Sathe delivered a webinar regarding how to balance work pressure in day to day life and create a balance between personal and professional life. She started off by asking various questions to the audience. Later she talked about the importance of mental health, peace of mind and told audiences her well scheduled lifestyle.
- In the end she cleared the doubts of the audience. Joint Community Rtr.Snehal Sonje gave vote of thanks to the speaker and audience. Speaker also expressed her gratitude for the opportunity. As we quoted in the PR message, "Mental health is not a destination, but a process. It's about how you drive, not where you're going". Similarly this session helped people to understand this thing. Overall webinar lasted for around 1hr.



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- Attendees understood the importance of balancing the work pressure to maintain a healthy lifestyle and also this session helped to understand people how to draw boundaries between personal space and work life.
- The webinar was very useful for the attendees. Audience vocally expressed their opinions that the webinar was very useful.
- There were also lot of positive comments in the chat box of the meeting.
- The feedback form also provided insight that the attendees gained knowledge from the webinar.
- The speaker also expressed gratitude for the opportunity to conduct the webinar and patient listening of the audience.

Images https://drive.google.com/folderview?id=1XvZGylC0x3GwuXL_AFiYdQzPLREttihT

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

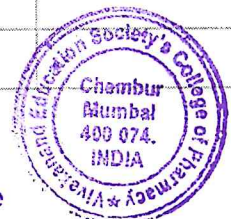
Sr	Member
1	RTR03733
2	RTR03731

Home Club Count	28	Alumni	0
District Council Members	0	Ambassadorial Attendees	6
Joint Project Attendees	44	PIS(Rotary, Interact & Innerwheel)	0
Guest	17	Total	5
Joint Project			✓

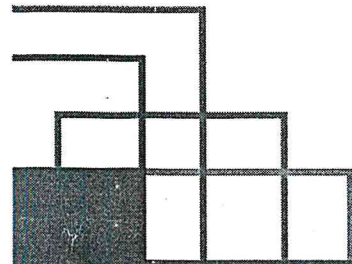
Sr	Club Name	Attendance Count
1	Rotaract Club of Sathaye College	23
2	Rotaract Club of VPM R'z shah College	11
3	Rotaract Club of Universal College of engineering	10

Ambassadorial

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Sr	Club Name	Attendance Count
1	Rotaract Club of Jai Hind College	1
2	Rotaract Club of TCET	5



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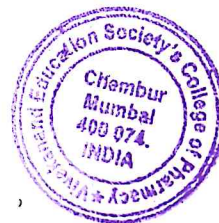


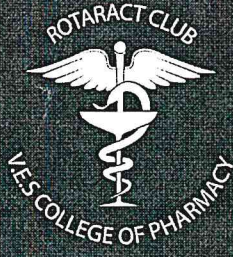
Website: www.rotaract3141.org



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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - STRIKING A BALANCE:

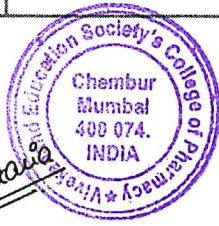
Date - 30/12/21

Venue - Gmeet

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community service

1.	Rtr.Mukta Lele	RCVESCOP	<i>Mele</i>
2.	Rtr.Nishant Chang	RCVESCOP	<i>Chang</i>
3.	Rtr.Sakshi Shiraskar	RCVESCOP	<i>Sakshi</i>
4.	Rtr.Kunjai Batra	RCVESCOP	
5.	Rtr.Sakshi Katariya	RCVESCOP	<i>Katariya</i>
6.	Rtr. Ojas Ghadre	RCVESCOP	
7.	Rtr.Chinmayee Bhide	RCVESCOP	<i>Bhide</i>
8.	Rtr.Mansi Gurav	RCVESCOP	<i>Mansi</i>
9.	Rtr.Suprita Bhide	RCVESCOP	
10.	Rtr.Malhar Patil	RCVESCOP	



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District 3141
Rotaract



Club ID: 213632
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project – STRIKING A BALANCE

Date – 30/12/21

Venue – Gmeel

Chair person – Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue – Community service

11	Rtr.Pratiksha Khedekar	RCVESCOP	<i>Pratiksha</i>
12.	Rtr.Saniya Shrouti	RCVESCOP	
13.	Rtr.Irishita Kandpal	RCVESCOP	<i>Irishita</i>
14.	Rtr.Pragya Kahar	RCVESCOP	<i>Pragya</i>
15.	Rtr.Godslin Fernando	RCVESCOP	
16.	Rtr.Meghraj Balotiya	RCVESCOP	<i>Meghraj</i>
17.	Rtr.Viraj Amin	RCVESCOP	<i>V. Amin</i>
18.	Rtr.Shreaya Godoya	RCVESCOP	
19.	Rtr.Ginni Kewalramni	RCVESCOP	
20.	Rtr.Sanika Chorghe	RCVESCOP	



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District 3141
Rotaract



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Club of
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - STRIKING A BALANCE

Date - 30/12/21

Venue - Gmeet

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

21.	Rtr.Samiksha Pujare	Rotaractor	<i>Pujare</i>
22.	Rtr.Rutuja Bhosle	Rotaractor	
23.	Rtr.Kasturi Dalvi	Rotaractor	
24.	Rtr.Divyesh Chaudhary	Rotaractor	
25.	Rtr.Akansha Patil	Rotaractor	
26.	Rtr.Mansi Soni	Rotaractor	
27.	Rtr.Rutuja Jagatkar	Rotaractor	
28.	Rtr.Tanvi Shivnekar	Rotaractor	<i>Shivnekar</i>
29.	Rtr.Sneha Pillai	Rotaractor	
30.	Rtr.Shruti Kulkarni	Rotaractor	<i>SK</i>

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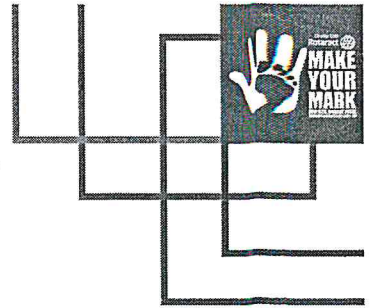
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Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

PROJ002042

Project Name	Bappa Morya 4.0	Venue	Instagram Reels, Instagram stories, IGTV
Time Stamp	2021-10-02 13:48:42.513325	Project Status	On Time
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service (M)	Avenue 2	Social Media (S)
Start Time	10-09-2021 08:00:00	End Time	20-09-2021 23:59:00
Project Level	Club	Project Frequency	Flagship

We must focus on not hampering the environment while celebrating and following our traditions. Ganesha is considered to be lord of wisdom and every year Ganesh Chaturthi is celebrated with great enthusiasm. Immersion of POP idols in water bodies causes significant impact on environment. Also use of plastic, thermocol for making makhars cause harm to the environment therefore, we took a small initiative towards celebrating eco-friendly Ganeshotsav and conducted some activities to promote environment friendly festivals which has absolutely make a smaller impact and awareness among people to some extent.

Rotaract Club Of VES College Of Pharmacy conducted our **flagship project 'Bappa Morya 4.0'** in which we conducted various activities to promote celebrating eco-friendly festivals. A PR message and the poster was circulated among all other whatsapp groups, instagram page, and also on the district whatsapp groups. Also other members from rotaract club contributed significantly to promote the project and uploaded pictures on their respective social media handle. A reel was made and posted it on social media handle. Our volunteers and rotaractors gathered together and in association with Beach warrior's and Mumbai police for beach cleaning and crowd management.

As per every year Rotaract Club Of VES College conducted our flagship project 'Bappa Morya'. In which we conducted various activities to promote celebrating eco-friendly festivals such as:

- Instagram reel:** We made an instagram reel, featuring **how to celebrate environment friendly Ganesh Chaturthi** and the alternatives for celebrating eco-friendly Ganesh chaturthi and posted it on our social media handle.
- Beach cleanup and crowd management drive:** In association with 'Beach Warrior's organization our club conducted beach cleaning and crowd management drive. Our VESCOP volunteers gave their small contribution in cleaning the beach, **organizing eco-friendly visarjan** and also **helped Mumbai police** for the crowd management.
- Eco-friendly makhhar decorations/ Ganesha idol /Ganesha visarjan:** We posted eco-friendly makhhar decorations, eco-friendly Ganesha idols and the videos of environment friendly Ganesha visarjan on Instagram stories and IGTV. Participants sent their respective pictures and videos to community service director's. Further all the pictures and videos are posted as instagram stories.

- We get to know the serious impact of hazardous chemicals which are used to make POP idols
- Celebrated the green environment friendly festival.
- Being a responsible citizen we ensured that nurturing mother earth is a primary responsibility.



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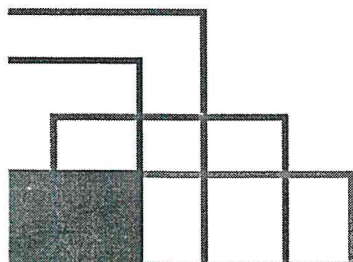
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Link 1		Link 2	

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0


Sr	Member
1	RTR03733
2	RTR03731

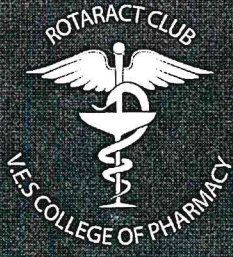
Home Club Count	10	Alumni	0
District Council Members	0	Ambassadorial Attendees	0
Joint Project Attendees	0	PIS(Rotary, Interact & Innerwheel)	0
Guest	30	Total	40

Club	Rotaract Club of VES College of Pharmacy	Zone	3A
Rotaract Year	2021-2022	Document Status	submitted



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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - BAPPA MORYA

Date - Sept'21

Venue - Zoom, Dadar

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community service

1.	Rtr.Saniya Shrouiti	RCVESCOP
2.	Rtr.Snehal Sonje	RCVESCOP
3.	Rtr.Sakshi Shiraskar	RCVESCOP
4.	Rtr.Sakshi Katariya	RCVESCOP
5.	Rtr.Nishant Chang	RCVESCOP
6.	Rtr.Pratiksha Khedekar	RCVESCOP
7.	Rtr.Tanvi Shivnekar	RCVESCOP
8.	Rtr.Saloni Rane	RCVESCOP
9.	Rtr.Mansi Gurav	RCVESCOP
10.	Rtr.Divyesh Chaudhary	RCVESCOP

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Kataria
Dr. Nishant
Chang
Pratiksha
Saloni
Mansi

Kataria

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Rotaract



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ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - BAPPA MORYA

Date - Sept'21

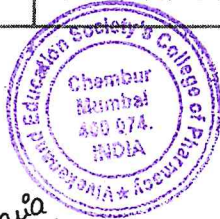
Venue - Zoom, Dadar

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community service

11	Rtr.Shreaya Godoya	RCVESCOP
12.	Rtr.Akansha Shinde	RCVESCOP
13.	Rtr.Pratiksha Khedekar	RCVESCOP
14.	Riya Ingwale	Non Rotaractor
15.	Soundarya Thanvi	Non Rotaractor
16.	Pritesh Sonje	Non Rotaractor
17.	Sayli Gadgil	Non Rotaractor
18.	Priyanka Dighe	Non Rotaractor
19.	Prathmesh Tandale	Non Rotaractor
20.	Tanishka Gadgil	Non Rotaractor

Shedkar



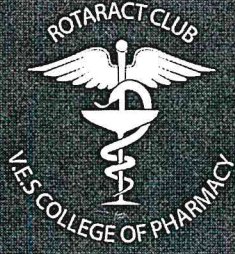
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District 3141
Rotaract

Club ID: 213632
Club of
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - BAPPA MORYA

Date - Sept'21

Venue - Zoom, Dadar

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

21.	Samiksha Chavan	Non Rotaractor
22.	Isha Gogate	Non Rotaractor
23.	Mrunmay Joshi	Non Rotaractor
24.	Muskan Pandey	Non Rotaractor
25.	Aditya	Non Rotaractor
26.	Shalaka Hirve	Non Rotaractor
27.	Anjana Jhajharia	Non Rotaractor
28.	Anurag Patel	Non Rotaractor
29.	Shruti Shirke	Non Rotaractor
30.	Sejal	Non Rotaractor

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District 3141
Rotaract



Club ID: 213632
Club of
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - BAPPA MORYA

Date - Sept'21

Venue - Zoom, Dadar

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Souje

Avenue - Community Service

31.	Anjali Dighe	Non Rotaractor
32.	Arbazz	Non Rotaractor
33.	Nikhil	Non Rotaractor
34.	Khemraj Thakre	Non Rotaractor
35.	Vaishnavi Dalvi	Non Rotaractor
36.	Sumit Chavan	Non Rotaractor
37.	Shravni Wagh	Non Rotaractor
38.	Atharva More	Non Rotaractor
39.	Sakshi Chavan	Non Rotaractor

Buland



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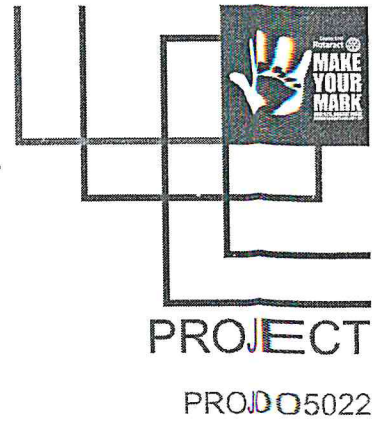
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Rotaract Club of VES College of Pharmacy

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District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



Project Name	Annadaan	Venue	Rotighar, Thane
Time Stamp	2022-01-10 21:10:11.284222	Project Status	On Time
Reporting Month	December		
Quarter	Two		
Avenue 1	Community Service (M)		
Start Time	12-12-2021 16:00:00	End Time	29-12-2021 16:30:00
Project Level	Club	Project Frequency	Once

You have two hands, one to help yourself and other to help others. Exactly following the intention of this very saying, Rotaract club of VES College of Pharmacy decided to begin this venture of **food donation drive**. There are many things we like to think we can't go without, like luxury items and the latest technology. Then there are things that we absolutely need but often take for granted. One of those things is the three square meals we have each morning, afternoon, and evening. With this thought in mind, we decided to collaborate with **Khushiyaan Foundation** that runs an initiative called as the '**Rotighar**' in Thane where they provide meals to the underprivileged kids.

- Community Service Director & Joint Community Service Director of VES College of Pharmacy Rtr. Shruti Kulkarni & Rtr. Snehal Sonje reached out to the volunteer of Khushiyaan Foundation, Mr. Anish Chavan regarding the food donation drive.
- We collectively decided to run a fund raiser campaign for food donation.
- A PR msg and poster containing the information regarding collaboration for the same was created and sent across our social media platforms.
- Minimum criteria for Collaboration was:

- 1) To raise minimum Rs.200/-
- 2) To promote the event on social media handles
 - Four Rotaract Clubs showed an interest for this venture. Collaborating Clubs:

- 1) Rotaract Club of Khalsa College
- 2) Rotaract Club of Wilson College
- 3) Rotaract Club of MDT
- 4) Rotaract Club of ML Dahanukar College

- A new PR message and poster including the names and of collaborating clubs along with link for donating the funds for food donation was created by the Rotaract Club of VES College of Pharmacy and again circulated across the various social media handles.
- Approximately 15 days were given for raising the funds for this drive. Total Rs.4471/- were collected.
- On 29th December, 2021 at 4.30 pm members of the Rotaract Club of VES College of Pharmacy and Rotaract Club of Khalsa College assembled in Rotighar, Thane along with Mr. Anish Chavan.
- We distributed Daal Chawal and Chocolate Cake to around more than 50 kids. The day we visited those kids made us aware of the conditions they live in and importance of our food donation act in their life.
- As we quoted in the PR message, "Giving is not just about donating but it's about making a difference" similar were our emotions at the end of this event. The smile we were able to see on the faces of those little kids happily enjoying their meals along with the chocolate cake said more than that can be expressed in words. Overall there was a great sense of satisfaction that we felt.



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- When people are able to eat, they're healthy enough to play their part as active and engaged members of their communities.
- Annadaan the food donation drive helped the underprivileged kids to have a wholesome meal and enjoy the dessert.
- Some of those kids had returned from their school and tuitions where as others were hungry playing in the sun the whole afternoon.
- The meal we provided helped them satisfy their hunger at a good extent.

1. The food donation drive was excellent idea. I personally loved participating in this event. Feeding those innocent kids was so satisfying Thank you for giving such opportunity.
2. What a beautiful initiative. We are so glad that we were part of this wonderful event and that we collaborated with you guys. You were truly a champ throughout, and I had a really good experience collaborating with you. I am so so happy about the event, it was just so beautiful. Thank you so much! Here is to more future collaborations!

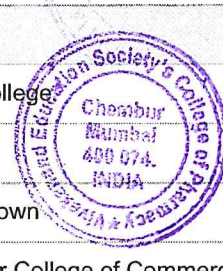
Images <https://drive.google.com/folderview?id=1S4-hoFtvkm1xpPjJz-2kXa5Fp7SuMrvN>

Income 4471 Sponsorship 0 Expenditure 4300 Total Profit 171

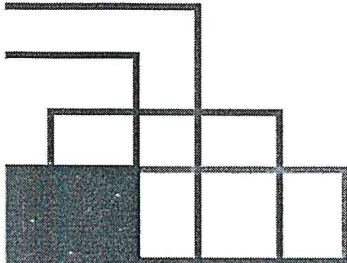
Sr	Member
1	RTR03731
2	RTR03733

Home Club Count 13 Alumni 0
 District Council Members 0 Ambassadorial Attendees 0
 Joint Project Attendees 4 PIS(Rotary, Interact & Innerwheel) 0
 Guest 4 Total 21
 Joint Project ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of G.N. Khaisa College	1
2	Rotaract Club of Wilson College	1
3	Rotaract Club of Mumbai Downtown	1
4	Rotaract Club of M.L. Dahanukar College of Commerce	1


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Club Rotaract Club of VES College of Pharmacy Zone 3A Document Status submitted
 Rotaract Year 2021-2022



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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - ANNADAAN

Date - 12/12/21

Venue - Rotighar, Thane

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

1.	Rtr. Sanika Chorghe	RCVESCOP
2.	Rtr. Kunjal Batra	RCVESCOP
3.	Rtr. Saniya Shrouti	RCVESCOP
4.	Rtr. Snehal Sonje	RCVESCOP
5.	Rtr. Viraj Amin	RCVESCOP
6.	Rtr. Saloni Rane	RCVESCOP
7.	Rtr. Nishant Chang	RCVESCOP
8.	Rtr. Simran Punjabi	RCVESCOP
9.	Rtr. Malhar Patil	RCVESCOP
10.	Rtr. Anjali Waybase	RCVESCOP
11.	Rtr. Shreya Gadoya	RCVESCOP

V. Amin
Saloni
Nishant
Syed

Sakshi



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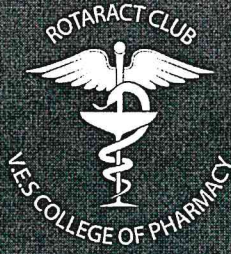
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District 3141

Rotaract



Club ID: 213632

Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - ANNADAAN

Date - 12/12/21

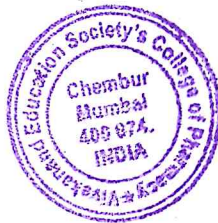
Venue - Rotlighar, Thane

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

12.	Rtr. Tanvi Shivnekar	RCVESCOP
13.	Rtr. Sakshi Shiraskar	RCVESCOP

Shruti
Sakshi



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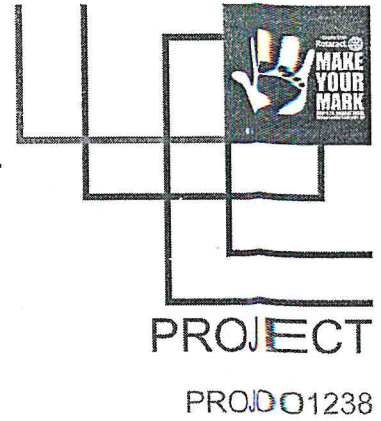
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Rotaract Club of VES College of Pharmacy

RCVESCOP

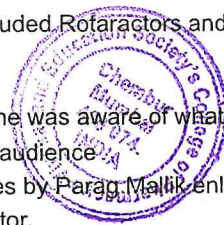


Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



Project Name	FOOTSTEPS: "It's not the struggle but the willpower that speaks"	Venue	Zoom
Time Stamp	2021-09-28 22:07:50.619080	Project Status	Late
Reporting Month	August		
Quarter	One		
Avenue 1	Community Service (M)		
Start Time	21-08-2021 03:00:00	End Time	21-08-2021 04:15:00
Project Level	Club	Project Frequency	Once

- FOOTSTEPS is an initiative to create a positive side in this world welcoming all people who think that they are only stuck with bad days, such people who haven't been able to overcome problems but also to make everyone remember that you're not alone even when you think you're. WILL POWER AND SELF-CONFIDENCE EXIST.
- Community service Director, Rtr. Shruti Kulkarni reached out to the Rotaractor Disha Biswas of Rotaract club of Wilson college for a collaboration. Guest speaker Parag Mallik was invited for conducting the session. Parag Mallik is currently a student of medicine in TNMC Nair Hospital, Mumbai. He experienced his disastrous days including a bout with Lymphatic Cancer and also struggled with severe Generalized Anxiety Disorder. He is someone who always faced a whole lot of turmoil but always with a happy face.
- A message announcing collaboration for the session was circulated on Social Media. Total 8 clubs are the clubs we collaborated with us, Rotaract Club of VES College of Pharmacy.
- A PR message including the Registration link and the poster was made by the Rotaract Club of Wilson College and circulated among all other participating and collaborating club's WhatsApp groups, Instagram page, and also on the District WhatsApp groups. WhatsApp groups were created for both Collaborators and Participants for smooth communication. Members from all the collaborating clubs contributed significantly in the broadcasting of all the communications smoothly into their clubs and uploading on their respective social media handles. A feedback form was also made and circulated among the participants at the end of the session.
- Summary: Rotaract Club of VES College of Pharmacy participated in the Project FOOTSTEPS: "It's not the struggle but the willpower that speaks" on 21st August 2021. The guest speaker, Parag Mallik opened up in front of a large crowd explaining his tragic situation in life and clearing out the myths of Lymphatic Cancer and Generalized Anxiety Disorder. At a very young age, Parag saw the inescapable part of life. The speaker mentioned his fears of losing friends and life during his interaction with the participants. Along with the explanation he gave about the treatment of Lymphatic Cancer, he also answered all the questions of the people patiently. His practical knowledge and his perseverance in the medical field even after surviving such a dreadful disease touched the hearts of many.
- We had the active participation of more than 100 people that included Rotaractors and other Guests.
- Knowledge about Lymphatic Cancer was given in a way everyone was aware of what it is after it was explained
- How to cope with anxiety was explained and understood by the audience
- POV How to keep a positive mindset, willpower during hard times by Parag Mallik enlightened the audience
- If we have any doubts about our health, we should consult a doctor.



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- Cleared a lot of myths regarding cancer being genetic and how they look during that period of cancer
- The speaker gave out a message to never give up.

• Feedback link: <https://docs.google.com/spreadsheets/d/1VXoi5ZdaXBEX-72zm5hLNJXHbxiTs7sUeEcSJy33URo/edit?usp=sharing>

Images https://drive.google.com/file/d/1YLQNVITgW WXzF9_I6ls Ug2C20Lkp DL0/view?usp=sharing

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

Sr	Member
1	RTR03731

Home Club Count 18 Alumni 0
 District Council Members 0 Ambassadorial Attendees 1
 Joint Project Attendees 77 PIS(Rotary, Interact & Innerwheel) 0
 Guest 11 Total 107

Joint Project ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Government Dental College	13
2	Rotaract Club of The Caduceus	12
3	Rotaract Club of Bombay Powai	2
4	Rotaract Club of Mumbai Western Elite	7
5	Rotaract Club of M.L. Dahanukar College of Commerce	7
6	Rotaract Club of SNDTWU Juhu	3
7	Rotaract Club of Sophia College for Women	16
8	Rotaract Club of Wilson College	17

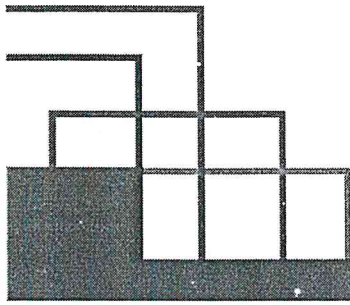


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Ambassadorial ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Jai Hind College	1

Club	Rotaract Club of VES College of Pharmacy	Zone	3A
Rotaract Year	2021-2022	Document Status	submitted

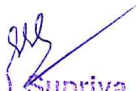


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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - FOOTSTEPS

Date - 21/08/21

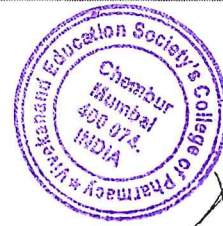
Venue - Zoom

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

1.	Rtr. Pratiksha khedkar	RCVESCOP	<i>Pratiksha</i>
2.	Rtr. Sanika Chorge	RCVESCOP	
3.	Rtr. Mansi Soni	RCVESCOP	
4.	Rtr. Snehal Sonje	RCVESCOP	
5.	Rtr. Ginni Kewalramani	RCVESCOP	
6.	Rtr. Kasturi Dalvi	RCVESCOP	
7.	Rtr. Kumara Sneha	RCVESCOP	
8.	Rtr. Mukta Lele	RCVESCOP	<i>Mukta</i>
9.	Rtr. Pragya Kahar	RCVESCOP	<i>Pragya</i>
10.	Rtr. Rahul Shah	RCVESCOP	

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District 3141
Rotaract



Club ID: 213632
Club of
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project – FOOTSTEPS

Date – 21/08/21

Venue – Zoom

Chair person – Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue – Community Service

11.	Rtr. Kunjal bhatra	RCVESCOP
12.	Rtr. Samruddhi Jadhav	RCVESCOP
13.	Rtr. Shruti Kulkarni	RCVESCOP
14.	Rtr. Saniya Shrouiti	RCVESCOP
15.	Rtr. Hrishita Kandpal	RCVESCOP
16.	Rtr. Viraj Amin	RCVESCOP
17.	Rtr. Kumal Jain	RCVESCOP
18.	Rtr. Nidhi Nadgound	RCVESCOP
19.	Rtr. Rutuja Bhosale	RCVESCOP
20.	Sakshi Siraskar	RCVESCOP

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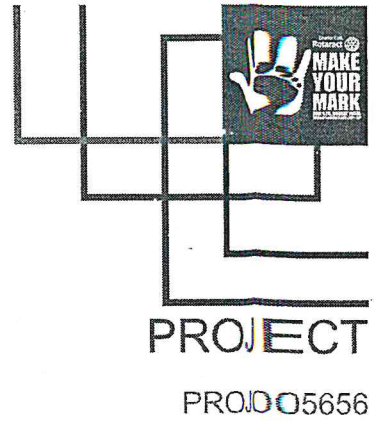
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Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



Project Name	Happy New Air	Venue	WhatsApp, Goojie Drive
Time Stamp	2022-02-10 20:10:37.641084	Project Status	On Time
Reporting Month	January		
Quarter	Three		
Avenue 1	Community Service (M)		
Start Time	12-01-2022 10:30:00	End Time	20-01-2022 17:00:00
Project Level	Club	Project Frequency	Once

- The aim of the program was to plant a total of 150 saplings on the college campus, gardens and nearby local areas.
- The aim was not only to plant saplings but also to pledge and take care of them.

1. Groundwork (pre-work)

- On receiving the message for the collaboration in the district group, Community Service Director of RCVESCOP ,Rtr. Snehal Sonje reached out to the Community Service Director of Sydenham College about the collaboration.
- On receiving the message, the Community Service Director of RCVESCOP discussed the collaboration with the Vice President of the Club.
- On approval of the President a confirmatory collaboration message was sent from RCVESCOP side to Rotaract Club Of Sydenham College.
- A final PR was sent on WhatsApp groups of RCVESCOP.
- On receiving participation and on completing the collaboration criteria the club logos of RCVESCOP were shared for the poster.

2. Summary:

- The Community Service avenue of Rotaract Club of VES College of Pharmacy In Collaboration with Rotaract Club of Sydenham College commenced with 'Happy new Air' a tree plantation initiative. This massive collaboration of tree plantation drives commenced from the date 12th January to 20th January 2022. All the participants planted trees as per the feasibility of days. Every single club planted saplings in their vicinity. Few clubs like RC Dhulia, RC TCET, RC Sion went on the grounds for the actual event and planted saplings in gardens and sidewalks of the roads. Few clubs participated on an individual level and planted trees in their respective society compounds. Few Participants did the plantation in their house itself.
- Everyone pledged to take care of the plants after planting. Some posters and videos were also made to enlighten the importance of tree plantations.
- All participants took an oath to go green and to take care of the saplings. After the plantation every Club Uploaded the photos on the google drive link. Our Goal of planting 150 saplings was achieved because of the active participation of all the Rotaract members in this social cause.
- All the participants were given a gratitude letter to appreciate their efforts for a social cause.
- Tree Plantation drives combat many environmental issues like deforestation, erosion of soil, desertification in semi-arid areas, global warming and hence enhancing the beauty and balance of the environment.

- Ms. Gayatri Magar (participant)- 'I am highly impressed and delighted to see your active participation and enthusiasm. We really



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need youths like this! I am very happy that you achieved the goal of 150 saplings. Give my best regards to all the community service members. I hope that you always work and take such type of initiative, very proud to see someone working for social cause'

- Arsh (participant) - 'It's great to see community service avenue active and functioning.
- Soundarya Thanvi (participant)-You did a good job! Nice initiative'

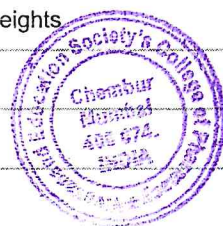
Images <https://drive.google.com/folderview?id=1aAfD6avjh01pV2GdIIPeM1GZWu0djZ9F>

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

Sr	Member
1	RTR03733
2	RTR03731

Home Club Count 8 Alumni 0
 District Council Members 0 Ambassadorial Attendees 0
 Joint Project Attendees 116 PIS(Rotary, Interact & Innerwheel) 0
 Guest 4 Total 128
 Joint Project ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Sydenham College	10
2	Rotaract Club of Wilson College	8
3	Rotaract Club of Mumbai Malabar Hill	12
4	Rotaract Club of Universal College of engineering	12
5	Rotaract Club of Sophia College for Women	8
6	Rotaract Club of Bombay Mahakali Heights	8
7	Rotaract Club of TCET	10
8	Rotaract Club of Medicrew	10
9	Rotaract Club of ISME	12
10	Rotaract Club of Kamla Raheja Vidhyanidhi Institute of Architecture and Environmental studies	13
11	Rotaract Club of SIES College Sion West	13



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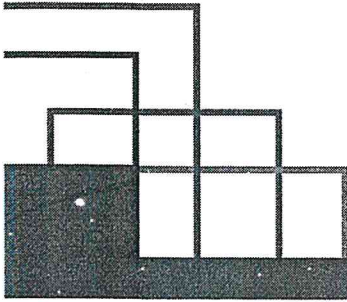
Pharmacy

Document Status

submitted

Rotaract Year

2021-2022



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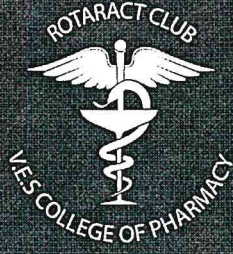
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District 3141
Rotaract



Club ID: 213652
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - HAPPY NEW AIR

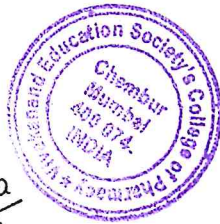
Date - 12/01/22

Venue - Google drive

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

1.	Rtr. Saloni Rane	RCVESCOP	<i>Saloni</i>
2.	Rtr. Kunjal Batra	RCVESCOP	
3.	Rtr. Suprita Bhide	RCVESCOP	<i>Suprita</i>
4.	Rtr. Snehal Sonje	RCVESCOP	
5.	Rtr. Mukta Lele	RCVESCOP	<i>Lele</i>
6.	Rtr. Rutuja Bhosle	RCVESCOP	
7.	Rtr. Tanvi Shivnekar	RCVESCOP	<i>Shivnekar</i>
8.	Rtr. Viraj Amin	RCVESCOP	<i>Viraj Amin</i>



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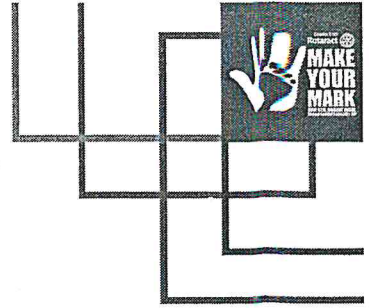
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District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

PROJ003567

Project Name	Step Up To Clean Up	Venue	Prabhadevi Beach Dadar
Time Stamp	2021-11-10 21:23:28.765303	Project Status	On Time
Reporting Month	October		
Quarter	Two		
Avenue 1	Community Service (M)		
Start Time	30-10-2021 17:00:00	End Time	30-10-2021 18:30:00
Project Level	Club	Project Frequency	Once

- The goal of beach cleanups is to raise awareness in the population about marine pollution and contribute with it the reduction of garbage and plastic in the ocean.
- Clean beaches have many benefits for human health because the polluted beaches may imperil human lives by beach accidents. Many items left on beaches such as broken glasses, sharp metals, or hard plastics may injure beach-goers physically.

- In the beginning of October we decided to conduct a beach cleanup drive.
- We contacted Beach warriors, an organization who organizes beach cleanup drives at Dadar beach and Juhu Beach on every weekend.
- We finalised 30th October as the date evening slot as per the ocean tide.
- We fixed a date with them and prepared a PR message along with a poster that was circulated on all the social media handles.
- A separate whatsapp group was created for all the volunteers where all the pre-event instructions were given.
- On 30th September all the rotaractors and non-rotaractors were all set for the beach cleanup.
- Prabhadevi Beach at Dadar was the venue where this activity was going to be conducted.
- At 4.30pm everyone assembled near Kirti College gate from where all together walked towards the beach.
- We met Mr. Anish Chavan from Beach warriors who gave us instructions about how exactly we were supposed to carryout the event.
- We started off with the work by cheering the slogan of RCVESOP to energize all the volunteers.
- The work went about one and a half hours.
- During a the beach cleanup, volunteers scanned the sand for any debris. Debris included anything from plastic bags, microplastics, fabrics, or any other kind of litter.
- Before the high tide came in, volunteers steered the litter away from the ocean.
- Everyone was quite engrossed and was enjoying the activity.
- At the end everybody sanitized themselves before leaving the place.



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 HAMC, Behind Collector Colony

Overall the experience was an unprecedented one. Most of the volunteers has never done a beach cleanup before and so the enthusiasm level was at its peak. As soon as we were given instructions about the activity, everyone pulled up their gloves and started the cleanup. Throughout the activity we all had a sense of satisfaction as we had gotten an opportunity to help our mother nature and to make our environment a better place. We realized that a lot of waste of different kinds had been dumped in the ocean by the people. This event was

surroundings.

- It was a good experience. Got to know how human society is knowingly destroying the beaches by throwing plastic and everything in sea. But at the end it was a good feeling at least did something helpful for nature and would like to do again if we get a chance
- It was my first time at a beach cleanup event. Experience was really amazing. At first I thought it might be difficult to pick up all the littered waste with hands. But eventually I found it very interesting. At the end I was happy contributing my bit for the environment.

Images https://drive.google.com/folderview?id=1-4wnhSt-92Exsc1sMVNv7YI35k-wKGI_d

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

Sr	Member
1	RTR03731
2	RTR03733

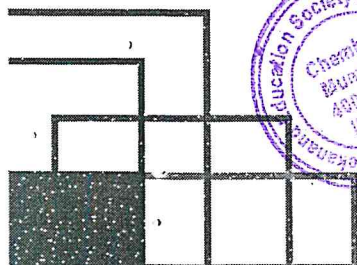
Home Club Count	11	Alumni	0
District Council Members	0	Ambassadorial Attendees	0
Joint Project Attendees	0	PIS(Rotary, Interact & Innerwheel)	0
Guest	8	Total	9

Club Rotaract Club of VES College of Pharmacy Zone 3A
 Rotaract Year 2021-2022 Document Status submitted



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Website: www.rotaract3141.org





District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - STEP UP TO CLEAN UP

Date - 30/10/21

Venue - Dadar Beach

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

1.	Rtr. Saloni Rane	RCVESCOP	<i>Saloni</i>
2.	Rtr. Kunjal Batra	RCVESCOP	
3.	Rtr. Rahul Kumar Sah	RCVESCOP	<i>Rohit</i>
4.	Rtr. Hrishitaa Kandpal	RCVESCOP	
5.	Rtr. Viraj Amin	RCVESCOP	<i>V. Amin</i>
6.	Rtr. Shruti Patil	RCVESCOP	
7.	Rtr. Nikhil Vallandas	RCVESCOP	<i>Nikhil</i>
8.	Rtr. Samruddhi Jadhav	RCVESCOP	
9.	Rtr. Ritesh Autade	RCVESCOP	
10.	Rtr. Anjali Waybase	RCVESCOP	
11.	Rtr. Mansi Gurav	RCVESCOP	<i>Mansi</i>

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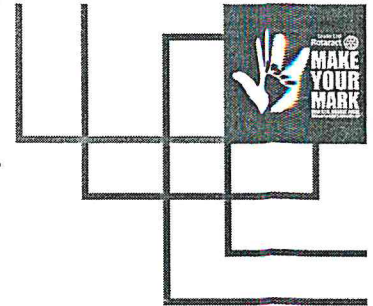


Rotaract Club of VES College of Pharmacy

RCVESCOP



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District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT
 PROJ007051

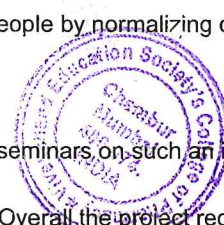
Project Name	Those Things!!	Venue	Google Meet
Time Stamp	2022-05-10 23:20:15.010670	Project Status	Early
Reporting Month	April		
Quarter	Four		
venue 1	Community Service (M)		
Start Time	30-04-2022 17:00:00	End Time	30-04-2022 18:00:00
Project Level	Club	Project Frequency	Once

- The main aim of the project "Those Things!!" is to remove the taboo of sex among society, providing proper sex education and creating awareness about it.
- Henceforth , a sex education session was planned which was conducted in the form of webinar by a professional Menstrual & Sexual health educator and Vice president of Taarini foundation Mrs.Himani Rathore.

- The Idea of this project was proposed to DRR. Bharat Patel which was encouraged in the OCV meet. Later, this idea was discussed with the President and Vice-Presidents of the club.
- After their approval, a professional sexual health educator was contacted , where in the topics need to be covered in the session and chargeable amount for the same was discussed.
- PR message , JPEGs and a google form for the submission of the entry fee was circulated.
- Where the entry fee for Rotaractors was 10rs and Non Rotaractors was 20rs .
- Participants were asked to join What's app group for better communication.
- Google meet link was shared in the group beforehand to avoid last minute chaos.
- Participants joined the online session via the google meet link shared in the what's app group created for the session.
- The session started with the introduction of the speaker. Later leading to in-depth conversation about the topic.
- It covered topics like difference between sex, gender & sexualities. Consent, contraceptives and prevention of STIs.
- The session was interactive where in doubts and queries of the participants were welcomed and cleared by the speaker.
- The session was given a proper closure by thanking the speaker as well as the participants.

- The objective of the project was to create an awareness and educate people about topics regarding sex, which was achieved successfully through this session.
- Participants found the session informative and interesting.
- Participants understood the need of sex education as they learnt about consent, condoms(which is not only used as a contraceptive but also used to prevent STIs)etc.
- Participants also learnt how to address and support queer people by normalizing different types of gender and sexualities.

- The participants liked the session and demanded for offline seminars on such an interesting and enlightening topic. Organization and management of the whole event was appreciated .
- Participants found the session to be informative and useful. Overall the project received a positive feedback.



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 Chembur Education Society's
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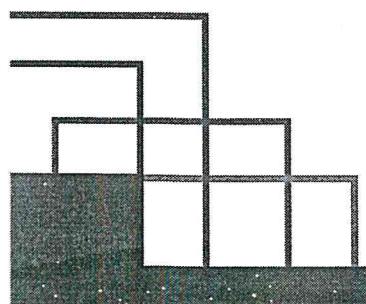
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Income 1250 Sponsorship 0 Expenditure 2500 Total Profit -1250

Sr	Member
1	RTR11543

Home Club Count	17	Alumni	0
District Council Members	0	Ambassadorial Attendees	0
Joint Project Attendees	0	PIS(Rotary, Interact & Innerwheel)	0
Guest	31	Total	48

Club Rotaract Club of VES College of Pharmacy Zone 3A
 Rotaract Year 2021-2022 Document Status submitted



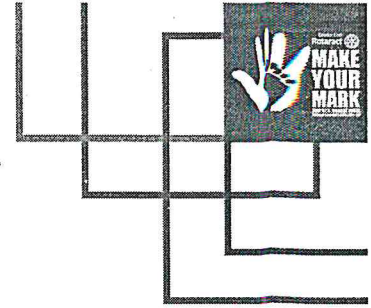
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 Website: www.rotaract3141.org



Supriya S. Shidhaye
 Dr. (Mrs.) Supriya S. Shidhaye
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 Chembur, Mumbai - 400 074



Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

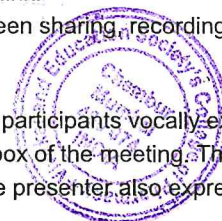
PROJ002146

Project Name	Internet Skills	Venue	Zoom Clouds Meetings
Time Stamp	2021-10-05 14:44:18.358349	Project Status	Early
Reporting Month	September		
Quarter	One		
Avenue 1	Community Service (M)		
Start Time	26-09-2021 16:00:00	End Time	26-09-2021 17:30:00
Project Level	Club	Project Frequency	Once

- To impart knowledge regarding preparing **Google forms** and **conducting meeting via Google meet**.
- To empower students and teachers with adequate skills for smooth running of **online teaching-learning process** with the help of available tools.
- Designed the blueprint of the event including the flow of event and content to be covered.
- Booked the dates and time for the event.
- Made arrangements for the premium account zoom link to conduct the session.
- Fixed appointment with the speaker and briefed her about the flow of event, content to be covered and time constraints.
- Created a PR message and flyer for the same and broadcasted to various groups including rotaract groups and others as well as via personal messages. Uploaded stories on whatsapp and Instagram.
- Created a whatsapp group for the attendees and provided updates regarding the session over there.
- Speaker was felicitated with an appreciation certificate.

The speaker Mrs. Varsha Chopdar delivered a session on operating Google form and Google meet for conducting day to day teaching and learning process. She started off with the explanation of Google form and introduced various features of the same to the audience. She step by step elaborated the process for the formation of quiz/question paper which included various types of questions such as MCQs, short answers, match the following to name a few. She gave a demo of the same. Later on she moved on to explaining features of Google meet in a similar manner. Overall session lasted for 1.5hrs.

- Students as well as teachers got to know how to create a Google form for conducting quizzes and exam question paper using Google forms.
- Teachers got an insight of how they can grade the students based on number of questions attempted and the number of correctly answered questions.
- Teachers and students understood how to host a Google meet link.
- The speaker briefly highlighted and explored the options of screen sharing, recording the session etc.
- The session was very well received by all the participants. The participants vocally expressed their opinion that the session was very helpful. There were also positive comments in the chat box of the meeting. The feedback form also provided insight that the participants gained vital information from the session. The presenter also expressed gratitude for the opportunity to conduct the session and the patient listening of the participants.
- Internet skills session was organized by Rotaract Club Of VES College of Pharmacy on Sunday 26th September 2021. The speaker for the event was Varsha Chopdar ma'am. She gave information about making g forms and basic functions of google



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meet in versatile languages. The session was truly useful for teachers and individuals who didn't had knowledge about basic internet skills.

Images <https://drive.google.com/drive/u/0/folders/1OqkCeOUeJ1KVoaF8Xmhk6-1XBRpHURNA>

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

Sr	Member
1	RTR03731
2	RTR03733

Home Club Count 16 Alumni 0
 District Council Members 0 Ambassadorial Attendees 1
 Joint Project Attendees 0 PIS(Rotary, Interact & Innerwheel) 0
 Guest 25 Total 42
 Ambassadorial ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Jai Hind College	1

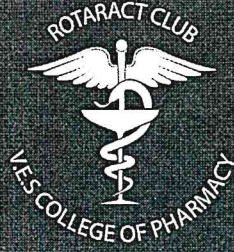
Club Rotaract Club of VES College of Pharmacy Zone 3A
 Document Status submitted
 Rotaract Year 2021-2022



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District 3141
Rotaract



Club ID - 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - INTERNET SKILLS

Date - 26/9/21

Venue - Zoom

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community service

1.	Rtr.Ojas Gadhre	RCVESCOP
2.	Rtr.Samruddhi Jadhav	RCVESCOP
3.	Rtr.Sakshi Shiraskar	RCVESCOP
4.	Rtr.Samruddhi Jadhav	RCVESCOP
5.	Rtr.Kasturi Dalvi	RCVESCOP
6.	Rtr.Mukta Lele	RCVESCOP
7.	Rtr.Nidhi Nadgoud	RCVESCOP
8.	Rtr:Shruti Kulkarni	RCVESCOP
9.	Rtr.Godslin Fernando	RCVESCOP
10.	Rtr.Pratiksha Khedkar	RCVESCOP

Sakshi

Mlele

Shruti

Pratiksha



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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - INTERNET SKILLS

Date - 26/9/21

Venue - Zoom

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community service

11	Rtr.Simran Punjabi	RCVESCOP
12.	Rtr.Pragya Kahar	RCVESCOP
13.	Rtr.Nishant Chang	RCVESCOP
14.	Rtr.Saniya Shrouti	RCVESCOP
15.	Rtr.Supriya Bhide	RCVESCOP
16.	Rtr.Sanika Chorghe	RCVESCOP
17.	Varsha Chopdar	Non Rotaractor
18.	Bhavna Sanap	Non Rotaractor
19.	Kalpesh Badhan	Non Rotaractor
20.	Archit	Non Rotaractor

Sijal
Prahall
Chavhan
Shruti



SS
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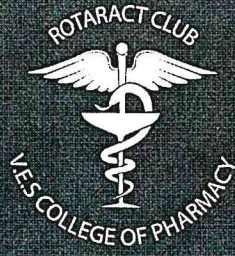
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District 3141
Rotaract



Club ID: 213632
Club of
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Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - INTERNET SKILLS

Date - 26/9/21

Venue - Zoom

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

21.	Anupama Nair	Non Rotaractor
22.	Upasana Tiwari	Non Rotaractor
23.	Nilima Badhan	Non Rotaractor
24.	Sakshi Patil	Non Rotaractor
25.	Sonam Karande	Non Rotaractor
26.	Soundarya Thanvi	Non Rotaractor
27.	Pratiksha Yewle	Non Rotaractor
28.	Rajendra Sonje	Non Rotaractor
29.	Ratna Sonje	Non Rotaractor
30.	Sakshi Patil	Non Rotaractor



[Signature]
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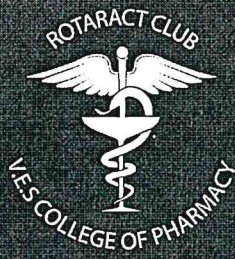
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Rotaract Club of VES College of Pharmacy

RCVES COP



District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - INTERNET SKILLS

Date - 26/9/21

Venue - Zoom

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

31.	Ankita patil	Non Rotaractor
32.	Dipti Nalawde	Non Rotaractor
33.	Priti Deore	Non Rotaractor
34.	Sakshi Patil	Non Rotaractor
35.	Prem Deore	Non Rotaractor
36.	Prathmesh Tandale	Non Rotaractor
37.	Pradnya Jadhav	Non Rotaractor
38.	Sayli Patil	Non Rotaractor
39.	Sonali	Non Rotaractor
40.	Utkarsh Ahire	Non Rotaractor
41.	Pritesh	Non Rotaractor



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Supriya S. Shidhaye

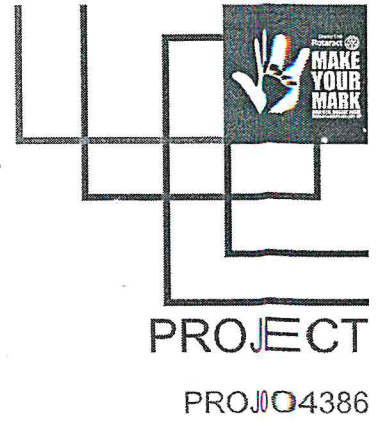
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Nishant Chang

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Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



Project Name	आशाएँ!	Venue	Dongri Juvenile Home & Vision Rescue
Time Stamp	2021-12-11 00:05:25.382288	Project Status	Late
Reporting Month	November		
Quarter	Two		
Avenue 1	Community Service (M)		
Start Time	09-11-2021 11:00:00	End Time	27-11-2021 16:00:00
Project Level	Club	Project Frequency	Once

As it is said Reading is the biggest treasure of all, to help children in Juvenile Home and Rescue Home who are in need of education and more importantly moral education a books donation drive to set up library in Dongri Juvenile Home, near Sandhurst Road station and Vision Rescue, Vikhroli (where children are rescued from different places) was organised along with The Movement India (NGO) and collaborated with Rotaract Club Of Mumbai Ghatkopar and Rotaract Club Of Wilson College.

Part I

- A meeting was organised by the NGO The Movement India with the CORE- BOD of Rotaract Club of VES College Of Pharmacy. In it a proposal about the books donation drive to Dongri Juvenile Home was kept
- The club members agreed to it and a target of collecting 150 books (preferably Hindi Panchatantra books, moral education books and basic English and Marathi books along with stationary material) was decided
- The chairpersons for the project were decided. Project name, collaboration criteria and other details were discussed with the Club President and a collaborating message was put up in District groups and we received collaborations from two clubs viz Rotaract Club Of Mumbai Ghatkopar and Rotaract Club Of Wilson College.
- A final PR message was then drafted which included google form for collecting books and funds.
- The Chairpersons of project regularly kept a check on the google form responses and confirmed from the Treasurer of club for the donations received
- A thank you mail was sent to all volunteers who donated books and money
- An amount of rupees 3723/- some books and stationary material was received
- As there were restriction on number of volunteers visiting in Juvenile Home 4 volunteers from RCVESCOP visited to the Juvenile Home along with 2 NGO members Mrs. Preeti Chatterjee and Ms. Hussena Barodawala

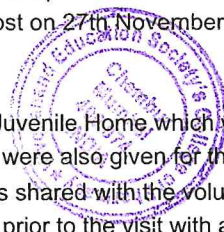
Part II

- Upon seeing the huge response from the donors host club and the NGO members decided to divide the project in two halves (i.e half of the donations to Dongri Juvenile Home and half to Vision Rescue, Vikhroli)
- The books that were to be donated to Vision Rescue were speed post on 27th November 2021.

2. Summary:

Part I

- The project aimed to give moral education books to the children in Juvenile Home which was very well achieved. Besides that basic grammar books, some stationary, drawing, colouring and origami books were also given for the overall development of the children
- The details of volunteers visiting and list of books to be donated was shared with the volunteers of The Movement India
- Volunteers of Movement India created a What's app group one day prior to the visit with all the volunteers of the club who would be visiting there.
- Location of the Juvenile Home and other protocols to be followed while visiting there were shared in group.



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PRINCIPAL

Chamber of Education Society's
 H.M.C. Bahadur Collector Colony,
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- On reaching the Juvenile Home our Rotaract Club members were introduced with the Superintendent Of Juvenile home and other staff working there. Later they had a small talk with the girls of Juvenile Home
- The books and stationary material were donated to the girls for setting up library
- All the donors who had donated funds/ books and volunteers who had visited the Juvenile Home were given Appreciation Certificates from the Movement India
- A total of 104+ books and stationary material was donated to Dongri Juvenile Home

Part II

- The list of books and stationary material to be speed post was shared with the volunteers of The Movement India.
 - The books were speed post on 27th November 2021.
 - A total of 102+ books and stationary material was donated to Vision Rescue, Vikhroli.
-
- The children in Dongri Juvenile Home as well as in Rescue home have committed serious crimes at very young age due to some unfavourable conditions
 - They show an urge to learn new things and to live in normal world just as other individuals
 - They need support from the society in these times and if given proper training and value education they are sure to be good citizens of our country in future
 - The project conducted was just a step to achieve this goal!
-
- A Thank you mail which included photos of Visit to Dongri Juvenile Home along with feedback form was sent to all the donors after the visit to Dongri Juvenile Home.
 - The project received a great feedback from the donors
 - Below are some of the responses
- Thank you for this wonderful opportunity. It was great interacting with the kids and everyone were helpful . I believe that our donations will have a positive impact .
 - It was a wonderful project! thankyou for giving the opportunity to be a part of it.
- The staff of Dongri Juvenile Home, Vision Resuce Vikhroli and The Movement India NGOs have appreciated all the volunteers and donors and they are happy that the youth is taking some steps forward for the community

Images <https://drive.google.com/drive/folders/1us7WibyDXPrRxOK06neNSZI0UGGuieM1?usp=sharing>



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Income	3723	Sponsorship	0	Expenditure	3723	Total Profit	0
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Sr	Member
1	RTR03728
2	RTR03724

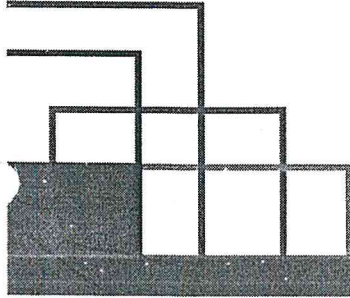
Home Club Count	10	Alumni	0
District Council Members	0	Ambassadorial Attendees	0
Joint Project Attendees	13	PIS(Rotary, Interact & Innerwheel)	0
Guest	0	Total	23

Joint Project




Sr	Club Name	Attendance Count
1	Rotaract Club of Mumbai Ghatkopar	4
2	Rotaract Club of Wilson College	9

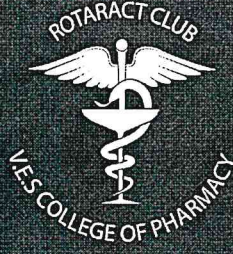
Club Rotaract Club of VES College of Pharmacy
Zone 3A
Rotaract Year 2021-2022
Document Status submitted



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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - आशाएं!

Date - 9/11/2021 & 27/11/2021

Venue - Juvenile Home, Byculla : Mission Rescue, Ghatkopar

Chair person - Rtr. Mukta Lele, Rtr. Shreaya Gadoya

Avenue - International Service, Community Service

1.	Rtr. Chinmayee Bhide	RCVESCOP	<i>Cybs</i>
2.	Rtr. Nidhi Nadgoud	RCVESCOP	
3.	Rtr. Ritesh Autade	RCVESCOP	
4.	Rtr. Sakshi Shiraskar	RCVESCOP	<i>Sakshi</i>
5.	Rtr. Kunjal Batra	RCVESCOP	
6.	Rtr. Mukta Lele	RCVESCOP	<i>Mlele</i>
7.	Rtr. Saloni Rane	RCVESCOP	<i>Saloni</i>
8.	Rtr. Sanskruti Sharma	RCVESCOP	
9.	Rtr. Viraj Amin	RCVESCOP	<i>V. Amin</i>
10.	Rtr. Vaibhav Maheshwari	RCVESCOP	
11.	Aayushi Dumbre	Non Rotaractor	
12.	Shilpa Bhatia	Non Rotaractor	

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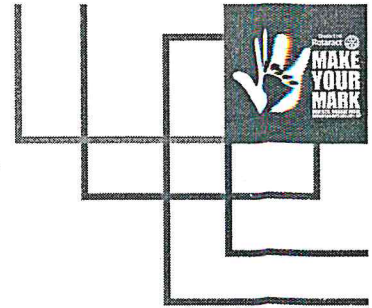
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District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

PROJ05662

Project Name	Femme Up	Venue	Zoom
Time Stamp	2022-02-10 20:10:18.841153	Project Status	On Time
Reporting Month	January		
Quarter	Three		
Avenue 1	Community Service (M)		
Start Time	20-01-2022 13:00:00	End Time	20-01-2022 14:00:00
Project Level	Club	Project Frequency	Once

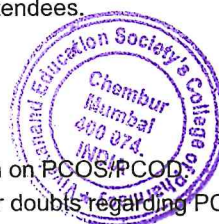
- The main idea behind this project was to aware people of the importance of knowing the right information about PCOD/PCOS. We wanted to solve the misconception regarding PCOS/PCOD and aware people how you can lead a Happy and healthy life with PCOS/PCOD.

1. Groundwork (pre-work)

- Research for organizations and doctors was done by the community service director and Ocps. The organization for the event was Free Pads for India an organization that works in mainly 2 broad aspects, First providing to people who do not have access to sanitary pads and basic health amenities. What makes them different is the concept of ADOPTION where they continue the distribution of these sanitary napkins until the concerned person is able to sustain themselves. Second, they want to end period stigma by talking and educating about it openly, normalizing the conversations around it. They provided us with the speaker Dr. Ritu Deshmukh

2. Summary:

- The event was conducted on 20th Jan 2022. The event started at 1 pm with Rtr. Aditi Athavale and Rtr. Mandira Chavan gave a warm welcome to all the attendees. Rtr. Aditi Athavale and Rtr. Mandira Chavan introduced Free pads for India organization and all the Rotaract Clubs to the audience and gave a few instructions for the webinar as well.
- Host from Free pads for India Organization took over the session and gave a brief about their organization and the speakers.
- They also explained to us about the PCOS/PCOD. Symptoms, causes and precautions as well.
- Q&A round was started and the audience was very interactive and keen to talk to the speaker. Few attendees talked and asked about their doubts regarding PCOS/PCOD speaker shared a few tips to lead a healthy lifestyle with PCOS/PCOD.
- The event ended with a vote of thanks presented by the Community Service Director, Rtr. Harshita Sawant thanked the organization, speaker, Rotaract Clubs, and all the attendees.
- This event was a great success.



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- Through this event we were able to spread information on PCOS/PCOD.
- This event also helped others understand and get their doubts regarding PCOS/PCOD resolved by a professional Doctor in this Field.
- Public awareness of PCOS is necessary because over half of the 10,000,000 people that have it, are unaware of it.
- Awareness helps the public understand that symptoms like irregular periods and pelvic pain are not something to be ignored and getting it checked is necessary

Feedback recieved:

- Thank you you soo much for the session !! It was really really informative, came to know lots of things and cleared all my doubts.
- Overall, it was a very informative event. I got to know many things I've never heard of.
- The advice to nurture my health is something I'd like to apply in use.

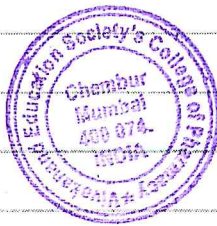
Images <https://drive.google.com/drive/folders/1PFgmPIWhwn-vkFRbIFaUwjEsWbILKLBU?usp=sharing>

Income 0 Sponsorship 0 Expenditure 0 Total Profit 0

Sr	Member
1	RTR03731

Home Club Count 11 Alumni 0
 District Council Members 0 Ambassadorial Attendees 0
 Joint Project Attendees 132 PIS(Rotary, Interact & Innerwheel) 0
 Guest 38 Total 181
 Joint Project ✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Sathaye College	20
2	Rotaract Club of Usha Pravin Gandhi College of Management	20
3	Rotaract Club of SIES Sion East	10
4	Rotaract Club of Deonar	10
5	Rotaract Club of TCET	9
6	Rotaract Club of ISME	13
7	Rotaract Club of Sophia College for Women	27
8	Rotaract Club of G.N. Khalsa College	12
9	Rotaract Club of Maniben Nanavati Women's College	11

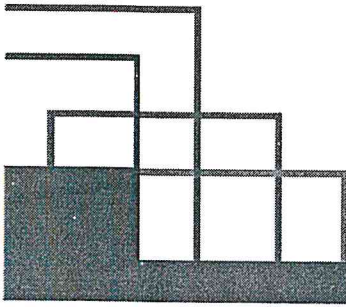


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Club Rotaract Club of VES College of Pharmacy Zone 3A Document Status submitted

Rotaract Year

2021-2022



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District 3141
Rotaract



Club ID: 219632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - FEMME UP

Date - 20/01/22

Venue - Google drive

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

1.	Rtr. Shruti Kulkarni	RCVESCOP	<i>SKK</i>
2.	Rtr. Apoorva Rao	RCVESCOP	
3.	Rtr. Malhar Patil	RCVESCOP	
4.	Rtr. Nishant Chang	RCVESCOP	<i>Nishant</i>
5.	Rtr. Pratiksha Khedkar	RCVESCOP	<i>Pratiksha</i>
6.	Rtr. Sneha Kumar	RCVESCOP	
7.	Rtr. Chinmaya Patil	RCVESCOP	
8.	Rtr. Pragya Kahar	RCVESCOP	<i>Pragya</i>
9.	Rtr. Rutuja Bhosale	RCVESCOP	
10.	Rtr. Sahil Jasiwal	RCVESCOP	<i>Sahil</i>
11.	Rtr. Samruddhi Jadhav	RCVESCOP	

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Rtr. Sakshi Kataria
President (2021-22)
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Nishant
Rtr. Nishant Chang
Secretary (2021-22)
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District 3141
Rotaract



Club ID: 213632
Club of
VES College of Pharmacy
Rotary E-Club of Mumbai

ROTARACT CLUB OF VES COLLEGE OF PHARMACY

Project - FEMME UP

Date - 20/12/21

Venue - Google drive

Chair person - Rtr. Shruti Kulkarni, Rtr. Snehal Sonje

Avenue - Community Service

12.	Rtr.Snehal Sonje	RCVESCOP
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Kataria

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Chang

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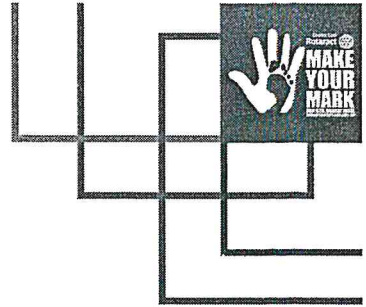
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📍 Rotaract Club of VES College of Pharmacy

📍 RCVESCOP



Rtr. Bharat Patel
District Rotaract Representative, 2021-22
Rotaract District Organisation, R.I.D. 3141



PROJECT

PROJ005181

Project Name	Voter's Registration Drive	Venue	Zoom, Whatsapp
Time Stamp	2022-01-24 22:55:43.658552	Project Status	Late
Reporting Month	December		
Quarter	Two		
Avenue 1	Community Service (M)	Avenue 2	Public Relations and Marketing (S)
Start Time	10-10-2021 10:00:00	End Time	17-12-2021 21:00:00
Project Level	District	Project Frequency	Once

As a democratic country, India is built on the foundations of the election. Our Parliament and Legislatures are of the people, by the people, and for the people. Voting is a constitutional right that we are privileged to have. The constitution has given us the right to elect who we want, the right to make the change.

EVERY VOTE COUNTS

Though it seems like an endless sea of people are there to vote, every vote counts. When the national attitude changes from thinking "my vote doesn't make a difference", then the numbers increase and a multitude of people voting will make the difference. The responsibility lies on every individual.

With an aim to educate people about voting and make the process of obtaining a voter's ID easier for them, we organized a Voter's Registration Drive. Focusing on maximizing the impact of a vote, we **collaborated with 67 other clubs** from our Zone.

This project **aimed at registering at least 2000 new voters** to motivate the youth to vote. We made the process easier for registrants by registering them for the voter ID ourselves.

The only thing the registrants had to do was send their documents and help us with the details.

Additionally, we also helped **registrants with corrections in details, finding their EPIC ID, applying for a new hard copy of the voter's ID**, etc. Increasing the number of people that vote in each election means better representation, more funding to our communities, and a better quality of life

- Initially, we received a whatsapp collaboration message from Rotaract club of Mumbai Western Elite and we agreed for the collaboration.
- The project was divided into two phases- **Publicity & Registration Volunteer's Training and Registration, Status Update of Voter ID's**.
- Role of publicity volunteers included-** Release of the project on the club's social media pages, Release of the project on club's GBM group, publicity of the project through other media, Release of the Registration volunteers' form, fulfilling the criteria of 3 Registration volunteers through their club, Update on the status of the Registrations received, etc.
- Role of Registration volunteers included-** Sending the list of documents to the allotted registrants, communicating with them for the date, time feasible for registration, Registration of new voters, filling out the google form with their EPIC ID and Updating the issues faced while registration, etc.
- A meeting was then arranged by RCMWE wherein they explained the role of the publicity volunteers and the incentives. Following this, they release the form for Registration Volunteers. More than **450 volunteers joined**. These volunteers were divided into 3 groups and communication was done through WhatsApp. Simultaneously, the RCMWE core team managed the release of the project officially on social media. A manual was shared with the Registration Volunteers to make the process easier for them.
- Next, a volunteers training session was arranged. The registration process using the website and the application was explained using a PowerPoint presentation by Rtr. Labdhi Shah. She also covered the points of communication with the registrants, responding to queries, documents required, and the format in the documents that were supposed to be submitted. The session

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also included other miscellaneous things that were to be kept in mind while registering. This session was recorded and then, 2 other training sessions were held wherein the same recording was played and the queries of the volunteers were resolved. Post the training sessions, Voter's Registration Drive recordings and the PowerPoint presentation was forwarded to the volunteers along with the manual so that they could look it up easily.

- Following this, different google forms were created for each club to keep a track of total registrations by each club. These forms asked for basic details about the registrant and what did they expect in the terms of a new voter's registration or correction of details, etc. Also, all the 67 clubs were informed to release the project on their social media the same day. These posters and messages were publicized to reach 2500+ registrations. The registration drive was then started on 1st November allowing people to register simultaneously. Each of the Registration volunteers was allotted 5-7 registrants and we had to update it to RCMWE volunteers about the status every 2 or 3 days. We also had to fill a google sheet after the registration is done so as to maintain a track. In case of any queries, the volunteers were asked to reach out to Rtr. Labdhi Shah, Rtr. Tanushree Saraf, Rtr. Hetansh Shah, Rtr. Ishita Kheria or Rtr. Khushi Chavan. A constant contact was there and all of the doubts were answered. The project concluded successfully on 17th December with over **2000 registrations for New Voter ID and over 500 corrections.**

Collaborating Clubs of other Districts.

- RC Parleshwar GenZ - 10
- RC Oberoi Garden City - 10

“The ballot is stronger than the bullet.” -Abraham Lincoln

- While there are some who genuinely cast their vote, many people sit back and relax on voting day, and others are cajoled into voting for particular candidates. The importance of voting is lost amongst the hustle and bustle of city life. While everyone sits and complains about this and that, and makes suggestions that the government should change this and that, the elections come and go without half the population paying attention. The highest recorded voter turnout in India was recorded in 2014 for the Lok Sabha elections at 66.4%. That means close to half the population does not exercise their right
- to vote. After 69 years of Independence, India has not proved itself to have control and order. The fault lies with both the leaders and the people. People are driven by religious beliefs rather than what is good for the country. We should choose that which drives the country forward, while still upholding the Indian tradition. But politics is wound up in frivolous matters rather than paying more attention to uplifting the poor, helping the aged, education, water, preserving the environment, agriculture, roads, planned urban development, and so on. Hence with this project, we successfully registered 2000 new voters and helped over 500 people to make relevant changes in their Voter ID. This project not only motivated the youth to vote but made the process easier for them.

Feedback from the Chairpersons of the project: Voter's Registration Drive was a one-of-a-kind event for me to be a part of. What connected us most with it was the fact it was something that not only serves the purpose of social service but also breaks the stereotype that government documentation is cumbersome, time consuming, and not well designed. It opened our eye towards the government officials and individuals who have been putting in so much effort to provide similar services and enabled me to have a new level of respect for them. It was an amazing learning experience while working with a large group of people and being at the core of the Drive helped me learn how to manage such a large group. We were able to effectively leverage the knowledge we previously had and also share it with more people. This initiative also helped us to improve my management and organization skills. With so many steps and resources, one can easily be overwhelmed and lost, so to tackle that we came up with the Volunteer's booklet idea which was inspired by the MWE MUN delegate's kit which we had made. Also, tracking so many clubs, 2 types of volunteers, and registrations, making sure that all the numbers were well tallied, delegating the registrations to volunteers, communicating the same with the club representatives was a totally new and challenging experience. We also got to connect with so many new individuals while solving their doubts over calls or texts and it was so reviving to see their enthusiasm towards the event. We dearly hope that the endless nights and continuous efforts that our team had put in weren't in vain and we were able to create the effect that we desired.

Images https://drive.google.com/drive/folders/1AFsdDUzgzl1Pp13kMc5I4_ZillbzgxbX?usp=sharing



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Income	0	Sponsorship	0	Expenditure	0	Total Profit	0
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Sr	Member
1	RTR03722

Home Club Count	17	Alumni	0
District Council Members	0	Ambassadorial Attendees	0
Joint Project Attendees	630	PIS(Rotary, Interact & Innerwheel)	0
Guest	20	Total	667
Joint Project			✓

Sr	Club Name	Attendance Count
1	Rotaract Club of Bombay Hills South	10
2	Rotaract Club of Sophia College for Women	8
3	Rotaract Club of Sydenham College	10
4	Rotaract Club of Wilson College	10
5	Rotaract Club of Bombay Hanging Garden	11
6	Rotaract Club of Bombay Queens Town	11
7	Rotaract Club of Government Dental College	10
8	Rotaract Club of K.C. College	10
9	Rotaract Club of Mumbai Downtown	10
10	Rotaract Club of Nirmala Niketan	9
11	Rotaract Club of Mumbai Nariman Point	10
12	Rotaract Club of Bombay Airport	10
13	Rotaract Club of Bombay West	11
14	Rotaract Club of Lokhandwala	11
15	Rotaract Club of Lotus College of Optometry	11
16	Rotaract Club of Maniben Nanavati Women's College	10
17	Rotaract Club of M.L. Dahanukar College of Commerce	10
18	Rotaract Club of MMK College	5
19	Rotaract Club of Mumbai Bravehearts	8
20	Rotaract Club of Mumbai Jewels	10
21	Rotaract Club of M V Mandali's Colleges of Commerce and Science	9
22	Rotaract Club of Narsee Monjee College	10
23	Rotaract Club of Pearl Mumbai	7
24	Rotaract Club of SNTDWU Juhu	7



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Sr	Club Name	Attendance Count
25	Rotaract Club of S.P.I.T	10
26	Rotaract Club of SPCE	12
27	Rotaract Club of Mumbai Royales	10
28	Rotaract Club of Amity Global Business School	10
29	Rotaract Club of Bombay Film City	11
30	Rotaract Club of Borivali Heights	8
31	Rotaract Club of Bombay Kandivli	8
32	Rotaract Club of Bombay Northwest-Malad	8
33	Rotaract Club of Dahisar Coast	15
34	Rotaract Club of DTSS College	11
35	Rotaract Club of Ghanshyamdas Saraf College	10
36	Rotaract Club of J.M. Patel College	10
37	Rotaract Club of Khandwala College	9
38	Rotaract Club of Mumbai Anchors	8
39	Rotaract Club of Northern Suburbs	13
40	Rotaract Club of Palghar	10
41	Rotaract Club of TCET	7
42	Rotaract Club of Universal College of engineering	6
43	Rotaract Club of Mumbai Sky City	10
44	Rotaract Club of Bombay Chembur West	10
45	Rotaract Club of Bombay Pier	8
46	Rotaract Club of Bombay Uptown	8
47	Rotaract Club of G.N. Khalsa College	10
48	Rotaract Club of King's Circle, Matunga	10
49	Rotaract Club of Medicew	9
50	Rotaract Club of Mumbai Shivaji Park	10
51	Rotaract Club of Mumbai Wadala East	12
52	Rotaract Club of Ramnarain Ruia College	10
53	Rotaract Club of SIES College Sion West	8
54	Rotaract Club of Mumbai Western Elite	19
55	Rotaract Club of Bombay Mulund Valley	12
56	Rotaract Club of Mulund	11
57	Rotaract Club of Mulund Hill View	10
58	Rotaract Club of Mumbai Ghatkopar	5




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Sr	Club Name	Attendance Count
59	Rotaract Club of Mumbai Mulund East	6
60	Rotaract Club of Mumbai Salt City	10
61	Rotaract Club of S.K. Somaiya College	12
62	Rotaract Club of Sinhgad College Of Commerce	10
63	Rotaract Club of S. P. N. Doshi Women's College	7
64	Rotaract Club of VPM R'z shah College	9
65	Rotaract Club of Bombay Powai	10

Club Rotaract Club of VES College of Pharmacy
Zone 3A
Rotaract Year 2021-2022
Document Status submitted

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